

TIME TO LISTEN TIME TO ACT

21 & 22 February 2008

THE SOCIAL
& EMOTIONAL
WELL-BEING
OF AUSTRALIAN
ABORIGINAL &
TORRES STRAIT
ISLANDER PEOPLES.



TheMHS SUMMER FORUM

Social and emotional well-being is central to the health of a nation. It is one of the biggest challenges in mental health in Australia today. Aboriginal people deserve excellent services whether they live in big cities or in remote communities. The 10th Annual Summer Forum will begin by asking these questions:

**HOW DO WE LISTEN?
HOW DO WE LEARN?
HOW DO WE CHANGE?
HOW DO WE ACT?**

TheMHS continues its mission to focus on the big issues and challenges in mental health in Australia and New Zealand. These forums raise issues, highlight problems and focus on future directions and examples of good practice and good research.

TheMHS Conference
PO Box 192 Balmain NSW 2041 Australia
Phone: +61 (0)2 9810 8700
Fax: +61 (0)2 9810 8733
Email: info@themhs.org

"The principles and strategies for effective action are known and the evidence for what will work is available. In the present rhetoric, it is the absence of responsibility, not the absence of evidence that impedes us now. All of us have responsibilities."

Professor Fiona Stanley, paediatrician and former Australian of the Year (Sydney Morning Herald, 31/7/07, p11)

www.themhs.org

**POWERHOUSE MUSEUM
GOLES THEATRE**

**500 HARRIS ST ULTIMO SYDNEY
AUSTRALIA**

Invitation to Sydney Come to TheMHS 10th annual Summer Forum to be held for the first time at the Powerhouse Museum which is located in Sydney's Darling Harbour. When you attend the Summer Forum you will also have the opportunity to visit some of the Museum's many exhibits (during your lunch time!). Its unique and diverse collections span history, science, technology, design, industry, decorative arts, music, transport and space exploration. The Powerhouse museum celebrates human creativity and innovation in ways that engage, inform and inspire diverse audiences. Nearby is Darling Harbour with shopping malls as well as: the Chinese Gardens; a myriad of cafés and restaurants; Australian National Maritime Museum; IMAX theatre; Sydney Aquarium; Sydney Wildlife World; The Outback Centre; and ferry, bus, tram and monorail services.

Who should attend this forum? This forum will be of interest to mental health program managers and directors, clinical leaders, researchers, educators and policy makers - whether you are indigenous or not, mental health consumer or carer (family) or clinician.

SPEAKERS



Helen Milroy

– is a descendant of the Palyku people of the Pilbara region of Western Australia. She worked as a General Practitioner and Consultant in Childhood Sexual Abuse at Princess

Margaret Hospital for Children. Helen is a member of the RANZCP committee for Aboriginal and Torres Strait Islander Mental Health; a member of the Royal Australasian College of Physicians' Aboriginal & Torres Strait Islander Health Committee. Currently Consultant Child and Adolescent Psychiatrist at Bentley Family Clinic and Families At Work residential programme; Associate Professor and Director for the Centre for Aboriginal Medical and Dental Health.

Topic: Children, transgenerational trauma and the well-being of indigenous communities



Tom Calma

– Aboriginal and Torres Strait Islander Social Justice Commissioner and Race Discrimination Commissioner; an Aboriginal elder from the Kungarakan tribal group

and a member of the Iwaidja tribal group (south west of Darwin & Coburg Peninsula, NT, respectively). He has developed employment and training programs for Indigenous people; managed the Community Development and Education Branch at Aboriginal and Torres Strait Islander Services (ATSIS) working with remote Indigenous communities; was a Senior Adviser and a senior diplomat to government.

Topic: Human rights, indigenous communities and social and emotional well-being.

This Summer Forum is organised by TheMHS Management Committee (Andy Campbell, Lynne Dunbar, Tom Brideson, Roger Gurr, Paula Hanlon, Douglas Holmes, Cathy Issakidis, Kevin Kellehear, Leonie Manns, Peter McGeorge, Marilyn McMurchie, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson) in partnership with Tom Brideson (NSW Aboriginal Mental Health Workforce Program) and Mary Guthrie (Australian Indigenous Doctors Association).

PROGRAM DETAILS: www.themhs.org



Coralie Ober

– Research Fellow, Queensland Alcohol & Drug Research & Education Centre (QADREC) Uni of Queensland. She co-developed and validated the Indigenous Risk Impact

Screen (IRIS) and Brief Intervention (alcohol/ drugs and mental health). She is a registered nurse; was a school Guidance Officer; worked in Queensland Corrective Services. She is Co-Deputy Chair of the National Indigenous Alcohol and Drug Committee (NIDAC); a member on the Board of the National Drug Research Institute (NDRI), Curtin Uni; member of the Indigenous Reference Group for the Alcohol and Drug Council of Australia (ADCA). Currently developing workforce training and capacity building for the Aboriginal & Torres Strait Islander Alcohol and Drug Community Workers.

