



T H E M H S
C O N F E R E N C E

PROGRAM

Tackling Aggression: let's understand, respond, prevent

TheMHS Summer Forum

24 - 25 February 2011

Parkroyal Darling Harbour

Sydney

Address for Communication: TheMHS Conference, PO Box 192 Balmain NSW 2041;

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During Forum use hashtag #SF2011

FOR YOUR DIARY:

TheMHS 21st Annual Conference 6 – 9 September 2011

Adelaide Convention Centre, South Australia.

Please submit your abstract online via TheMHS website prior to 11 March.

TheMHS Summer Forum

24 - 25 February 2011



PROGRAM: Thursday 24 February

8.00am

Registration desk opens

9.00am

CHAIR: Maree Teesson

Topic: *Understanding aggression: dealing with angry people*

Speaker: **Ron Diamond**, Medical Director of the Mental Health Centre of Dane County; Professor of Psychiatry at the University of Wisconsin; Consultant to the Wisconsin Bureau of Mental Health and Substance Abuse

Topic: *Substance abuse and violence and aggression*

Speaker: **Kathleen Brady**, Professor of Psychiatry at the Medical University of South Carolina, Department of Psychiatry and Behavioural Sciences

10.45am – 11.15am

Morning tea

11.15am

CHAIR: Maree Teesson

Topic: *Mending Maloney: trauma-informed care and its relevance to 'tackling aggression'*

Speaker: **Debra Wells**

Topic: NICE guidelines on violence (from the UK)

Speaker: **Kevin Gournay CBE**, Emeritus Professor, Institute of Psychiatry, Kings College, London; Chartered Psychologist; Registered Nurse

12.45pm – 1.45pm

Lunch

1.45pm

CHAIR: Leonie Manns

Topic: Ensuring the bricks and mortar support users' quality of life and mental health outcomes.

Speakers: **Penny Coombes** and **Gavin Adams**

Topic: Something to hold on to: Restraint and seclusion reduction in Australia

Speaker: **John Allan**

Topic: How Seclusion & Restraint is being addressed at St Vincents Hospital

Speaker: **Douglas Holmes**

3.45pm – 4.15pm

Afternoon tea

4.15pm CHAIR: Leonie Manns
Topic: Borderline Personality Disorder: understanding and responding to aggression
Speaker: **Ron Diamond**

5.15pm
Special Event: Announcement of Winners of National Standards for Mental Health Services
2010 **Poster & Video Competition**

5.30pm
Reception & Food for thought: Drinks, finger food, immediately following Poster Competition announcement (informal discussions with speakers; soft drinks and finger food supplied, cash bar for alcoholic drinks)

PROGRAM: Friday 25 February

8.30am
Registration desk opens

9.00am CHAIR: Kevin Kellehear
Topic: Medication can help, but in what circumstances and how should it be used?
Speaker: **Ron Diamond**

Topic: Nurses on the front line: a survey
Speaker: **Mary McLeod**

11.00 – 11.30 Morning tea

11.30am CHAIR: Vivienne Miller
Topic: Mental illness and violence: what's the evidence and how can we improve forensic outcomes for young people?
Speaker: **Rosemary Purcell**

Topic: Implications for workforce education
Speakers: **Kath Thorburn** and **Michelle Everett**

1.00 – 2.00 Lunch

2.00pm CHAIR: Maree Teesson
Topic: Violence and women, victimisation and PTSD
Speaker: **Kathleen Brady**

3.00 – 3.30 Afternoon tea

3.30pm CHAIR: Maree Teesson
Topic: International and local innovations in recognising, managing, preventing violence, 5 things we should do.
Speakers: **Kevin Gournay; Ron Diamond;** Final discussion

4.30pm Close

Tackling Aggression: Let's understand, respond, prevent

Aggression and violence is common within our general health care system, in emergency departments, in hospitals and in community care. It is also common in mental health care settings. It is an issue that is difficult to tackle.

This Forum examines the issues from the perspectives of both the individual and the system. Individually both clients and staff can experience violence. Systemically policy and procedures can either inhibit or promote the occurrence of aggression and violence.

This Forum focuses on what is happening in the mental health system, what research is available and what can be done to improve the system. It will explore the latest research findings on the relationship between mental health and aggression and violence, substance use and aggression and violence, the role of medication, the role of seclusion and restraint and how our workforce education system should respond. Aggression and violence can often be predicted and are often preventable. With adequate training and good work practices, mental health services can facilitate the recognition, management and prevention of aggression.

At this Forum you will to learn how to understand, prevent and manage aggression and violence in mental health services. It is a unique opportunity to share your experiences and learn from international and national experts; to hear about the latest research evidence; to participate in stimulating debates on the best ways of de-escalating, preventing and managing aggression and violence.

Visit the booths of:

The NSW Institute of Psychiatry
The Mental Health Co-ordinating Council
The Haven Project – Consortium
National Standards for Mental Health Services/NSW Health

Read the satchel inserts of:

Orygen Youth Health Graduate Diploma – University of Melbourne
Youth Mental Health First Aid Instructor Training Course – University of Melbourne
Mental Health First Aid Instructor Training Course – University of Melbourne
Australian Childhood Foundation, Victoria
TheMHS 21st Annual Conference in Adelaide
National Standards for MHS – NSW Health

National Standards for Mental Health Services 2010

The winners of the National Standards 2010 Poster & Video Competition will be announced at TheMHS Summer Forum by a special guest speaker, and winning entries will be displayed. The Competition invited entrants to design a poster or video to promote the National Standards to services, consumers and carers, with great cash prizes offered. Entries were collated and reviewed during December and January 2011, with the winners selected in early February by a panel of marketing and mental health experts that includes a consumer and carer.

