The Mental Health Services Conference Inc. of Australia and New Zealand

CONFERENCE

PROGRAM

TheMHS– Auckland 2008

2 – 5 September 2008
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Please check Notice Board for any last minute Program Changes

Current as at 16.7.2008
TheMHS Conference Program Auckland 2008

Wednesday 3rd September 2008

S01 Opening: Mihi whakatau
S02 MHS Achievement Awards Ceremony: Presenter Dr Janice Wilson, Deputy Director General, Population Health Directorate, New Zealand Ministry of Health
In ASB Theatre
3/09/08 Time 0915 - 1000

S03 Keynote – Antony Sheehan – Personalising Mental Health services ... The Only Future for Policy and Practice
Keynote Speech: in ASB Theatre
3/09/08 Time 1000 - 1100

1100 – 1130 Morning Tea in Air New Zealand Foyer

S04 Mental Health Promotion/Preventative Mental Illness
Paper 20 Minutes: in ASB Theatre
3/09/2008 Time 1130 - 1300
Mental Health Promotion: Concepts, Evidence and Practice.
Margaret Barry

S05 Asian Communities’ Mental Health
Paper 20 Minutes: in Lower NZI 1
3/09/2008 Time 1130 - 1300
Engaging Chinese Immigrant Communities to Counter the Stigma and Discrimination Surrounding Mental Illness; Kai Xin Xing Dong Programme.
Ivan Yeo  Nicki Jackson  David Lee
Culturally Responsive Community Support AMHS Asian Responsive Team.
Ruth Williams  Donna Galvin  Haygun Kim
Asian Mental Health: Training and Development for Real Skills
Samson Tse  Amritha Sobrun-Maharaj  Shoba Nayar

S06 Children and Youth
Paper 20 Minutes: in Lower NZI 2
3/09/2008 Time 1130 - 1300
Improving relationships with Child Protection Services to create better outcomes for clients who have mental illness and their families.
Stephen Cochrane
Changing to a Youth Mental Health Framework: the NSW Youth Mental Health Service Model - Central Coast Pilot and headspace Central Coast Projects.
Deb Howe
Linda Leatherbarrow

S07 Maori Mental Health
3/09/2008 From: 1130 To: 1300 Venue: Lower NZI 3
Paper titles were not available at time of printing. Please check notice board.

S08 Working with Voices
Workshop 1.5 Hrs: in Limelight 2
3/09/2008 Time 1130 - 1300
Working with Voices; Working with Distressing Beliefs.
Patte Randal  Debra Lampshire  Janette Symes
**S09  Peer Worker Workforce**
Paper 20 Minutes: in Upper NZI 4  
3/09/2008 Time 1130 - 1300  
**Be the Change you Want - Workforce Ingenuity:** If you can’t beat ‘em, join ‘em  
Patricia Sutton   Anne Barbara   Lyn Flavel   Stella Stavoukis  
**Community Peer Worker Program Valuing the Lived Experience.**  
Trish James   Kyp Boucher   Sandra Miller  
**Peer Specialist & Carer Consultant Project 2008 .Recovery and Beyond - The Journey Continues:** Resilience of lived experience staff & the challenges of working in the mental health environment  
Paul Nestor  

**S10  Snapshots**  
Snapshots - Brief Papers 10 minutes: in Upper NZI 5  
3/09/2008 Time 1130 - 1300  
**Harnessing Talent at The Richmond Fellowship of NSW.**  
Valli Beattie  
**Young People Speaking Out Loud.**  
Karyn Hart  
**Supporting Families Family Peer Support Program.**  
Jade Caulfield  
**Strengthening the family/whanau voice when their worst fears are realised.**  
Leigh Murray  
**Key words:** Dual diagnosis   key directions   PDRS  
Bernard Heaney  
**Southern Youth Life Skills: Understanding the possibilities for change:**  
Reconnecting to the community  
Lauren Stanley   Glenda Lanson  
**Embedding a public health approach to mental health within a Family Relationship Service.**  
Reima Pryor   Karen Field  
**Participating in Partnership CAMHS and Family/Whanau Working Together.**  
Trish Lumb  

**S11  Cannabis Update**  
Workshop 1.5 Hrs: in Upper NZI 6  
3/09/2008 Time 1130 - 1300  
**NCPIC Workshop:** Cannabis and mental health: An update.  
Paul Dillon   Amie Frewen   Greg Martin  

**S12  Access to Employment**  
Paper 20 Minutes: in Limelight 1  
3/09/2008 Time 1130 - 1300  
**Putting the Evidence to Work:** Improving access by mental health consumers to employment.  
Amanda Greaves  
**PATHS: Collaboration in Action**  
Valerie Little  
**Implementing and delivering best evidence based practice in gaining and maintaining employment for people with an enduring mental illness - a CHANGE that WORKS!**  
Sean Hegarty   Gafa Tuiloma
S13 Supporting Families
Paper 20 Minutes: in Goodman Fielder Room
3/09/2008 Time 1130 - 1300
Family Connections Can Family Support following Recent-Onset Psychosis be Delivered by Correspondence?
Angela Maree White  Frank P. Deane  Trevor Crowe  David Kavanagh
Including Families and Social Networks Responses from the AOD Workforce to Family Inclusive Practice Training.
Trish Gledhill
SANE Australia Mental Illness Bereavement Project. Taking action to improve bereavement services and supports available for family and friends of people with a mental illness who die by suicide or go missing.
Barbara Hocking  Sarah Coker

1300 – 1400 Lunch in Air New Zealand Foyer

S14 Deafness and Mental Illness
Paper 20 Minutes: in ASB Theatre
3/09/2008 Time 1400 - 1500
Signs of development - promoting Mental Health as a specialty field for Sign Language Interpreters.
Daniel Hanks
Building a partnership - The benefits of cultural and mainstream collaboration. A case study in mental health services for Deaf people in New Zealand.
Anna Dubbelt

