

*Time to Listen, Time to Act:
the social and emotional wellbeing of Australian Aboriginal and Torres Strait
Islander Peoples*

**TIME
TO LISTEN
TIME
TO ACT**

Conference Program

**TheMHS Summer Forum
21-22 February 2008**

Powerhouse Museum



**The Mental Health Services Conference Inc
PO Box 192 Balmain NSW 2041 www.themhs.org**

Thursday 21 February 2008

8.15am **Registration** – enter through main entrance of Powerhouse Museum

9.00am **Session 01: Chair – Maree Teesson**

Welcome to Country –: Uncle George Fisher, Aboriginal Elder; Didjeridu: **Nathan Scott**
TheMHS welcome – Kevin Kellehear, Chairperson,
Introduction to Forum – Tom Brideson

9.30am **Session 02: Chair – Maree Teesson**

Human rights, Indigenous communities and social and emotional well-being.
Tom Calma, Aboriginal and Torres Strait Islander Social Justice Commissioner and Race
discrimination Commissioner

10.30am Morning Tea in Powerhouse Learning Centre

11.00am **Session 03: Chair: Kevin Kellehear**

Children, transgenerational trauma and the well-being of Indigenous communities
Helen Milroy, Consultant Child and Adolescent Psychiatrist at the Bentley Family Clinic
and Families At Work residential programme; Associate Professor and Director for the
Centre for Aboriginal Medical and Dental Health (CAMDH) at UWA.

12.00pm **Session 04: Chair: Kevin Kellehear**

Moe Milne, Maori mental health, past, present, future

12.45pm Lunch in the Powerhouse Learning Centre
you are welcome to wander through the Museum exhibits

1.45pm **Session 05: Chair – Tom Brideson**

Perspectives on social and emotional well-being - It's Time to Act
1. Dea Delaney-Theile, Chief Executive Officer, NACCHO
2. Glendra Stubbs, *NSW Link-up*

2.45pm Afternoon Tea in the Powerhouse Learning Centre

3.15pm **Session 06: Chair – Leonie Manns**

Identifying national priorities and national programs that will make a difference
1. Ian Boyson, Department of Families, Housing, Community Services and Indigenous
Affairs (FaHCSIA)
2. Lesley Podesta – First Assistant Secretary, Australian Office for Aboriginal and Torres
Strait Islander Health (OATSIH), with responsibility for primary health care

4.15pm **Session 07 – Chair: Leonie Manns**

***Launch of National Aboriginal and Torres Strait Islander Mental Health First Aid
Training and Research Program***
Len Kanowski
Performance by (Tongan) Popao Group, Waitemata Health, New Zealand

5.00pm Drinks, Degustazione in Powerhouse Learning Centre

6.00pm Close

Friday 22 February 2008

9.00am **Session 08: Chair – Cathy Issakidis**
Her Excellency Professor Marie Bashir, Governor of New South Wales.

9.30am **Session 09: Chair – Cathy Issakidis**
Promoting mental health and wellbeing in remote communities: overcoming the digital divide
Ernest Hunter, Professor in Public Health University of Queensland, North Queensland Clinical School and Regional Psychiatrist with Queensland Health

10.20am **Ineke Krom**, Aboriginal Health InfoNet

10.30am Morning Tea in Powerhouse Learning Centre

11.00am **Session 10: Chair: Vivienne Miller**
Workforce development and capacity building – considerations for the future
Coralie Ober, Research Fellow, Queensland Alcohol & Drug Research & Education Centre (QADREC) Uni of Queensland
Lessons from the current roll out of the Aboriginal Mental Health Workforce Program
Tom Brideson, Statewide Coordinator for the Aboriginal Mental Health Workforce Program in NSW

11.00am **Session 11: Chair: Len Kanowski**
From the edge of nowhere to the eye of the storm: Gubbah Psychiatrist talks about Indigenous mental health
Neil Phillips, community psychiatrist
What are the key elements of a good service?
Russell Roberts, Tuana Sanders, Greater Western Area Mental Health Service, NSW

12.30pm Lunch in the Powerhouse Learning Centre
you are welcome to wander through the Museum exhibits

1.30pm **Session 12: Chair: Peter McGeorge**
The Social & Emotional Wellbeing Program within the Co-operative Research Centre for Aboriginal Health
Vanessa Harris, Program Manager
Suicide Prevention
Michael Dudley, Psychiatrist; SPA

1.30pm **Session 13: Chair: Lynne Dunbar**
A Learning Guide: a process of cultural respect within a mental health service
Barbara Wieland, Zell Dodd, Jo Wilmott Elder, Anthea Kreig, Central Northern Area Health Service

3.00pm Afternoon Tea in the Powerhouse Learning Centre

3.30pm **Session 14: Chair – Tom Brideson**
What can the wider community learn from Aboriginal and Torres Strait Islander people?
Alan Rosen, Director of Clinical Services, Royal North Shore Hospital and Community Mental Health Services, Associate Professor School of Public Health University of Wollongong, Clinical Associate Professor, Department of Psychological Medicine, University of Sydney
Bringing it together – where to now?
1. Tom Brideson
2. Helen Milroy

Farewell: Aboriginal Elder: **Uncle George Fisher**; Didjeridu: **Nathan Scott**

TheMHS Summer Forum in 2009 will discuss Leadership in Mental Health Services. It will be held in late February.

Angels and Demons - Andrew Denton's Enough Rope filmed at **TheMHS annual conference** last September in Melbourne will be broadcast on **ABC TV at 9.30pm on Monday 31st March 2008.**