Topic: Workforce development and capacity building – considerations for the future



Ernest Hunter

– Professor in Public Health University of Queensland, North Queensland Clinical School. He has worked for the last two decades in remote Indigenous populations across

northern Australia and is Regional Psychiatrist with Queensland Health and Adjunct Professor in the School of Population Health, University of Queensland based in Cairns.

Topic: Promoting mental health and wellbeing in remote communities: overcoming the digital divide

Tom Brideson – Statewide Coordinator for the Aboriginal Mental Health Workforce Program in NSW; actively involved with the Djirruwang Program since its inception in 1993 (Director 2002 – 2004); several years worked as an Aboriginal Mental Health Worker. Tom was the Assistant Director of the Social Health Section, Commonwealth Office for Aboriginal and Torres Strait Islander Health in Canberra. He holds a Diploma in Health Science (Mental Health) and a Bachelor of Arts (Welfare Studies).

Topic: Lessons from the current roll out of the Aboriginal Mental Health Workforce Program

Alan Rosen – is Director of Clinical Services, Royal North Shore Hospital and Community Mental Health Services, Associate Professor School of Public Health University of Wollongong, Clinical Associate Professor, Department of Psychological Medicine, University of Sydney; involved in community mental health services, research and education for over 25 years, nationally and internationally; regular visiting psychiatrist to Broken Hill and Wilcannia communities (NSW) for over 20 years.

Topic: What can the wider community learn from Aboriginal and Torres Strait Islander people?

A Representative of Australian Indigenous Doctors Association (AIDA) will speak at the Forum.

Evan Lewis – Mental Health Branch Manager, Department of Families, Community Services and Indigenous Affairs (FaCSIA)

Topic: Identifying national priorities and national programs that will make a difference

Lesley Podesta – First Assistant Secretary, Australian Office for Aboriginal and Torres Strait Islander Health (OATSIH), with responsibility for primary health care and intervention services for Indigenous people across Australia

Topic: Identifying national priorities and national programs that will make a difference

Accommodation

Online bookings can be made by visiting www.hotelnetwork.com.au

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network, on this form, to obtain the special conference rates. Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

PLEASE NOTE THE HOME AND GIFTWARE SHOW IS ON AT DARLING HARBOUR AT THE SAME TIME SO PLEASE BOOK YOUR ACCOMMODATION AS SOON AS POSSIBLE TO AVOID MISSING OUT.

All rates are per room per night only, single/double/twinshare unless otherwise specified. Rates are in AUS dollars and include GST:

Aspen Hotel

1 mins walk to Conference Venue
\$155.00 sgl/dbl/twin

Formerly the Mercure Hotel, this is a simple 3 star property located just up the street from the conference venue. In room facilities include large balconies, bathroom with shower over bath, TV, telephone, coffee & tea making facilities and fridge. Rooms have a queen bed and a single bed or a queen bed and sofa bed. General hotel facilities include a restaurant open for breakfast and dinner, room service, foxtel, internet connection and in-room safe. Secure underground parking is available - \$30.00 per night. Limited availability

Citigate Central Hotel

5 mins walk to Conference Venue
\$152.00 sgl/dbl/twin

This stylish 4 star property formerly know as The Carlton Crest has large rooms located close to Central Railway Station, Chinatown and Darling Harbour. In room facilities include broadband internet access, air-conditioning, iron and board, minibar, coffee & tea making facilities, and bathroom with shower over small bath. General facilities include wireless internet access in public areas, outdoor swimming pool, restaurant and lobby bar. Under cover car park at hotel provides parking at discounted rate of \$12.00 per 24 hour period for hotel guests - Limited availability. Smoking rooms are available on request

Oaks Goldsbrough

6 mins walk to Conference Venue
\$161.00 studio apartment
\$182.00 1 bed apartment

A 4 star apartment hotel situated in the heritage listed Goldsbrough-Mort woolstore. Studio apartments have a balcony overlooking an internal walkway, kitchenette, dining table and chairs, a king sized bed (or 2 x king single beds) and bathroom with shower only. One bedroom apartments have kitchen facilities, separate good sized living area, bedroom with queen sized bed and bathroom with shower over the bath. All apartments feature plasma TV, air-conditioning, iron and board, and laundry facilities. General hotel facilities include 2 cafes, internet café, convenience store, 25m indoor swimming pool, gym, sauna and spa. Breakfast vouchers for the café can be purchased from reception for \$10.00. Limited availability

NOTE: As standard policy hotels require a credit card or cash bond to be presented on arrival to cover any additional charges that may occur during your stay, even if your accommodation has been fully prepaid

Accommodation Booking Form



THE HOTEL NETWORK ABN: 86 101 807 755.

Accommodation security deposit. All rates include GST.

Please reserve me a: Apartment Single room Double room Twin room

sharing with _____

Smoking Non-smoking Disability access

Please tick

at The Aspen Hotel \$155.00 AUD
 at Citigate Central \$152.00 AUD
 at Oaks Goldsbrough – studio apartment \$161.00 AUD
 at Oaks Goldsbrough – 1 bedroom apartment \$182.00 AUD

Check-In Date _____ Check-Out Date _____ No. of Nights _____

Name _____ Title: _____

Organisation _____

Postal Address _____

City _____ State _____ Postcode _____

Country _____

Tel _____ Fax _____

Email _____

Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation (or full prepayment if you wish), or preferably, quote a credit card number which we can pass onto the hotel to secure your room. NOTE: As standard policy hotels require a credit card or cash bond to be presented on arrival to cover any additional charges that may occur during your stay, even if your accommodation has been fully prepaid.

