

# REGISTRATION

## HARVESTING HOPE



### ACROSS THE LIFESPAN

## Registration & Conference Program

- ▶ over 300 presenters
- ▶ over 1000 clinicians choose this conference each year
- ▶ speakers from every state and territory of Australia, and all corners of New Zealand, as well as from Europe, Asia & the United States
- ▶ updates of current therapeutic practices
- ▶ service and workforce development
- ▶ research
- ▶ improving quality of services
- ▶ personal stories
- ▶ new ideas
- ▶ benchmarking
- ▶ infants, young people, older people, and everyone in-between

### 14th annual TheMHS Conference

*The Mental Health Services Conference Inc. of Australia and New Zealand (TheMHS)*

### 5th AICAFMHA Conference

*Australian Infant, Child, Adolescent and Family Mental Health Association (AICAFMHA)*

**Gold Coast Convention Centre,  
Broadbeach, Queensland, Australia**

**Conference  
1 - 3 September 2004**

Pre-conference Workshops and Forums  
31 August 2004



THEMHS  
CONFERENCE



Contact the conference organiser:

TheMHS: PO Box 192 Balmain NSW 2041 Australia

Phone: +61 (02) 9810 8700

Fax: +61 (02) 9810 8733

Email: [info@themhs.org](mailto:info@themhs.org)

Website: [www.themhs.org](http://www.themhs.org)

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## TheMHS & AICAFMHA Conferences

What delegates liked about past TheMHS & AICAFMHA conferences

- ✓ New ideas
- ✓ Latest techniques
- ✓ Clinical updates
- ✓ Expanding current knowledge and experience
- ✓ Inspiring, dynamic keynote speakers
- ✓ Diverse, excellent program with a variety of topics
- ✓ Positive, calm atmosphere
- ✓ Strength of consumers and young people presenting their experiences
- ✓ Positive networking opportunities.



THEMHS  
CONFERENCE

The Mental Health Services Conference Inc.  
of Australia and New Zealand



**TheMHS Conference** is an international mental health educational forum, attracting over 1000 mental health clinicians, managers, consumers, carers, researchers, educators and policy makers, annually.

**The AICAFMHA Conference** attracts delegates with an interest in infant, child and youth mental health, including young people and families, mental health workers, educationalists, allied health workers, medical practitioners, child protection and welfare workers, and researchers/academics.

## Come to the Gold Coast!

The Gold Coast is one of Australia's most exciting and rapidly developing communities. Less than an hour from Brisbane and with an international airport at Coolangatta, the Gold Coast has excellent transport links to all parts of Australia, New Zealand and beyond. Best known for dramatic surf beaches, theme parks and shopping, the Gold Coast also has more subtle attractions. It is close to some of Australia's finest rainforest and to the charm of the Scenic Rim. The Gold Coast is also a developing centre for culture in the arts and, because it is an international tourist destination, boasts an astonishing range of restaurants and cuisines.

The new Convention Centre is ideally located, in close proximity to Broadbeach, major hotels and shopping districts, as well as the Casino. Surfers Paradise is nearby and the serious surfer will have no problem catching an early morning wave via a short drive to Kirra or Burleigh Heads. Byron Bay is not much further. TheMHS & AICAFMHA 2004 provide a great opportunity to involve the whole family because of the wealth and diversity of attractions for people of all ages.

### Gold Coast Attractions

The Gold Coast has an abundance of holiday attractions (for after the conference of course!). Some of these include: Currumbin Wildlife Sanctuary; Dreamworld; Gold Coast Arts Centre; Sea World; Superbee Honeyworld; Tropical Fruit World; Warner Bros.Movie World; Wet'n'Wild Water World; plus beautiful beaches - 70 kms of uninterrupted coastline. Nearby is Stradbroke Island; Mt Tamborine; Discovery Forest at Binna Burra Mountain Lodge (free entry).

Choose from the Gold Coast's menu of dining options at sophisticated venues, a plethora of fresh food or the chance to indulge in conversation over a cappuccino. Nightclubs, shows, cabarets and sunset cruises are just some of the evening action at this holiday playground.

## Harvesting Hope: Across The Lifespan

At this TheMHS and AICAFMHA conference you will learn about the latest developments in service delivery and research in mental health services. This year's theme of 'Harvesting Hope - across the lifespan', reflects key mental health messages that recovery is about developing and sustaining hope and that maintaining good mental health is a central issue for all age groups.

We are delighted that TheMHS and AICAFMHA will be jointly organising this conference, so that delegates will have unparalleled access to expertise and experience in mental health from infancy to adulthood. Additionally, there will be both a keynote speaker and paper streams about the mental health of older people.

As well as the regular focus on consumer and carer experiences, indigenous issues, and public mental health service initiatives, there will be a special focus on primary care and our links to Asia. Other focus areas for the conference include: antecedents to mental illness in adulthood; mental health and child protection; and building and maintaining mental health resiliency from the early years. A developmental approach to promoting mental health and preventing mental illness will be reflected through the 'across the lifespan' theme of the conference.

