THEMHS CONFERENCE

THEMHS is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers, policy makers, researchers and educators annually.

AIMS

1. Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people seriously affected by mental illness and disability.
2. Promote positive attitudes about mental health and mental illness.
3. Provide a forum for professional development of people associated with mental health services, i.e. an opportunity to present current innovations, strategies, research, policies and future directions.
4. Provide a forum for professionals, consumers, carers and managers to meet and debate mental health services.
5. Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.

THEMHS SECRETARIAT (SYDNEY)

Andy Campbell, Lynne Dunbar, Roger Gurr, Doug Holmes, Kevin Kelleher, Leonie Manns, Viv Miller, Sadie Robertson, Alan Rosen, Maree Jeesson.

HOBART COMMITTEE

Mary Blackwood, Robert Bland, Lois Booth, Graeme Fisher, T Wayne Fox, Paul Ingram, Elaine Jenkins, Rod MacGregor, Mark Morrissey, Noni Morse, Ian Munday, Victoria Rigney, Barbara Shaw, Rosemary Schneider, Andrew Weston.

ANZ ACHIEVEMENT AWARDS

These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. THEMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.

SPEAKERS

KEYNOTE SPEAKERS

MICHAEL CLINTON and ANNE OLSEN will talk about Collaboration for Mental Health.

Michael Clinton is Professorial Fellow and Chair of Clinical Nursing and Research at Ashford Community Hospital Inc. and is Professorial Fellow at the Centre for Research into Nursing and Health Care, University of South Australia. Previously he was Professor and Head of the School of Nursing and Director of the Centre for Mental Health Nursing Research, Queensland University of Technology. Michael promotes applied and collaborative research. Currently he is involved in a feasibility study to establish a respite care service, and in developing standards for the use of restraint and medication management by nurses. He has published a number of books on mental health nursing and management in health care. Currently he edits the Australian and New Zealand Journal of Mental Health Nursing.

Anne Olsen is a consumer of mental health services and in recent years has been involved in research, writing and editing for consumer-led and consumer-inclusive projects in the mental health field. She has also been involved in running seminars for mental health service providers. She is particularly interested in consumer input into education and training projects.

Major projects with which she has been associated include the Lemon Tree Learning Project; the Commonwealth Department of Health and Family Services Community Development Project and contributions to the book Advanced Clinical Practice in Mental Health Nursing ed. by Michael Clinton and Siobhan Nelson (pub. Pending).

MASON DURIE will talk on Strategies for Indigenous Health Development: The New Zealand Case Study.

Mason Durie is a member of the Ngati Kauwhata and Rangitane tribes. He is a Fellow of the Royal Australian and New Zealand College of Psychiatrists and a Fellow of the Royal Society of New Zealand. After twenty years in clinical practice he was appointed Professor of Maori Studies at Massey University. He has served on numerous governmental advisory boards and is a member of the National Health and Disability Advisory Committee, the Advisory Board of the Mental Health Commission and the Executive of the Maori Medical Practitioners Association. He has written extensively on Maori health and Maori development.

PHIL IKER will talk on History: Cultural Differences and Traditional Aboriginal Concepts of Illness and Health.

Phil Iker is a member of the National Community Advisory Group which has been advising the Commonwealth Government on the reform of Mental Health Services within Australia.

CAROLYN QUADRO will talk on Boundary Violations Between Therapists and Patients and conduct a workshop on Boundary Issues and Self-Care for Therapists.

Carolyn Quadro is a Psychiatrist who has trained in child and adolescent psychiatry, in psychodynamic psychotherapy and marital and family therapy. Now practising predominantly in forensic psychiatry, she has published on gender issues, female sexuality, sexual abuse in power relationships and marital therapy. She recently submitted a PhD on Women in Psychiatry and recently became a proud grandmother. She continues to teach undergraduate medical students at University of New South Wales, postgraduate psychiatric trainees at Prince of Wales Hospital and teach at the New South Wales Institute of Psychiatry.

NANCY TOMES will talk on From Patients’ Rights to Consumers’ Rights: Some Historical Reflections on the Evolution of a Concept.

Nancy Tomes is Professor of History at the State University of New York at Stony Brook. She has written widely on the history of American psychiatry and public health. Her publications include: The Art of Asylum-Keeping; Thomas Story Kirkbride and the Origins of American Psychiatry (1984, 1994); and the upcoming Global Mental Health: Medical and Cultural Perceptions of Mental Illness before 1914, co-authored with Lynn Gamwell (1995); and The Gospel of Germs: Men, Women, and the Microbe in American Life (1998).
HARVEY WHITEFORD will talk on How This Will Influence Mental Health Reform in Australia in the Future.

