

# Invited Speakers

## TheMHS is proud to announce its sixth annual Summer Forum

### Invitation to Sydney

**Sydney** in summer is ideal for bringing the family or friends for a holiday before or after the forum, and there is no better place in Sydney in summer than Bondi Beach. The conference hotel has spectacular views over Bondi Beach and is ideally located for an early morning swim or surf or walk, before you attend the Forum. Many local restaurants, cafés and bookshops are within an easy stroll of the conference hotel.

### Announcing the 6th TheMHS Summer Forum

**Co-morbidity** between mental disorders, and drug and alcohol use disorders, is well recognised. Yet we have few effective responses. This two-day forum brings together experts from home and abroad to discuss the latest challenges and responses in this area. The speakers will talk on the latest research, updates on best practice in service provision, perspectives on how national and local policies and strategies can make a difference, and personal perspectives on co-morbidity. The program will be of particular interest to mental health managers, service directors, team leaders, clinicians, and consumer and carer advocates.

The focus on the first day will include: recent drug use trends; the increasing use of amphetamines; latest research on cannabis and psychosis; personality disorders and illicit drug use; co-morbidity in young people.

The focus on the second day will shift to look at how mental health services respond to the challenges and give some pointers towards possible solutions. This day will include both plenary presentations and concurrent workshops to increase conference delegates' opportunities for discussion.

## Co-morbidity: drugs, alcohol, mental health

**Co-morbidity** must be taken into account when working with people with mental disorders. The Australian National Survey of Mental Health and Well-Being (NSMH) (1997) showed that there is "a considerable degree of co-morbidity in substance use disorders and other mental health disorders". One in four persons with anxiety, affective or substance use disorder also have at least one of the other disorders. One in three of people with schizophrenia or schizoaffective disorder have a lifetime diagnosis of alcohol use disorder, while 25% have a cannabis use disorder. The prevalence of co-morbidity problems in young people have increased dramatically over recent years. The National Burden of Disease Study showed that the leading causes of disease burden for nine out of ten young males, and eight out of ten young females, were substance use disorders or mental disorders.

Co-morbidity dramatically increases the complexities and costs of assessment and care. The disorders are more acute and severe. There are much greater risks of physical illness, delirium, intoxication, overdose and withdrawal, violence, self-harm and inappropriate sexual behaviours. People with more than one mental disorder often have a poorer treatment response and a worse course of illness over time. One disorder may worsen the symptoms and course of the other, or may reduce the effectiveness of treatment. These factors are having a major effect on the style of service provision in Australia and New Zealand, with more disturbed emergency departments and psychiatric admission wards. Staff do not like the atmosphere, pressures and risks, leading to problems of recruitment, retention and the training of the next generation. Our buildings for providing services have not been designed to cope with these changes.

The Summer Forum seeks to address these issues by asking: What are the causes? Have mental health services simply been dumped with a wider society problem? Is there hope of prevention? Are there examples of successful programs to help people with co-morbidity problems? What skills and knowledge do staff in in-patient psychiatric units need to acquire in order to provide the best care for people with co-morbidity problems? Are there increasing levels of violence and what are the best ways of dealing with this problem?

# DOUBLE TROUBLE

**Special guest speakers: Professor Ian Webster (Australia) & Professor Ronald Diamond (USA)**

**Amanda Baker**, Senior Clinical Psychologist and Senior Lecturer, Centre for Mental Health Studies, University of Newcastle, Newcastle, NSW

**Dermot Casey**, Assistant Secretary, Health Priorities & Suicide Prevention Branch, Australian Dept of Health & Ageing

**Mark Dadds**, Professor, School of Psychology, University of New South Wales, Sydney, NSW

**Paul Dillon**, Information Manager, National Drug and Alcohol Research Centre, University of New South Wales, Sydney, NSW

**Ronald Diamond**, Professor of Psychiatry and Medical Director, Mental Health Centre of Dane County, Madison, WI, USA

**Keith Evans**, Co-chair, National Co-morbidity Taskforce

**Roger Gurr**, Clinical Director, Consultation Liaison Psychiatry, Liverpool & Fairfield Mental Health Service, Sydney, NSW

