Contributors to the Summer Forum

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Clinical Psychologist, Macquarie University, NSW

Andy Campbell
Consultant Psychiatrist, Central Sydney, NSW

Dermot Casey
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Elizabeth Cunningham
National Maori Mental Health Manager, NZ

Barbara Disley
Chair, Mental Health Commission, NZ

Kath Fox
General Manager, Mental Health, NZ

Roger Gurr
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Helen Herrman
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John Houlit
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Leonie Manns
Chair, NSW Disability Council, NSW

Graham Martin
Associate Professor of Child Psychiatry, Flinders University, SA

Janet Meagher
Chair, NSW Consumer Advisory Group, NSW

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THEMHS Conference Director, NSW

Janet Peters
Advisor to General Manager, Waitemata Health, NZ

Ron Rapee
Professor of Psychology, Macquarie University, NSW

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Director, Centre of Mental Health for NSW Health Department, NSW

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Director, Royal North Shore Hospital and Community Mental Health Services, NSW

Alison Taylor
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Maree Teesson
Lecturer, National Drug and Alcohol Research Centre, NSW

THE MENTAL HEALTH SERVICES CONFERENCE INC. OF AUSTRALIA AND NEW ZEALAND

THEMHS is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers, policy makers, researchers and educators annually.

AIMS

1. Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people seriously affected by mental illness and disability.

2. Promote positive attitudes about mental health and mental illness.

3. Provide a forum for professional development of people associated with mental health services, i.e. an opportunity to present current innovations, strategies, research, policies and future directions.

4. Provide a forum for professionals, consumers, carers and managers to meet and debate mental health services.

5. Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.

Limited places are available at the Summer Forum.

At this time of year, hotels and airfares will fill up quickly, so please book early.

MAJOR SPONSOR

JANSSEN CILAG

THEMHS CONFERENCE

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TheMHS Conference
PO Box 192 Balmain NSW 2041

A limited number of concessions are available for people who are full time students, pension card holders or unemployed. Please phone, fax or email the conference secretary for details.

METHODOFPAYMENT

PAYMENT ENCLOSED (please tick your option)

☐ Australian dollar cheque/bank draft payable to The Mental Health Services Inc. of Australia and New Zealand

☐ Authority to charge my credit card account

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Patricia Mrazek, M.S.W., Ph.D., is a mental health policy consultant and writer, based in Bethesda, Maryland, U.S.A. Formerly she was a Senior Staff Officer at the Institute of Medicine of the National Academy of Sciences where she directed a Congressionally mandated study on the research base for the prevention of mental disorders. More recently she was involved in a joint project between the Center for Substance Abuse Prevention and the National Mental Health Association on preventing substance abuse and mental health problems in managed health care settings. For the last four years she and Dr. Hendricks Brown have been involved in the creation of a registry of preventive trials for behavioural disorders with the goal being to provide the best possible evidence base for clinical practice. She also continues her follow-up work in the Asthma Intervention Project, a Denver based randomised controlled trial aimed at preventing the initial onset of asthma in young children. Dr. Mrazek has edited two books and published numerous articles in the areas of child maltreatment, prevention of mental disorders, clinical assessment of parenting, prevention of asthma, and advocacy. She serves on the prevention committees of the National Mental Health Association and the World Federation for Mental Health and is active in the National Prevention Coalition, the Society for Prevention Research, and Magellan Behavioural Health’s National Prevention Advisory Board. She is the recipient of the 1999 Presidential Award from the Society for Prevention Research.
Monday 24th January 2000

9.00am Welcome
Kevin Kellehear
Chair: Leonie Manns
A Model of what works
Keynote Speaker: Patricia Mrazek
A Model of Prevention - What Works?
Discussion

10.30am Morning tea
11.00am Raising the Issues
What works? What are the benefits?
Who for? What costs?
Facilitators: Vivienne Miller, Roger Gurr,
Maree Teesson, Assen Jablensky

12.30pm Lunch
1.30pm Aust and NZ strategies
Chair: Andy Campbell
The Evaluation and the Evidence Behind
National Strategies.
Dermot Casey (Australia) and Kath Fox
& Elizabeth Cunningham
(New Zealand - Health Funding Authority)
Discussion

