



THE MENTAL HEALTH SERVICES CONFERENCE INC.
OF AUSTRALIA AND NEW ZEALAND

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“What Works?”
A Mental Health Services Forum

TheMHS Summer Forum 2001

Carlton Crest Hotel, 169 – 179 Thomas St, Sydney, NSW

Wednesday 24th and Thursday 25th January 2001

PO Box 192 Balmain NSW Australia 2041

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Fax: +61 (20) 9926 7078

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TheMHS SUMMER FORUM 2001

“What Works?” A Mental Health Services Forum

More than half the population with a mental disorder do not seek help for their mental health problems. Why? Because many people believe that mental health professionals will not be able to help them.

This forum will debate:

What are effective interventions?

What service systems are effective?

What is the evidence?

What are the resource implications?

How do we ensure good practice/systems?

What is needed for sustainability?

Where are the gaps and what is needed for the future?

What works? What doesn't? and What do we do about it?

Conference Venue

The Conference Hotel is situated within a few minutes walk to Chinatown, Darling Harbour, the Entertainment Centre, the Powerhouse Museum and the city.

It is handy to public transport – Central Railway Station, monorail, tram, buses, and harbour ferries.

Complimentary parking is available to delegates registered for the conference.

SESSIONS

WEDNESDAY 24TH JANUARY 2001

- 9.00am** **Session 1**
Welcome
Introduction to Forum issues
- 9.15am** **Keynote Speaker**
Anthony Lehman What Works?
- 10.00am** **Raising the Issues**
- 10.45am** **Morning Tea**
- 11.15am** **Update: Interventions that work**
Phil Mitchell Mood disorders
Gavin Andrews Anxiety disorders/ OCD
Michael Sawyer Young people's disorders
Anthony Lehman Schizophrenia
- 1.00pm** **Lunch**
- 2.00pm** **Session 2**
What are the implications? - Resources
Barbara Disley: A comparative view across mental health systems
- Government working towards What Works**
Janice Wilson, New Zealand
Dermot Casey, Australia
- 3.30pm** **Afternoon Tea**
- 4.00pm** **Session 3**
What are the information and education implications?
Kathy Eagar Benchmarking Good Practice – Information
Management
Kevin Kellehear
Sadie Robertson Professional education – how do we get it right?
- 5.00** **Break**
5.15 **Session 4**
- Food for Thought – Keynote Speaker and other invited speakers:
discussion over drinks & nibbles**
- 7.30pm** **Dinner**

SESSIONS

THURSDAY 25TH JANUARY 2000

- 9.00am** **Session 5**
Applying the Evidence
Anthony Lehman Applying the evidence of What Works to service systems and national policies
- 10.00am** **Morning Tea**
- 10.30am** **Session 6**
Ensuring Good Systems
- Vivienne Miller
Douglas Holmes
Alan Rosen: The Quality Agenda – are the Standards making it happen?

Merinda Epstein
Leonie Manns: Consumer outcomes – myth or reality?
Roger Gurr: Towards Good Mental Health Practice – what makes the difference?
- 12.30pm** **Lunch**
- 1.30pm** **Session 7**
- Where are the gaps and what of the future? (research, implementation, system building)**
- Brief Presentations will include:
Merinda Epstein Consumer Participation – the dilemma
Kathy Eagar What happens to the MHCASC data now?
Maree Teesson Bridging the gap between practice and research
- 2.45pm** **Afternoon tea**
- 3.15pm** **Session 7 continues**
Anthony Lehman Evidence-based practice – how can we move forward?

Final debate
- 5.00pm** **Close**

ACCOMMODATION

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for the Hotels must be accompanied by a deposit equivalent to one night's accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

Rates are in AUS dollars and include GST:

Aarons Hotel Approx 3 mins walk to conference venue \$108.00 single

All rates include a light breakfast of cereal, toast and juice. Aarons is a well priced 3 star travellers style hotel conveniently located close to the heart of Sydney and on the edge of Darling Harbour. Each room has a TV, direct dial telephone, fridge, tea and coffee facilities, fan, heater and clock radio. Guest laundry also available

The Carlton Crest Hotel Conference Venue \$119.00 single/double/twinshare

Quality 4 ½ star hotel situated in Haymarket close to Darling Harbour in the heart of the entertainment district. Light spacious rooms have king & queen sized beds, private bathroom, minibar, fridge, tea/coffee facilities, colour TV, 24 hour room service, fax/modem fittings etc. General facilities include outdoor heated pool and spa. Café Theatrix is open every day for breakfast (Full Breakfast \$20, Continental \$14.65), lunch, dinner & supper. Very well priced for our conference.