Major sub-themes this year will be: children and youth; adults; older people; experiences of mental illness; infancy and attachment; participation; clinical innovation; prevention; promotion; developmental issues; indigenous issues; training and education; early intervention; partnership; the Asia-Pacific; primary care; psychotherapy; child protection; rural and remote services.

# Keynote & Invited Speakers:

**Anthony Wee-Kiat Ang** will speak on: **Reclaiming the Transformative Spiritual Horizon: Beyond the Biopsychosocial Paradigm in Mental Health.** Dr Anthony Wee-Kiat Ang trained as a psychiatrist in Singapore and at the Maudsley Hospital in London. With qualifications in psychoanalytic and systemic psychotherapy, he currently works at various National Health Service Psychotherapy Departments in London where he is completing training as a group analyst. Recently commissioned to conduct psychotherapy training for psychiatrists in Hong Kong, he played an instrumental role in the psychotherapy training course at the National University of Singapore. He has an interest in exploring the interface between psychotherapy, culture and spirituality. He is an engaging speaker who seeks to integrate elements of Chinese philosophy and Christian theology. He will look at mental health from a refreshingly different angle.

**Henry Brodaty** will speak on: **A model for management of behavioural and psychological symptoms of dementia.** Henry Brodaty is Professor of Psychogeriatrics, University of New South Wales; Director of Aged Care Psychiatry, Prince of Wales Hospital; founding head of Memory Disorders Clinic; chair, Research Foundation of the Alzheimer's Association of Australia. Henry will address issues in provision of care for older people and will contribute to the 'clinical innovation in psychiatry' forum

**Adrian Falkov** will speak on: **Children of Parents with a Mental Illness: A family perspective for professionals, systems & carers.** Adrian Falkov is a child & adolescent psychiatrist at the Childrens Hospital, Westmead, NSW. His interest is in children's understanding of parental mental illness and the links between parenting, parental psychiatric disorder and child maltreatment. In 1995 he undertook a study of child fatalities (Part 8 Reviews) assessing the association between parental psychiatric disorder and fatal child abuse. He co-ordinated the development of multi-agency training materials, (Crossing Bridges) to improve awareness, knowledge & skills about the impact of parental mental illness on children. He has established family mental health liaison services with child and adult mental health services and is a member of the Children of Parents with a Mental Illness (COPMI) National Reference Group.

**Margaret Fleming** will speak on: **The Monaghan model - a community mental health service in a rural community.** Margaret Fleming is Co-ordinator, Monaghan

Community Mental Health Team, Ireland. The Monaghan Model provides an effective response to mental health problems (including crises) in a rural area, while making minimal use of inpatient treatment. It provides support within 24 hours, uses a home-based care approach, and is regarded as a best practice model for rural mental health care.

**Helen Glover** will speak on: **Recovery and all that jazz.** Helen Glover uses her professional and lived experience to expand and challenge the concepts of recovery within mental health service delivery. She works with fellow professionals, consumers, and their families to promote practices that support wellness – most recently as Chief Executive Officer of CHANGE in Birmingham, UK. She will challenge conference delegates to think beyond current practices and to push individual and systemic change towards providing environments that promote recovery for individuals.

**Anne Helm** will speak on: **Reclamation: relationship, resilience and resistance. Living evidently well in the fullness of life.** Anne Helm holds degrees in Education and Music, and is currently an advisor at Otago's hospital-based Mental Health services. She has been a service user for over thirty years, and has established a consumer advocacy service in the community and developed a local consumer action group. Anne is a memorable public speaker, and also a classical singer who moves hearts.

**Horst Kaechele** will speak on: **Psychotherapy in Public Mental Health Services.** Horst Kaechele is Professor and Chair of Psychotherapy, Ulm University, Germany. He trained in Medicine and psychoanalysis and has been a leading researcher in psychotherapy process with a particular interest in psychosomatic medicine. He is the author of the Ulm Textbook on Psychoanalytic Therapy, which has been translated into 10 languages.

**Hans Kordy**, Co-director of the Centre for Psychotherapy Research, Stuttgart, Germany. Dr Kordy has led major projects on the treatment of eating disorders and on the use of online psychotherapy.

**Graham Martin**, Professor and Director of Child and Adolescent Psychiatry, University of Queensland and Clinical Director, Royal Children's Hospital & Brisbane North District Child & Youth Mental Health Services, National Project Advisor, Auseinet, the Australian Network for Promotion, Prevention and Early Intervention for Mental Health.

**Brett McDermott**, Director of the Mater Child and Youth Mental Health Service in Brisbane; Associate Professor of Child and Adolescent Psychiatry, University of Queensland; Honorary Research Fellow at the Telethon Institute of Child Health Research in Perth WA,

**Eric Vernberg** will speak on: **Treatment of children with Serious Emotional Disturbances.** Eric M. Vernberg earned a Ph.D. in Clinical Psychology from the University of Virginia and is now Professor and Associate Director of the Clinical Child Psychology Program at the University of Kansas. He directs research and intervention projects focusing on model treatments for children with serious emotional disturbance, violence prevention, and preparedness and response for terrorism and disasters. He is also Director of the Kansas University Child and Family Services Clinic, which provides specialised mental health services for children and adolescents, and serves as a Core Expert for the Terrorism and Disaster Branch of the National Child Traumatic Stress Network.