Harvey Whiteford is a Psychiatrist who is the Director of Mental Health in the Commonwealth Department of Health and Family Services. He has extensive clinical and research training and experience in the biological, psychological and social causes of mental illness. He established the Queensland Centre for Schizophrenia Research, one of Australia's largest psychiatric research centres. For seven years until January 1997 he was the Queensland Director of Mental Health. For the past eight years, Dr Whiteford has been involved in the development and implementation of the National Mental Health Strategy to reform Australia's mental health services and for four years he was Chair of the National Mental Health Working Group responsible for overseeing Australia's mental health reforms. He has also worked as a consultant to the World Health Organisation on models of mental health service delivery.

PROGRAM CONTENT

THEMHS 1998 will host over 200 presentations by mental health clinicians, managers, consumers, carers and policymakers, researchers and educators. Presentations will include papers, symposia, dynamic posters, workshops, performances and general posters.

Australian and New Zealand mental health services have been undergoing major reform processes during past years. Large psychiatric hospitals are being closed or transformed, in favour of loc

THEMES WILL INCLUDE:
- Community and hospital care
- The roles of Private, Public and Non-Government sectors
- Contemporary treatment strategies
- Transforming mental health services
- Accommodation
- Rural mental health issues
- Transition from institution to community
- Personal experiences of mental illness
- Promotion, Prevention, Early Intervention
- Multidisciplinary case management
- From crisis to rehabilitation and recovery
- GP shared mental health care
- Dual disorders
- Nursing beyond the institution
- Child, adolescent, adult, elderly
- Changing roles for consumers, families
- Human rights and ethics
- Community attitudes and stigma
- Transcultural mental health
- Indigenous peoples' issues
- Evidence-based practice, and outcome research
- Setting priorities and standards
- Management, casemix and resource allocation
- Workforce education, supervision and training

SUNDAY 6TH SEPTEMBER 1998
8.30am Registration Desk open
9.15am-5.00pm Consumer Forum
9.30am-5.00pm Carer Forum
9.30am-5.00pm Outcome Measurement Workshop
4.00pm-6.00pm Registration Desk open
6.00pm-8.00pm Conference Reception - Tasman Room, Wrest Point

MONDAY 7TH SEPTEMBER 1998
8.00am Registration Desk open
8.45am-10.00am Opening Ceremony
Presentation of ANZ Achievement Awards
10.00am-10.00am Keynote Speaker: Prof. Nancy Tomes
11.30am-12.30pm Keynote Speaker: Dr Harvey Whiteford, & concurrent workshops
12.30pm-2.00pm Lunch; dynamic posters; performance
2.00pm-5.30pm Concurrent sessions, Arts Project ROH
6.00pm-7.00pm Vice Regal Reception at Government House
7.30pm Restaurant evening

TUESDAY 8TH SEPTEMBER 1998
8.15am Registration desk open
8.45am-9.15am Keynote Speaker: Ms Phil Iker
9.15am-10.00am Morning tea, marketplace, performance
10.00am-10.00pm Concurrent sessions; Arts Project ROH
10.00am-2.00pm Lunch performance; "Lemon Loonin"
2.00pm-5.00pm Concurrent sessions, Arts Project ROH
4.10pm-4.50pm Keynote Speaker: Prof. Mason Durie
4.50pm-5.30pm Consumer and Carer Forum's feedback
7.00pm for Conference Dinner at Elizabeth Street Pier, Speaker: Ms Margaret Scott
7.30pm

WEDNESDAY 9TH SEPTEMBER 1998
8.15am Registration desk open
8.45am-9.25am Keynote Speaker: Dr Carolyn Quadrio
9.15am-10.00am Morning tea, dynamic posters, performance
10.10am-1.00pm Concurrent sessions, Arts Project ROH
1.00pm-2.00pm Lunch performance; "Lemon Loonin"
2.00pm-3.00pm Keynote Speakers: Prof Michael Clinton and Ms Anne Olsen
2.00pm-4.30pm Concurrent sessions
4.30pm-5.00pm Closing Ceremony
PROGRAM HIGHLIGHTS

CONFERENCE RECEPTION
6.00 - 8.00 PM SUNDAY 6 SEPTEMBER
The RECEPTION is the first opportunity for you to savour Tasmania's renowned hospitality at Wrest Point Conference Centre. The Hon Peter McKay, MLC, Tasmanian Minister for Community and Health Services will welcome delegates.

