TheMHS 9th Annual Mental Health Services Conference

22 - 24 September 1999
21 September 1999 Pre-conference Workshops and Forums

Closing Date for Early Bird Registration 30 July 1999

Melbourne Convention Centre
Cnr Flinders and Spencer Sts, Melbourne, Victoria, Australia

Whose Realities?
PRINCIPAL SPONSORS
- Commonwealth Government of Australia - Department of Health and Aged Services (Mental Health): Sponsor of A.N.Z. Achievement Awards and Consumer Day
- Victorian Government - Department of Human Services (Mental Health): Sponsor of Conference Reception and Consumer/Carer participation in conference planning

MAJOR SPONSORS
- New Zealand Government (Mental Health): Sponsor of A.N.Z. Achievement Awards
- Eli Lilly: Sponsor of WPA Schizophrenia Stigma Package Launch and Symposium
- Janssen Cilag: Sponsor of TheMHS Summer Forum
- Zenea: Sponsor of keynote speaker

SPONSORS
- Solvay: Sponsor of pre-conference workshop
- Pfizer
- Novartis
- Hoechst

WITH THANKS TO
- North Western Health, Melbourne

TheMHS is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers, policy makers, researchers and educators annually.

Aims

1. Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people seriously affected by mental illness and disability.
2. Promote positive attitudes about mental health and mental illness.
3. Provide a forum for professional development of people associated with mental health services, i.e. an opportunity to present current innovations, strategies, research, policies and future directions.
4. Provide a forum for professionals, consumers, carers and managers to meet and debate mental health services.
5. Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.
The MHS Secretariat (Sydney)
Andy Campbell, Lynne Dunbar, Roger Gurr, Douglas Holmes, Kevin Kellehear, Leonie Manns, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson.

Melbourne Committee
Merinda Epstein and Chris Gibbs (Co-Chairs), John Farhall and Merinda Epstein (Program), Trish Saunders (Social), John Ballis (Administration), Isabell Collins (Consumer Day), Sue Farnan (Carers Forum), Graham Meadows (NZ Liaison), and David Clarke, Ellie Fossey, Brenda Happell, Lance James, Colin Reiss.

ANZ Achievement Awards
These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. TheMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.

Speakers

Larry Davidson will talk on "Simply to be let in: Psychiatric Disability and the Restoration of Citizenship"
Larry Davidson, Ph.D., is Assistant Professor of Psychiatry at the Yale University School of Medicine, where he serves as the Director of Clinical Services of the Connecticut Mental Health Centre in New Haven, Connecticut. He has published extensively on the topics of community-based treatment, psychiatric rehabilitation, and the recovery and community integration of individuals with psychiatric disabilities. Dr. Davidson’s applications of qualitative research to the study of these topics and their implications for social policy have earned him national and international awards and invitations to speak at national and international meetings, and have been translated into several languages.

Jill Gray will talk on "Skilling-up the Community to Maximise Consumer Outcomes: The Role of Mental Health Services in Community Education and Training"
Jill Gray, is Co-ordinator of Training and Development at VICSERV (Psychiatric Disability Services of Victoria), the peak body for the non-government psychiatric disability support sector in Victoria. She has 15 years experience in the non-government psychiatric disability support field in a range of roles including support, management and training. As a trainer and educator, her special interest is in how services in the community can best understand and respond to people with psychiatric disabilities and the role mental health and psychiatric disability services can take in providing secondary consultation, training and education.

Elizabeth Kuipers will talk on "Talking About Psychosis"
Elizabeth Kuipers, is Professor of Clinical Psychology, at Institute of Psychiatry, Kings College, London and the Maudsley Trust. Elizabeth finished her clinical training 25 years ago and completed her PhD at the University of London while doing research at the MRC (Medical Research Council) unit of the Institute of Psychiatry. She has specialised in
developing and evaluating psychological interventions for psychosis, first with family carers, with Julien Leff, and in the last decade, using cognitive behavioural interventions for individual with psychosis, with Professor Philippa Garety and David Fowler. She became Professor of Clinical Psychology at the Institute of Psychiatry, now part of Kings' College London, in 1997.

Gavin Mooney will talk on “Young Men Dream Dreams...old men see visions, but who is to deal with the realities of priority setting in mental health services?”