**Graham Vimpani**, Professor and Head of the Discipline of Paediatrics and Child Health at the University of Newcastle and Clinical Chair of Kaleidoscope: Hunter Children's Health Network. Chair of the Board of NIFTeY Australia (the National Investment for the Early Years).

**Tracy Westerman**, will speak on: **Mental Health meets Social and Emotional Well-being - perspectives from an Indigenous Clinician.** Tracey Westerman is Managing Director, Indigenous Psychological Services (IPS), which provides specialist mental health services for Aboriginal people. She developed the first culturally validated psychological test and assessment protocols to identify Aboriginal youth at risk of depression, suicide and anxiety.

**Jack Yatsko**, will speak on: **The Clubhouse Model - Communities of Hope, Recovery and Belonging in Society.** He is the Director of Training for the International Center for Clubhouse Development (ICCD). He holds a masters degree in social work. He played a major role in the development of Friendship House, Hawaii, where he was Vocational Coordinator, then Director. As Director of Training he has responsibility for Clubhouse training around the world. Jack will be presenting in partnership with a Clubhouse member.

*A PRELIMINARY PROGRAM IS AVAILABLE FROM  
[www.themhs.org](http://www.themhs.org) & [www.aicafmha.net.au](http://www.aicafmha.net.au)*



# Program Highlights

A rich and varied program of papers, workshops and symposia has been organised for this year's conference. The conference program consists of several highlighted speakers at the beginning of each day, followed by numerous concurrent sessions which contain an extensive array of topics of interest to mental health workers, including: recovery and rehabilitation; stigma and discrimination; primary care and mental illness; outcome measurement and research; consumer and carer participation; physical health and mental illness; psychotherapy; cultural diversity; indigenous peoples' mental health; service development and evaluation; the mental health workforce; human rights; legal issues; specific mental illnesses; prevention; mental health promotion; mental health in schools; housing and homelessness; creative tools for therapy; gender issues.

THE FOLLOWING INVITED SYMPOSIA ARE INCLUDED IN THE CONFERENCE PROGRAM AND DO NOT NEED TO BE BOOKED SEPARATELY.

**A symposium on Clinical innovations**, in which speakers discuss the latest developments in both pharmacological and non-pharmacological treatment for mental illness, with a special focus on treatments that can be used in primary care. Treatment of memory problems of older people, depression in children and adolescents and anxiety in adults will be featured.

**A symposium on Online Mental Health.** The Use of Internet and text based communication is becoming increasingly important in delivery of mental health services and the evidence base for these kinds of therapies is developing. In this symposium Hans Kordy from Stuttgart presents some of the German experience with use of a variety of online interventions either as an adjunct to face to face therapy or as a stand alone intervention.

**A symposium on Destigmatising Mental Illness: the 'Like Minds Like Us' campaign.** Gerard Vaughan explains and illustrates the development of the highly successful New Zealand TV campaign and presents the research that demonstrates its impact on public perceptions of mental illness. The processes in developing the campaign, the campaign products and the evaluation are all essential knowledge for anyone with a serious interest in mental health promotion.

**Children of Parents with a Mental Illness (COPMI) sessions:** The challenges facing families where a parent has a mental illness has generated a significant amount of interest. There will be a dedicated stream on each of the three days on the topic of children of parents with a mental illness. On Wednesday there will be in-depth presentations on the diversity of people, teams and sectors working with families affected by parental mental illness, eg from service providers in the fields of mental health, justice, and child protection. Some of the key aspects of the document 'Principles and Actions for Services and People Working With Children of Parents With A Mental Illness (2004)' will be explored. A panel discussion at the end of this session will focus on understanding and planning for action in this field. On Thursday there will be presentations on: current, established programs and services for families, children and/or young people across Australia who will share their valuable experiences, program ideas and evaluation results; practical experience of workforce development. On Friday, look out for the lunchtime opportunity to view resources for workers and families where a parent has a mental illness.

# Program Outline

## TUESDAY 31 AUGUST 2004

8.00am	Registration Desk opens
9.00am - 12.30pm	Workshop 1: Outcome Measurement
9.00am - 12.30pm	Workshop 3: Skills for Conference Presenters
9.00am - 5.00pm	Workshop 5: Primary Care, Youth and Family MH
9.30am - 5.00pm	Carer (Family) Forum
9.30am - 5.00pm	Consumer Forum
1.30pm - 5.00pm	Workshop 2: Leadership and Management
1.30pm - 5.00pm	Workshop 4: Education of Consumers for Service Provision
6.00pm	Opening of Art Exhibition; film showing of Dionysus Tale
6.30pm	Registration desk closes

## WEDNESDAY 1ST SEPTEMBER 2004

8.00am	Registration Desk opens
8.45am	Conference opening, awards presentation and keynote address
	There will be 14 concurrent sessions throughout the day
5.00pm - 6.00pm	Poster session
6.00pm - 8.00pm	Welcome Reception

## THURSDAY 2ND SEPTEMBER 2004

8.00am	Registration desk opens
8.45am	Keynote & Special Addresses, followed by 14 concurrent sessions throughout the day
5.15pm	Meetings of associations, groups (contact TheMHS Office for details)
7.00pm	Dinner at Conrad Jupiters (closeby)