**Paula Hanlon**, Consumer Advocate, Ryde Mental Health Services, Sydney, NSW

**Douglas Holmes**, Executive Officer, NSW Consumer Advisory Group, Sydney, NSW

**Leonie Manns**, Consumer Activist and Advocate, Sydney, NSW

**Paul Mullen**, Professor, Victorian Institute of Forensic Mental Health, Melbourne

**George Patton**, Professor, Centre for Adolescent Health, Royal Children's Hospital, Melbourne, VIC

**Ian Webster AO**, Emeritus Professor of Public Health and Community Medicine, University of NSW; Chair, Alcohol Education and Rehabilitation Foundation; National Advisory Council on Suicide Prevention.

**Janice Wilson**, Deputy Director General, Mental Health Directorate, Ministry of Health, Wellington, New Zealand

**Adam Winstock**, Clinical Director, Drug Health, South Western Sydney Health Service, Sydney, NSW

# accommodation

## BOOKING FORM

# hotel

## BOOKING FORM

# summer forum

## REGISTRATION FORM

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The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

**All rates are per room per night only, single/double or twinshare. Rates are in AUS dollars and include GST:**

### Swiss Grand Hotel, Bondi Conference Venue \$148.50 residential view \$170.50 ocean view

A 4 star hotel and the conference venue situated on Campbell Parade opposite Bondi Beach. Ocean Rooms have fabulous views of the beach and sea. All rooms have a small separate living area, bedroom and bathroom with both shower and bath. Other room features include bath robes, coffee and tea making facilities, 2 TV's, minibar, air-conditioning, hair dryer, iron and board, sofa bed in living room area, in-room safe, and access to internet/email. General hotel facilities include 2 restaurants, 2 bars, laundry/valet service, 2 swimming pools (indoor & outdoor), health club, sauna, spa. Complimentary car parking available for inhouse guests (1 car per room). Full breakfast \$15.00 (special rate for conference delegates).

### The Bondi Hotel Adjacent to Conference Venue \$110.00 sgl/dbl/twin

Very basic 2 1/2 star budget "pub" style hotel accommodation situated on Campbell Parade opposite Bondi Beach and adjacent to the conference venue. In room facilities include bathroom (shower only), TV, telephone, coffee & tea making facilities, fridge, iron & ironing board. Single/double rooms have a double bed. Twin rooms have two single beds but these rooms are very cramped. No minibar, room service or restaurant but plenty of cafes and restaurants on Campbell Parade. Car parking is complimentary but very limited and on a first in basis.

### ONLINE ACCOMMODATION BOOKINGS CAN BE MADE BY VISITING: [www.hotelnetwork.com.au](http://www.hotelnetwork.com.au)

THE HOTEL NETWORK ABN: 86 101 807 755.  
ACCOMMODATION SECURITY DEPOSIT All rates include GST

#### Please reserve me a:

- Single room     Double room  
 Twin room sharing with \_\_\_\_\_  
 Smoking     Non-smoking     Disability access

#### Please tick

- at Swiss Grand Hotel, Bondi Beach – residential view    \$148.50 AUD  
 at Swiss Grand Hotel, Bondi Beach – ocean view    \$170.50 AUD  
 at Bondi Beachside Inn – ocean view    \$120.00 AUD

Check-In Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Check-Out Date \_\_\_\_/\_\_\_\_/\_\_\_\_

No. of Nights \_\_\_\_\_

Name \_\_\_\_\_

Organisation \_\_\_\_\_

Postal Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Postcode \_\_\_\_\_ Country \_\_\_\_\_

Tel \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Room reservations must be accompanied by a deposit equivalent to one night's accommodation. You are of course welcome to fully prepay if you wish. In the case of bookings made with your personal credit card, your details will be passed on to the hotel to guarantee the booking, no monies will be deducted. If your organisation is paying by credit card on your behalf, please indicate the amount to debit.