Gavin Mooney is Foundation Professor of Health Economics and Director of the Social and Public Health Economics Research Group (SPHERe) in the Department of Public Health and Community Medicine, University of Sydney. He has over 160 publications in health economics including 15 books, most recently editing with Dick Scotton “Economics and Australian Health Policy”. He has acted as an adviser to WHO on many occasions and to OECD and many government health departments. He has a particular interest in equity, especially indigenous health, ethics and priority setting. He is also a keen (but not very good) runner and has completed 6 half marathons.

Cath Roper & Arana Pearson will talk on "The Lyre Bird and the Huia: Voicing Song-Dreams"

Arana Pearson and Cath Roper each hold a Bachelor of Arts Degree. Each has been employed part-time as a Consumer Consultant within Mental Health Services for three and a half years, Arana at Lakeland Health Mental Health Service, Rotorua, and Cath with North West Health care in Melbourne. Arana has worked as a musician for 8 years and as an educator within and without the public school system. He is the Director of his own consultancy company. Cath has a teaching background, working with adults whose first language is not English.

Harvey Whiteford will talk on “International Mental Health Developments: A Perspective from the World Bank”

Harvey Whiteford, is a mental health specialist with the World Bank. Harvey trained in medicine, psychiatry and health policy in Queensland and at Stanford University, California. He has held senior clinical and administrative positions in mental health services and was the Queensland Director of Mental Health for seven years. Until January 1999 he was the Commonwealth Director of Mental Health in Canberra and has been heavily involved in the development and implementation of Australia’s National Mental Health Strategy. Dr Whiteford joined the Health, Nutrition and Population sector of the World Bank, at its headquarters in Washington DC, in February this year to assist the Bank develop its capacity to respond to the rising burden associated with mental disorders.

Special Events

World Psychiatric Association
Launch of Schizophrenia Stigma Package

The World Psychiatric Association (WPA) will hold its Australian launch of the "Program for the Reduction of Stigma and Discrimination because of Schizophrenia", at the conference. A representative of WPA will launch the program. This will be followed by a special symposium on psychiatric stigma.

Special New Zealand/Australia Forum

This special forum will present observations from a number of perspectives on the "experience in practice" of these national mental health policies. Briefing information about this forum, and about the mental health strategies of both countries will be distributed.
Program Content

The MHS 1999 will host approximately 200 presentations by mental health clinicians, managers, consumers, carers, policymakers, researchers and educators. Presentations will include papers, symposia, poster presentations, workshops, performances and general posters. The central theme of the conference in 1999 will be around sharing ideas and in depth discussions between different groups of people involved in mental health policy development and service delivery, both within, and between, New Zealand and Australia. We want the conference to model through its own practice our wish for partnership; not only in the ways we work together, but also in the ways we "talk" and "listen" together. We are also exploring ways to promote mental health and wellbeing through the program's activities. Themes emerging from this year's conference include:

- Contemporary consumer issues
- Contemporary treatment strategies
- Transforming mental health services
- Personal experiences of mental illness
- Rural mental health issues
- Promotion, Prevention, Early Intervention
- Multidisciplinary case management
- Women as carers
- Rehabilitation, recovery & employment
- GP shared mental health care
- Child, adolescent, youth, adult, elderly
- Changing roles for consumers, families
- Human rights & ethics
- Community attitudes & stigma
- Transcultural mental health
- Indigenous peoples' issues
- Evidence-based practice, & outcome research
- Consumers as employees
- Setting priorities & standards
- Management, casemix & resource allocation
- Workforce education, supervision & training
- Healing and recovery
- Women's issues
- Spiritual & emotional health
- Innovations
- Research
- Substance abuse & mental illness

TUESDAY 21ST SEPTEMBER 1999
8.30am - 2.00pm  Registration Desk open
8.45am - 5.30pm  Site Visit A
8.45am - 5.30pm  Site Visit B
9.30am - 5.00pm  Workshop 1: Larry Davidson
9.30am - 1.00pm  Workshop 2: Elizabeth Kuipers
10.00am - 4.30pm Consumer Forum
1.30pm - 5.00pm  Workshop 3: Jill Gray
2.00pm - 5.30pm  Carer Forum
4.00pm - 6.00pm  Registration Desk open
5.30pm - 9.00pm  Consumer Forum Social Event
6.00pm - 7.00pm  Carer Forum Evening Address: Elizabeth Kuipers