## FRIDAY 3RD SEPTEMBER 2004

8.30am	Registration desk opens
8.45am	Keynote & Special Addresses followed by 14 concurrent sessions throughout the day
4.30pm	Close of conference

## HARVESTING HOPE



ACROSS THE LIFESPAN

# Workshops and Forums on Tuesday 31st August 2004

BOOK THESE FORUMS AND WORKSHOPS ON THE REGISTRATION FORM

## Carer (Family) Forum

### This Is Our Life

This interactive forum is your chance to share with delegates stories of acceptance and recovery, small and large miracles, new initiatives and techniques for coping, and any positive thoughts or experiences you may have. It's a time for getting to know one another and discovering new ways of working together to improve the lives of each other and of those for whom we care... Presenters include Jenny Mackellin, Robert Bland, Paul Rushton and many more!

The afternoon session is entitled: "Recognising, understanding and embracing guilt in family response to mental illness". This session will be given by Professor Robert Bland, School of Sociology and Social Work at the University of Tasmania. He will share his thoughts on this extremely elusive, almost taboo subject, which sneakily invades the thoughts of every family member who hears that a loved one has been diagnosed with a mental illness.

## Consumer Forum

### This Is Our Life/This Is Your Life

Share your experiences, your discoveries, and your talents in these interactive sessions designed to highlight the positives. Enjoy yourself while you learn about new initiatives that promote recovery and well being in your life. There'll also be time for plenty of laughs and audience participation.

Speakers include: Lloyd Bond, Melanie Scott, Gaynor Ellis, Noel Muller, Kerrie Dissegna, Andrew Strachan and a little bit of magic from Rick Austin; and Arana Pearson with his guitar.

The afternoon session will be led by courageous individuals who have experienced and worked through the pain of mental illness. They'll share their stories and provide valuable insights on recovery. There'll also be plenty of time for questions! The session will be fun and interactive and will provide you with useful strategies for your journey of recovery. The panel will include Rick Austin, Arana Pearson, Gaynor Ellis and other inspirational guests.

## Workshop 1:

### What's new in outcome measurement?

Outcome measurement is a growing and rapidly changing field. This half-day workshop will include presentations from experts from Australia and New Zealand on a range of topical areas in outcome measurement, including: Outcome measurement in a Psychiatric Disability Rehabilitation and Support Service; Self-assessment measures of consumer outcome; Results and implications of outcomes assessment in the NZ CAOS study; Outcome measurement: the role of management; The Australian Mental Health Outcomes and Classification Network

The workshop will also provide participants with an opportunity to ask questions of the presenters and discuss the issues and challenges they face. The workshop facilitators and presenters are:

- ▶ Tom Trauer, St Vincent's Hospital, Melbourne, and University of Melbourne
- ▶ Maree Teesson, National Drug & Alcohol Research Centre, and University of NSW
- ▶ Sarah Gordon, Mental Health Consultant, Case Consulting Ltd., New Zealand
- ▶ Paul Napper, Pathways Rehabilitation & Support Service Inc., Geelong, Victoria
- ▶ Tom Callaly, Community & Mental Health, Barwon Health, Geelong, Victoria
- ▶ Tim Coombs, The Australian Mental Health Outcomes and Classification Network
- ▶ Graham Mellsop, South Auckland Clinical School, University of Auckland
- ▶ Jennifer Chipps, New Zealand Mental Health Research and Development Strategy

## Workshop 2:

### Leadership and Management for Clinicians – Pathways to Increasing Skill.

This workshop will explore what Leaders and Managers can do to "cultivate a culture of hope" in their workplace, and how they can support this with positive organisational practices and processes. This year's focus will be on the "workshop" element with short introductory presentations to help orientate the workshop activities. How can clinicians prepare for a role as a leader or manager, or increase their skills if already in a leadership/manager position? Can these skills be learned from books or does the prospective leader need to engage in a process of self-reflection and development? What lessons can be drawn from the mental health recovery movement?

Presenters and facilitators: Lisa Gill, Kay Viola, Caryl Macleod, Alan Rosen, Tom Callaly

Presenters are clinician managers, except Caryl Macleod who is a management consultant in Western Australia and Kay Viola who is a project worker.

## Workshop 3:

### Skills for Conference Presenters

Do you want to improve your presentation skills for conferences and seminars? This workshop is designed to increase your ability to write an abstract, prepare your presentation prior to the conference, become more confident in front of an audience, manage audiovisual conference aids, and to prepare your paper for publication. There will be lecture presentations as well as practical exercises to enhance your presentation skills. If possible bring along your own conference presentation/s to use in the experiential exercises. Presenters are: Kevin Kellehear, Lecturer, University of Technology

Sydney, Vivienne Miller, TheMHS Conference Director and mental health educator. This workshop has been specially commissioned and sponsored by TheMHS Conference, to increase the quality of conference presentation for new players, and to renew and revive conference presentation skills for more experienced players.

