SURVIVING MENTAL ILLNESS
Families, Consumers and the Mental Health System

4th Annual Mental Health Services Conference
of Australia & New Zealand
28th, 29th & 30th September 1994
Wilson Hall, Melbourne University
The 25th Mental Health Services Conference of Australia & New Zealand

KEYNOTE SPEAKERS

Dr Richard Warner in his keynote address will challenge traditional assumptions about the course and outcome of schizophrenia. During the conference he will also present a short workshop on alternatives to hospital for acute psychiatric care and a public lecture on mental illness and the economy.

Dr Warner has been Medical Director of the Mental Health Centre at Boulder, Colorado USA, since 1976. He is on the faculty of the Department of Psychiatry and Anthropology at the University of Colorado. His research has focused on social and economic influences on mental illness. His books include ‘Recovery from Schizophrenia’ (second edition: Routledge, 1994) ‘Alternatives to Hospital for Acute Psychiatric Treatment’ (American Psychiatric Press, in press) and, co-authored with Giovanni de Girolamo, ‘Epidemiology of Schizophrenia’ (World Health Organization, 1994).

Professor Agnes Hatfield will speak about the personal side of surviving mental illness; what has been learned from consumers about the experience of psychosis and the recovery process. She is Professor Emeritus at the University of Maryland and founding member and third President of the National Alliance for the Mentally Ill (NAMI). Professor Hatfield is well known for her work in the area of family education and is the author of ‘Family Education in Mental Illness’ and co-editor with Harriet P LeRoy of the ‘Families of the Mentally Ill: Coping and Adaptation’. Her most recent book, co-authored with Harriet P LeRoy is ‘Surviving Mental Illness: Stress Coping and Adaptation’. Professor Hatfield will also present a workshop on Family Education during the conference.

Ms Mary O’Hagan is the President of the World Psychiatric Users Association which was formed under the auspice of the United Nation’s World Health Organisation (WHO). She has written the book ‘Stopovers on my way home from Mars’ for which she visited mental health support groups in the USA, England and Holland. In her keynote address she will speak on ‘Self Help: Returning Power and Competence to Consumers’.

OTHER INVITED SPEAKERS

Professor Carlo Perris, an internationally known psychiatrist will speak on his pioneering work in developing an integrated cognitive therapy approach to treatment and rehabilitation. Professor Perris is Chairman of the Department of Psychiatry at Umea University, Sweden.

Professor Max Birchwood will describe early intervention strategies in preventing relapse and his work with relatives and carers. He is Professor of Psychology at the University of Birmingham, USA.

PRESENTATIONS

The 1994 conference program includes a wide variety of papers, symposia, workshops, round table discussions and posters. The program provides a multidisciplinary forum to debate current issues. Presentations will be from service providers, service users, researchers and planners from public mental health services and non-government agencies. Topics include:

- Forensic Psychiatry-Trends & Issues
- Community Managed Psychiatric Disability Support
- Issues, Services and Supports to Families
- Early Psychosis
- Non-English Speaking Families and Consumers
- Evaluating Outcomes For Clients
- Inpatient Services
- Community Treatment Models
- Koori Mental Health
- Confidentiality
- New Therapies and Innovative Service Developments
- Information Systems and Resource Planning
- Housing and Supports
- Consumers and Professionals’ Approaches to Recovery
- Leisure, Recreation and Creative Therapies

PUBLISHING OF CONFERENCE PAPERS

All presenters are invited to submit their papers for inclusion in the Conference Proceedings which will be published later in the year. Contact Conference Secretary for further details.

ASSOCIATED WORKSHOPS

Richard Warner will present a workshop on 27th September on "Community Treatment of Mental Illness". This one day workshop is aimed at service providers, service planners, consumers and carers.

Mary O’Hagan will be involved in a workshop on 27th September on "How do Consumers Survive Mental Illness". This is essentially a consumer day but others are welcome to come and listen.

Professor Max Birchwood & Professor Carlo Perris will present a satellite conference organised by the Early Psychosis Prevention and Intervention Centre, Melbourne, on 26th & 27th September. The satellite conference includes a symposium on 26th September and two half-day workshops on 27th September. Topics will include: Recognition and Early Intervention and Recovery & Relapse Prevention.

PUBLIC LECTURE

Richard Warner will present a public lecture on "Mental Illness and the Economy" in which he will discuss the effect of the economy on the course of schizophrenia, economic disincentives to work for people with psychiatric disabilities and opportunities for generating consumer employment. Contact Conference Secretary for details.

