

TACKLING VIOLENCE

Understanding, Preventing and Managing Aggression and Violence
in Mental Health Services.

Invitation to Sydney



Come to Bondi Beach in Sydney for the 8th Summer Forum. The Swiss Grand Hotel is situated right opposite one of Australia's most famous beaches. What better than an early morning dip in the ocean before the Forum begins each day, or a stroll along the beach at the end of the day? Bring your family or friends for a holiday before or after the Forum. The conference hotel has spectacular views over Bondi Beach and is within an easy walk of many local restaurants, cafés and bookshops.

Invitation to the 8th TheMHS Summer Forum

This 2 day Summer Forum will highlight presentations from experts in the field, giving information on the latest research evidence and stimulating debate on the best ways of de-escalating and preventing aggression and violence. The speakers will focus on the latest research, updates on best practice in service provision, perspectives on how national and local policies and strategies can make a difference, and personal perspectives.

For staff and clients violence and aggression is an all too frequent an occurrence in mental health settings. Why is this the case and what can we do about it? This is the focus of this two day Summer Forum.

The first day will focus on the debate over the relationship between mental disorder and violence. There is "enough research data to inform public policy on how to manage [people with mental illness] so as to reduce the chances of offending" (Mullen, 2001).

What research is available and how can it assist government policy and the mental health system to respond appropriately to violence and aggression?

The second day will focus on practical responses. Can aggression and violence be predicted and prevented? Just how reliable is the ability of mental health professionals to predict violence? Current estimates vary between 33% and 82% accuracy. On the other hand, is the current increased emphasis on risk assessment simply a reflection of an increasing uncertainty of living conditions today?

In the past, emphasis has been placed on skills to physically manage violence rather than to prevent violence. With adequate training and good work practices, mental health services can facilitate the recognition, prevention and management of violence and aggression.

Come to this Forum to learn about the most up-to-date evidence on understanding, preventing and managing aggression and violence in mental health services. It is a unique opportunity to share your experiences and learn from international and national experts.

PROGRAM

Thursday 23 February 2006

9.00am – 5.30pm

Speakers on Thursday include:

Professor Paul Mullen: *Anti-social and violent behaviours' association with mental disorder*

Professor Kevin Gournay: *Recognising and understanding violence and aggression – findings from the UK Report*

Professor Duncan Chappell: *Violence and the mental health workforce – from recent Taskforce survey.*

Joanne Baker: *Trends in assaults in the NSW population*

Jeffery Daniels, Daniel Nicholls, Mervyn Love:

Management of behavioural disturbance in psychosis: a naturalistic study

7.00pm Dinner

Friday 24 February 2006

9.00am – 4.30pm

Speakers on Friday will include:

Professor Kevin Gournay: *Preventing, reducing and managing aggression and violence – workforce and organisational redesign*

Professor Paul Mullen: *Can we prevent violent behaviour emerging in major mental disorders?*

Anna Saminsky: *What is important to consumers when developing state and national guidelines?*

David Chaplow: *The Forensic Framework – NZ government response the assessed risk*

Andrew Day & Sharon Casey: *Workshop on – Readiness for anger management*

Please see our website for program updates

ACCOMMODATION

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

All rates are per room per night only. Rates are in AUS dollars and include GST:

Swiss Grand Hotel, \$160.00 residential view
Bondi Conference Venue \$185.00 ocean view

PLEASE NOTE these rooms are single/twinshare rooms (ie no double bed)

A 4 star hotel and the conference venue situated on Campbell Parade opposite Bondi Beach. All rooms include small separate living area, bedroom, bathroom (both shower & bath), coffee/tea making facilities, 2 TV's, minibar, airconditioning, hair dryer, iron, sofa bed in living room area, in-room safe, internet. The hotel has 2 restaurants, 2 bars, laundry/valet service, 2 pools, health club. Complimentary parking for inhouse guests. Full breakfast \$18.00 (special rate for conference delegates). Limited availability of Ocean View Rooms.

The Bondi Hotel \$110.00 sgl/dbl/twin
Adjacent to conference Venue

Very basic 2 1/2 star budget "pub" style accommodation on Campbell Parade opposite Bondi Beach, next to conference venue. In room facilities include small bathroom (shower only), TV, telephone, coffee/tea making, fridge, iron. Single/double rooms have a double bed. Twin rooms have two single beds but rooms are cramped. No minibar or room service. Car parking is complimentary for guests but very limited.