S15 Optimal Medication Management
Paper 20 Minutes: in Lower NZI 1
3/09/2087 Time 1400 - 1500
The National Register of Antipsychotic Medication in Pregnancy (NRAMP).
Heather Gilbert
Clozapine - a wholistic approach to optimal patient management. Taking responsibility for management of risk factors for Ischemic Heart Disease (IHD) in Consumers on clozapine treatment.
Joe Chuong  Hannah Rose  Beverley Pearson  Judith Daisley  Lilia Polewski  Kylie Stewart

S16 Young People
Paper 20 Minutes: in Lower NZI 2
3/09/2008 Time 1400 - 1500
Looking Out 4 U: Engaging the adolescent carer and their parent/s.
Jane Maher

S17 Cultural and Clinical Healing
Symposium 1 Hr: in Lower NZI 3
3/09/2008 Time 1400 - 1500
Te Aramukawharoaroa The Pathfinder.
Egan James Bidois  Wiremu Nia Nia

S18 Without Seclusion
Workshop 1 Hr: in Limelight 2
3/09/2008 Time 1400 - 1500
Without Seclusion What.
Anne Helm  Jim Burdett
S19  Postnatal Depression  
Paper 20 Minutes: in Upper NZI 4  
3/09/2008 Time 1400 - 1500  
ProCare post-natal depression screening programme supporting General Practice to better identify and manage PND.  
David Codyre   Kate Moodabe  
Research to Policy to Practice; the making and implementation of a National Action Plan for ante and postnatal depression.  
Carol Bennett  

S20  Difficult Issues  
Paper 20 Minutes: in Upper NZI 5  
3/09/2008 Time 1400 - 1500  
Deinstitutionalising Victoria: Society, Mental Illness, and Police Shootings in the 1990s.  
Piers Michael Gooding  
Could it be the last frontier? Evaluating a high prevalence disorders service for homeless men.  
Stephen Edwards   Rachel Gay  

S21  Child and Adolescent Workforce Support  
Symposium 1 Hr: in Upper NZI 6  
3/09/2008 Time 1400 - 1500  
Watch This Space: An integrated package of support for workforce development in Child and Adolescent Mental Health Services.  
Helen Telford   Chris Haddock   Bronwyn Dunnachie  

S22  Regional Workforce  
Workshop 1 Hr: in Limelight 1  
3/09/2008 Time 1400 - 1500  
Regional Ingenuity with workforce development.  
Janet Edmond   Stuart Gray   Emma Wood   Mandy Lacy  

S23  Intersectorial Networking  
Paper 20 Minutes: in Goodman Fielder Room  
3/09/2008 Time 1400 - 1500  
Mental Health and Wellbeing: Developing a Shared Understanding Across Sectors.  
Jennie Parham  
Future Directions - A Mental Health Networking Success.  
Richard Benjamin Harris   Chris Nolan   Chirs McArthur  

1500 – 1530  Afternoon Tea in Air New Zealand Foyer  

S24  Government Directions  
Paper 20 Minutes: in ASB Theatre  
3/09/2008 Time 1530 - 1700  
FaHCSIA Funded Mental Health Services - creating change through flexible service delivery.  
Carol Brain   Evan Lewis  
Rethinking the mental health workforce - Australian Government initiatives.  
Nathan Smyth  
The New Zealand Context - Mental health and addictions services and workforce development.  
Angela Moorhouse   Joan Mirkin
**S25**  **Recovery Journeys**  
Paper 20 Minutes: in Lower NZI 1  
3/09/2008 Time 1530 - 1700  
**Being the Conductor of our own Change and Growth in the Recovery Journey.**  
Paula Hanlon  Phillip Buckle  
**From Self-Harm to Recovery - the Change Process from a Consumers Viewpoint**  
Paula Hanlon  Meredith Cooper  
**Recovery and authenticity: the journey.**Answering the tough questions.  
Sonja Goldsack

**S26**  **Work Practices and Education**  
Paper 20 Minutes: in Lower NZI 2  
3/09/2008 Time 1530 - 1700  
**Being the change: consumers and carers as partners in research and evaluation.**  
Anna Crowley  Lei Ning  Rosemary Callander  
**Minestrone, it takes a lot of ingredients to get it right.**  
Lyn Dawson  Al Wadsworth  
**Shared Client Planning.**  
Paul Thorpe  John Hermans

**S27**  **Lived Experience**  
Paper 20 Minutes: in Lower NZI 3  
3/09/2008 Time 1530 - 1700  
**I remember it like it was yesterday: Being diagnosed. Helpful or harmful?**  
Debra Wells  Tess Moeke-Maxwell  
**Living an experience, and much more than that.**  
Rhonda Clare Wilson  Linda Weedon  
**Count Me In.**  
Douglas Holmes  Carli McIntyre

**S28**  **Pacific Peoples Consumer Leadership**  
Workshop 1.5 Hrs: in Limelight 2  
3/09/2008 Time 1530 - 1700  
**Voices from the New Taro Plantation - Consumer Leadership: The untapped resource in Mental Health in NZ - expert views from Pacific peoples leaders and consumers.**  
Tuiloma Lina-Jodi Vaine Samu  Ta'i Richard  Seiuli Papali'i Johnny Siaosi  Maria Glanville

**S29**  **Best Practices for Alcohol and Other Drug Treatments**  
Paper 20 Minutes: in Upper NZI 4  
3/09/2008 Time 1530 - 1700  
**Restructuring a dual diagnosis inpatient program: changing culture through developing an evidence-based program and challenging institutional practices and assumptions.**  
Patrizia Fiorillo  Samar Zakaria  
**Ensuring workforce competency in models of best practice within an Alcohol and other Drugs treatment setting.**  
Catherine Kissel  Debby Sutton  
**The relationship between workers alcohol and drug use and psychological distress: Evidence for the potential of the workplace as a mental health intervention setting.**  
Ken Pidd  Ann Roche  Victoria Shtangey  

