

## SPEAKERS SUMMER FORUM 2011

24-25 February

### KEYNOTE SPEAKER

## Ronald J Diamond



Once again Professor **Ron Diamond** returns to TheMHS Summer Forum. He is an engaging speaker with in-depth knowledge of clinical and system issues in mental health services.

For more than 30 years, Dr. Diamond has been involved in the community-based treatment of people with severe and persistent mental illness. He has taught and written on issues of staff training, ethics, staff roles, decreasing coercion, medication compliance, psychiatric administration and system design. For more than a decade, he has been interested in how to integrate concepts of recovery and cultural competence into day-to-day clinical practice. The Mental Health Center of Dane County is a national model in community psychiatry providing culturally competent services to both children and adults. His psychopharmacology book "Instant Psychopharmacology" was written for non-medical clinicians, consumers and family members. The third edition of this was published in 2009. His previous book, "Treatment collaboration, improving the therapist, prescriber, client relationship" was published in 2007. He is currently Medical Director of the Mental Health Center of Dane County, Professor of Psychiatry at the University of Wisconsin and Consultant to the Wisconsin Bureau of Mental Health and Substance Abuse

### He will talk on:

1. Dealing with Angry People
2. Chemical restraint: medication and aggression
3. Borderline Personality and aggression

INVITED SPEAKER

## Kevin Gournay



**Kevin Gournay CBE**, Emeritus Professor, Institute of Psychiatry, Kings College, London. He is a Chartered Psychologist and a Registered Nurse. He has extensive clinical experience in the treatment of anxiety disorders and has a large research portfolio on areas as diverse as CBT, violence, suicide, schizophrenia, medication, epidemiology and primary care. He manages research and training projects in Australia, Russia and several other countries. He is the author of 300 books, monographs, papers, chapters and major conference papers. He has other diverse interests in mental health including policy work for the Department of Health, chairing a NICE panel on the management of violence and being an expert witness on PTSD and suicides and homicides by people with a mental illness. He has worked for the UK Joint Parliamentary Committee on Human Rights on the Deaths in Custody report. He is President and founding Patron of No Panic (the UK's largest anxiety self help group). He is a frequent contributor to TV, Radio and newspapers. He was elected to Honorary Fellowship of the Royal College of Psychiatrists in 2002 for his outstanding services to Psychiatry,. Fellowship of the Academy of Medical Sciences in 2000 for his distinguished contribution to Medical Sciences, Fellowship of the Royal College of Nursing in 1998 and was appointed CBE in the New Year Honours in 1998/9. In 2004 he was elected as Psychiatric Nurse of the Year by the American Psychiatric Nurses Association.

### **He will talk on:**

The NICE Guidelines from the UK

INVITED SPEAKER

**Kathleen Brady**



**Kathleen Brady** is Professor of Psychiatry at the Medical University of South Carolina, Department of Psychiatry and Behavioral Sciences. She is well known for her research in the area of psychiatric comorbidity and substance use disorders and pharmacotherapy of substance use disorders. She has had a particular focus on the area of victimization and post-traumatic stress disorder in substance users, issues of particular importance to women. Her focus on psychiatric comorbidity in substance use disorders has led to investigations of gender-specific issues because of the high comorbidity of anxiety and affective disorders in substance-using women. Her recent research activities involve the interface between basic and clinical science investigating the mechanistic connection between stress and substance use disorders and in the translation of empirically-based treatments. She is the Principal Investigator and Director of the Southern Consortium of the NIDA Clinical Trials Network; Assistant Dean for Clinical Research at MUSC and the Director of the MUSC General Clinical Research Center (GCRC).

**She will talk on:**

1. Substance abuse and violence and aggression
2. Violence and women, victimisation and PTSD

**Debra Wells**

**Debra Wells** has run her own consultancy business in New Zealand for the past nine years. Her academic background is in Adult Education. She combines this with her personal experiences of 21 years as a user of mental health services. She has been involved in projects such as research, delivery of education and training, training materials development, auditing and service development. Her particular interests include Recovery and Trauma Informed Care. She is also interested in supporting mental health staff in knowing that they can make a difference in the lives of service users and encouraging them to make sure that this difference is positive.