VICE REGAL RECEPTION 6.00 - 7.00 PM MONDAY 7 SEPTEMBER AT GOVERNMENT HOUSE
The Vice Regal Reception - hosted by His Excellency Sir Guy Green, AC, KBE, Governor of Tasmania, and Lady Green at Government House. This lounge suit/day dress function is limited to only 450 invited delegates. Please indicate on the registration form if you wish to attend - invitations will be issued on a first-to-register basis. Delegates who register in time to be included within the limited numbers will receive their formal invitations with their registration packs.

The TTLC ARTS PROJECT AT ROYAL DERWENT HOSPITAL
The Tasmanian Trades and Labour Council and Mental Health Services, Tasmania have combined to present an interpretive multi-media exhibition on the theme Making History. This project traces the cultural influences of the development of Royal Derwent Hospital, for many decades Tasmania’s major mental health institution, situated in the beautiful Derwent Valley some little way up the river from Hobart. Bus trips to view this important exhibition will be provided daily.

The CONFERENCE DINNER. At one of Hobart’s newest and most glamorous waterfront locations, this $55 per head all inclusive dinner will be a Conference highlight. For those who require it, a free ferry transfer is available from Wrest Point (conditions apply - see satchel at registration). Margaret Scott, retired academic, author, poet, social commentator, raconteur and panelist from the ABC’s Good News Week will be the after dinner speaker.

TSO CONCERT. The Tasmanian Symphony Orchestra, in conjunction with the WFMH/ANAMH Asia Pacific Regional Conference, is to stage a gala concert at Wrest Point on the Thursday evening, featuring the pianist Julian Lee and the Don Burrows Jazz Quartet. This will be a highlight of that Conference’s activities and is aimed at raising funds to help establish a Mental Health Foundation in Tasmania. TasTHEMHS ’98 delegates are invited to attend. Bookings may be made with Mures.

PRE CONFERENCE DAY

SUNDAY 6TH SEPTEMBER 1998

Consumers Forum 9:15am - 5:00pm
This forum is an excellent opportunity for consumers to reflect on and share the steps taken in our history that has woven "our-stories" to create a tapestry of wonder. Invited speakers include: Phil Iker, Leonie Marinis, Simon Champ and Christopher Newell. In the afternoon there will be several concurrent sessions. A Karaoke Night will follow the forum from 7:30pm - 11:00pm. A full program is available from the THEMHS Office.

Carers Forum 9:30am - 5:00pm
This forum is entitled "A Balancing Act: The Carer, Family, Friends and the Community". Invited speakers include: John Funder, Anne Olsen, Mark Stephens and with a special message from Anne Deverson. The afternoon will be divided into three concurrent sessions. A full program is available from the THEMHS Office.

Workshop: What's New in Outcome Measurement 9:30am - 5:00pm
This day-long workshop will focus on outcome measurement from a number of perspectives. In the morning Joseph Ventura PhD (co-author of BPRS) will present American and Australian research data on the Brief Psychiatric Rating Scale. He will be the discussant for the afternoon session. In the afternoon presentations will include Dr Tom Trauer, giving an update on research data using the HONOS; Dr Alan Rosen will overview the Life Skills Profile; Ms Suzanne Drake will present findings from the report Measuring Consumer Outcomes in Mental Health 1997. Dr Maree Teeson will chair the day - she is co-author of Measurement of Consumer Outcomes in Mental Health 1994. A full program is available from the THEMHS Office.
REGISTRATION FORM

(PLEASE TICK APPROPRIATE BOX)

Full fee 3 days $480.00
Earlybird fee 3 days (before 20 July 1998) $440.00
Concession 3 days * $150.00

Full fee -
Day only $160.00
Monday $160.00
Tuesday $160.00
Wednesday $160.00

Concession* -
Day only $50.00
Monday $50.00
Tuesday $50.00
Wednesday $50.00

PRE-CONFERENCE FORUMS & WORKSHOPS

Consumers Forum (consumers only)
Sunday 6th September $10.00
Carers Forum
Sunday 6th September $45.00
Carers - Concession * $10.00
Other conference delegates $100.00

What's News in Outcome Measurement - Workshop $160.00

DINNER

Tuesday 8th September $55.00

TOTAL $_____

VICE REGAL RECEPTION
I would like to attend the Vice Regal Reception
□ YES □ NO
No cost

NOTE: *Concessions are given to full time students, pension card holders and unemployed people. Evidence must be produced eg photocopy of pension card or student card.