Payment Method:

- I enclose a personal cheque for \$ AUD _____, made payable to The Hotel Network
- I enclose a bank cheque for \$ _____, made payable in Australian Dollars to The Hotel Network
- Please pass on my personal credit card details to the hotel to secure my reservation
- Please debit the following third party credit card by the amount indicated below (Minimum one night's deposit)

AMEX Mastercard VISA Diners

Name on Card _____

Signature _____

Card Number _____

Expiry Date _____ / _____ Amount \$ _____

Cancellations and refunds: Cancellations received in writing by 1st February, 2007 will be accepted and fees refunded less a \$55.00 administration fee. Cancellations made after 1st February, 2007 may attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to The Hotel Network.

Please complete and return this accommodation booking form with payment to:

Shahn Moseley

Accommodation Manager

THEMHS Summer Forum 2007

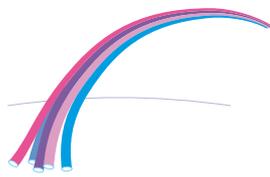
C/o The Hotel Network,

PO Box 5580, West Chatswood, NSW 1515

Phone: 02-9411-4666 Fax: 02-9411-4243

Email: summerforum@hotelnetwork.com.au

Summer Forum Registration Form



T H E M H S
C O N F E R E N C E

ONLINE CONFERENCE REGISTRATION: www.themhs.org

If you are not able to register online please complete this registration form and forward it with payment to reach TheMHS by 15 February.

Surname _____

First Name _____

Postal Address _____

Suburb/City _____ State _____ Postcode _____

Country _____

Phone Work _____ Home _____

Fax _____ Email _____

Name of Organisation (if any) _____

Special requirements (eg meals, wheelchair access) _____

*Fee includes morning and afternoon teas, lunches
and drinks/nibbles at the end of Thursday 21st.*

Amount Paid \$AUD

Full 2 day Fee \$550 \$ _____

Earlybird 2 day Fee \$510 \$ _____
(before Fri 18th Jan. 08)

Above prices include GST **TOTAL** \$ _____

Concessional registration fees are available (full-time students, unemployed people, pension-card holders, government beneficiaries) on request to TheMHS office at info@themhs.org

PLEASE NOTE: Registration will not be confirmed until payment in full has been received.

Method Of Payment ABN: 53 621 201 979

PAYMENT ENCLOSED (please tick your option)

Australian dollar cheque/bank draft payable to The Mental Health Services Conference Inc.

Authority to charge my credit card account (Australian Dollar amount)

Amount \$ _____

CREDIT CARD DETAILS

Visa Mastercard (no other credit cards are accepted)

Card number _____

Expiry date ____/____ Full name on card _____

Signature _____ Date ____/____/____

**Online registration and payments can be made via
TheMHS website: www.themhs.org
OR**

**Please fax or post this form with payment to:
TheMHS Conference
PO Box 192 Balmain NSW 2041 Australia
Fax: +61 (2) 9810 8733**

PRIVACY STATEMENT - Your name and contact details will be used only to notify you of future mental health related events organised by TheMHS. If you do not wish to have your details used for this purpose please contact TheMHS office.

INSURANCE - It is strongly recommended that delegates take out adequate medical, travel and personal insurance prior to the commencement of travel to cover any loss of fees, accommodation or airfares, should you be unable to participate in the conference for any reason.

DISCLAIMER - The information given by presenters at the conference does not represent the views of TheMHS, and does not constitute therapeutic advice.

In the event of industrial action, force majeure or other unforeseen disruption, the conference organisers do not take responsibility for any loss of monies incurred by conference delegates. We strongly advise conference delegates to arrange their own personal insurance. The conference will not be liable for any participant failing to take out their own insurance.

CLOSING DATE FOR REGISTRATION: 15 February 2008 - The number of places at this Forum is strictly limited, so please book early to guarantee your place. On-site registration may be available, depending upon numbers—please check availability with TheMHS office before the commencement of the Summer Forum.

CANCELLATION POLICY - Fees will be refunded in full if TheMHS is notified in writing by the 17 January 2008, 50% of fee will be refunded if notification is received by 7 February 2008. NO REFUND will apply after 7 February, except at the discretion of TheMHS Management Committee.

Please check website for updates about the Summer Forum.

Contact:

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TheMHS - The learning network for improving mental health services in Australasia

TheMHS is an independent education, service development and networking organisation.

TheMHS mission is to:

1. Recognise and promote quality collaborative research, practice, policy-making and education
2. Promote active involvement and inclusion of all mental health stakeholders
3. Advocate and promote leadership in the mental health field

CLOSING DATE FOR REGISTRATION 15 February 2008