WEDNESDAY 22ND SEPTEMBER 1999
8.00am - 5.30pm  Registration Desk open
8.45am - 10.00am Opening Ceremony, Presentation of A.N.Z. Achievement Awards
10.00am - 1.00pm Keynote Speaker, concurrent sessions
1.00pm - 2.00pm  Lunch
2.00pm - 5.30pm  Concurrent sessions, special events
6.00pm - 7.30pm  Welcome Reception
7.30pm            Social events, performance

THURSDAY 23RD SEPTEMBER 1999
8.30am - 5.30pm  Registration desk open
9.00am - 1.00pm  Keynote Speaker, concurrent sessions
1.00pm - 2.00pm  Lunch
2.00pm - 5.00pm  Keynote Speaker, concurrent sessions
6.00pm            Performance, followed by dance

FRIDAY 24TH SEPTEMBER 1999
8.30am - 5.00pm  Registration desk open
9.00am - 1.00pm  Keynote Speaker, concurrent sessions
1.00pm - 2.00pm  Lunch
2.00pm - 4.00pm  Concurrent sessions
4.00pm - 4.45pm  Closing Ceremony
**WELCOME RECEPTION**
6.00pm - 7.30pm, Wednesday 22nd September at Melbourne Convention Centre
The reception is an opportunity to officially welcome participants to the conference. Come and make new friends and renew old acquaintances. Finger food and drinks will be served. Please dress in smart casual.

**SOCIAL EVENTS**
A range of social activities has been organised to cater for different tastes, interests, and budgets. These provide a great opportunity for people attending the conference to meet new people. Each event will be hosted by a representative of the social committee.

Please book for the social events on the Registration Form.

The MHS reserves the right to cancel a social event if insufficient bookings are received.

**WEDNESDAY 22ND SEPTEMBER 1999**
These social events will commence after the Welcome Reception.

**Alive at Williamstown Pier** - a play written by Neil Cole
Time: 8.30pm - 10.00pm
Venue: The Beckett Theatre at the Playbox Theatre (close to Melbourne Convention Centre) 113 Sturt St, South Melbourne.
This play recently won the Colonial Award for "Best new writing in Australian Theatre" and has received critical acclaim in Brisbane, Sydney and Melbourne. The play is about a Member of Parliament who is publicly "outed" because he has mental illness, and tells of his struggle to come to grips with his illness. It is a very humorous play and is at times quite tragic.

**Bridie O'Reilly's** - a popular "boutique" Irish Pub
Time: 8.30pm onwards
Bridie O'Reilly's is located at 62 Little Collins Street Melbourne. We will be there from 8.30pm. Refreshments are available at bar prices. The music starts around 9.00pm.

---

<table>
<thead>
<tr>
<th>Special Requirements</th>
<th>Organisation's address</th>
<th>Fax</th>
<th>Phone</th>
<th>Preferred Mailing Address</th>
<th>First Name</th>
<th>Surname</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State</th>
<th>Country</th>
<th>(Home)</th>
<th>State</th>
<th>Country</th>
<th>Postcode</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Conference Attendance - 22 Sept - 24 Sept 1999

(Please tick appropriate box)

### Amount Paid $AUD

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full fee 3 days</td>
<td>$480.00</td>
</tr>
<tr>
<td>Earlybird fee 3 days (if received by 30 July)</td>
<td>$440.00</td>
</tr>
<tr>
<td>Concession* 3 days</td>
<td>$150.00</td>
</tr>
<tr>
<td>Day only - Full fee:</td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>$160.00</td>
</tr>
<tr>
<td>Thursday</td>
<td>$160.00</td>
</tr>
<tr>
<td>Friday</td>
<td>$160.00</td>
</tr>
<tr>
<td>Day only - concession*:</td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>$ 50.00</td>
</tr>
<tr>
<td>Thursday</td>
<td>$ 50.00</td>
</tr>
<tr>
<td>Friday</td>
<td>$ 50.00</td>
</tr>
</tbody>
</table>

### Pre-Conference Day - Tuesday 21st September

- Workshop 1: Larry Davidson
  - Amount: $160.00
- Workshop 2: Elizabeth Kuipers
  - Amount: $ 80.00
- Workshop 3: Jill Gray
  - Amount: $ 80.00
- Consumers Forum (consumers only)
  - Amount: $ 10.00