METHOD OF PAYMENT

PAYMENT ENCLOSED (please tick your option)

□ Australian dollar cheque/bank draft payable to The Mental Health Services Conference Inc. of Australia and New Zealand
□ Authority to charge my credit card account

CREDIT CARD DETAILS

□ Visa □ Mastercard □ Bankcard

Card Number: _______________________________ Expiry Date: ______/_____

Full name on card ___________________________ Signature __________

Please return this form with payment to:
The Secretary
THEMHS Conference
PO Box 192
Balmain NSW Australia 2041
TRAVEL

AIRLINE TRAVEL

We are pleased to announce Ansett has been appointed as the official airline for THEMHS Conference 1998, with all bookings being processed through Mures Travel.

As a special 45% discount fare has been negotiated for delegates and travel companions, we ask you to contact Mures Travel (details below) to avail yourself of this or any other promotional fare which may be applicable. Please quote the conference code MC09430 when making your reservation.

Other discounted special fares and Air/ Accommodation/ Care Hire packages are also available through Mures Travel.

Please contact Mures Travel on:
Ph: (03) 6231 1744 Fax: (03) 6234 4464
Email: conventions@mures.com.au

TRAVEL WITHIN TASMANIA

AIRPORT TO CITY Redline Coaches run a regular service to the city and major hotels for $7 per person. Taxis from the airport to city generally charge $25 - $30 per transfer.

METRO BUSES are available every 10 - 15 minutes from Wrest Point to Sandy Bay and to Hobart City. The Metro Busy Bee Timetable is available at the registration desk.

CAR RENTAL - Special conference rates are available for small manual, small auto or medium auto cars. This includes insurance, unlimited kilometres and free touring map. Contact Mures Travel for details.

TOURS INFORMATION

ACCOMPANYING PERSONS TOURS

Historic Coach Tram - Tuesday afternoon - motor tram tour of Hobart's historic sites, finishing with a "cuppa" at Wrest Point Casino. $23/person.

Nature's Treasure, Huon Valley and Southern Wilderness - all day Wednesday - to the beautiful Huon Valley and Doran's Jam Factory, sampling their gourmet jams for morning tea. Learn of aquaculture as you cruise the Huon River, visiting both a salmon and a flounder farm. Back on land visit a deer farm before lunch. Then a famed Huon apple farm, and the magnificent Great Southern Forests on an elevated walkway before visiting Geeveston's Forest Heritage Centre, an arts and craft gallery, and home. $75/person

REMEMBER, There are many other tour options and an almost endless variety of hire and drive options; if you would like further information please contact Ann Kile at Mures Convention Management on phone (03) 6234 1424, or fax (03) 6234 4464. Anne will forward you a brochure about other tours available. Mures will also have a desk at the Conference to attend to any last minute travel needs.
A variety of accommodation has been booked in Hobart at Conference discount rates. Delegates are advised to book early as accommodation is limited. To secure your booking, a deposit of $100 must be included with each booking and the balance paid direct to the hotel on departure. It is essential that any changes to your plans be notified in writing to Mures. Please note that these prices were correct at the time of printing but may be subject to slight variation.

Should you fail to arrive without prior notification your deposit will be forfeited. Accommodation of delegates who fail to pay a deposit will be held only until 8pm and then the reservation will automatically be cancelled.

**WEST POINT HOTEL CASINO 4 1/2 star**

**WEST POINT MOTOR INN 3 1/2 star**


**HOTEL GRAND CHANCELLOR 5 star**

Located on the waterfront in central Hobart with views over the Derwent River, the city and Mount Wellington. Facilities include two restaurants, bar, heated indoor pool, spa, gymnasium, hair salon and coffee shop. Single / Double / Twin $165.

**SANDY BAY MOTOR INN 3 1/2 star**

Situated 150 metres from West Point Casino. Features include: a spa and sauna. Continental breakfast included in tariff. Single $80 / Double $90 / $15 per additional person.

**LENNY OF HOBART 4 star**

Centrally located in historic Battery Point, it is a 20 minute walk to West Point and only a short walk to Salamanca Place or the City Centre. Facilities include: colour televisions and a highly acclaimed restaurant and bar. Single / Double / Twin $118.

**BATTERY POINT GUEST HOUSE 4 star**

Conveniently located in historic Battery Point, 20 minute walk to the conference venue and 2 minutes walk from Salamanca Place. Features queen size beds, ensuites, family suite with spa baths, phones in all rooms, fax facility on site. Tariff includes full breakfast. Single $100 / Double $125.

