

**TUESDAY 21<sup>ST</sup> SEPTEMBER**

## **CARER FORUM PROGRAM**

**1.30-2.00pm**

**Registration at Melbourne Convention Centre**

**2.00-3.30pm**

**Getting on top of it – a panel of consumers and carers discuss what has been helpful for them in dealing with the impact of mental illness on their lives**

**3.30-4.00pm**

**Afternoon Tea**

**4.00-5.30pm**

**Concurrent Sessions:**

- **Impacts and options – issues facing partners of people with a mental illness**
- **Mental illness and problematic substance abuse – the latest in research**
- **Exploration of the social and emotional impacts of mental illness on consumers, their families and friends through a narrative model of counselling**

**5.30-5.45pm**

**Short Break**

**5.45-6.30pm**

**Guest Speaker: Professor Elizabeth Kuipers (keynote speaker for main conference), will speak on “Carers Issues”**

**6.30-7.30pm**

**Tea, coffee and get together**