## Workshop 4:

### Education of Consumers for Service Provision

How can consumers become involved in service provision? Speakers will examine this question from their own personal experience and from the evidence. Topics will include: the skills needed to work within government and non-government systems; the pitfalls and difficulties that may be encountered on the way; how to maintain your own mental health whilst working within the system; supports that are needed as opposed to those that may be provided. Some of the areas of service provision include: advocacy, policy development, research, support, education, as well as direct service provision such as case management and outreach services. This workshop will challenge and broaden your ideas about the role of consumers in mental health service provision. This workshop has been specially commissioned and sponsored by TheMHS Conference. Whilst this workshop is primarily aimed at consumers who are ready to take this next step, it will also be of interest to other mental health service providers. Numbers are strictly limited.

Presenters are: Paula Hanlon, Leonie Manns.

## Workshop 5:

### Primary Care, Youth and Family Mental Health

This full day workshop will examine the relationship between primary care, mental health promotion, prevention and early intervention initiatives and child and adolescent mental health services. National and local case studies will be presented and critiqued. Practical and systematic ways of enhancing the primary care sector to respond more effectively to youth and family mental health in collaboration with specialist providers will be generated. At the clinical level, a key consideration will be the tools and strategies required to enhance engagement and communication between GPs, young people and their families. At the systems level, the focus will be on the strategies required to enhance the relationship, communication and level of collaborative care between the general practice and specialist systems. The workshop will be of interest to policy makers, service providers from a range of professional backgrounds, general practitioners, and consumers and carers. CPD points will be available to participating GPs. This workshop has been developed as a joint initiative between ADGP and AICAFMHA.

## Special & Social Events

### Opening: Ceremony Welcome to Land and Mental Health Achievement Awards

There will be a traditional smoking ceremony as you enter the conference venue. An elder of the Traditional Owners of the land will open the conference. This will be followed by the presentation of the bi-national Australian and New Zealand Achievement Awards, for mental health services, special contribution to mental health services and media representation of mental health.

**Closing Ceremony:** The conference closing ceremony will include entertainment, speakers and the ceremonial handover of the TheMHS banner to next year's conference committee.

### Meeting Session – Thursday 2nd September

Groups, associations, societies may organise a meeting during TheMHS Conference - the person booking this service must be registered as a conference delegate. Apply to TheMHS Office before 8th August, for details.

### An Evening of Art and Performance Tuesday 31st August

#### Art Exhibition

This will be an evening of art and culture. Please come to the opening of the art exhibition "Changing Tides" at 6.00pm. This is a special occasion marking the 10th anniversary of the annual art exhibition which is a rehabilitation initiative of the Gold Coast Integrated Mental Health Service. A huge number of pieces of work will be on display, including textile art, pastels, watercolour, printmaking, sculpture and mosaics. A special feature will be the profile artists, the "Positive Palettes" from Girreballa.

#### Film: Dionysus Tale

In central Australia in 1992 Aboriginal Elder Andrew Japaljarri asked two Jungian analysts, Craig San Roque and Leon Petchkovsky, "what is the white man's 'Grog Dreaming', since in central Australian indigenous cultures a Dreaming determines how things are managed in society. The answer to this question involved trips to Anatolia (ancient Turkey) and the use of an Australia Council Arts Grant to produce a dramatic enactment of the Dionysus story using Indigenous theatrical idioms. A cast of actors,

scientists, clinicians, feral circus performers and musicians workshoped the Dionysus piece. It was then presented to an Indigenous audience at Intjartnama in 1996. Although Indigenous people made major contributions to the production, the concept was to present an offering from the Western tradition to Indigenous people in response to Andrew's question. The filmmaker David Roberts filmed the event and we are delighted to be able to present it at this conference.

#### Excerpts from the Documentary filmed at TheMHS in Canberra

Come and see some film excerpts and rushes of the documentary about last year's consumer bus trip from Adelaide to TheMHS in Canberra. There is footage of the bus trip and also a number of interviews by consumers and mental health clinicians about the consumer movement. The documentary is currently being edited and will be available early next year.

#### Welcome Reception 6.00 – 8.00pm Wednesday 1st September, at Gold Coast Convention Centre

Come and catch up with friends and colleagues. The Queensland Minister for Health will open the conference at the Welcome Reception. Finger food will be provided and there will be a cash bar for drinks. The choir of Payne Street School, from Brisbane will perform at the reception.

#### Dinner 7.00pm Thursday 2nd September at Conrad Jupiters

Just a short walk from the Convention Centre, the conference dinner will be a chance to relax, eat, drink and talk. Food is included in the cost of the dinner, however drinks must be purchased separately. The dinner menu can be obtained from TheMHS office.

HARVESTING HOPE



ACROSS THE LIFESPAN





## THEMHS CONFERENCE

The Mental Health Services Conference Inc.  
of Australia and New Zealand

**TheMHS** is a learning network for improving mental health services in Australasia. TheMHS mission is to

1. Recognise and promote quality collaborative research, practice, policy-making and education.
2. Promote active involvement and inclusion of all mental health stakeholders
3. Advocate and promote leadership in the mental health field.