**CLYDESDALE 4 star**

Clydesdale is a 5 minute walk to West Point Casino, the Yacht Club, Sandy Bay shops, boutiques and restaurants, and a short stroll to historic Battery Point and Salamanca Place. Single / Double / Twin $100.

**AMBERLEY HOUSE 4 star**

Built in 1884 and faithfully renovated in traditional style, this cottage is an absolute delight. Situated 1km from Hobart, in the heart of Sandy Bay, this accommodation is a mere ten minute walk to the conference venue. All rooms have their own ensuites and breakfast is included. Single $96 / Double / Twin $100.

**BROOKE STREET WATERFRONT 4 star**

Situated in historic Sullivan’s Cove., This apartment hotel offers unrivalled proximity to all of Hobart’s premier attractions and within easy reach of the Central Business District. Single $89 / Double $110 / Executive Suites (4 – 5 people) $130.

**OAKFORD APARTMENTS 4 star**

Situated right on the waterfront of Hobart’s wharf, Oakford provides the latest in comfort and convenience. Only five minutes walk from the CBD and Salamanca Market and 25 minutes walk to West Point Convention Centre. One bedroom apartment, maximum 2 people $125.

**DR SYNTHAX 2 1/2 star**

Budget style hotel accommodation, situated on Sandy Bay Road 15 minutes walk from the conference venue and on direct bus route to the City. All rooms have ensuite facilities. Counter meals available. Single $43 / Double $59 / $19 per additional person.

**SANDY BAY CARAVAN PARK 3 star**

Located 5 minutes from West Point Convention Centre. $55 per cabin, $7 per extra person. Please ring Caravan Park direct to reserve accommodation on (03) 6225 1264.

**NEW SYDNEY HOTEL (Backpackers)**

Dorms available, $14 per person per night. Please ring hotel direct to book on (03) 6234 4516.

**CENTRAL BACKPACKERS**

Dorms $14 per person per night, Double $38 per room, Triple $19 per head. Please ring hotel direct to book on (03) 6224 2404.
TOUR BOOKING FORM

Historic Coach Tour
__________ persons @ $73/head $
Name(s) of people

Nature’s Treasure, Huon Valley and Southern Wilderness
__________ persons @ $75/head $
Name(s) of people

SUBTOTAL $

TOTAL PAYMENT TO MURES
INCLUDING ACCOMMODATION AND TOURS COSTS

PLEASE RETURN THIS FORM TO ANN KILE AT MURES CONVENTION MANAGEMENT

Victoria Dock,
Hobart, Tasmania 7000
Phone (03) 6234 1744
Fax (03) 6234 4464
email: conventions@mures.com.au

PAYMENT ENCLOSED (please tick your option)

☐ Australian dollar cheque/bank draft payable to Mures Convention Management
☐ Authority to charge my credit card account

CREDIT CARD DETAILS

☐ Visa ☐ Mastercard ☐ Bankcard
Card Number: ____________________________
Expiry Date: ______/______
Full name on card: ________________________________________________

Signature X ________________________________

THEMHS BURSARIES

A limited number of bursaries will be available for consumers to attend the Conference. These provide airfares, taxis and free registration. Priority is given to consumers who are presenting at the conference or workshops, and who would otherwise have difficulty attending the conference for financial reasons.

PHONE OR FAX THE CONFERENCE SECRETARY FOR DETAILS ON HOW TO APPLY.

CONTINUING EDUCATION ACCREDITATION

Accredited Category A educational meeting with the RANZCP MOPS Program.

CANCELLATION POLICY

For refund of fees in the event of cancellation the following applies:
Fees will be refunded in full if THEMHS is notified by the 12th August 1998. 50% of fee will be refunded if notification is received by 26th August 1998. No refund will apply after the 26th August 1998 except at the discretion of the Secretariat.

SPONSORS

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There are other mental health conferences to be held back to back with Tas THEMHS 98 at Wrest Point Hotel.

EPPIC EARLY PSYCHOSIS CONFERENCE 4 - 5 SEPTEMBER 1998,
Second National Conference on Early Psychosis: "Realising the Potential". Contact Conference Secretariat,
Locked Bag 10, Parkeville, Victoria Australia 3052, Ph: 03 93422837, Fax: 0393422941

ANAMH CONFERENCE 10 - 11 SEPTEMBER 1998, WFMH/ANAMH
Asia Pacific Regional Conference. Contact: Mures Convention Management
Ph: 03 62341424 Fax: 03 62344464

THEMHS CONFERENCE
Making History