### Carers Forum
- Carers
  - Amount: $ 40.00
- Carers-Concession*
  - Amount: $ 10.00
- Other conference delegates
  - Amount: $ 75.00

### Site Visit
- Site Visit A
  - Amount: $ 20.00
- Site Visit B
  - Amount: $ 20.00

### BBQ at VMIAC - Monday 20th September - I wish to attend

### Social Events - Wednesday 22nd September

- Welcome Reception - included in Registration Fee
- Alive at Williamstown Pier - play by Neil Cole
  - No. of tickets: Full $15.00
  - Concession * $ 8.00

- Bridie O'Reilly's - Irish Pub - I wish to attend

- Rialto Tower visit
  - No. of tickets: $ 5.00

- Tram Tour of Melbourne
  - No. of tickets: $10.00

### Social Events - Thursday 23rd September

- Snakes and Ladders - Theatre of the Deaf
  - No. of tickets: Full $15.00
  - Concession * $ 8.00

- One step, two step, anything goes - conference dance
  - No. of tickets: Full $20.00
  - Concession * $15.00

### Total

**NOTE:** Concessions are given to full time students, pension card holders and unemployed people. Evidence must be produced e.g. photocopy of pension card or full time student card.
TRAVEL GUIDE

Rialto Tower Visit

Time: 8:30am - 10pm

This popular tourist attraction, The Rialto Tower is located at the corner of Collins and King Streets in Melbourne. The observatory provides an uninterrupted view of the city and is an easy walk from the Melbourne Convention Centre.

Light refreshments served.

Snakes and Ladders: a play presented for The MHS by the Australian Theatre of the Deaf

Time: 8:30am - 10pm

See the sights of Melbourne from the comfort of a classic "old school" style tram. Light refreshments served.

One step, two step, anything goes

confession. Dance. Create. Entertainers will include the Women's Entertainment project, a great opportunity for conference participants to get together.

VENUE:

Confederation Town Hall, Hoddle St, Collingwood

Time: 7.30pm - 11.00pm

This is the first in a series of monthly events, "One step, two step, anything goes". The event will be held every 30 minutes, starting at 7.30pm, every Thursday, providing a unique opportunity to experience the sights and sounds of Collingwood, in a relaxed and informal setting.

Sign language interpreters required.

Please give details.

Health and Safety Rules

- no
- yes

Health and Safety Rules

- no
- yes
TUESDAY 21ST SEPTEMBER
Please book workshops, forums, and site visits on the Registration Form.

Workshops

Workshop 1: Facilitating Recovery and Community Integration: A Collaborative Model by Larry Davidson
Time: 9.30am - 5.00pm
Venue: Melbourne Convention Centre
This workshop will cover the following areas:
- An overview of gaps in recovery/community integration literature
- Consumers as key stakeholders in having expert knowledge of the terrain (of subjective experience) needed to fill these gaps
- Ways to approach research and program development/evaluation efforts in a collaborative/participatory fashion, including consumers in all aspects of the process
- Specific examples of recovery/community integration-based interventions involving consumers in relapse/recidivism prevention efforts and social integration efforts

Workshop 2: Cognitive Behaviour Therapy for Psychosis by Elizabeth Kuipers
Time: 9.30am - 1.00pm
Venue: Melbourne Convention Centre
Aims:
- To introduce participants to the new developments in cognitive behavioural therapy (CBT) for people experiencing psychosis
- To increase awareness of optimum therapeutic style and strategies involved.
Objectives:
- To increase knowledge of the theoretical basis and current literature on the clinical effectiveness of CBT for people experiencing psychosis

Workshop 3: Staff Training...Making the Connection by Jill Gray
Time: 1.30pm - 5.00pm
Venue: Melbourne Convention Centre
This workshop examines the role of continuing education, training and professional development in the delivery of services that are based on the needs and preferences of people who use the services.

Aims/educational objectives:
The presentation focuses on how workers can 'build' a continuing education, training and professional development framework which benefits themselves, the client group and the organisation and community in which they are working.

Areas covered will include:
- How to assess your own training needs;
- Connecting your training to client needs;
- Having a co-ordinated approach to staff training and organisational strategic planning;
- Sharing your skills with colleagues;
- The role of training and professional development in maintaining positive work environments and reducing burn-out and staff turnover;
- Sharing your skills with the community - "skilling up" general community services to encourage them to work with and deliver good services to people with mental health problems.
Consumer Forum

Please book for the Consumer Forum on the Registration Form. The Consumer Forum has been designed to enable consumers to attend the day or evening social sessions, or both.