1994 ANZ Mental Health Service Awards - BIG PRIZES!

The Commonwealth Government is funding this year’s awards program with a total of $52,000 for prizes and running costs. A formal presentation of prize winners will be conducted on 28th September 1994 (opening session).
4TH ANNUAL
MENTAL HEALTH SERVICES CONFERENCE
OF AUSTRALIA AND NEW ZEALAND

PRE-CONFERENCE WORKSHOP
"COMMUNITY TREATMENT OF MENTAL ILLNESS"
DR RICHARD WARNER
(Medical Director, Mental Health Centre of Boulder County, Colorado, USA)

Tuesday September 27th
9.00 am - 4.30 pm
University of Melbourne

This one-day Workshop is for service providers, service planners, consumers and carers. Dr Warner, a keynote speaker at the MHS Conference, will share experiences of his own area mental health service as well as his wide international perspective. Major topics covered:

* Intensive case management to eliminate the revolving door syndrome
* Alternatives to hospital for acute psychiatric treatment
* Programmes emphasising consumer involvement

Part of the afternoon will be devoted to case and issue presentation from workshop participants. Please bring for discussion:

* Cases that are difficult to manage
* Program development issues

Dr Warner directs the Mental Health Centre of Boulder County, in the USA. His service is known for its innovative approach to acute care and its support for consumer driven services. The second edition of his book "Recovery from Schizophrenia" (Routledge 1994) is due out soon, as is his new book, "Alternatives to Hospital for Acute Psychiatric Treatment" (American Psychiatric Press).

APPLICATION FORM

(Post Early - Places are limited to 60)

I wish to attend the workshop with Dr Richard Warner, on Tuesday September 27th.

SURNAME........................................FIRST NAME.................................................

ADDRESS..........................................................................................................................

..............................................................................STATE/NZ..........................POSTCODE..........................

PHONE(W)(   )...................................(H)(   )..........................FAX (   )..........................

I enclose cheque for
[ ] $80 Full Fee
[ ] $60 Discount for MHS Conference Registrants
[ ] $10 Consumers

Please make cheque payable to: "The Mental Health Services Conference Inc."
And Post To: The Conference Secretary
P O Box 956, Dandenong, Vic 3175
4TH ANNUAL 
MENTAL HEALTH SERVICES CONFERENCE 
OF AUSTRALIA AND NEW ZEALAND 
CONSUMER DAY 

WHERE: UNIVERSITY OF MELBOURNE 
DATE: TUESDAY, 27 SEPTEMBER 1994 
TIME: 10.30 am - 5 pm 

TOPIC

HOW DO CONSUMERS SURVIVE MENTAL ILLNESS?

We are proud to announce that the keynote speaker will be Mary O'Hagan 
from New Zealand

*Mary is the President of the World Psychiatric Users Association which was formed 
under the auspice of the United Nations' World Health Organisation (WHO). She 
has also written the book "Stopovers on my way home from Mars" based on her 
visits to mental health support groups in the USA, England and Holland. 
She was sponsored for this trip by the Churchill Foundation.*

OTHER FEATURES OF THE DAY

Guest Speakers
Open microphone where consumers can have their say on how they survived.
Debate of Conference issues, results of which will be presented at the Mental Health Services Conference.

Consumers are encouraged to attend, listen and/or participate, others are more than welcome to come and listen.

To allow us to cater for the number of people attending please fill in the registration form following and return to 
the VMiac by 1st August 1994.

No Cost is involved. 
Lunch Provided.

*Any queries should be addressed to:*

Rod Salvage  
Victorian Mental Illness Awareness Council  
136A Sydney Road, Brunswick 3056  
Phone: (03)387-8317  Fax: (03)388-1445

I wish to attend the Mental Health Services Conference Consumer Day  
As a non-consumer observer [ ]  
As a consumer participant/observer [ ]

Name: ...........................................................................................................

Address:..................................................Suburb..............................Postcode..........................

Contact Phone Number: .................................................................

Please assume that if you have returned this form that you are registered
unless notified otherwise.

Please send form to: Victorian Mental Illness Awareness Council Inc.  
Pre-Conference Registration  
136A Sydney Road  
Brunswick 3056
Travel awards aim to financially assist consumers (direct service users, and where appropriate their families) to attend the Mental Health Services Conference of Australia and New Zealand.

Who Is Eligible?

Those people who are direct service users of mental health services, and their families, and who will suffer undue financial difficulties in being able to attend the conference.

Priority for receiving a travel award will be assessed in the following way (1 - top priority):

1. The person is presenting a paper or is part of a presentation team at the conference.
2. The person wishes to attend the conference but is not presenting at the conference.

How Many Travel Awards Are Given?

The maximum number of travel awards to each year's conference will be 17. This will consist of:

2 travel awards to each Australian state
1 travel award to each Australian territory
3 travel awards to New Zealand
WHAT CONDITIONS APPLY?

Registration Fees:

There will be at least 20 free places allocated to direct service users for each year’s conference. Each recipient of a travel award will also receive a free place at the conference. Accommodation and other personal expenses must be met by the person.

The conference organising committee may, depending on budget considerations, offer more free places to those in need.

Parking And Paying For Fares:

The person(s) travelling should book their fares at least a month prior to travelling, and then immediately notify the conference organisers of the booking. The conference organisers will arrange payment of the fares, once they have been notified of the date of travel, time of day, flight number and cost.