TheMHS Conference Program Auckland 2008
S30 Snapshots
Snapshots - Brief Papers 10 minutes: in Upper NZI 5
3/09/2008 Time 1530 - 1700
The Cairns Experience: Emerging role of a Drop-in Centre catering to the needs of consumers in the community: Consumers perspectives
Nancy Sippala    Adrian Manier
‘Coming out’ with a mental illness: Employees modelling ‘engaged citizenship’ to make workplaces mentally healthy places to be.
Annie Southern
Misfits - Square Pegs in Round Holes.
Trevor Brown
Both Sides of the Story.
Jodi Bateman    Eila Lyon
What is a Consumer Mental Health Worker?
Neil Turton-Lane    Jeff Galvin
Translating lived consumer and carer experience into practical outcomes.
Chris Alliston    Paola Mason
Consumer and NGO Representation and Advocacy for Change
Samantha Battams

S31 Shaping Services and Innovative Leadership
Paper 20 Minutes: in Upper NZI 6
3/09/2008 Time 1530 - 1700
Innovative Leadership through Reflective Practice.
Sallyanne Miller    Lisa Soares
Shaping Services in the Mental Health and Addictions Sector. Nationwide Services Framework Project.
Rozlyn Karen Sorensen
A Partnership Leading to Better Practice: Pursuing the National Mental Health Plan for Victorians with a Intellectual Disability and Mental Illness.
Felicity Lawrence

S32 Enhancing Care Planning
Paper 20 Minutes: in Limelight 1
3/09/2008 Time 1530 - 1700
Meeting the needs of long term service users: the ‘Knowing the People Planning’ system and enhancing system responsiveness.
Jo Adams    Punam Dahya
It’s My Care Plan. A state wide initiative to standardise and improve consumers care planning in South Australia.
Sarah Ann Anstey    David Hockley    Liz Prowse    Darryl Watson
The Recovery Plan: How does it work in NSW?
Lynda Hennessy    Irene Constantinidis

S33 Innovative Alternatives
Paper 20 Minutes: in Goodman Fielder Room
3/09/2008 Time 1530 - 1700
Smile a dog has come to visit you,
Deb Christensen
A pilot study evaluating the effect of massage therapy on stress, anxiety and aggression on a young adult psychiatric inpatient unit.
Lisa Phillips
Inspiring Wellbeing through Creativity.
Erwin van Asbeck    Robyn Smith    Trish Hall
S34 Posters
Poster: in Owens Foyer
3/09/2008 Time 1700 - 1800
Evolving new roles in workforce development
Ines Ford-Bruins
Recovery Stories Posters.
John Spiteri   Nadia Garan
Therapy Aides Working Together Towards Consumer Recovery.
Lyrlene Briscoe   Kym Johnson
NgOIT 2007 Workforce Survey.
Marion Blake   David Bradley
A Participatory Research Design to Promote Recovery and Hawaiian Natives
Mental Health Wellbeing.
Jean-Francois Pelletier   Steven J. Onken
Where Did We Go Right. Facilitating a Transition to Recovery-Orientated Services.
Claire Moore   Caroline Mellers
Trish James   Mark Hosken   Kave Semmens
Aboriginal Health Everyone's Business
Wayne Oldfield   Mary Graham   Sue Edwards
A Cute Service.
Bruce Dumper   Johnny Angel   Make Mesui   Francis Arts   Fiona Warwood   Carlos Tuiletufuga   Daphne James
Peers-Our Future Workforce A Celebration.
Emma Wood   Carolyn Swanson   Cassandra Laskey
Vocational Journeys of People with Mental Illness.
Julie Ann Netto   Errol Cocks
The Pathways of empowerment in the journey of recovery. The Day to Day Living Program.
Tim Fong   Dianne Carson
Mental Health Professionals achieving consumer centred care.
Kristina Judd
Tu Tangata Tonu: Developing a Programme to meet the needs of Children of Parents with Mental Illness (COPMI) within Auckland District Health Board.
Seema Woollaston   Luci Falconer
Consumer Participation: Consumers on all Mental Health Services Recruitment Panels.
Shirl Corles-Davis
Launching Peers: The development of a website for peer workers and their employers.
Carmen Franke
Addressing THe Information Needs Of Carers Of A Person With A Mental Illness.
Anne Rhodes-Andrew   Stav Statathopoulos   Lyn Jesson
Creating,Promoting and Leading Change by a Consumer Advisor Team Working in a District Health Board.
Ana Sokratov Cathy Hotere Jan Gordon-Walters Sharon Baillie Renee Mathews
The perceptions of client initiated aggression among Otago support workers: rates and reactions.
Christopher Gale   Nicola Swain-Campbell   Annette Hannah   Andrew Grey

Achievement Awards posters displayed in the same venue
TheMHS Conference Program
Thursday 4th September 2008

S35 Keynote - Hinemoa Elder
Keynote Speech: in ASB Theatre
4/09/2008 Time 0900 - 1000
Reflection on a Theme: Being Change without the Verb 'To Be'
1000 – 1030 Morning Tea in Air New Zealand Foyer

S36 Promotion of Mental Health
Paper 20 Minutes: in ASB Theatre
4/09/2008 Time 1030 - 1230
Fighting Shadows: Self-stigma and mental illness.
Alex Barnes   Debbie Peterson
Beyondblue a national approach to carer involvement in awareness raising of depression.
Nicole Hightet   Lyn Chaplin
Beyondblue a national approach to changing depression awareness, knowledge and attitudes.
Nicole Hightet
Like Minds Like Mine Programme: Phase Four; Communicating the move from awareness-raising to changing behaviors.
Dean Manley   Darryl Bishop

S37 Pacific Peoples’ Mental Health
Paper 20 Minutes: in Lower NZI 1
4/09/2008 Time 1030 - 1230
Paolo Protective factors from Suicide and Mental Illness for Pacific people
David Lui
Maka Workforce ingenuity: the case of the Pacific Clinical Advisor at the Werry Centre for Child and Adolescent Mental Health.
Mali Erick
The Popao Recovery Model - A Pacific recovery approach for health.
Taitoko Tafa   Manu Foto
Listening to the Voices of change Theme
Josephine Gray   Matua Viliami Finau   Jeff Cummings   Sarah Halatutavaha   Ane Enosi   Dwaine Faleatanoai   Faavae Simamao