**Consumer Forum Program**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.30am</td>
<td>Registration at Melbourne Convention Centre</td>
</tr>
<tr>
<td>10.00am</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td>10.15am</td>
<td>Guest Speaker: Neil Cole, Member of Parliament</td>
</tr>
<tr>
<td>10.45am</td>
<td>Morning tea</td>
</tr>
<tr>
<td>11.00am</td>
<td>Guest Speaker: Evelyn Webster, member of VICCAG</td>
</tr>
<tr>
<td>11.30am</td>
<td>Question time, with both speakers</td>
</tr>
<tr>
<td>12.00pm</td>
<td>Lunch, including an Arts presentation</td>
</tr>
<tr>
<td>1.00pm</td>
<td>Presentation: Key themes and desired outcomes for Consumer Day</td>
</tr>
<tr>
<td>1.15pm</td>
<td><strong>Building Mental Health Services from a consumer perspective</strong></td>
</tr>
<tr>
<td></td>
<td>Guest Speaker: Isabell Collins, Director of Victorian Mental</td>
</tr>
<tr>
<td></td>
<td>Illness Awareness Council &quot;Consumer Rights and what is required of</td>
</tr>
<tr>
<td></td>
<td>staff to demonstrate respect for those rights&quot;</td>
</tr>
<tr>
<td>1.30pm</td>
<td>Small groups plan elements of an ideal service</td>
</tr>
<tr>
<td>2.30pm</td>
<td>Winding down session</td>
</tr>
<tr>
<td>3.00pm</td>
<td>Afternoon tea</td>
</tr>
<tr>
<td>3.30pm</td>
<td>Feedback to whole group. All ideas and suggestions from small group</td>
</tr>
<tr>
<td></td>
<td>session will be available for everyone to take home. These will also</td>
</tr>
<tr>
<td></td>
<td>be fed back to main body of TheMHS conference.</td>
</tr>
<tr>
<td>4.30pm</td>
<td>Close of day</td>
</tr>
<tr>
<td>5.30pm</td>
<td>Social Event at city location - only for consumers</td>
</tr>
<tr>
<td>9.00pm</td>
<td>who are registered for the Consumer Forum or the main conference.</td>
</tr>
</tbody>
</table>

A WELCOMING EVENING: FREE BBQ DINNER

Monday 20th September, 4pm - 8pm A free BBQ dinner will be held at VMIAC, 23 Weston St, Brunswick (the Victorian Mental Illness Awareness Council is the peak body for Mental Health Consumers in Victoria).

**Transport**

take the North Coburg Tram No. 19 from Elizabeth St (Melbourne City), to the first stop after Brunswick Road in Brunswick, approximately 15 minutes from the city.

Please indicate on the Registration Form if you intend coming to the BBQ dinner. For those not attending the conference who wish to come to the BBQ, please phone VMIAC, (03) 9387 8317, by Friday 17th September, to assist with plans for catering. All welcome!

Carer Forum

Please book for the Carer Forum on the Registration Form.

The carer forum has been designed to enable carers to attend the afternoon session or the evening session or both.

**Carer Forum Program**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.30pm - 2.00pm</td>
<td>Registration at Melbourne Convention Centre</td>
</tr>
<tr>
<td>2.00pm - 3.30pm</td>
<td>Getting on top of it - a panel of consumers and carers discuss what has been helpful for them in dealing with the impact of mental illness on their lives.</td>
</tr>
<tr>
<td>4.00pm - 5.30pm</td>
<td>Concurrent sessions:</td>
</tr>
<tr>
<td></td>
<td>• Impacts and options - issues facing partners of people with a mental illness</td>
</tr>
<tr>
<td></td>
<td>• Mental illness and problematic substance abuse - the latest in research</td>
</tr>
<tr>
<td></td>
<td>• Exploration of the social and emotional impacts of mental illness on consumers, their families and friends through a narrative model of counseling.</td>
</tr>
<tr>
<td>5.45pm - 6.30pm</td>
<td>Guest Speaker: Professor Elizabeth Kuipers (keynote speaker for main conference), will speak on &quot;Carers Issues&quot;</td>
</tr>
<tr>
<td>6.30pm - 7.30pm</td>
<td>Tea, coffee and get together</td>
</tr>
</tbody>
</table>
Site Visits

Each site visit includes a selection of services, some of which have been winners of the A.N.Z. Achievement Awards. Each site visit incorporates a comprehensive catchment area mental health service, aged psychiatry service, child and adolescent service, specialist service and a rehabilitation/psychiatric disability service.

