<table>
<thead>
<tr>
<th>Number and Name of Original Issue</th>
<th>Issue (10): ECT</th>
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<tbody>
<tr>
<td>Description of Issue</td>
<td>Unfair and inappropriate detention, treatment and administrative orders to force treatment such as electro-convulsive treatment (ECT)</td>
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<td>Description of Issue Adjustment Recommendation:</td>
<td>NO suggestion for title change for issue 10</td>
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<td>Legislative Frameworks be reviewed to protect the rights of people being administered Electro Convulsive Therapy (ECT)</td>
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<td>Prepared by</td>
<td>Paula Hanlon &amp; Michael Appleton and finalized by the working group on 11/05/2012</td>
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Group 10 made the following recommendations

**Rec No 1:** One National Mental Health Act with prescriptive legislative requirements to comply

**Rec No 2:** Right of consumers to have full and timely 2\textsuperscript{nd} assessment by a second psychiatrist external to the service (no cost & Dr of choice)

**Rec No 3:** Automatic availability of consumer advocate external to the service

**Rec No 4:** 1. Admin order with 1. Always least restrictive option and individualized plan. 2. Respectful process with independent consumer advocate with greater flexibility 3. Accountability of Board, i.e. no. of orders, no.s off orders, no.s managed

Janne McMahon was the Recovery Bus Coordinator for the group. Janne’s email address is jmcmahon@senet.com.au

**Feedback since the Consumer Day:**

Since the 2010 Sydney TheMHS Consumer Day 60 people have responded through survey monkey 11 people responded to this issue with 11 agreeing and 0 people disagreeing with the recommendations put forward by the working group.

4 people made comments on the recommendations

**Comments**

We have reviewed the 4 comments supplied through Survey Monkey and suggest that this issue is still relevant because consumers are still having issues accessing relevant wellbeing and recovery activities and groups.

**Rewording suggestions for Recommendations:**

**Rec 1:** Consumers to be afforded the right to have a full and timely second opinion by a psychiatrist of their choice at no personal cost, if they are to be administered electro convulsive therapy (ECT)

**Rec 2:** A review of accountability for administering ECT in Legislation and Guidelines for visiting medical officers in inpatient care.

**Rec 3:** Mental Health Legislation and Service Policies and Guidelines in relation to the administration of ECT to include the right to advocacy (peer or person of the individual’s choice). These services to be available in all inpatient and community sectors.
**Rec 4:** An education package (including DVD, written materials) be developed to educate consumers and carers to allay the fears and myths with the administration of ECT. These to be available in different languages and culturally appropriate.

**Other issues for working party consideration/discussion:** The working group need to be aware of:

Unfair and inappropriate detention, treatment & ECT were mentioned in the 2000 report, but the current description is more about legislations, advocacy and administrative orders. Do we want to include recommendations within this issue?

All references to the original recommendation 4 have been moved to issue 14 –Lack of Legislation.