16th annual TheMHS conference

Townsville Entertainment and Convention Centre, Townsville, Queensland, Australia

CONFERENCE 30 August – 1 September 2006
PRE-CONFERENCE WORKSHOPS AND FORUMS 29 August 2006

over 250 presenters
over 1000 mental health workers, choose this conference each year
updates of current therapeutic practices
improving quality of services
workforce development
research
personal stories
lots of good ideas for service reform

Contact TheMHS Conference: PO Box 192 Balmain NSW 2041 Australia
Phone: +61 (02) 9810 8700 • Fax: +61 (02) 9810 8733 • Email: info@themhs.org • Website: www.themhs.org
TheMHS Conference is an international mental health and psychiatric, educational forum, attracting over 1000 mental health clinicians, managers, consumers, carers, researchers, educators and policy makers, annually.

**Come to Townsville in far north Queensland in 2006**

This is the first time that TheMHS has been held in a regional city. Townsville & Thuringowa is the largest city in Northern Australia and is a centre for industry, education, defence and health, with all the facilities needed to enjoy your stay. Townsville, while remote, has everything an intrepid adventurer or holiday-maker might want: a pleasant climate all year round; the Great Barrier Reef and tropical islands; historic outback towns; world heritage rainforests and wetlands. Take a walk along the Strand, visit Reef HQ Aquarium or wildlife sanctuaries; take a ferry to Magnetic Island (or Maggie as it is known locally); bring your swimmers, fishing rod, water toys, sun screen and get ready to relax.

**Conference Theme:**

**Why Reach Out**

There are many ways to reach out. People reach out to each other every day for mental health and wellbeing. Here in North Queensland we reach out over great geographical distances, as well as reaching out to people who experience social and emotional distances.

**Why Connect**

Living is about connections – the connections that we make with the past, present and the future; the many connections we make with others, the land, the country, the environment, and our own internal connections with our own thoughts and feelings. Connection creates communities. Connection sustains culture. Connection makes us whole.

This TheMHS Conference will celebrate these connections and provide an opportunity to reach out to others to share journeys towards mental wellbeing. Gaining and maintaining mental health often includes overcoming isolation. Here, people can travel hundreds of kilometres to see others. Professionally this is “Outreach”. For families and friends it is keeping in touch – which is living!

We want to share personal experiences, unique ideas, service innovations and “know how”, to reach out and make connections that improve mental health and wellbeing.

Prior to the main conference, there will be pre-conference forums for consumers, carers (families), indigenous people, and workshops on key skills in mental health services. The social and cultural program will highlight the people, the place and all things North Queensland.
Townsville attractions

The North Queensland region offers a myriad of experiences for the visitor - from the Great Barrier Reef and its scattering of tropical islands through to the historic outback and the lush rainforests, waterfalls, national parks and world heritage listed areas to the north. Townsville has over 300 days of sunshine each year. Surrounded by a rich hinterland of tropical rainforests and waterfalls, Townsville is also close to historic gold mining towns, the outback, islands, and of course, the Great Barrier Reef.

In the town go and visit the world renowned Reef HQ, the world’s largest living coral reef aquarium, the Billabong Sanctuary, where you can learn all about Australia’s fascinating native wildlife, and many other cultural and heritage attractions like the Brolga Dreaming Aboriginal Centre. This cosmopolitan city boasts an array of world class cafes, bars, restaurants, nightclubs, casino and shops. Which ever one you choose, you’ll experience Townsville’s friendly and unique, relaxed tropical ambience.