S38 Primary Care and Community Options
Paper 20 Minutes: in Lower NZI 2
4/09/2008 Time 1030 - 1230
Primary Lifestyle Options an innovative, client centered, early community intervention.
Angela Verhoeven   Jill Calveley
CCM-Depression improving outcomes for people with depression in primary care, using chronic care management methods.
David Codyre   John Cosgriff
Let Forty One Flowers Bloom: Evaluation of Primary Mental Health Initiatives in New Zealand.
Tony Dowell
Primary Mental Health Initiatives: Nurses New Roles in interdisciplinary Mental Health Service Delivery.
Eileen McKinlay   Sue Garrett   Tony Dowell   Sunny Collings   Lynn McBain   James Stanley
**S39 Reducing Seclusion and Restraint**  
Paper 20 Minutes: in Lower NZI 3  
4/09/2008 Time 1030 - 1230  
**Early Response, who are you going to call.** The introduction of an Early Response Team to assist in the reduction and understanding of Seclusion practice in an Acute Inpatient Service.  
Anna Love  Bridget Hamilton  
**Culture Change and Reduction of Restraint and Seclusion.**  
David Orwin  Lynette Harrison  
**Seclusion: Time for Change – Seclusion and restraint reduction initiatives in New Zealand mental health services.**  
Monika Divis  Jenny Long  
**Implementing a Plan to Reduce the use of Seclusion and Restraint on Patients Referred by Police.**  
Reshin Maharaj  

**S40 Symposium 1: Operationalising Recovery.  Symposium 2: Contemporary Challenges**  
Symposium 1 Hr: in Limelight 2  
4/09/2008 Time 1030 - 1230  
**How Do You Operationalise Recovery?**  
Peter McGeorge  Douglas Holmes  
**Penina Uliuli: Voicing the Unspoken in Pacific Mental Health.**  
Margaret Nelson Agee  Seilosa Patterson  David Lui  Cabrini ‘Ofa Makasiale  

**S41 Social Inclusion**  
Paper 20 Minutes: in Upper NZI 4  
4/09/2008 Time 1030 - 1230  
**Social Inclusion and mental health: evidence into practice.**  
Jenna Bateman  
**Be the change you want: Social participation for people with mental illness. A multi-faceted health promotion program at a meso-community level.**  
Gerard Michael Reed  Denise McAtee  
**Makshivim - An Interactive Online Project to Promote Recovery & Social Inclusion of Persons with Psychiatric Disabilities.**  
Eitan Ben-Itzhak Klutch  Daniel Cochavy  
**Realism or Remedy- Where does social inclusion fit in 'our' lives.**  
Kylie Griffin  Anna Farrell  

**S42 Snapshots**  
Snapshots - Brief Papers 10 minutes: in Upper NZI 5  
4/09/2008 Time 1030 - 1230  
**Aboriginal Health Everyone’s Business.**  
Wayne Oldfield  Mary Graham  Sue Edwards  
**Beach and Brunch. Clinicians have assets to help clients use health opportunities in the community while Local governments are charged with providing services to marginalised groups.**  
Jonathan Smith  
**Peers make a difference. Integrating mental health peer work into the workplace.**  
Carmen Franke  Kate Biedrzycki  
**Old problems, New Models-Developing a sustainable workforce through diversity and partnerships.**  
Fiona Helen Little  
**Training of the Psychiatric Registrars in Transcultural Psychiatry: Challenges in the new era of Globalization.**  
Can Tuncer
Assessing the attitudes and perceptions of staff towards Meal Support Therapy in an Adolescent Inpatient Psychiatric Unit.
Catherine Keen  Candice Huygen  Francis McNamara  Chris Pavlou

The Synergy Between Psychosocial Rehabilitation (PsR) and Housing Accommodation Support Initiative (HASI) Programs.
Cate Stanton

Social participation, ideal housing and people with a psychiatric disability.
Samantha Battams

Integrated Rehabilitation and Recovery Care Service(IrrCS): Working collaboratively towards better outcomes for consumers in Secure Extended Care Units.
Sharon Sherwood  Barbara Hill  Lisa Soares

Analysis of a peer led consumer education program as an effective tool in the promotion of recovery for people with mental illness.
Julie Anderson  Brendon Clarke

S43 Researching Outcomes
Paper 20 Minutes: in Upper NZI 6
4/09/2008 Time 1030 - 1230

Drug Companies and Mental Health.
John Read

Be The Change You Want. Implementation and Evidence of successful consumer outcomes of a Statewide Recovery Based Rehabilitation Service.
Mara Pacers

Outcomes measure use from a consumer perspective -Benefits, limitations and risks
Pernilla Anna Vis Af Vivere

Comparing multiple measures of family work in community mental health services: A window into routine clinical practice.
John Farhall

S44 Recovery-based Approaches
Paper 20 Minutes: in Limelight 1
4/09/2008 Time 1030 - 1230

The power of personal stories as evidence of significant change
Marion Blake  David Bradley  Maree Maddock

Creating mental health support workers whose practice is based on recovery as an emancipatory knowledge: Initiatives of an education provider.
Caril Cowan

From Strength to Strength: Implementing a recovery based approach to case management in a clinical mental health service.
Mick Deans  Brad Wyne  Marg Goding

Riding the Phoenix- Non ordinary experiences, Meaning construction and Recovery.
Aaron Jones

S45 Responses to Complex States
Paper 20 Minutes: in Goodman Fielder Room
4/09/2008 Time 1030 - 1230

Minimising Trauma and Dissociation in an Acute Hospital Setting.
Thomas Rudegeair

Is there life after Dissociative Identity Disorder. The Many Faces/Phases of Integration.
Diana Hunt  Jones Vicki

