

# invitation to Sydney

TheMHS is proud to announce the fifth TheMHS Summer Forum. This two-day forum gives you the opportunity to hear experts from home and abroad. Sydney in summer is ideal for bringing the family or friends for a holiday before or after the forum, and there is no better place in Sydney in summer than Bondi Beach.

## Where are we going and how do we get there?

Mental health strategies have been in place in both Australia and New Zealand for a decade. What have we achieved so far? Services have become more consumer-focused, more community-based, more evidence-based and more integrated within the mental health service and with other health and welfare sectors. We have made the shift to low inpatient bed numbers, but do we now have the effective, well-resourced mental health care that was promised? What works, who for and what should mental health services look like in 2003 and beyond?

This forum will examine international and local examples of best practice in mental health services. Two keynote speakers, along with leading Australian and New Zealand speakers will debate the future of mental health services. Some more blurb about TheMHS here



keynote speakers

### Richard Warner, Director, Mental Health Services, Boulder, CO, USA

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### Roberto Messina, Trieste Mental Health Services, Italy

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### Airline travel To come

Not sure where to fit this in???

## accommodation

### BOOKING FORM

TheMHS Summer Forum Sydney, 23rd – 24th January, 2003 Swiss Grand Hotel, Bondi Beach, Sydney

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

All rates are per room per night only, single/double or twinshare. Rates are in AUS dollars and include GST:

#### Swiss Grand Hotel, Bondi Conference Venue \$148.50 residential view \$170.50 ocean view

A 4 star hotel and the conference venue situated on Campbell Parade opposite Bondi Beach. Ocean Rooms have fabulous views of the beach and sea. All rooms have a small separate living area, bedroom and bathroom with both shower and bath. Other room features include coffee and tea making facilities, 2 TV's, minibar, air-conditioning, hair dryer, iron and board, sofa bed in living room area, in-room safe, and access to internet/email. General hotel facilities include 2 restaurants, 2 bars, laundry/valet service, 2 swimming pools (indoor & outdoor), health club, sauna, spa. Complimentary car parking available for inhouse guests. Full breakfast \$15.00 (special rate for conference delegates).

#### Bondi Beachside Inn (2 minute walk to conference Venue) \$120.00 ocean view

Very basic 2 \_ star budget motel/travellers style accommodation situated on Campbell Parade opposite Bondi Beach and only 2 minute walk to the conference venue. In room facilities include very small bathroom, TV, telephone, coffee & tea making facilities, toaster and fridge. Iron & board available on request. Most rooms have a double bed and one single bed. No minibar, room service or restaurant but plenty of cafes and restaurants on Campbell Parade. Car parking is complimentary for guests (1 car spot per room).

## hotel

### BOOKING FORM

On-line accommodation booking available at www.hotelnetwork.com.au (personal credit card bookings only)

THE HOTEL NETWORK ABN: 86 101 807 755. ACCOMMODATION SECURITY DEPOSIT

Please reserve me a:

Single room  Double room

Twin room sharing with \_\_\_\_\_

Smoking  Non-smoking  Disability access

Please tick

at Swiss Grand Hotel, Bondi Beach – residential view \$148.50 AUD

at Swiss Grand Hotel, Bondi Beach – ocean view \$170.50 AUD

at Bondi Beachside Inn – ocean view \$120.00 AUD

Check-In Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Check-Out Date \_\_\_\_/\_\_\_\_/\_\_\_\_

No. of Nights \_\_\_\_\_

Name \_\_\_\_\_

Organisation \_\_\_\_\_

Postal Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Postcode \_\_\_\_\_ Country \_\_\_\_\_

Tel \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a credit card number which we can pass onto the hotel to secure your room.

Please complete Method of Payment on next page.

## summer forum

### REGISTRATION FORM

Surname \_\_\_\_\_

First Name \_\_\_\_\_

Preferred mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Postcode \_\_\_\_\_ Country \_\_\_\_\_

Phone: (work) \_\_\_\_\_ Fax \_\_\_\_\_

Phone: (Home) \_\_\_\_\_

Email \_\_\_\_\_

Organisational address if different from above: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Postcode \_\_\_\_\_ Country \_\_\_\_\_

Special requirements (eg meals, wheelchair access): \_\_\_\_\_

Amount Paid \$AUD

Full 2 day Fee \$ \_\_\_\_\_ \$480

Earlybird 2 day Fee (before 13 Dec) \$ \_\_\_\_\_ \$440

Fee includes morning and afternoon teas, lunches and dinner on Thursday evening.

EXTRA PERSON FOR DINNER? If you would like to bring a colleague, friend, spouse/family member to the dinner, there will be an extra charge of \$55.00 per person. Please add \$55 for each extra person.

Dinner Thursday 23rd January \$ \_\_\_\_\_ \$55

(DO NOT TICK THIS BOX IF YOU ARE REGISTERING FOR THE CONFERENCE)

Names of Accompanying Persons attending dinner:

1. \_\_\_\_\_

2. \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

Above prices include 10% GST

Please complete Method of Payment on next page.