National Rugby League match in Townsville
On the weekend of 1-3 September, the Townsville Cowboys rugby team will be playing the Parramatta Eels rugby team in Townsville. At the time of going to print the exact date has not been announced. To ensure your preferences for flights and for hotel accommodation, please book early. Venue: Dairy Farmers Stadium

Townsville Art Society Award Exhibition
The 51st annual award exhibition for North Queensland artists. Venue: Perc Tucker Regional Gallery, Cnr Denham St & Flinders Mall, Townsville Time: Mon - Fri, 10am - 5pm Sat - Sun, 10am - 2pm; Cost: Free

Horseshoe Bay Markets, 27 August
Held under the trees and on the beach front of Magnetic Island’s Horseshoe Bay, these delightful markets showcase the arts, crafts and small businesses of Magnetic Island. Live Island music from about 11am, and all adjacent shops cafes and restaurants offer market day specials. If coming from the mainland ask Sunferries and the Bus Service for the Market Day Special fares. Location: Magnetic Island Venue: Horseshoe Bay Foreshore Time: 9.30am to 1.30pm

Exquisite House, opens on 1 September
Children and adults alike will be amused for hours as they discover the artworks and dimensions of the built environment. The Perc Tucker’s annual children’s exhibition with interactive rooms where inspiration can be turned into creation. Venue: Perc Tucker Regional Gallery, Cnr Denham St & Flinders Mall. Time: Mon - Fri, 10am - 5pm Sat - Sun, 10am - 2pm; Cost: Free

Strand Night Markets, Friday 1 September
Come along to the Strand Night Market and enjoy a diverse range of entertainment and a huge variety of food, fashion, craft, jewellery and home and leisure displays. The Strand Night Market offers a unique insight into the diverse North Queensland Venue: Strand Park. Time: 5pm to 9.30pm

Tully Golden Gumboot Festival, Saturday 2 September
An annual family fun day with events based around gumboots. Venue: Tully Showgrounds Butler St, Tully NOTE: Tully is north from Townsville. Time: From 3pm; Cost: entry fee: gold coin donation

For more information go to: www.townsvilleonline.com.au; www.townsvilleholidays.info

A Diverse, In-depth Conference Program
There will be over 250 presenters at this years conference. The preliminary conference program is available on TheMHS website: www.themhs.org
Just a few of the many highlights are listed here. On Wednesday there will be 2 specific symposia for and about general practice and mental health on burnout and stress management for GPs; a debate about how to achieve better employment prospects for people with mental illness; symposia about reducing stigma with young people; children of parents with a mental illness; mental health first aid; recovering from mental illness; advanced directives; educating the workforce; planning for recovery by Ron Coleman. On Thursday there will be a symposium with Prof Gavin Andrews about the Tolkein II report about a model for mental health system; asylum seekers’ mental health; consumer participation, consumer partnerships; depression and women; Royal Flying Doctor Service perspective; rural and remote issues; Aboriginal women’s theatre group; family law and children; workshop by keynote speaker Xavier Amador; young carers; dual diagnoses; On Friday there will be an extended paper by Mary O’Hagan about New Zealand’s recovery journey; mental health first aid programs; rights of people with mental illness; the mental health tribunal; culturally and linguistically diverse carers; health outcomes; enhancing safety in mental health services; acute services and families; innovative services for youth; physical health issues.

Wednesday keynote address: Xavier Amador will speak about - “I am Not Sick, I Don’t Need Help!” How to Help Someone with Mental Illness Accept Treatment.

Thursday keynote addresses:
Jon Jureidini - Children’s rights in 21st century Australia
Nicholas Procter - “They first killed his heart (then) he took his own life”: Reaching out, connecting and responding as key enablers for mental health service provision in multicultural Australia.

Friday keynote address:
Merinda Epstein - The emperor’s new clothes: On being invisible and neglected within the mental health system; a gendered perspective from a borderline pioneer.
keynote speakers

Xavier Amador, Adjunct Professor in Clinical Psychology at Teachers College Columbia University, New York, USA. Previously he was Director of Research at the National Alliance for the Mentally Ill, Director of Psychology at the New York State Psychiatric Institute, and co-chair of the most recent text revision of the schizophrenia and related disorders section of the DSM IV. He is a forensic expert, having worked on a number of high profile kidnapping and prisoner abuse cases in the USA (e.g., Unabomber, Abu Ghraib prisoner abuse, the 20th 9/11 hijacker). He has a brother with schizophrenia and is the author of numerous books, including: “I’m Not Sick, I Don’t Need Help”; “When Someone You Love is Depressed: How to Help Without Losing Yourself”