3.15pm Afternoon tea
3.45pm Setting the Scene:
Chair: Maree Teesson
The Big Picture
Promotion, Prevention or Intervention
- What is needed next? Helen Herrman
Preventing Depression: Beverley Raphael
Preventing Anxiety: Ron Rapee

5.30pm Short break
5.45pm Food for Thought:
Informal session with keynote speaker and
invited speakers over drinks and nibbles
6.45pm Close of day's proceedings
7.30pm Gala Dinner at Dockside

Tuesday 25th January 2000

9.00am Critiques of Prevention/Promotion
Chair: Alan Rosen
What works? Who with? What cost?
Differentiating Between Prevention and Promotion
Patricia Mrazek, Assen Jablensky,
Alison Taylor

10.30am Morning tea
11.00am What's Happening?
Chair: Janet Peters
Adolescents Coping with Emotion
(ACE) Program: Nick Kowalenko
Linking Epidemiology and Prevention -
Panic Disorder: Andrew Baillie
NZ Pilot Site
Suicide Prevention: What is the evidence
that these programs work? Graham Martin
Dumpling Depression: Working with young
people towards better mental health, Deb Howe

12.30pm Lunch
1.30pm Money and Training:
Whose Responsibility
Chair: Vivienne Miller
If we put all our money into
prevention/promotion, would we have a
community without mental illness? Where
did resources come from? Are mental health
workers trained to do prevention/promotion?
What training for consumers and NGOs?
Roger Gurr, Patrick Mrazek, Janet Meagher

3.00pm Afternoon tea
3.30pm Implications for Mental Health Services
Chair: Barbara Disley
Patricia Mrazek and panel, including:
Roger Gurr, Maree Teesson, Janet Meagher,
Leonie Manns, Dermot Casey, John Hoult,
NZ Ministry.

4.45pm Close
ACCOMMODATION

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. All rates are per room per night. Rates are in AUD dollars plus tax where indicated:

**Aarons Hotel**
- Approx. 10 mins' walk to conference venue
- $105 single/double (including tax)
- $112 twinshare (including tax)
- (50% deposit of total stay if more than 2 nights)

All rates include a light breakfast. Aarons is a well-priced 3 star hotel conveniently located close to the heart of Sydney. Each room has a TV, direct dial telephone, fridge, tea and coffee facilities, fan, heater and clock radio. Guest laundry also available.

**IBIS Hotel Darling Harbour**
- 7 minute walk to venue $128 single/double/twinshare (+10% tax)
- IBIS is a 3 star hotel in Darling Harbour on the opposite side of the Harbour to the conference venue. The rooms are extremely compact. Twinshare rooms are available, also interconnecting rooms for family groups (charged at the per room rate for each room). Facilities include private bathroom, Colour TV, refrigerator. Full buffet breakfast available at $17 per person.

**Parkroyal Darling Harbour**
- 2 minute walk to venue $145 single/double/twinshare (+10% tax)
- The Parkroyal is a 4.5 star hotel very close to the conference venue. Comfortable rooms provide either city or Darling Harbour views. Room facilities include private bathroom, 24 hour room service, mini bar, Colour TV, refrigerator. Full buffet breakfast available for $14 per person. These are very good rates for the style and location of the hotel.

AIRLINE TRAVEL

We are pleased to announce QANTAS has been appointed official airline for the Summer Forum.

A discount of up to 45% off the full economy airfare excluding taxes at the time of booking has been negotiated for this conference, subject to seat availability in group class. Please phone Qantas, quote your Association Profile Number which is “118821” and destination and date of conference when making your reservation. Please note that the applicable discount is available for domestic travel within Australia only and is subject to payment and ticketing conditions. The QANTAS Association Sales telephone number for Australian delegates is:

**TOLL FREE: 1 800 684 880**

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- [ ] At the Aarons Hotel - twinshare $112AUD
- [ ] At the IBIS, Darling Harbour $128AUD
- [ ] At the Parkroyal, Darling Harbour $145AUD

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