When Are Travel Awards To Be Used:

Conference organisers have the right to offer one or both travel awards (for each State/Territory/NZ) to a direct service user who is presenting at the conference. If there is no appropriate person(s) presenting at the conference then the conference organisers will contact a consumer organisation who will then be empowered to relocate the travel awards.

Allocation Of Finances:

The conference organisers and/or the nominated consumer organisation may wish to distribute the money allocated for airfares, as a subsidy (the subsidy would pay for a percentage of the person’s fares and fees). The allocated money for any one State/Territory/NZ may be used to give a subsidy to more than the allocated number of people. This should be done in negotiation with the organising committee.

Closing Date: 30th August, 1994

Contact: Vivienne Miller  
The Mental Health Services Conference Of  
Australia & New Zealand  
PH: (02) 888 1222  
FAX: (02) 887 5684
Registration Form

Mr, Mrs, Ms, Dr
First Name
Address
State/NZ
Ph: (w)
Ph: (h)
Ph: (Fx)
Organisation

Please tick appropriate box

Earlybird
Must be postmarked on/before 30 August
28 - 30 September (3 days) $220 []
Full Fee
Must be received before 22 September
28 - 30 September (3 days) $250 []
Wednesday (Includes Reception) $110 []
Thursday $100 []
Friday $100 []
TOTAL FEE PAYABLE: $

Concession
Benefits recipients and ft students (Evidence Required)
28 - 30 September (3 days) $85 []
Wednesday (includes reception) $55 []
Thursday $50 []
Friday $50 []
Vegetarian food required []
Note: Lunches and teas included in fees

Please make cheques payable to:
The Mental Health Services Conference Inc.
The Conference Secretary, THEMHS Conference,
P.O. Box 956, Dandenong Vic 3175

ACCOMMODATION BOOKING

RAMADA INN
$74 per night Single 5 mins drive
$79 per night Double
IBIS
$77 per night Single/Twin/Double 10 mins walk
PRINCESS PARK
$75/83 per night Single/Standard/Deluxe 5 mins walk
$80/88 per night Double/Standard/Deluxe
OLD MELBOURNE
$96 per night Single/Twin/Double 2 mins walk
MAXIM'S APART.
$130 1 Bedroom 5 mins drive
$170 2 Bedroom

It may be advisable to book your accommodation early as the A.F.L. Grand Final is to be held during the weekend of the 1/10/94 and room availability will be limited.

BOOKING INFORMATION

Hotel:
Arrival Date: ___________________________ Departure Date: ___________________________
Surname: __________________________ Title: __________________________ Initials: __________________________
Organisation: __________________________
Address: __________________________ Ph: __________________________
Fax: __________________________

Hotel/Apartment Requirements (please circle):

Single Share Twin Double Smoking Non-Smoking

Credit Card Information - required for confirmation of booking (please circle):

AMEX MASTERCARD VISA BANKCARD DINERS
Credit Card No: __________________________ Expiry Date: __________________________
Card Name: __________________________ Signature: __________________________

Please make cheques payable to: Lido Accommodation
And post to: Katrina Lim, Lido Accommodation, 128 Terry Street, Rozelle NSW 2039
AIRLINE DISCOUNTS

The Conference Organising Committee is pleased to announce that Qantas has been appointed the official airline for the Conference.

Australia

As a special conference fare has been negotiated for delegates, we suggest contact with your local Qantas Group and Conventions Travel Departments be made in order to avail yourself of the special conference fare or any other promotional fares which may be applicable.

A discount of 45% off the full economy airfare at time of booking has been negotiated for Conference delegates, subject to seat availability. Please quote fare base code VCVEFODT when making your reservation.

New Zealand

A fare of A$605.00 for departure between 15 September 1994 - 15 December 1994 on flights to Melbourne. (May be subject to change). We suggest you contact your local Qantas office for best available airfares.

Qantas Group & Convention Travel Offices
Adelaide 08 203 8511
Brisbane 07 360 2239
Canberra 06 250 8299
Darwin 08 82 3381
Melbourne 03 274 2160
Sydney 02 951 4444
Auckland 0800 80 8767
Cairns 070 50 4017
Christchurch 0800 80 8767
Hobart 002 38 3516
Perth 09 420 0800
Wellington 0800 80 8767

CANCELLATION POLICY

* Prior to 16 September 1994 a refund of 90% of fee paid.

* Cancellation after 16 September 1994 75% refund of fee paid.

* Cancellation after 23 September 1994 no refund will be applicable.

(except at the discretion of the Organising Committee).

There will be no admittance to the Conference without receipt of the full amount due.

In the past some organisations were late in paying. If your organisation is paying your conference fee, please be sure to apply early to ensure that payment is received by the Conference Secretary prior to the Conference. If prior payment is not received, then the person attending the conference will be liable for payment of the fee on the day.

It may be advisable to make your airline reservation early as the A.F.L Grand Final is on 1/10/94 in Melbourne.