# summer forum

## REGISTRATION FORM cont.

**Payment Method:**  
ABN: 53 621 201 979

**Payment Enclosed (please tick your option)**

- Australian dollar cheque/bank draft payable to The Mental Health Services Inc. of Australia and New Zealand  
 Authority to charge my credit card account

**Credit Card Details:**

- VISA  Bankcard  Mastercard  
**(No other credit cards are accepted)**

Card Number:

\_\_\_\_\_

Expiry Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Full name on card \_\_\_\_\_

Signature \_\_\_\_\_

**Please return this form with payment to:**

**TheMHS Conference**  
**PO Box 192**  
**BALMAIN NSW 2041**

The number of places at this Forum are strictly limited, so please book early to guarantee your place.

**CLOSING DATE FOR REGISTRATION:**  
**16 January 2003**

# hotel

## BOOKING FORM cont.

**Payment Method:**

- I enclose a personal cheque for \$ AUD \_\_\_\_\_ made payable to The Hotel Network  
 I enclose a bank cheque for \$ \_\_\_\_\_ made payable in Australian Dollars to The Hotel Network  
 Please pass on my personal credit card details to the hotel to secure my reservation  
 Please debit the following third party credit card by the amount indicated below (Minimum one night's deposit)

**Credit Card Details:**

- AMEX  Mastercard  VISA  Bankcard  Diners

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Card Number:

\_\_\_\_\_

Expiry Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Amount \$ \_\_\_\_\_

Cancellations and refunds: Cancellations received in writing by 20th December, 2002 will be accepted and fees refunded less a \$55.00 administration fee. Cancellations made after 20th December, 2002 will attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to The Hotel Network. Please complete and return this accommodation booking form with payment to:

**Julia Brooke**  
**Accommodation Manager**  
**THEMHS Summer Forum 2003**  
**C/o The Hotel Network,**  
**PO Box 236, Roseville NSW 2069**  
**Phone: 02-9411-4666 Fax: 02-9411-4243**  
**Email: summerforum@hotelnetwork.com.au**

# Program

## Thursday 23rd January 2003

- 9.00am** What makes for a good mental health service?  
Richard Warner, Boulder CO, USA
- 10.00am** morning tea
- 10.30am** What makes for a good mental health service?  
Roberto Messina, Trieste, Italy
- 11.30am** Raising the issues: What do we know works well in Australia and New Zealand? What doesn't work well? Facilitated session.  
Responses from Richard Warner and Roberto Messina
- 12.30pm** Lunch
- 1.30pm** What are the challenges for mental health services - what is working and what is not, in Australia and New Zealand mental health services?  
Australia: Harvey Whiteford  
New Zealand: MH Commission chairperson
- 3.00pm** Afternoon tea
- 3.30pm** What can really makes a difference? .....more text.....work, and stigma.
- 5.00pm** Break
- 5.30pm** Food for thought – speakers and audience have time for questions and discussion, with a cash bar
- 7.00pm** Dinner

## Friday 24th January 2003

- 9.00am** How do we build good mental health services? How do we re-design mental health services?  
Richard Warner  
Discussion
- 10.00am** Morning Tea
- 10.30am** Government responses  
Australia: Dermot Casey  
New Zealand: Janice Wilson
- 11.30am** Debate [or panel]: How can we build resource-rich mental health services? (The economics of what makes for good mental health services; workforce development; real estate; partnerships with other individuals, organisations, private practice) Speakers to be decided
- 1.00pm** Lunch
- 2.00pm** How do we build good mental health services?  
Roberto Messina
- 3.00pm** How do we draw all the components together, so that consumers and carers (families) have good mental health services? Presenters and audience participation
- 3.45pm** Afternoon tea, and informal discussion with speakers

# TheMHS Aims

TheMHS is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers, policy makers, researchers and educators annually.

## AIMS

- Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people affected by mental illness and disability.
- Promote positive attitudes about mental health and mental illness.
- Provide a forum for professional development of people associated with mental health services, i.e. an opportunity to present current innovations, strategies, research, policies and future directions.
- Provide a forum for professionals, consumers, carers/families and managers to meet and debate mental health services.
- Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.



There are a strictly limited number of places available at the Summer Forum. To guarantee your place at the Forum, you must enclose payment with your registration. Only the first 150 fully paid registrations will be accepted.

At this time of year, hotels and airfares will fill up quickly, so please book early.

Major Sponsor

*Lilly*  
Answers That Matter.

Contact: TheMHS Conference  
PO Box 192 Balmain NSW Australia 2041  
Ph: +61 (0)2 9926 6057  
Fx: +61 (0)2 9926 7078  
Email: enquiries@themhs.org  
Website: www.themhs.org

Where are we going and how do we get there?



stimulating · challenging  
networking · practical ideas

Building better mental health services

TheMHS Summer Forum 2003

23-24 January 2003

Swiss Grand Hotel, Bondi Beach,  
Sydney, Australia