AIRLINE TRAVEL

We are pleased to announce QANTAS has been appointed official airline for the Summer Forum. As a special conference fare has been negotiated for delegates attending, we suggest you contact QANTAS Association Sales (details below) to avail yourself of this offer.

A discount of up to 45% off the full economy airfare excluding taxes at the time of booking has been negotiated for this conference, subject to seat availability in group class. Please quote your Association Profile Number which is " **1152995** " and destination and date of conference when making your reservation. Please note that the applicable discount is available for domestic travel within Australia only and is subject to payment and ticketing conditions.

Airline Travel, cont'd

The QANTAS Association Sales telephone number for Australian delegates is:

TOLL FREE: 1 800 684 880

International delegates can contact their local QANTAS office for the best available fare of the day.

HOTEL BOOKING FORM

Please reserve me a:

- Single room Double room Twin room sharing with
 Smoking Non-smoking Disability access

Please tick
at Aarons Hotel \$108 AUD
at The Carlton Crest Hotel \$119 AUD

Check-In Date _____ Check-Out Date _____ No.of Nights _____

Name _____

Organisation _____

Postal Address _____ City _____

State _____ Postcode _____ Country _____

Telephone _____ Facsimile _____ Email _____

Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation , or preferably, quote a credit card number which we can pass onto the hotel to secure your room

Payment Method:

- I enclose a personal cheque for \$ _____, made payable to **The Hotel Network**
 I enclose a bank cheque for \$ _____, made payable in Australian Dollars to **The Hotel Network**
 Please pass on my personal credit card details to the hotel to secure my reservation
 Please debit the following third party credit card by the amount indicated below (*Minimum one night's deposit*)

AMEX Mastercard VISA Bankcard Diners

Name on Card _____

Signature _____

Card Number: _____

Expiry Date _____ Amount \$ _____

Cancellations and refunds: Cancellations received in writing by 20th December, 2000 will be accepted and fees refunded less a \$50 administration fee. Cancellations made after 20th December, 2000 will attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to *The Hotel Network*.

Please complete and return this accommodation booking form with payment to:

Julia Brooke Phone: 02-9411-4666 Fax: 02-9411-4243
Accommodation Manager Email: summerforum@hotelnetwork.com.au
TheMHS Summer Forum 2001
The Hotel Network, PO Box 236, Roseville NSW
2069

SUMMER FORUM REGISTRATION FORM – Page 1

The number of places at this Forum are strictly limited, so please book early to guarantee your place.

Surname:.....

Name:.....

Preferred mailing address:.....

.....

State:..... Country:..... Postcode:.....

Phone: (work).....

Fax:.....

Phone: (Home).....Email:.....

Organisational address if different from above:.....

.....

State:.....Postcode:.....Country:.....

Special requirements (eg meals, wheelchair access):.....

.....

.....

			Amount Paid \$AUD
<input type="checkbox"/>	Full 2 day Fee	\$480	\$.....
<input type="checkbox"/>	Earlybird 2 day Fee (before 15 Dec)	\$440	\$.....

Fee includes morning and afternoon teas, lunches and dinner on Monday evening.

DINNER – Dinner is included in the registration fee, however if you would like to bring a colleague, friend, spouse or other family member to the dinner, there will be an extra charge of **\$65.00** per person. Please add \$65 for each extra person.

Dinner Monday 24th January \$65 \$.....

Names of Accompanying Persons attending dinner:

1.

2.

TOTAL \$.....

Above prices include 10% GST

Please complete Method of Payment on next page.

METHOD OF PAYMENT
ABN: 53 621 201 979

PAYMENT ENCLOSED (please tick your option)

- Australian dollar cheque/bank draft payable to The Mental Health Services Inc. of Australia and New Zealand
 Authority to charge my credit card account

CREDIT CARD DETAILS

- VISA MASTERCARD BANKCARD (No other credit cards are accepted)

CARD NUMBER:...../...../...../.....

EXPIRY DATE:...../.....

FULL NAME ON CARD:.....