TheMHS provides a forum for the exchange of ideas, professional development, networking and debate for professionals, consumers, carers (families), and managers. TheMHS aims to promote positive attitudes about mental health and mental illness, and to stimulate debate that will challenge the boundaries of present knowledge and ideas about mental health care.

[www.themhs.org](http://www.themhs.org)



**AICAFMHA** is a national association, which aims to actively promote the mental health and well being of infants, children, adolescents and their families and/or carers.

The association brings together professionals from a wide range of disciplines and consumers and carers in the one organisation.

The AICAFMHA Conference:

1. considers mental health issues across all life stages
2. promotes active participation in collaborative professional and consumer partnerships across Australia
3. advocates in the public arena for mental health promotion, prevention and early intervention in line with human rights principles
4. takes a broad community approach for dissemination of knowledge and development of quality research
5. promotes development of collaborative relationships with other relevant organisations
6. recognises the unique approach required for effective mental health service provision for infants, children, adolescents and families

[www.aicafmha.net.au](http://www.aicafmha.net.au)

### **TheMHS BOARD (SYDNEY)**

Andy Campbell, Lynne Dunbar, Roger Gurr, Paula Hanlon, Douglas Holmes, Cathy Issakidis, Kevin Kellehear, Leonie Manns, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson

### **AICAFMHA BOARD**

Phil Robinson, Nick Kowalenko, Jill Williamson, Beth Walker, Paul Hudman, Vicki Cowling, Patrick Fernando, Merrie Carling, Sue Garvin (Secretary), Winston Rickards (Patron)

### **TheMHS 2004 GOLD COAST COMMITTEE**

Paul Dodd, Robert King, Chris Lloyd, Sue Garvin, Hazel Bassett, Jo Bassett, Chris Foley, Leon Petchkovsky, V. Kalyansandarum, Gabrielle Savage, Elizabeth Moore, John Hunting, Jan Kealton, Phil Robinson.



### **Travel**

#### **Airline Travel**

Qantas is pleased to support TheMHS/AICAFMHA 2004 by offering an exclusive webpage for the conference. To book log on to <http://www.qantas.com.au/content/dyn/conference/mhsAug04>

Or phone QANTAS in Australia: 13 13 13

Benefits of using Qantas Conference online fares: dedicated event webpage; competitive fares; 24 hour access to flight bookings; flexibility; accrual of frequent flyer points on flown Qantas services only; easy access to Qantas on-line information.

#### **International Airline Travel**

Any incoming international delegates should contact QANTAS for the best available fare of the day, via QANTAS website [www.qantas.com](http://www.qantas.com) or QANTAS Telephone Sales, QANTAS Travel Centre or local travel agent.

In New Zealand phone QANTAS on 0800 808 767



### **The Weather**

The Gold Coast enjoys a sub-tropical climate with an average of 300 days of sunshine per year. The average temperature range in September is 15 – 25 degrees Celsius.



### **Passports, Entry Visas, Customs**

All international visitors require a valid passport and visa for entry into Australia (New Zealand visitors require a valid passport only).

Some useful websites are:

Tourist visas	<a href="http://www.immi.gov.au">www.immi.gov.au</a>
Customs and quarantine ( <i>all food, plant and animal materials must be declared</i> )	<a href="http://www.customs.gov.au">www.customs.gov.au</a> <a href="http://www.affa.gov.au">www.affa.gov.au</a>
Foreign embassies	<a href="http://www.dfat.gov.au">www.dfat.gov.au</a>



### **Gold Coast Transport**

Coolangatta airport is approx a 30 minutes taxi ride south of the Gold Coast (approx cost \$30-\$40). There is also an airport transfer bus (cost is \$14 one way).

Brisbane airport is approx 40 minutes taxi ride (approx cost is \$80-\$100). There is also an airport transfer bus (cost is \$33 one way). A train service is available from Brisbane airport to Nerang then shuttle bus to Gold Coast (total cost is \$20).

At Broadbeach, there is a monorail service which operates between Conrad Jupiters (opp conference venue), Grand Mercure Hotel and the beach. The fare is \$2. There is a local bus service, with a bus stop at the Convention Centre – there are 6 different services running locally as well as along the Gold Coast Highway.

[www.goldcoasttourism.com.au](http://www.goldcoasttourism.com.au)

## AUSTRALIAN AND NEW ZEALAND ACHIEVEMENT AWARDS

These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. TheMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.

## TheMHS CONFERENCE BURSARIES

TheMHS is pleased to be able to offer a limited number of bursaries for consumers to attend the conference. These bursaries provide airfares and a free registration, but do not include accommodation. Priority is given to those people who are presenting a paper, workshop, symposium or poster at the conference or forums, and who would otherwise have difficulty attending the conference due to financial reasons. Contact TheMHS Office immediately to obtain your application form. Be sure to apply early, as the first round of offers will be announced in June 2004. If there are still bursaries available after the first round are allocated in June, subsequent offers will be made.

## PROFESSIONAL DEVELOPMENT

If you require a certificate of attendance at this conference to fulfil your Continuing Professional Education (CPE) requirements, please fill in appropriate box on the Registration Form. Please collect your CPE certificate at the registration desk on the last day of your attendance at the conference. Psychiatrists attending this conference can claim 2 points per hour to a maximum of 12 points per day under the MOPS Category 'educational meetings'.

