

TheMHS SUMMER FORUM 2000

PREVENTION PROMOTION POLITICS A MENTAL HEALTH FORUM



DOCKSIDE

Cockle Bay Wharf at Darling Park
The Balcony, 201 Sussex St
SYDNEY, NSW 2000
AUSTRALIA

Monday 24th & Tuesday 25th January 2000

Contact:

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National policies tell us that mental health promotion and mental illness prevention are major strategies into the next decade. Is there real evidence for prevention and promotion, or are they political fads?

In the year 2020, mental health problems will account for 17% of the burden of disease in developed countries and depression will be the leading cause of burden. How do we respond? Strategies must include efforts at both treating those who currently have mental health problems and preventing mental health problems in those who don't. Efforts to improve the understanding of the causes and effective treatments of mental health problems remain vitally important, however, much greater effort needs to be directed towards prevention and promotion.

Is prevention possible? Is prevention a myth?

What can mental health services learn from public health models of prevention and promotion? Is it legitimate for mental health clinicians to put their energies into prevention and promotion? Do they have the skills necessary?

If we decide prevention and promotion are worthwhile, should we redistribute our resources away from current treatment services? Even if we put all of our resources into prevention of mental illness and the promotion of mental health over the next 20 years, would we end up with a community free of mental health.

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Cost: \$AUD380
\$AUD340 if received by 17th Dec. 99

Included in the fees are morning and afternoon teas, lunches, and the gala dinner.

The venue is a new convention centre situated in Sydney's premier harbourside area. Within a few minutes walk, are attractions such as the Imax Theatre, Sega World, Sydney Aquarium, Maritime Museum, Chinatown, the monorail, Sydney ferries, the Casino, hotels, the city, shopping and play facilities.

The number of places available for this Forum are strictly limited, so book your place as soon as you can. Get your application form from the conference secretary.

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DRAFT PROGRAM - TheMHS Summer Forum 2000

Monday 24th January

9.00am

Welcome

TheMHS President: Kevin Kellehear

Chair: Leonie Manns

A Model of what works

A model of prevention – what works?

Keynote Speaker: Patricia Mrazek

10.30am Morning tea

11.00am

Raising the Issues

What works? What are the benefits? Who for? What costs?

Facilitators: Vivienne Miller, Roger Gurr, Maree Teesson

12.30pm Lunch

1.30pm Chair: Andy Campbell

Aust and NZ strategies

The evaluation and the evidence behind national strategies.

Dermot Casey (Australia); Kath Fox and Elizabeth Cunningham (New Zealand)

Discussion

3.15pm afternoon tea

3.45pm Chair: Maree Teesson

Setting the Scene

The Big Picture

Promotion, Prevention or Intervention – What is needed next? : Helen Herrman

Preventing Depression: Beverley Raphael

Preventing Anxiety in Children: Ron Rapee

5.30pm Short break

5.45pm

Food for Thought: informal session with keynote speaker and invited speakers over drinks and nibbles

6.45pm Close of day's proceedings

7.30pm Gala Dinner at Dockside

Tuesday 25th January

9.30am Chair: Alan Rosen

Critiques of Prevention/Promotion

What works? Who for? What cost? Differentiating between prevention and promotion

Patricia Mzarek, Assen Jablensky, Alison Taylor

10.45am Morning tea

11.15am Chair: Janet Peters

What's Happening?

Adolescents Coping with Emotion (ACE) Program : Nick Kowelenko

Linking epidemiology and prevention – Panic disorder:

Andrew Baillie

NZ Pilot Site

Suicide Prevention: What is the evidence that these programs work?

Dumping Depression: Deb Howe

12.45pm Lunch

1.45pm Chair:

Money and Training: Whose responsibility?

If we put all our money into prevention/promotion, would we have a community with out mental illness? Where do resources come from? Are mental health workers trained to do prevention / promotion?

Roger Gurr, Patricia Mzarek, Janet Meagher

3.00pm afternoon tea

3.30pm Chaired by Barbara Disley

Implications for Mental Health Services

Patricia Mrazek and Panel, including: Roger Gurr, Maree Teesson, Janet Meagher, Leonie Manns, Dermot Casey, John Hoult, NZ Ministry

4.45pm Close