Lunch is not provided, but there will be a lunch break with an opportunity to purchase lunch nearby.

Places are strictly limited. If one site visit is full, then all the next bookings will automatically be transferred to the site visit which is not full.

Site Visit A

- **Time:**
  - 8.30am: Register at Melbourne Convention Centre
  - 9.00pm: Bus departs for site visit
  - 5.30pm: Return to Melbourne Convention Centre

Tour includes:
- St Vincents Mental Health Service (award winner)
- EPPIC (Early Psychosis Prevention and Intervention Centre - award winner)
- Caulfield mobile aged psychiatry service (award winner)
- Prahan Mission psychosocial rehabilitation programs (award winner)

Site Visit B

- **Time:**
  - 8.30am: Register at Melbourne Convention Centre
  - 9.00pm: Bus departs for site visit
  - 5.30pm: Return to Melbourne Convention Centre

Tour includes:
- Northern Area Mental Health Service, Dandenong Aged Psychiatry Program (award winner)
- Spectrum Specialist statewide personality disorder service, Outdoors Inc. psychosocial rehabilitation service (award winner)

Accommodation Information

SPECIAL NOTE FOR 1999 CONFERENCE:

Please book your airfares and accommodation early, as Saturday 25th September is the AFL Grand Final day. This could limit the number of airline seats available during the week of our conference, and could also limit the number of hotel rooms available.

A range of accommodation options has been developed for delegates through AUSRES, a specialist accommodation service. All hotels are located within easy access to the conference venue and the city centre. The options start at $80 per night. Cheaper accommodation is also available. Discounted rooms will be held until one month prior to the start of the conference, so all delegates wishing to take advantage of these discounted prices will need to arrange accommodation through AUSRES before 20th August 1999. For any pre/post conference touring, please feel free to contact AUSRES, the "one stop booking service" for all your needs. For further information contact AUSRES on:

- **Phone:** +61 (03) 9696 0422
- **Freecall:** 1300 365 858 (free call within Australia)
- **Fax:** +61 (03) 9696 0829
- **Email:** res@ausres.com.au
**Airline Travel**

We are pleased to announce Qantas has been appointed official airline for The Mental Health Services Conference. As a special conference fare has been negotiated for delegates attending, we suggest you contact Qantas Association Sales (details below) to avail yourself of this offer.

A discount of up to 45% off the full economy airfare excluding taxes at the time of booking has been negotiated for this conference, subject to seat availability in group class. Please quote your Association Profile Number which is **"1206802"** and destination and date of conference when making your reservation. Please note that the applicable discount is available for domestic travel within Australia only and is subject to payment and ticketing conditions.

Qantas is proud to be a part of your conference, and know you will enjoy flying with them.

The Qantas Association Sales telephone number for Australian delegates is:

**TOLL FREE: 1800 684 880**

International delegates can contact their local Qantas office for the best available fare of the day.

---

**TheMHS Conference Bursaries**

A limited number of bursaries will be available for consumers to attend the Conference. These provide airfares, taxis and free registration for consumers.

Priority is given to consumers who are presenting at the conference or forums, and who would otherwise have difficulty attending the conference for financial reasons. Details of how to apply can be obtained from the conference secretary.

Be sure to apply early, as the first round of offers will be announced by the end of July 1999.

---

**CPE Points**

"Accredited Category A educational meeting with the RANZCP MOPS Program"

---

**Cancellation Policy**

For refund of fees in the event of cancellation the following applies:

Fees will be refunded in full if TheMHS is notified by the 24th August 1999. 50% of fee will be refunded if notification is received by 15th September 1999. No refund will apply after the 15th September 1999 except in extraordinary circumstances.
Whose Dreams?

CONTACT
Conference Secretary
TheMHS
PO Box 192
Balmain NSW 2041 Australia
Phone: +61 (02) 9926 6057
Fax: +61 (02) 9926 7078
Email: enquiries@themhs.org
Website: www.themhs.org

TheMHS CONFERENCE
The Mental Health Services Conference Inc. of Australia and New Zealand