## CLOSING DATE FOR REGISTRATIONS

Your registration form and fees – by post or online – must be received by 20 August 2004. After this date, please contact the office. On-site registrations will be accepted, depending upon space availability, but must be accompanied by the total fee that is due. Earlybird registration fees must be received by 16 July 2004.

# Sponsors of TheMHS & AICAFMHA Conference 2004

With thanks to the following sponsors



## PRINCIPAL SPONSORS

**Commonwealth Department of Health and Ageing (Mental Health & Suicide Prevention)** – sponsor of Achievement Awards; consumer participation; consumer forum; carer forum

**Office of Aboriginal & Torres Strait Islander Health** – sponsor of Aboriginal & Torres Strait Islander conference presentations

## MAJOR SPONSORS



Answers That Matter.

Eli Lilly Australia

– sponsor of Mind Body Life symposium



AstraZeneca Pharmaceuticals



Janssen Cilag Pharmaceuticals



New Zealand Ministry of Health  
– co-sponsor of Achievement Awards

QLD Department of Health and Community Care – sponsor of international keynote speakers

## SPONSORS

Bristol Myers Squibb – sponsor of Outcome Management workshop

Wyeth Australia

Sanofi-Synthelabo

Lundbeck

Pfizer Pharmaceuticals

Taylor & Francis

Kids In Mind – Mater Child & Youth Mental Health

Mayne Pharma

**INSURANCE** - It is strongly recommended that delegates take out adequate medical, travel and personal insurance prior to the commencement of travel to cover any loss of fees, accommodation or airfares, should you be unable to participate in the conference for any reason.

**DISCLAIMER** - The information given by presenters at the conference does not represent the views of TheMHS or AICAFMHA, and does not constitute therapeutic advice. We strongly advise conference presenters to take out their own professional indemnity insurance.

In the event of industrial action, force majeure or other unforeseen disruption, the conference organisers do not take responsibility for any loss of monies incurred by conference delegates. We strongly advise conference delegates to arrange their own personal insurance.

The conference will not be liable for any participant failing to take out their own insurance.

**Further information is available from these websites:** [www.themhs.org](http://www.themhs.org) • [www.aicafmha.net.au](http://www.aicafmha.net.au)

**Contact details:** Phone +61 (02) 9810 8700 • Fax +61 (02) 9810 8733 • Email [info@themhs.org](mailto:info@themhs.org)



# Accommodation Booking Form

**TheMHS Annual Conference 2004**  
**31 August - 3 September 2004**  
**Gold Coast Convention Centre, Broadbeach, Qld.**

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for accommodation must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

**ONLINE ACCOMMODATION BOOKINGS CAN BE MADE BY VISITING:**  
**[www.hotelnetwork.com.au](http://www.hotelnetwork.com.au)**

All rates are per room/apartment per night and single/double/twinshare only unless otherwise stated. Rates are in AUS dollars and include GST. Breakfast is additional:

**Grand Mercure Hotel, Broadbeach**      **Diagonally opposite conference venue**      **\$155.00**

A 4 1/2 star hotel diagonally opposite the Convention Centre and in the heart of Broadbeach. Rooms are comfortable, stylish & spacious and have either 1 queen size bed or 2 double beds (for those twin sharing). In-room facilities include good size ensuite bathroom with separate bath and shower, mini bar, tea/coffee making, in room movies, balcony, air-conditioning/heating, 24 hour room service, fax/modem fittings. Rooms have either an ocean or hinterland view. General facilities include outdoor heated pool, spa, sauna and modern well equipped gym. This hotel has 2 speciality restaurants and bars and also adjoins the Oasis Shopping Centre. \*\*\*\*\* Highly recommended.

**Jupiters Casino Hotel**      **Adjacent conference venue**      **\$165.00**

A 4 1/2 star hotel situated adjacent to the conference venue. Rooms are clean and comfortable with 1 queen size bed or 2 double beds (for twin sharing). In-room facilities include small ensuite bathroom with shower over bath, mini bar, tea/coffee making, in room movies, air-conditioning/heating, 24 hour room service, fax/modem fittings. General facilities include large landscaped outdoor heated pool, spa, sauna and gym. Being a casino hotel this also has numerous restaurants and bars and a 24 hour casino. \*\*\*\*Recommended

**Crowne Plaza, Surfers Paradise**      **15 minute walk to venue**      **\$148.00**  
**(2 stops on bus approx. \$1.60 one way)**

A 4 star hotel about a 15 minute direct walk to the convention centre or 2 stops on the bus. Rooms are comfortable, most have 2 double beds (queen and king rooms can be requested but are subject to availability). All rooms have guaranteed Ocean Views. In-room facilities include good size bathroom with separate bath and shower, mini bar, tea/coffee making, in room movies, balcony, air-conditioning/heating, 24 hour room service, fax/modem fittings. General facilities include 2 outdoor heated pools, spa, sauna, full size tennis court and modern well equipped gym. This hotel also has a café & bar, tavern and the well known "Four Winds" Revolving Restaurant. \*\*\*\*\* Highly recommended.