Assessing the impact of clinical education on the attitudes of health professionals towards working with Borderline Personality Disorder.
Amanda Jane Commons Treloar
1230 – 1330   Lunch in Air New Zealand Foyer

**S46  Wellness Focus**
Paper 20 Minutes: in ASB Theatre
4/09/2008 Time 1330 - 1500

**Cultural adaptations of the Mental Health First Aid Course.**
Len Kanowski

**Tararua's Dynamic Active Living Programme.**
Rebekah Eleanor Charlton   Shayne Martin

**The Health and Wellbeing Team Approach to Mental Health.**
Judith Fairlam   Eimear Muir-Cochrane   Desima Moulds

**S47  Research and Outcomes**
Paper 20 Minutes: in Lower NZI 1
4/09/2008 Time 1330 - 1500

**Evidence Based Practice: implementation and outcomes.**
Steve Bailey

**Building research muscle: consumer-led evaluations in public mental health services.**
Bridget Hamilton   Evan Bichara

**What the Clients Said: Outcomes from the Evaluation of the Clinical Consultation & Assessment Service (CCAS) of Transcultural Mental Health Centre, NSW, Australia.**
George Klein   Maria Cassaniti   Roy Laube

**S48  Primary Care**
Paper 20 Minutes: in Lower NZI 2
4/09/2008 Time 1330 - 1500

**See and Treat. Innovative Primary Mental Health Practice.**
Julie King   Wendy McEntegart

**Transfer of Care in the Community Mental Health Setting.**
Sarah Ann Anstey   John Strachan   Chad Brunner

**Evaluation of an Australian Government initiative to improve consumer access to primary mental health care.**
Bridget Bassilios

**S49  Collaboration and Community**
Paper 20 Minutes: in Lower NZI 3
4/09/2008 Time 1330 - 1500

**Recovery Conferences: How to Build Hope and Inspire People to Lead Their Own Recovery.**
Gary Sutcliffe   Wayne Dye

**Service Transformation Through Collaborative Relationships: The Peer Support Approach in a Multi-Disciplinary Team.**
Cassandra Laskey

**Packages of Care: The Future of Community Based support.**
Ruth Williams   Tracy O'Sullivan   Donna Galvin

**S50  Contemporary Mental Health Concepts**
Workshop 1.5 Hrs: in Limelight 2
4/09/2008 Time 1330 - 1500

**I tried to say I love you but the words got in the way (Miami Sound Machine).**
Exploring the value and meaning of contemporary mental health concepts.
Nicholas Rogers   Johnny Pullman   Carolyn Swanson
S51 Refugee Mental Health
Symposium 1.5 Hrs: in Upper NZI 4
4/09/2008 Time 1330 - 1500
Refugee Mental Health in Aotearoa/New Zealand.
Penne Blanckburn Isabella Van Hoye Nicola Henderson Arif Saeid Surpreet Cheema Santino Deng David Lyon

S52 Workforce Change
Paper 20 Minutes: in Upper NZI 5
4/09/2008 Time 1330 - 1500
Community Support Workers - Enabling Change in the Mental Health Workforce
Gay Elliott Doug Alderson
Considerations for the supervision of Mental Health Support Workers.
Robin Elizabeth Jane Sutcliffe
Key Workers: Bringing about change for staff and service users.
Dale Rook Debra Lampshire Patte Randal

S53 Housing
Paper 20 Minutes: in Upper NZI 6
4/09/2008 Time 1330 - 1500
Keys to finding the home you want.
Annette McCosh
From res rehab To Housing and Recovery Services: Not Just A Change Of Name.
Rob Warriner Will Ward
Pathways to recovery.
Zed Tintor Kate Timmins

S54 Parents with Mental Illness
Paper 20 Minutes: in Limelight 1
4/09/2008 Time 1330 - 1500
One Giant Step for Victoria: From Pilots to Policy.Victoria’s Service Development Strategy for Families where a Parent has a Mental Illness (FaPMI).
Rose Cuff Sabin Fernbacher
In her Shoes. The Experiences of mothers living with Mental illness.
Lesley Watkins Christina Degendorfer
Working together to support children caring for a parent with mental illness
Rosemary Warmington

S55 Smoking Cessation
Paper 20 Minutes: in Goodman Fielder Room
4/09/2008 Time 1330 - 1500
Smoking Prohibited; one unit’s journey toward smokefree status.
Duncan Milne Jemma Delaney
Smoking Cessation: what works for users of mental health services.
Basil Fernandes Claire Thompson
A Very Good Reason is Needed to Depart from Establishing Smokefree Mental Health Facilities:Addressing Legal and Ethical Issues.
Patsi Davies

1500 – 1530 Afternoon Tea in Air New Zealand Foyer

S56 Talking Therapies
Paper 20 Minutes: in ASB Theatre
4/09/2008 Time 1530 - 1700
We Need to Talk: Ways to increase consistency, quality and sustainability of talking therapies across mental health and addiction services in New Zealand.
Janet Peters
An internet-based cognitive behavioural worker wellbeing program.
Chelsea Todd

Motivational interviewing for persistent negative symptoms in schizophrenia: A pilot study.
Adam Lane

S57  Community, Clinicians and Education
Paper 20 Minutes: in Lower NZI 1
4/09/2008 Time 1530 - 1700
Partnerships to support community-based recovery for adult service users in Counties Manukau: The Community Living Service.
Dean Emmerson  Wiremu McClutchie  Andrea Williamson  Liz Stewart

Clinical services in a non-clinical setting: Can the two co-exist: Benefits and Barriers.
Mitchell Durbridge

Recovery-Oriented Practice in Mental Health Education: Strategies for Real Change.
Kathryn Thorburn  Anna Farrell

S58  Meaningful Outcome Measurement
Paper 20 Minutes: in Lower NZI 2
4/09/2008 Time 1530 - 1700
Devolution, delivery and quality of life outcomes in the Australian mental health sector.
Patricia Green

