

Program

Monday 19th August 2002, Sydney Convention Centre

CARER (FAMILY) FORUM

The future of carer (family) support groups: how do support groups make sure they are innovative, accessible and relevant in 2002 and beyond?

This workshop is hosted by the NSW Consumer Advisory Group, Carers NSW, Mental Health Association Inc, ARAFMI, Transcultural Mental Health and Schizophrenia Fellowship.

PROGRAM

- 9.30 Traditional welcome
- 9.45 ***Not Alone: Supported Self Help***
Rob Ramjan
Executive Director
Rebecca Reay-Young
Communications Director
Schizophrenia Fellowship of NSW Inc
- 10.15 ***Support Group Survival Kit - A Guide to Setting Up and Facilitating Support Groups, and the Mental Health Information and Referral Service***
Kate Maclean
Support Group Project Worker
Christina Garland
Acting Coordinator Mental Health Information and Referral Service
Mental Health Association Inc
- 10.45 ***Non-English Speaking Carers and Transcultural Mental Health: the work TMHC has done with carers of NESB since 1995, and an overview of the current Carer Support Project***
Teresa Petric
Team Leader for the TMHC Clinical Service
Transcultural Mental Health
- 11.15 Morning Tea

11.45 ***Flexible Carer Support Options: exploring a variety of flexible support options that can be accessed at different stages of the caring life cycle***

Sarah Kelly-Moore
Regional Projects Co-ordinator
Carers NSW

12.15 ***The Way Forward***

Robyn Marshall
Co-ordinator, Hunter ARAFMI

12.45.1.1 ***Mutual Support and Mental Health Service Reform: Working Together for Change***

Laraine Toms
Deputy Chairperson
NSW Consumer Advisory Group Inc

1.10 Evaluation

1.15 Lunch