**Gold Coast International Hotel**      **Centre of Surfers Paradise**      **\$140.00**  
**Complimentary shuttle bus (one in morning and one in evening at a specified time each day)**

A 4 star hotel situated in the centre of Surfers Paradise. The hotel will be providing a complimentary bus service to the convention centre at one specified time in the morning and one specified time in the afternoon. Rooms are comfortable and all have 2 double beds with Hinterland views. In-room facilities include bathroom with shower over the bath, mini bar, tea/coffee making, in room movies, air-conditioning/heating, 24 hour room service, fax/modem fittings. General facilities include outdoor heated pool, spa, sauna, gym, restaurant & bar. Close to major shopping centre.

**Mercure Resort Surfers Paradise**      **Centre of Surfers Paradise**      **\$127.00**  
**(1/2 hour bus ride/10 minutes in taxi to conference venue)**

A 3 star resort style motel/hotel situated in the centre of Surfers Paradise. Very basic family style rooms all have 1 x queen bed and 1 x single bed. In-room facilities include bathroom, tea/coffee making, in house movies, air-conditioning/heating, hairdryer, iron and ironing board. General facilities include various outdoor heated pools, kids club, café, restaurant, adventure playground and resort shop.

**APARTMENTS:** There are numerous apartment buildings available in Surfers Paradise and Broadbeach. These are best booked direct as their rates vary depending on the number of nights stayed. PLEASE NOTE that a number of these properties require full payment on booking and have a NO cancellation policy, which is why we are unable to offer them through our booking form.



# Conference Registration Form

TheMHS TAX INVOICE  
ABN: 53 621 201 979

## Harvesting Hope: Across The Lifespan

Online registration is available at [www.themhs.org](http://www.themhs.org)

Please fill in a separate form for each person attending, and send conference registration form to TheMHS office, to be received before Friday 20 August 2004.

Morning/afternoon tea, and lunch are included in the registration fee. The Welcome Reception is included in the 3-day registration fee and Wednesday registration fee.

### CONFERENCE REGISTRATION

Wednesday 1st to Friday 3rd September 2004

	AUD	Amount Paid \$AUD ONLY
<input type="checkbox"/> Full fee 3 days	\$625	\$ _____
<input type="checkbox"/> Earlybird fee 3 day (if received by 16 July 2004)	\$585	\$ _____
<input type="checkbox"/> AICAFMHA members rate (if received by 16 July 2004)	\$565	\$ _____
AICAFMHA Membership number: _____		
<input type="checkbox"/> Concession 3 days **	\$255	\$ _____
Full fee – Day only		
<input type="checkbox"/> Wednesday 1/9/04	\$240	\$ _____
<input type="checkbox"/> Thursday 2/9/04	\$240	\$ _____
<input type="checkbox"/> Friday 3/9/04	\$240	\$ _____
Concession – Day only **		
<input type="checkbox"/> Wednesday 1/9/04	\$90	\$ _____
<input type="checkbox"/> Thursday 2/9/04	\$90	\$ _____
<input type="checkbox"/> Friday 3/9/04	\$90	\$ _____

### PRE-CONFERENCE FORUMS

Tuesday 31st August 2004

<input type="checkbox"/> Consumers Forum (full day)	\$30	\$ _____
<input type="checkbox"/> Carers (Family) Forum (full day)		
<input type="checkbox"/> Full fee	\$66	\$ _____
<input type="checkbox"/> Concession **	\$30	\$ _____

(The consumers and carers forums are subsidised by the Australian Department of Health and Ageing)

### PRE-CONFERENCE WORKSHOPS#

Tuesday 31st August 2004

<input type="checkbox"/> Workshop 1 - Outcome Measurement (morning only)	\$115	\$ _____
<input type="checkbox"/> Workshop 2 -Leadership and Management (afternoon only)	\$115	\$ _____
<input type="checkbox"/> Workshop 3 -Conference Presentation skills (morning only)	\$77	\$ _____
<input type="checkbox"/> Workshop 4 - Consumer Education (afternoon only)	\$77	\$ _____
<input type="checkbox"/> Workshop 5 - Prim. Care, Youth, Family MH (full day)	\$220	\$ _____

(Workshops 3 & 4 are initiatives promoted and subsidised by TheMHS Conference)

### DINNER

<input type="checkbox"/> Dinner at cost of \$60 per person	\$60	\$ _____
<input type="checkbox"/> Extra person for dinner – name? _____	\$60	\$ _____

### CPE Certificate

<input type="checkbox"/> Please supply a Continuing Professional Education Attendance Certificate (must be collected at the Conference)	\$Free	
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**TOTAL** \$ \_\_\_\_\_

10% Goods and Services Tax (GST) has been included in the above Australian dollar fees

NOTE 1: \*\* Concessions are given to full time students, pension card holders, beneficiaries, and unemployed people.

Please attach evidence (eg photocopy of pension card or student card) of concession/beneficiary status, to the registration form.

NOTE 2: # Limited concessions available for workshops – apply to TheMHS Office for details.

\*Conference fees are designed to cover all costs, to provide subsidised concessions, and Australian GST. TheMHS & AICAFMHA are not-for-profit organisations.