**Please complete Method of Payment on next page**

Surname \_\_\_\_\_

First Name \_\_\_\_\_

Postal address \_\_\_\_\_

\_\_\_\_\_

Suburb/City \_\_\_\_\_ State \_\_\_\_\_

Postcode \_\_\_\_\_ Country \_\_\_\_\_

Phone: (work) \_\_\_\_\_ Fax \_\_\_\_\_

Phone: (home) \_\_\_\_\_

Email \_\_\_\_\_

Name of Organisation (if any): \_\_\_\_\_

\_\_\_\_\_

Special requirements (eg meals, wheelchair access):

\_\_\_\_\_

\_\_\_\_\_

	Amount Paid \$AUD	
<input type="checkbox"/> Full 2 day Fee	\$495	\$ _____

<input type="checkbox"/> Earlybird 2 day Fee (before Wed 14 Jan)	\$450	\$ _____
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**Fee includes morning, afternoon tea and lunches.**

<input type="checkbox"/> Dinner Thursday 19th February	\$45	\$ _____
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You are welcome to bring family or friends at a cost of \$45 per person

Names of Accompanying Persons attending dinner:

1. _____	\$45	\$ _____
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2. _____	\$45	\$ _____
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**TOTAL**    \$ \_\_\_\_\_

Above prices include 10% GST

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summer forum  
REGISTRATION FORM CONT.



hotel  
BOOKING FORM cont.



**Payment Method:**

ABN: 53 621 201 979

**Payment Enclosed (please tick your option)**

- Australian dollar cheque/bank draft payable to The Mental Health Services Conference Inc.
- Authority to charge my credit card account (Australian Dollar amount)

**Credit Card Details:**

- VISA     MASTERCARD     BANKCARD  
(No other credit cards are accepted)

Card Number

\_\_\_\_\_

Full name on card \_\_\_\_\_

Signature \_\_\_\_\_ Expiry Date \_\_\_\_/\_\_\_\_

The number of places at this Forum are strictly limited, so please book early to guarantee your place.

TheMHS CANCELLATION POLICY: Fees will be refunded in full if TheMHS is notified in writing by the 16 January 2004, 50% of fee will be refunded if notification is received by 2 February 2004. NO REFUND will apply after 2 February, except at the discretion of TheMHS.

Online registration and payments  
can be made via TheMHS website:  
[www.themhs.org](http://www.themhs.org)

OR

Return this form with payment to:  
TheMHS Conference  
PO Box 192  
Balmain NSW 2041 Australia

CLOSING DATE FOR REGISTRATION:  
16 FEBRUARY 2004

**Payment Method:**

**Payment Enclosed (please tick your option)**

- I enclose a personal cheque for \$ AUD \_\_\_\_\_ made payable to The Hotel Network
- I enclose a bank cheque for \$ \_\_\_\_\_ made payable in Australian Dollars to The Hotel Network
- Please pass on my personal credit card details to the hotel to secure my reservation
- Please debit the following third party credit card by the amount indicated below (Minimum one night's deposit)

**Credit Card Details:**

- AMEX     Mastercard     VISA     Bankcard     Diners

Name on card \_\_\_\_\_

Signature \_\_\_\_\_

Card Number

\_\_\_\_\_

Expiry Date \_\_\_\_/\_\_\_\_ Amount \$ \_\_\_\_\_

Cancellations and refunds: Cancellations received in writing by 31st January, 2004 will be accepted and fees refunded less a \$55.00 administration fee. Cancellations made after 31st January 2004 may attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to The Hotel Network.