**She will talk on:**

Experiences of trauma and abuse: trauma-informed care

## **Penny Coombes, and Gavin Adams**

**Penelope Coombes** is Co-founder and Managing Director, The People for Places and Spaces. PPS specialises in collaborative place-making, urban revitalization and design facilitation to ensure cities, towns, streets and buildings are user-friendly and realise their potential. Over the last 28 years, PPS has completed projects in all states of Australia, and in New Zealand, Asia, USA and in Europe. Penny has been a consultant to the United Nations, World Health Organization, governments, private sector and voluntary organizations. Prior to founding PPS, she was Foundation Head, School of Occupational Therapy, Cumberland College of Health Sciences (now University of Sydney) and held clinical, leadership and academic roles in Australia, Hong Kong, USA and UK. She is a Board Member Queensland Urban Places Board and Australian Institute for Urban Studies.

**Gavin Adams** is a registered architect with experience in the design and delivery of Mental Health projects. Gavin is a Principal of Woodhead based in their Brisbane office and is the deputy leader for the National Woodhead Health Portfolio. Woodhead is a leading architecture, interiors, and planning company with more than 80 years in the architectural profession. Woodhead is based throughout Australia, Asia and Europe with associations and partnerships worldwide. Woodhead's design approach creates multi-sensory, engaging and memorable places that are functional at their core. Gavin has a broad range of health project experience from masterplanning hospital campuses to the delivery of projects. Gavin has been involved in the planning of numerous Mental Health projects including the design of facilities for children and adolescents, adult acute units, medium secure units and secure units.

**They will talk on:** Ensuring the bricks and mortar support users' quality of life and mental health outcomes

**John Allan and Douglas Holmes**

**John Allan** is the NSW Health Chief Psychiatrist and Associate Professor at the University of New South Wales. He is also a member of the Australian Safety and Quality Partnerships Subcommittee which has overseen the National Seclusion and Restraint Reduction Project. He is a former Mental Health Service Director and still a practicing clinician.

**He will talk on:**

Something to hold on to: Restraint and seclusion reduction in Australia

**Douglas Holmes** works as the Consumer Participation Officer for St Vincents Hospital in the O'Brien Centre, Alcohol, Drug & Mental Health Program.

**He will talk on:**

How Seclusion & Restraint is being addressed at St Vincents Hospital.

**Mary McLeod**

**Mary McLeod** is a registered nurse and midwife, specialising in Occupational Health and Safety (OHS) and the prevention and control of workplace injuries in the human services sector. Mary has extensive experience as an OHS coordinator, rehabilitation provider and OHS consultant in the public and private sectors, including WorkCover NSW. Mary's current role as OHS Professional Officer with NSW Nurses' Association has provided the opportunity to explore a number of OHS challenges facing the contemporary nursing workforce, particularly mental health.

**She will speak on:**

Survey of the nursing workforce

## **Rosemary Purcell**

Associate Professor **Rosemary Purcell** (M/Psych, PhD) is a Principal Research Fellow and Team Leader of the Centre of Excellence in Youth Mental Health at Orygen Youth Health Research Centre, Melbourne. She oversees a large program focusing on the mapping, translation and implementation of evidence relating to treatments for mental health problems in young people aged 12-25 years. Before joining Orygen in 2005, Rosemary worked as a forensic psychologist at the Victorian Institute of Forensic Mental Health, specializing in the assessment and treatment of stalking victims and stalkers. Among her current research interests is early intervention among juvenile offenders and reducing violence and offending among patients experiencing first-episode psychosis/.

### **She will talk on:**

Mental illness and violence: what's the evidence and how can we improve forensic outcomes for young people?

**Kathleen Thorburn and Michelle Everett**

***Kath Thorburn*** B. App. Sc. (OT), M. Ed (Adult Education) Mental Health Educator and Consultant, and Senior Occupational Therapist (Mental Health) with Sydney West Area Health Service, Kath has 20 years experience in mental health, and a demonstrated commitment to understanding the concept of recovery and its implications for mental health work. Kath has played a major role in the transformation of post-graduate mental health course curriculum to reflect and support a recovery-orientation as well as extensive experience in the design and implementation of workshops and training on recovery and recovery oriented practice for public mental health services and NGOs.

**They will talk on:**

Implications for workforce education