How outcome measurement can help recovery.
Mark Andrew Smith

Arion: Meaningful Measurement in Mental Health.
Andrew David Shakespeare

S59  Symposium and Paper: Maori Mental Health includes the family
Symposium 1 Hr: in Lower NZI 3
4/09/2008 Time 1530 - 1700
Times are changing.
Sharon McFarland  Amy Morris  Gloria Whyte  Maitera Tuatahi  Rangi Pai (Kuia)
Sylvia Van Altvorst

The Psychiatrist, and Best Practice, in a Kaupapa Maori Mental Health Service.
Lyndy Matthews

S60  Motivational Interviewing
Workshop 1.5 Hrs: in Limelight 2
4/09/2008 Time 1530 - 1700
Working Opportunistically: Employing Substance Management Motivational Interviewing Strategies
Angela Maree White  Kirsty Newbery  David King  David Kavanagh

S61  Workforce Practice and Development
Paper 20 Minutes: in Upper NZI 4
4/09/2008 Time 1530 - 1700
Training the workforce, imbedding practice and supporting recovery outcomes in Australia and New Zealand. How to navigate to an innovative destination.
Arana Pearson

Te Pou’s Knowledge Exchange: Creating a culture of curiosity in the mental health sector.
Anita Langthaller  Monika Divis

Creating an Environment for Workforce Development in Central Australia.
Claudia Lillian Manu-Preston
**S62 Snapshots**

Snapshots - Brief Papers 10 minutes: in Upper NZI 5  
4/09/2008 Time 1530 - 1700

**Family Matters-Helping Families Understand Psychosis DVD. A significant educational resource.**  
Mike Ang

**The Hearing Voices Network Aotearoa New Zealand: What's it all about.**  
Lorna Murray  Adrienne Giacon  Vanessa Beavan

**Ngo Workforce Snapshot**  
Marion Blake  David Bradley

**Compeer - What a Difference a Friend Makes In Growing Consumers Social Confidence & Community Acceptance.**  
Tricia Meers

Reducing use of seclusion through early intervention and prevention strategies. Sensory approaches/ profiling in the adult inpatient setting.  
Fiona Whitecross

**Abuse and mental illness: changing perceptions, changing practice.**  
Robyn Humphries  Sabin Fernbacher

**Living and Breathing It.**  
Wendy Trimmer  Kay Laracy

**A New Generation of Mental Health Workers.**  
Carolyn Ngan

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**S63 Consumer Leadership**

Workshop 1.5 Hrs: in Upper NZI 6  
4/09/2008 Time 1530 - 1700

**Consumer Leadership**  
Leonie Manns  Paula Hamilton

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**S64 Addressing Violence and Abuse**

Paper 20 Minutes: in Limelight 1  
4/09/2008 Time 1530 - 1700

**Working with Survivors of child sexual assault/sexual assault within a community mental health service.**  
Lorraine Andrieu

**Transforming Services: Specialist Mental Health And Community Health Working In Partnership To Address The Intersection(s) of Mental Health And Violence And Abuse**  
Tracey Sloan  Zhila Javidi

**Balancing Act between Persuasion for Recovery and Psychiatric Coercive Power.Evaluating Effectiveness of Community Treatment Order in a community mental health service.**  
Joe Chuong  Rosellin Q. Noblejas

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**S65 Changing Workforce Practices**

Paper 20 Minutes: in Goodman Fielder Room  
4/09/2008 Time 1530 - 1700

**Seeing the strengths: an up-beat approach to routine community team supervision.**  
Bridget Hamilton  Brad Wynne

**Consumers and Clinicians Working together to create change in the Workplace.**  
Deb Christensen  Kaaren Beverley

**But we're too busy: exploring workload tensions in community mental health.**  
Liz Prowse
TheMHS Conference Program
Friday 5th September 2008

S76  Keynote – Steven J. Onken - ‘A ohe pau ka ike i ka halau ho okahi.’ (All knowledge is not taught in the same school).
Keynote Speech: in ASB Theatre
5/09/2008  Time  0900 - 1000

1000 – 1030  Morning Tea in Air New Zealand Foyer

S77  Improving Services
Paper 20 Minutes: in ASB Theatre
5/09/2008 Time 1030 - 1230
The Skills-Based Group Work Model.
Karen Helbig
Is a reduction in subjective unmet needs associated with reduced length of stay in clients of a Psychiatric Disability Rehabilitation and Support Service.
Tom Trauer  Glen Tobias
Springvale Prevention and Recovery Care Services (PARCS): 'From Concept to Reality'
Alys Boase  Michael Sillekens

S78  Cultural Identity and Relapse Prevention
Paper 20 Minutes: in Lower NZI 1
5/09/2008 Time 1030 - 1230
‘Signature Yarning’ Aboriginal Cultural Awareness Training.
Virginia Robinson  Priscilla Johnson
Relapse Prevention in Indigenous mental health.
Tricia Nagel  Carolyn Thompson
Being Afakasi: Implications of complex cultural identities for mental health and wellbeing.
Margaret Nelson Agee  Seilosa Patterson  Nua Silipa

S79  Acute Access to Services
Paper 20 Minutes: in Lower NZI 2
5/09/2008 Time 1030 - 1230
Emergency Room Outreach  A New Approach.
Lionel Michael Gendreau
Peer Support in Acute Mental Health Units Across Queensland Consumer Companions.
Rick Austin  Vaoita TuriTuri
Designing a workforce development program for staff of a large metropolitan emergency department in the management of ‘challenging behaviours.
Daniel Nicholls  Nick Gaynor  Gerry Farrell  Jeffrey Daniel
Empowering patients and staff and managing aggression by implementing a Patient Peer Group Committee.
Michelle Condon  Janice Mavin  Andrew McMenamin  Neil Turner  Colette McCormack