Please complete and return this  
ACCOMMODATION BOOKING FORM with payment to:

Julia Brooke  
Accommodation Manager  
TheMHS Summer Forum 2004  
C/o The Hotel Network,  
PO Box 236, Roseville NSW 2069  
Phone: 02 9411 4666 Fax: 02 9411 4243  
Email: [summerforum@hotelnetwork.com.au](mailto:summerforum@hotelnetwork.com.au)

**Co-morbidity: drugs, alcohol**

Program

THURSDAY 19 FEBRUARY 2004

9.00am	Forum opening – Ian Webster	9.0
9.30am	What are the causes? – George Patton	
10.30am	T/break	10
11.00am	Trends and new drugs – Paul Dillon	11
12.00pm	Drinking, Drugging and Borderline Personality Disorder - Ron Diamond	1.0
1.00pm	Lunch	
2.00pm	Forensics/violence and drug/alcohol misuse and mental health – Paul Mullen	
3.00pm	T/break	
3.30pm	Co-morbidity in young people - Mark Dadds	1.0
4.30pm	The Challenges - New Zealand Perspective – Janice Wilson	2.0
5.30pm	Close of day	3.0
6.30pm – 9.30pm	Buffet dinner & prizes & surprises	4.0

**AIRLINE TRAVEL**

We are pleased to announce that Qantas has been appointed the official airline for this conference. Contact Qantas Association Sales for a discount of up to 40% off the full economy airfare (excluding services subject to group class availability at time of booking. Should the 40% discount economy fare be unavailable, the next available economy class conference fare, ie. 30% and 10% discounts. Please quote and date of conference when making your reservation. This discount is available for domestic conditions. The Qantas Association Sales telephone number for Australian delegates is: TOLL FREE INTERNATIONAL DELEGATES can contact their local Qantas office for the best available fare of

# DOUBLE TROUBLE

## Drugs, alcohol, mental health

### Program

04 FRIDAY 20TH FEBRUARY 2004

**9.00am** **Co-morbidity: How governments tackle the problems** – *Dermot Casey*  
Discussants – *Leonie Manns, Keith Evans*

**10.30am** T/break

**11.00am – Concurrent Workshops**

- 1.00pm**
1. **Amanda Baker** – The Comorbidity Roundabout & Stepped Care
  2. **Ron Diamond** – Violence and Borderline Personality Disorder
  3. **Doug Holmes & Paula Hanlon** – Personal perspectives on Recovery from co-morbidity issues
  4. **Roger Gurr & Adam Winstock** – Managing for system change

**1.00pm** Lunch

**2.00pm** **Prescribing medication for people who abuse drugs** – *Ron Diamond*

**3.00pm** T/break

**3.30pm** **Bringing it all together** – *Panel of speakers from the forum*

**4.30pm** Close

Airline for this conference. As a special airfare has been negotiated, we suggest that you book an economy airfare (excluding taxes). These discounts are valid on Qantas domestic scheduled flights. A 40% discount economy fare will not be available on a required flight the fare may be upgraded to business class. Please quote the Association Profile Number, which is **3573005** and destination code for domestic travel within Australia only and is subject to payment and ticketing conditions. Contact: TOLL FREE: 1800 684 880 for the best available fare of the day.

## TheMHS - The Learning network for improving mental health services in Australasia

TheMHS is an independent education, service development and networking organisation. TheMHS mission is to:

- 1 Recognise and promote quality collaborative research, practice, policy-making and education
- 2 Promote active involvement and inclusion of all mental health stakeholders
- 3 Advocate and promote leadership in the mental health field

### CLOSING DATE FOR REGISTRATION: 16 FEBRUARY 2004

On-site registration may be available, depending upon numbers – please check availability with TheMHS office before the commencement of the Summer Forum.

### REGISTRATION

The number of places at this Forum is strictly limited, so please book early to guarantee your place.

Please check website for further details about the Summer Forum.



**T H E M H S**  
C O N F E R E N C E

**Contact: TheMHS Conference**  
**PO Box 192 Balmain NSW 2041 Australia**  
**Phone: +61 (0)2 9810 8700 Fax: +61 (0)2 9810 8733**  
**Email: info@themhs.org**  
**Website: www.themhs.org**

TheMHS SUMMER FORUM 2004

# DOUBLE TROUBLE

## Co-morbidity: drugs, alcohol, mental health



**T H E M H S**  
C O N F E R E N C E

**19 & 20 February 2004**  
Swiss Grand Hotel  
Bondi Beach, Sydney, Australia

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