SIGNATURE:.....

Please return this form with payment to:

TheMHS Conference
PO Box 192
BALMAIN NSW 2041

KEYNOTE SPEAKER

Anthony Lehman

Anthony F. Lehman, M.D., M.S.P.H., is Professor and Interim Chair in the Department of Psychiatry and Director of the Centre for Mental Health Services Research at the University of Maryland. He was a Robert Wood Johnson Clinical Scholar at UCLA before joining the faculty at the University of Rochester in 1981. At the University of Rochester Dr. Lehman directed the Long-Term Care Program before moving to the University of Maryland in 1986. His clinical, teaching, and research activities have focused on serving people with severe and persistent mental illnesses. Much of his research has examined outcomes, in particular assessing quality of life. He has also studied the impacts of substance use disorders among people with mental illnesses on diagnosis and outcomes. In his current work, Dr. Lehman continues to develop and assess outcome measures, evaluate innovative treatment programs for the homeless and people with psychiatric disabilities, and study the quality of care for people with schizophrenia. In addition to numerous scientific articles, Dr. Lehman is co-author of two books, *Working with Families of the Mentally Ill* and *Double Jeopardy: Chronic Mental Illness and Substance Use Disorders*.

Currently he is Principal Investigator for the Schizophrenia Patient Outcomes Research Team, funded by the Agency for Health Care Policy and Research and the National Institute of Mental Health. He is also Principal Investigator on the Maryland Employment Demonstration Project for Persons with Psychiatric Disabilities, funded by the Centre for Mental Health Services, and Co-Principal Investigator on the NIMH funded Centre for Research on Services for Severe Mental Illnesses and the Maryland Medicaid Patterns of Care and Outcomes Study, also funded by NIMH.

Dr. Lehman received the American Psychiatric Association's Senior Award for Research Development for Mental Health Services in 1994. He is the recipient of numerous community service awards in Rochester and Baltimore, has been cited by the National Alliance for the Mentally Ill as an Exemplary Psychiatrist, and has been named in *Best Doctors in America* for the past four years. In 1998 the National Alliance for the Mentally Ill presented Dr. Lehman with their Distinguished Service Award.

INVITED PRESENTATION

Barbara Disley, Chair, Mental Health Commission, Wellington, NZ

INVITED SPEAKERS

Gavin Andrews, Professor and Director, CRUFAD, Sydney, NSW

Dermot Casey, Director, Mental Health Branch, Dept Human Services and Aged Care, Canberra, ACT

Kathy Eagar, Professor and Director of the Centre for Health Service Development, Wollongong University, NSW.

Merinda Epstein, Consumer Consultant, Canberra, ACT

Douglas Holmes, Consumer Consultant, Greater Murray Area Mental Health Service

Kevin Kellehear, Lecturer, Faculty of Nursing, Midwifery and Health, University of Technology, Sydney, NSW

Leonie Manns, Chair, NSW Disability Council, Sydney, NSW

Vivienne Miller, Co-author National Standards for Mental Health Services (Aust.)

Phil Mitchell, Mood Disorders Unit, Prince of Wales Hospital, Sydney, NSW

Michael Sawyer, Evaluation Unit, Womens and Childrens Hospital, Adelaide, SA

Sadie Robertson, MOPS Manager, RANZCP, Sydney, NSW

Alan Rosen, Director, Royal North Shore Hospital and Community Mental Health Service, Sydney, NSW

Maree Teesson, Lecturer, National Drug and Alcohol Research Centre, University of NSW, Sydney, NSW

Janice Wilson, Director of Mental Health, Ministry of Health, NZ

TheMHS AIMS

TheMHS is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers, policy makers, researchers and educators annually.

AIMS

- 1.** Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people seriously affected by mental illness and disability.
- 2.** Promote positive attitudes about mental health and mental illness.
- 3.** Provide a forum for professional development of people associated with mental health services, i.e. an opportunity to present current innovations, strategies, research, policies and future directions.
- 4.** Provide a forum for professionals, consumers, carers and managers to meet and debate mental health services.
- 5.** Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.

There are a strictly limited number of places available at the Summer Forum. To guarantee your place at the Forum, you must enclose payment with your registration. Only the first 150 fully paid registrations will be accepted.

At this time of year, hotels and airfares will fill up quickly, so please book early.