Nicholas Procter, Associate Professor and Academic Integrity Officer, School of Nursing and Midwifery, University of SA. He has received several awards for his academic, professional and community work as a teacher, researcher and consultant. Most recently he has undertaken research in the design of clinical care for marginalized and disenfranchised people with mental health problems, and evaluation of rural and remote mental health services. Currently he is an advisor to Multicultural Mental Health Australia, member of the Commonwealth Department of Health and Ageing Panel for the Provision of Writers and Reviewers in the Areas of Promotion, Prevention and Early Intervention for Mental Health and Suicide Prevention. He is a former Hawke Fellow and was a finalist in the 2005 Margaret Tobin Awards for Excellence in Mental Health.

Merinda Epstein, is a Policy Officer in the Mental Health Legal Centre, Melbourne, Vic. Previously she has worked for the National Resource Centre for Consumer Participation in Health, the Mental Health Council of Australia, the Victorian Mental Illness Awareness Council. With a background in Sociology, she trained as teacher and is now an accomplished author, cartoonist, poet and researcher. She was a member of the consortium that developed the Australian National Standards for Mental Health Services, and was awarded the 2004 Human Rights and Equal Opportunities Commission Award for outstanding service towards the human rights of Australians in the community – for her contribution towards the lives of people with mental illness.

Jon Jureidini is a senior research fellow in philosophy and a clinical associate professor in child psychiatry. He is head of the Department of Psychological Medicine, Children’s Youth and Women’s Health Service, Adelaide where he works with children with physical illness and their families, and with the paediatric emergency department. He has recently developed a teaching programme for GPs to help them work with children with mental health issues. His main areas of interest are refugee detention and prescribing for children, and he sometimes gets angry about both issues. He has also published recently on ethics, parenting, narrative, dissociation, consciousness, placebo analgesia, child abuse, and rehabilitation of adolescents with unexplained symptoms. Jon Jureidini is chair of Healthy Skepticism, an independent organisation working to counter misleading drug promotion

A PRELIMINARY PROGRAM IS AVAILABLE
Go to www.themhs.org and follow the links to the annual conference → forthcoming conference → program
CARER FORUM: FAMILY CONNECTIONS

The Inclusion of Families in Mental Health Care

The family/carer forum will discuss the advantages of mental health services involving them in the care of their loved one. Guest speakers include Mr Rob Knowles (President of the Mental Illness Fellowship Australia, Chair Mental Health Council of Australia and recently retired Commissioner of Complaints Aged Care), Senator Claire Moore (Member Senate inquiry into mental health services) and Mr John Mendoza (CEO Mental Health Council Australia). Families will also be given opportunities to put some balance into their lives through engaging in innovative and enjoyable exercise and reflection.

CONSUMER FORUM

The 23 BIG Issues

This forum will discuss the BIG issues with BIG names in the consumer networks. The 23 BIG Issues were developed a few years ago at a previous TheMHS Consumer Forum and have undergone a number of refinements since then. However the BIG Issues have not gone away. Speakers include Merinda Epstein (2006 TheMHS keynote speaker) and Ron Coleman (2005 TheMHS keynote speaker) and the forum will be facilitated by Rod Salvage. The aim of the day is to develop an action plan which can be placed on political and service development agendas.

For background on the 23 BIG issues please log on to www.themhs.org.

INDIGENOUS FORUM

Culture and Healing

From a cultural perspective, families are the lifeline for our people who have a mental illness. When one of our mob suffers the whole family suffers. Their spirits are broken. Families are the lifeline to reach out to services to search for help for their loved ones. Aboriginal, Torres Strait Islander, Maori and other indigenous people need to go through a healing process in reconnecting with the land, the sea and the social, emotional wellbeing that is their community. When one of our mob endures a mental illness, reconnecting with culture is important, as well as having the connection with mainstream services. Through the healing process we are able to regain identity, culture and wellbeing. The forum will be lead by local and specially invited speakers. Please come and share your stories with us during this day long forum. Check website for confirmation of details of speakers.