S80  Symposium 1: Peer Support  Symposium 2: Academic Detailing
Symposium 1 Hr : in Lower NZI 3
5/09/2008 Time 1030 - 1230
Peer Support: Theory, Structure and Practice
Jim Burdett  Emily Garden  Catherine Dakin  Hayley Sher
Getting the hang of it: The Application of Academic Detailing as an Effective Workforce Educational Outreach Tool.
Angela Maree White  David King  Kirsty Newbery  David Kavanagh
S81 Symposium 1: Training Mental Health Practice  Symposium 2: Training Mental Health Professionals
Symposium 1 Hr: in Limelight 2
5/09/2008 Time 1030 - 1230
Dissemination of Evidence-Based Mental Health Practice in Rural and Regional Settings.
Robert King  David Kavanagh  Heidi Sturk  Angela White
Training health professionals in evidence-based mental health interventions: challenges, strategies and training impact.
Trevor Crowe  Matthew Bambling  David Kavanagh
S82 Modelling Good Services
Paper 20 Minutes: in Upper NZI 4
5/09/2008 Time 1030 - 1230
Lifeline changing with the 21st Century.
Tracey Fox
Coping with OCD: the Use of Handheld Devices and Ubiquitous Technology in a School Environment.
Vicki Jones  Diana Hunt
‘Just because you’re very clever doesn’t mean you’re the only one that feels sad.’ Intellectual Disability and Mental Illness.
Fay Jackson
Vastly improving the mental health of Family Law Court clients and staff. A model for all human services.
Fay Jackson
S83 Snapshots
Snapshots - Brief Papers 10 minutes: in Upper NZI 5
5/09/2008 Time 1030 - 1230
RANZCP Mental Health Clinical Support Program - CPG algorithm implementation pilot project.
Audrey Holmes  David Codyre
The ECT Dilemma.
John Francis Hyde
Collaboration & Partnership a shared future.
Ruth Williams  Jean-Marie Bush
Jurassic Clark; How a fossil from the Seventies found new life in Aged Psychiatry.
David Clark
Quality education is the key. Challenging attitudes and increasing confidence and skills of front line workers in rural/remote Australia.
Tina Philip
The place of Spiritual Assessment in the Treatment of Mental Illness.
Hugh O'Reilly
Evaluation of the Returning Home Program.
Eleanor Royle  Sue Booth
More irons in the fire, more cooks in the kitchen, more love in the air!
Robert Habel
Booked Assessment Service.
Jacqueline Louise Murray
Health Care Beyond Culture.
Sue Webster
### Leadership and Mentoring

**Paper 20 Minutes:** in Upper NZI 6  
5/09/2008 Time 1030 - 1230  

**When there ain't no workforce, you've got to build one yourself.**  
Lorna Murray Ruth Williams  

**Dream It, Think It, Do It - and Know It...**  
Lyndsay Fortune  

**Introducing a Skills Based Remuneration Framework to Meet The Needs of an NGO Workforce**  
Rob Warriner Pam Tate

### Inpatient Services

**Paper 20 Minutes:** in Limelight 1  
5/09/2008 Time 1030 - 1230  

**Continuing the Collaboration between Carers and Acute Mental Health Inpatient Services**  
Amber Scanlon Maria Ftanou  

**Monitoring health risk factors in a mental health in-patient population.**  
Janice Margaret Plain  

**Thriving not just Surviving.**  
Carolyn Noel

### Leadership

**Paper 20 Minutes:** in Goodman Fielder Room  
5/09/2008 Time 1030 - 1230  

**Becoming a Mentor in a Recovery Based Service.**  
David Patrick Wilkes  

**Governance Leading Change.**  
Suzanne Sinclair  

**Frontline Professional Leadership.**  
Dale Rook David McNabb  

**The Clinical Leadership Programme in Australia: developing Mental Health Leaders to lead change.**  
Kristina Judd Learne Durrington Gemma Ferraretto

#### 1230 – 1330 Lunch in Air New Zealand Foyer

### Rehabilitation and Community Services

**Paper 20 Minutes:** in ASB Theatre  
5/09/2008 Time 1330 - 1500  

**Walking in another’s shoes; co-location between Bendigo Health Psychiatric Services and St. Luke’s Psychiatric Disability Rehabilitation and Support Services.**  
Yvette Jaczina Eugene Meegan  

**The NGO & the Clinical Team – Partners in country, community based mental health services**  
Trish James Danny McCulloch Cindy Turner  

**Day Programs: An exploration of the evidence base to inform change.**  
Sue Harrison Laura Collister

### Education and Support

**Paper 20 Minutes:** in Lower NZI 1  
5/09/2008 Time 1330 - 1500  

**Where are they now The Graduate Tracker.**  
Adele Morrison Brett McKinnon  

**Part of the Picture: helping carers in their role through training & support.**  
Lindy Macgregor Gaynor Hicks
Walking into the future; preparing nursing students for a new mental health direction.

Susan Norgate  Sandy Simpson

**S89  Journey to Recovery**
Paper 20 Minutes: in Lower NZI 2  
5/09/2008 Time 1330 - 1500  
**Fudges: Follow Up Discharge General Enquiry Support.**  
Elisabeth Stewart

**Journey Boards in Mental Health.**
Anna Szyynkar  Denise Wright

**The GYMPIE Model: A Bio-psychosocial Model for Rural/Regional Communities.**
Jeanette McGuire  Karen Thomas - Goldsmith

**S90  Maori Mental Health**
5/09/2008  Time 1330 – 1500  Venue: Lower NZI 3  
Paper titles were not available at time of printing. Please check notice board.