Tiffany Apartments, \$142.00 1 Bedroom Apartment
Bondi Junction \$172.00 2 Bedroom Apartment

Stylish 1 & 2 bedroom apartments located in Bondi Junction approx 3kms from Conference Venue; 10 minutes by bus, or 5 minutes by taxi. These apartments are spacious with separate bedroom and bathroom (shower & bath). Fully equipped kitchen and laundry, lounge area with TV, dining area, balconies. Facilities include indoor heated pool, spa, sauna, gym, tennis courts.

NOTE: ROOMS SERVICED WEEKLY.

HOTEL BOOKING FORM

ONLINE BOOKINGS: WWW.HOTELNETWORK.COM.AU

THE HOTEL NETWORK ABN: 86 101 807 755.
ACCOMMODATION SECURITY DEPOSIT All rates include GST

Please reserve me a:

Single room Double room Apartment

Twin room sharing with _____

Smoking Non-smoking Disability access

Please tick

at Swiss Grand Hotel, Bondi Beach – residential view \$160.00 AUD

at Swiss Grand Hotel, Bondi Beach – ocean view \$185.00 AUD
(Limited Availability)

at The Bondi Hotel \$110.00 AUD

at The Tiffany Apartments, Bondi Junction – 1 Bedroom Apt \$142.00 AUD

at The Tiffany Apartments, Bondi Junction – 2 Bedroom Apt \$172.00 AUD

Check-In Date ____/____/____ Check-Out Date ____/____/____

No. of Nights _____

Name _____ Title _____

Organisation _____

Postal Address _____

City _____ State _____ Postcode _____

Country _____

Tel _____ Fax _____

Email _____

Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a credit card number which we can pass onto the hotel to secure your room. You are of course welcome to fully prepay if you wish.

NOTE: As standard policy hotels require a credit card or cash bond to be presented on arrival to cover any additional charges that may occur during your stay, even if your accommodation has been fully prepaid.

PAYMENT METHOD

I enclose a personal cheque for \$ AUD _____, made payable to The Hotel Network

I enclose a bank cheque for \$ _____, made payable in Australian Dollars to The Hotel Network

Please pass on my personal credit card details to the hotel to secure my reservation

Please debit the following third party credit card by the amount indicated below (Minimum one night's deposit)

AMEX Mastercard VISA Bankcard Diners

Name on Card _____

Signature _____

Card Number _____

Expiry Date ____/____/____ Amount \$ _____

Cancellations and refunds: Cancellations received in writing by 10th February, 2006 will be accepted and fees refunded less a \$55.00 administration fee. Cancellations made after 10th February, 2006 may attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to The Hotel Network.

Please complete and return this accommodation booking form with payment to:

Julia Brooke

Accommodation Manager

THEMHS Summer Forum 2006

**C/o The Hotel Network, PO Box 5580, West Chatswood,
NSW 1515**

Phone: 02-9411-4666 Fax: 02-9411-4243

Email: summerforum@hotelnetwork.com.au

DISCLAIMER: The information given by presenters at the conference does not represent the views of TheMHS, and does not constitute therapeutic advice.

INSURANCE: We strongly advise conference presenters to take out their own professional indemnity insurance and that delegates take out adequate medical, travel and personal insurance prior to the commencement of travel to cover any loss of fees, accommodation or airfares, should you be unable to participate in the conference for any reason. The conference will not be liable for any participant failing to take out their own insurance.

In the event of industrial action, force majeure or other unforeseen disruption, the conference organisers do not take responsibility for any loss of monies incurred by conference delegates. We strongly advise conference delegates to arrange their own personal insurance.

Delegates and other invitees must observe the requests and, or directions of TheMHS and, or staff of the venue.

SUMMER FORUM

REGISTRATION FORM

Please complete both sections of this registration form and send to TheMHS Conference

ONLINE CONFERENCE REGISTRATION IS AVAILABLE AT: www.themhs.org

Surname _____

First Name _____

Postal Address _____

City _____ State _____ Postcode _____

Country _____

Tel (W) _____ Fax _____

Tel (H) _____

Email _____

Name of Organisation (if any) _____

Special requirements (eg meals, wheelchair access)

Amount Paid \$AUD

Fee includes morning and afternoon teas, and lunches.