WORKSHOP 1: WHAT’S NEW IN OUTCOME MEASUREMENT?

Outcome measurement is a growing and rapidly changing field. This one-day workshop will include presentations from practitioners, consumers and researchers from Australia and New Zealand on a range of topical areas in outcome measurement, including:

- Focus groups on the uptake and use of outcome measures
- Outcome measurement in New Zealand
- Ensuring appropriate processes in the use of the consumer self-rating measure
- Development of materials to promote enhanced use of outcome measures
- The Australian Mental Health Outcomes and Classification Network

The workshop will also provide participants with an opportunity to ask questions of the presenters and discuss the issues and challenges they face.

The workshop facilitators and presenters are:

- Tom Trauer, St Vincent’s Health, Melbourne and University of Melbourne
- Glenda Pedwell, Project Manager, QUATRO - North East, Victoria
- Jennifer Black, Project Manager, Western QUATRO, Victoria
- Tom Callaly, Barwon Health, Victoria
- Tim Coombs, The Australian Mental Health Outcomes and Classification Network
- Kathryn Weedon, Consumer consultant, St Vincent’s Health, Melbourne
- Jon Langford, Consumer consultant, Austin Health, Melbourne
- Kathy Stapley, National Project Coordinator – Clinical MH-SMART Outcomes Initiative, New Zealand
- Luke Hatzipetrou, Team Leader, Area Clinical Information Team, School of Mental Health, The Park, Centre for Mental Health, Queensland
special & social events

Opening Ceremony:
Welcome to Land and Mental Health Achievement Awards
An elder of the local Aboriginal community will welcome delegates to the conference. This will be followed by the presentation of the bi-national Australian and New Zealand Achievement Awards for mental health services, for special contribution to mental health services and for media representation of mental health issues. The Australian Minister for Health, The Hon. Tony Abbott will present the awards to the winners.

Performance: Depression: The Great Debate
Wednesday 30 August 5.00 – 6.00pm in main plenary hall
This play is comic but informative about depression. Set in King’s College Cambridge Professor Harmony, the Professor of Medication at the College argues against depression - he says that one doesn’t have to be depressed “he’s not”. The ubiquitous Mrs. Black argues the case for depression by being so depressed she falls asleep during the debate unable to wake up. The compere might just have to give her the gong! If you can’t laugh about depression you will when you see this play. Written & directed by Neil Cole, this is a free performance for all conference delegates.

Welcome Reception
6.00 – 8.00pm Wednesday 30 August, at Jupiters Hotel
Come and catch up with friends and colleagues. Finger food and entertainment are provided and there will be a cash bar for you to purchase drinks. Apart from the wonderful seascape as a backdrop to the evening, the highlight of the evening will be the performance by the 1RAR Army Band. The Band supports 3rd Brigade, other military units and the wider community alike as well as supporting their own 1st Battalion on overseas deployments including three tours of East Timor.

Meetings Session 5.15 – 6.30pm
Thursday 31 August
Groups, associations, societies may organise a meeting during TheMHS Conference - the person booking this service must be registered as a conference delegate. Apply to TheMHS Office before 4th August, for details.

Dinner 7.00pm
Thursday 31st August at Jupiters Hotel
Jupiters hotel is adjacent to the Convention Centre. The conference dinner will be a chance to relax, eat, drink and talk. Dinner will consist of a BBQ on the back lawn of Jupiters Hotel. Vegetarians please note that there will be several vegetarian options. Soft drinks are included in the cost, but alcoholic drinks must be purchased separately. The dinner menu can be obtained from TheMHS office.

Closing Ceremony:
The conference closing ceremony will include entertainment, speakers and the ceremonial handover of the TheMHS banner to next year’s conference committee.

