

**HARVESTING HOPE ACROSS THE LIFESPAN  
CONSUMER FORUM PROGRAM  
31<sup>st</sup> August 2004**

**CENTRAL FOYER A**

This year each session, both of Consumer Day and of Carer Day, will include reference to indigenous issues, in Australia, New Zealand and elsewhere. Your thoughts, stories, insights and full participation is welcomed and would be very much appreciated.

**9.30 – 10.00am**      *Opening Ceremony*

**MC - Rick Austin**

**10.00 - 11.00**      *“This Is Our Life”*

Share your experiences, share your discoveries, share your talents in this interactive session designed to highlight the positives and ensure that delegates enjoy themselves whilst they reinforce the best of what they know and identify new initiatives promoting recovery and well being in their lives.

Speakers include:      Melanie Scott, Gaynor Ellis, Di Derbridge, Denise Ryan, Noel Muller

**11.00 - 11.30**      *Morning Tea*

**11.30 - 12.30**      *“This is Our Life” continued*

The session continues with presentations and interaction

Speakers include:      Lynda Henderson, Kerri Dissegna, Andrew Strachan, Arana Pearson

**12.30 - 2.00**      *LUNCH*

**2.00 - 3.30pm**      *“Living Your Life”*

This session is led by courageous individuals who have experienced and worked through the pain of mental illness. They'll share their stories and provide valuable insights on recovery. There'll also be plenty of time for questions! The session will be fun and interactive and will provide you with useful strategies for your journey of recovery.

The panel includes      Rick Austin, Arana Pearson, Gaynor Ellis, Di Derbridge

**3.30 - 4.00**      *Afternoon Tea*

**4.00 - 4.30**      *Closing Ceremony*

*Other conference events of interest on Tuesday evening:*

**6.00**      *Opening of Art Exhibition*

**6.30**      *Films*