**S91  Culture of Recovery**
Workshop  1 Hr: in Limelight 2  
5/09/2008 Time 1330 - 1500  
**The Colonisation of Recovery.**
Mary O'Hagan

**The Consumer Movement: A Change Agent In Tension?**
Rob Warriner

**S92  Participating in Employment**
Paper 20 Minutes: in Upper NZI 4  
5/09/2008 Time 1330 - 1500  
**How Australian services can be instrumental in encouraging the implementation of Advanced Directives to assist employees who suffer a mental illness sustain their employment.**
Heather Geerts  Alison Cooper  Maggie Toko

**Casual Participation Employment and what it can do for consumers, carers and your service.**
Bonnie Angela Cox  Eila Lyon

**S93  Snapshots**
Snapshots - Brief Papers 10 minutes: in Upper NZI 5  
5/09/2008 Time 1330 - 1500  
**A journey of small beginnings to great achievement.**
Kelly Jenkins  Sharon Plum

**Being the change we want to see: What’s new in options for mental health care.**
Helen Reeves

**Be the change you want – Changing Negative Attitudes Positive in dealing with Self-Harm.**
Zoe May Farris

**ADHD The Discovery That Changed My Life.**
Michael Appleton

**Choosing Change.**
Anisa Marie Ross

**Create the Change You Want.**
David Holt  Barry Makeham  Franz Kreogh  Lynette Kreogh

**The change you want, an Advent Calender of Care.**
Ainslea Senior  Moira Somerville
S94 Child and Youth Mental Health
Paper 20 Minutes: in Upper NZI 6
5/09/2008 Time 1330 - 1500
The RISE Project: Young people leading their own youth mental health promotion project.
Shona Clarke

Beyond Tokenism: Meaningful Consumer and Carer Participation in Child and Youth Mental Health Services.
Kate Wensley  Pamela Siebrecht

S95 Speakers’ Corner
5/09/2008 Time 1330 - 1500

S96 Families
Paper 20 Minutes: in Goodman Fielder Room
5/09/2008 Time 1330 - 1500
From Bedding Down to Embedding the Service Culture: Changing Carer Participation Dynamics.
Amber Scanlon  Graeme Doidge
Family/whānau as agents of change in building resilient and strong children and young people.
Peter McGeorge

Testing experiences of family mental health caring using the variables identity, interpersonal relationships & perceived control.
Cathy Bentley  Linda L Viney  Nadia Crittenden  Frank Deane

1500 – 1530 Afternoon Tea in Air New Zealand Foyer

S97 Closing Address/Ceremony
5/09/2008 Time 1530 – 1630
Closing and Handover of banner to Perth Committee
## TheMHS PROGRAM AT A GLANCE

**WEDNESDAY 3 September 2008**

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<thead>
<tr>
<th>TIME</th>
<th>VENUES</th>
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<tr>
<td></td>
<td><strong>ASB Theatre</strong></td>
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<tr>
<td>8.45-9.15am</td>
<td>S01: Opening - Dr Janice Wilson</td>
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<td>9.15-10.00am</td>
<td>S02: Achievement Awards</td>
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<td>Presented by Dr Janice Wilson, Deputy Director General, Population Health Directorate, New Zealand Ministry of Health</td>
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<tr>
<td>10.00-11.00am</td>
<td>S03: Keynote - Antony Sheehan - Personalising Mental Health Services...The Only Future For Policy And Practice</td>
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<td>11.00-11.30am</td>
<td>Morning Tea - Air New Zealand Foyer</td>
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<td>11.30-1.00pm</td>
<td>S04: Mental Health Promotion/Preventative Mental Illness</td>
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<td>S05: Asian Communities' Mental Health</td>
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<td>S07: Maori Mental Health</td>
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<td>S08: Working with Voices</td>
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<td>S09: Peer Worker Workforce</td>
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<td>Lunch - Air New Zealand Foyer</td>
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<td>2.00-3.00pm</td>
<td>S14: Deafness and Mental Illness</td>
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<td>S18: Without Seclusion</td>
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<td>S19: Postnatal Depression</td>
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<td>3.30-5.00pm</td>
<td>S24: Government Directions</td>
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<td>S25: Recovery Journeys</td>
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<td>S26: Work Practices and Education</td>
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<td>S28: Pacific Peoples Consumer Leadership</td>
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<td>S29: Best Practices for Alcohol and Other Drug Treatments</td>
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<td>5.00-6.00pm</td>
<td>S34: Poster Session and Tai chi demonstration in Owens foyer level 2; Launch of &quot;Let's Get Real&quot;</td>
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<td>6.00-8.00pm</td>
<td>Welcome Reception - Air New Zealand Foyer</td>
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## TheMHS PROGRAM AT A GLANCE

### WEDNESDAY 3 September 2008

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**TheMHS Conference Program Auckland 2008**
# TheMHS PROGRAMME AT A GLANCE

## THURSDAY 4 September 2008

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<td>Morning Tea - Air New Zealand Foyer</td>
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<td>10.30-12.30pm</td>
<td>S35: Keynote - Hinemoa Elder - Reflections on a theme; communicating being from a culture which has no need for the verb to be.</td>
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<td>12.30-1.30pm</td>
<td>Lunch - Air New Zealand Foyer</td>
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<td>1.30-3.00pm</td>
<td>S46: Wellness Focus</td>
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<td>S47: Research and Outcomes</td>
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<td>S48: Primary Care</td>
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<td>S49: Collaboration and Community</td>
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<td>S50: Contemporary Mental Health Concepts</td>
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<td>3.30-5.00pm</td>
<td>S56: Talking Therapies</td>
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<td>S58: Meaningful Outcome Measurement</td>
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<td>S59: Symp'm 1: Operationalising Recovery Symp'm 2: Contemporary Challenges</td>
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<td>5.15-6.30pm</td>
<td>S66: Meeting 1</td>
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<td>7.00pm-10.00pm</td>
<td>Film screening: 1. All consuming 2. Angels and Demons</td>
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TheMHS Conference Program Auckland 2008
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<td>S42: Snapshots</td>
<td>S43: Researching Outcomes</td>
<td>S44: Recovery-based Approaches</td>
<td>S45: Responses to Complex States</td>
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<td>S52: Workforce Change</td>
<td>S53: Housing</td>
<td>S54: Parents with Mental Illness</td>
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<td>S72: Meeting 7</td>
<td>S73: Meeting 8</td>
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TheMHS Conference Program Auckland 2008
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<td>3.30-4.30pm</td>
<td>S97: Closing Address/Ceremony</td>
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<th>S85: Inpatient Services</th>
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| Lunch - Air New Zealand Foyer |

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