AUSTRALIAN AND NEW ZEALAND ACHIEVEMENT AWARDS
These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. TheMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.
The Weather
The weather at this time of year in Townsville is exceptional! The average maximum temperature for August is 26C and the minimum average is 15C. The average hours of sunshine per day is 9, and there are only 2 days of rain in the whole month of August.

Passports, Entry Visas and Customs
All international visitors require a valid passport and visa for entry into Australia (most New Zealand visitors require a valid passport only).
Some useful websites are:
- Tourist visas: www.immi.gov.au
- Customs and quarantine: www.customs.gov.au; www.affa.gov.au
  (all food, plant and animal materials must be declared)
- Foreign embassies: www.dfat.gov.au

Townsville Transport
AIRLINE TRAVEL - PLEASE BOOK YOUR FLIGHTS EARLY!
There will be a rugby league football match in Townsville the weekend immediately following our conference, so flights may get very full. Although there are plenty of flights in and out of Townsville, if you want to fly on a specific date and time, we suggest that you book immediately.

Townsville Airport
Several airlines fly into Townsville airport. A useful website is Townsville Airport: http://www.townsvilleairport.com.au/;
The airport is situated on a coastal plain between Rowes Bay and the Bohle River, 5km west of the city centre. The Airport orientation is such that the existing northern end of the main runway is only 1km from the coast, whilst the terminal and administration building area is approximately 2.6km inland.

Taxis
Taxis are available from the departures end of the Terminal Building. Should there be no taxis available, an intercom service direct to the Taxi Head Office is situated just near the rank to request dispatch of further taxis. Phone: 131 008 Website: www.tsvtaxi.com.au

Airport Shuttle
The Airport Shuttle bus undertakes scheduled services to various hotels and motels, the Strand and City, Sunferrries, the Transit Centre and the Coral Princess. Bookings are required to be made for all pickups as some services only operate if required. Phone: 07 4775 5544

Transport between city hotels and the Convention Centre
BUS TRANSFERS: A free bus for conference delegates will operate between the Convention Centre and the hotels listed on the accommodation booking form. This bus will operate between 8.00am and 6.00pm starting at the Quest Apartments/Quality Hotel Southbank, then going to the Townsville Plaza and to Townsville Convention Centre. These are the only pick-up points for this free bus service. There will also be a limited service for the Dinner and the Welcome Reception.
SUNBUS CITY LOOP: this public bus service will operate via the Townsville Convention Centre for the 4 days of the conference. On the City Loop map the Convention Centre is situated further along the small peninsula past the Sunferry bus stop.

TheMHS is a learning network for improving mental health services in Australasia. TheMHS mission is to
1. Recognise and promote quality collaborative research, practice, policy-making and education.
2. Promote active involvement and inclusion of all mental health stakeholders
3. Advocate and promote leadership in the mental health field.

TheMHS provides a forum for the exchange of ideas, professional development, networking and debate for professionals, consumers, carers (families), and managers. TheMHS aims to promote positive attitudes about mental health and mental illness, and to stimulate debate that will challenge the boundaries of present knowledge and ideas about mental health care.

www.themhs.org

TheMHS MANAGEMENT COMMITTEE (SYDNEY)
Andy Campbell, Lynne Dunbar, Roger Gurr, Paula Hanlon, Douglas Holmes, Cathy Issakidis, Kevin Kellehear, Leonie Manns, Peter McGeorge, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson

TheMHS 2006 TOWNSVILLE COMMITTEE (in alphabetical order)
John Allan, Marianne Bonassi, Fereshteh Doostkhah, Michael Harman, Terry Hill, Richard Lakeman, Rod Salvage, Graham Smalley, Rhonda Smith, Lyn Tyson, Liz Wilson
TheMHS CONFERENCE BURSARIES
TheMHS is pleased to be able to offer a limited number of bursaries for consumers to attend the conference. These bursaries provide airfares and a free registration, but do not include accommodation. Priority is given to those people who are presenting a paper, workshop, symposium or poster at the conference or forums, and who would otherwise have difficulty attending the conference due to financial reasons. Contact TheMHS Office immediately to obtain your application form. Be sure to apply early, as the first round of offers will be announced in June 2006. If there are still bursaries available after the first round are allocated in June, subsequent offers will be made.