Full 2 day Fee \$495 \$ _____

Earlybird 2 day Fee (before Fri 20 Jan. 06) \$450 \$ _____

Dinner Thursday 23rd February \$50 \$ _____

(Please note: dinner includes cash bar for alcoholic drinks)

You are welcome to bring family or friends at a cost of \$50 per person

Names of Accompanying Persons attending dinner:

(Please specify if special dietary requirements)

1 _____ \$50 \$ _____

2 _____ \$50 \$ _____

TOTAL \$ _____

Above prices include GST

Please complete Method of Payment on next page

ABN: 53 621 201 979

PAYMENT ENCLOSED (please tick your option)

Australian dollar cheque/bank draft payable to The Mental Health Services Conference Inc.

Authority to charge my credit card account (Australian Dollar amount)

CREDIT CARD DETAILS

VISA Mastercard Bankcard
(No other credit cards are accepted)

Card Number

Expiry Date ____/____/____

Name on Card _____

Signature _____

Date ____/____/____

The number of places at this Forum are strictly limited, so please book and pay early to guarantee your place.

CANCELLATION POLICY: Fees will be refunded in full if TheMHS is notified in writing by the 20 January 2006, 50% of fee will be refunded if notification is received by 10 February 2006. NO REFUND will apply after 10 February, except at the discretion of TheMHS Management Committee.

Online registration and payments can be made via TheMHS website: www.themhs.org

OR

Please return this form with payment to:
TheMHS Conference

PO Box 192 Balmain NSW 2041 Australia

CLOSING DATE FOR REGISTRATION

17 February 2006

SPEAKERS

Keynotes



Paul Mullen, is Professor of forensic psychiatry at Monash University, Melbourne and Clinical Director of the Victorian Institute of Forensic Mental Health. His research interest is the relationship between mental disorder and violence, stalkers and their victims, and the long term effects of child abuse and threatening behaviour.

Professor Mullen will speak about: Anti-social and violent behaviours association with mental disorder; and about: Can we prevent violent behaviour emerging in major mental disorders?



Kevin Gournay works at Institute of Psychiatry (Kings College; University of London) and is a Chartered Psychologist and a Registered Nurse. He was an author of the report "The recognition, prevention and therapeutic management of violence in mental health care", prepared for the UK Central

Council for Nursing, Midwifery and Health Visiting. His research involvement includes CBT, violence, suicide, schizophrenia, medication, epidemiology and primary care. He undertakes policy work for the UK Department of Health, chairing a NICE panel on the management of violence and being an expert witness on PTSD and suicides and homicides by people with a mental illness. He has worked for the UK Joint Parliamentary Committee on Human Rights on the Deaths in Custody report.

Invited Speakers

INVITED SPEAKERS INCLUDE:

Joanne Baker,
Bureau of Crime Statistics and Research, Sydney, NSW

Jeffery Daniels, Daniel Nicholls, Mervyn Love,
Austin Hospital, Melbourne, VIC

David Chaplow,
Director of Mental Health, Mental Health Directorate,
Ministry of Health, NZ

Sharon Casey,
Lecturer, School of Psychology, Uni of SA, Adelaide, SA

Duncan Chappell,
Professor, lawyer and criminologist, current President NSW
Mental Health Review Tribunal, Sydney, NSW

Andrew Day,
Senior Research Fellow, School of Psychology, Uni of SA,
Adelaide, SA

Anna Saminsky,
Chairperson, NSW Consumer Advisory Group Mental Health
Inc., Sydney, NSW

Please see website for updated listings.



TheMHS - The learning network for improving mental health services in Australasia

TheMHS is an independent education, service development and networking organisation. TheMHS mission is to:

1. Recognise and promote quality collaborative research, practice, policy-making and education
2. Promote active involvement and inclusion of all mental health stakeholders
3. Advocate and promote leadership in the mental health field

PRIVACY STATEMENT

Your name and contact details will be used only to notify you of future mental health related events organised by TheMHS. If you do not wish to have your details used for this purpose please contact TheMHS office.

CLOSING DATE FOR REGISTRATION:

17 February 2006

On-site registration may be available, depending upon numbers - please check availability with TheMHS office before the commencement of the Summer Forum.

Cancellation policy - see registration form

REGISTRATION

The number of places at this Forum is strictly limited, so please book early to guarantee your place.

Please check website for further details about the Summer Forum.

Contact: TheMHS Conference
PO Box 192
Balmain NSW 2041
Australia

Phone: +61 (0)2 9810 8700

Fax: +61 (0)2 9810 8733

Email: info@themhs.org

Website: www.themhs.org



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CONFERENCE

TheMHS SUMMER FORUM 2006

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23 & 24 FEBRUARY 2006

SWISS GRAND HOTEL, BONDI BEACH, SYDNEY, AUSTRALIA

www.themhs.org