PROFESSIONAL DEVELOPMENT
If you require a certificate of attendance at this conference to fulfil your Continuing Professional Education (CPE) requirements, please fill in appropriate box on the Registration Form. Please collect your CPE certificate at the registration desk on the last day of your attendance at the conference. Psychiatrists attending this conference can claim 2 points per hour to a maximum of 12 points per day under the MOPS Category ‘educational meetings.’

CLOSING DATE FOR REGISTRATIONS
Your registration form and fees – by post or online – must be received by 18 August 2006. After this date, please contact TheMHS office. On-site registrations will be accepted, depending upon space availability, but must be accompanied by the total fee that is due. Earlybird registration fees must be received by 14 July 2006.

CONFERENCE REGISTRATION
Please register online or post the conference registration form to:
TheMHS Conference
PO Box 192
Balmain NSW Australia 2041

ACCOMMODATION:
Accommodation booking form is to be sent directly to the Hotel Network.

PRIVACY STATEMENT
Your name and contact details will be used only to notify you of future mental health related events organised by TheMHS. If you do not wish to have your details used for this purpose please contact TheMHS office.

INSURANCE
It is strongly recommended that delegates take out adequate medical, travel and personal insurance prior to the commencement of travel to cover any loss of fees, accommodation or airfares, should you be unable to participate in the conference for any reason.

DISCLAIMER: The information given by presenters at the conference does not represent the views of TheMHS, and does not constitute therapeutic advice. We strongly advise conference presenters to take out their own professional indemnity insurance. In the event of industrial action, force majeure or other unforeseen disruption, the conference organisers do not take responsibility for any loss of monies incurred by conference delegates. We strongly advise conference delegates to arrange their own personal insurance. The conference will not be liable for any participant failing to take out their own insurance. Delegates and other invitees must observe the requests and, or directions of TheMHS and, or Townsville Convention Centre or Jupiters Hotel or their staff.

Further information is available from: www.themhs.org
Contact details:
Phone +61 (02) 9810 8700 • Fax +61 (02) 9810 8733 • Email info@themhs.org
The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for accommodation must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

ONLINE ACCOMMODATION BOOKINGS CAN BE MADE BY VISITING: www.hotelnetwork.com.au

All rates are per room/apartment per night and single/double/twinshare only unless otherwise stated. Rates are in AUS dollars and include GST. Breakfast is additional:

**BUS TRANSFERS:** Free bus transfers to and from the Convention Centre to the hotels listed will be available.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Adjacent conference venue</th>
<th>Accommodation Rates</th>
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<tbody>
<tr>
<td>Jupiters Casino Hotel</td>
<td>Adjacent conference venue</td>
<td>$160.00 (sgl/dbl/twn)</td>
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<tr>
<td>A 4 1/2 star hotel located next to the Townsville Convention Centre and also being used for some of the Conference Sessions. Spacious comfortable rooms have either island and ocean or city and marina views. All rooms have either a king bed or 2 x double beds (for twinshare), separate bathroom, large windows, desk, internet access, in house movies, tea/coffee making facilities. General facilities include two tennis courts, resort style outdoor pool, health club and spa, casino, restaurants and bars.</td>
<td>**** Highly recommended</td>
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<tr>
<td>Quality Hotel Southbank</td>
<td>25 minute walk to venue</td>
<td>$138.00 Standard room</td>
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<tr>
<td>A 4 star property located near to the centre of Townsville close to Townsville Marina. It is a 25 minute walk or short taxi ride to the Convention Centre. All rooms have good size bathrooms with shower only, mini bar and room service, in-house movies, coffee/tea making facilities. Standard rooms have a Queen bed or 2 x double beds (for twinshare) and dataport access. Superior rooms offer ADSL/Broadband internet connections, Marina or Ross River views, full floor to ceiling mirror and have been fully refurbished. General facilities include an ‘A la carte’ restaurant, bar, outdoor pool, spa and complimentary onsite car parking.</td>
<td>$152.00 Superior room</td>
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<tr>
<td>Quest Apartments Southbank</td>
<td>25 minute walk to venue</td>
<td>$122.00 Studio</td>
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<td>A 4 star apartment style property overlooking Townsville Marina close to Townsville CBD (adjacent to Quality Hotel Southbank). A 25 minute walk to the Convention Centre or a 5 minutes taxi ride. Studio rooms: Offer 2 x single beds or 1 x Queen bed, kitchenette (microwave, toaster, cutlery and crockery), spacious bathroom with hairdryer and its own balcony. One Bedroom Apartment: Separate bedroom with a Queen size bed, spacious lounge area and full kitchen facilities. Additionally has large bathroom with spa bath, private laundry facilities and private balcony. Two Bedroom Apartment: a combination of a Studio room and a One bedroom apartment with interconnecting door. General facilities include outdoor swimming pool, spa, BBQ area and complimentary onsite parking. All rooms are fitted with wireless internet connection. Personalised services include: Pantry Shopping, Valet Dry-cleaning, Breakfast Packs and Baby Sitting.</td>
<td>$162.00 1 bedroom</td>
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<td>$216.00 2 bedroom</td>
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<tr>
<td>Townsville Plaza</td>
<td>25 minute walk to venue</td>
<td>$103.00 Standard</td>
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<tr>
<td>This 3 star property is located in the CBD of Townsville on Flinders Mall. All bedrooms have individual air conditioning, remote controlled television, free in house movies, tea/coffee making facilities, mini bar, iron/board and hairdryer. Executive Rooms are slightly larger in size with a few steps up to the bedroom area from the bathroom and have been recently refurbished. General facilities include an indoor heated swimming pool, spa/sauna, 24 hour reception, restaurant and cocktail bar, complimentary guest laundry and in-room dining.</td>
<td>$127.00 Executive</td>
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Please reserve me a:

☐ Single room  ☐ Double room  ☐ Apartment  ☐ Twin room sharing with  
☐ Smoking  ☐ Non-smoking  ☐ Disability access

Please tick

☐ at Jupiters Hotel  $160.00 AUD
☐ Quality Hotel Southbank – Standard Room  $138.00 AUD
☐ Quality Hotel Southbank – Superior Room  $152.00 AUD
☐ Quest Apartments – Studio  $122.00 AUD
☐ Quest Apartments – 1 Bedroom Apartment  $162.00 AUD
☐ Quest Apartments – 2 Bedroom Apartment  $216.00 AUD
☐ Townsville Plaza – Standard Room  $103.00 AUD
☐ Townsville Plaza – Executive Room  $127.00 AUD

Check-In Date _____  Check-Out Date _____  No. of Nights ______

Name ___________________________________________ Title (Dr, Prof, Mr, Mrs, Ms etc) ______

Organisation _______________________________________

Postal Address _______________________________________

Suburb/City __________________________________________ State/Territory _______________________

Country ___________________________ Postcode ______

Telephone ___________________________ Fax _______________________

Mobile Phone _________________________

Email ____________________________________ (Please write clearly)

Room reservations for the hotels must be accompanied by a deposit equivalent to one nights accommodation (you are welcome to fully prepay if your wish) or preferably, quote a credit card number which we can pass onto the hotel to secure your room.

METHOD OF PAYMENT

☐ I enclose a cheque for $ AUD _______ made payable to The Hotel Network
☐ I enclose a bank cheque for $ _______ made payable in Australian Dollars to The Hotel Network
☐ Please pass on my personal credit card details to the hotel to secure my reservation
☐ Please debit the following third party credit card by the amount indicated below (Minimum one night’s deposit)

☐ Visa  ☐ Mastercard  ☐ Bankcard  ☐ AMEX  ☐ Diners

Card Number: __________________________  Expiry Date: _____/_____

Amount $ __________ Name on card __________________________ Signature X __________________________

CANCELLATIONS & REFUNDS Cancellations received in writing by 15th August, 2006 will be accepted and fees refunded less a $55 administration fee. Cancellations made after 15th August, 2006 may attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to The Hotel Network.

Please complete and return this accommodation booking form with payment to:

Julia Brooke, Accommodation Manager

THEMHS Conference 2006

C/o The Hotel Network, PO Box 5580, West Chatswood, NSW 1515

Phone: 02-9411-4666  Fax: 02-9411-4243  Email: themhs@hotelnetwork.com.au
conference registration form

PLEASE REGISTER ONLINE
by Friday 18 August 2006 www.themhs.org

On site registrations may be available but please check with TheMHS Office before attending the conference.

Morning/afternoon tea and lunch are included in the registration fee. The Welcome Reception is included in the 3-day registration fee and the day only registration fee for Wednesday.

CONFERENCE REGISTRATION  Wednesday 30th August to Friday 1st September 2006

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| NOTE 1: ** Concessions are given to full time students/pension card holders/government beneficiaries/unemployed people. Please attach evidence (e.g. photocopy of pension card or student card) of concession/beneficiary status to the registration form.

10% Goods and Services Tax (GST) has been included in the above Australian dollar fees

PRE-CONFERENCE FORUMS  Tuesday 29th August 2006

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</tr>
</tbody>
</table>

| NOTE 2: # Limited concessions available for workshops – apply to TheMHS Office for details.

* Conference fees are designed to cover all costs, to provide subsidised concessions, and Australian GST. TheMHS is a not-for-profit organisation.

DINNER

<table>
<thead>
<tr>
<th>AUD</th>
<th>Amount Paid</th>
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<tbody>
<tr>
<td>$55</td>
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</table>

$Free

TOTAL $
conference registration form continued

Please print.

Surname
First Name
Organisation
Postal Address
Suburb/City State/Territory
Country Postcode
Ph (Work) Fax
Mobile Phone Ph (Home)
Email (Please write clearly)

Special Requirements (hearing loop, sign language interpreter, meals, wheelchair access etc)

How did you find out about this year’s TheMHS Conference?
- Colleague or friend
- Received brochure in mail from TheMHS
- Advertisement in journal/newsletter (please specify)
- TheMHS Website
- Other

METHOD OF PAYMENT

PAYMENT ENCLOSED (please tick your option)
- Australian dollar cheque/bank draft payable to The Mental Health Services Conference Inc
- Authority to charge my credit card account (Australian Dollar amount)

CREDIT CARD DETAILS
Please note that all credit card transactions are in Australian dollars, and that only the credit cards listed below are accepted.
- Visa
- Mastercard

Card Number: ___________________________ Expiry Date: ______ / ______
Amount $ ___________________________ Name on card ___________________________

Signature X

DIRECT DEPOSIT: If your organisation intends to pay by Direct Deposit, please ensure that TheMHS Office is notified of this ASAP, and quote Invoice Number.

PRIVACY STATEMENT
Your name and contact details will be used only to notify you of future mental health related events organised by TheMHS. If you do not wish to have your details used for this purpose please contact TheMHS office.

CANCELLATION POLICY
For refund of fees in the event of cancellation the following applies:
Fees will be refunded in full if TheMHS is notified by the 28 July 2006, 50% of fee will be refunded if notification is received by 4 August 2006. No refund will apply after the 4 August 2006 except at the discretion of TheMHS Management Committee.

REGISTRATION PAYMENT
PLEASE COMPLETE AND RETURN THIS REGISTRATION BOOKING FORM WITH PAYMENT TO:
TheMHS Conference,
PO Box 192, Balmain NSW Australia 2041
Ph: +61 (0)2 9810 8700 Fax: +61 (0)2 9810 8733 Email: info@themhs.org