

Workshop Program

Monday 19th August 2002, Sydney Convention Centre

Every service's responsibility: Challenging Stigma and Discrimination

This workshop will provide a better understanding of what stigma means, how it impacts on people's lives, and the extent of discrimination in both the general community and mental health services. Learn about the practical steps involved in setting up local and national programs to challenge stigma and lessen discrimination, with particular reference to the community development approach in different countries. Participants will have an opportunity to reflect on how to apply these lessons to their own work settings.

Features speakers from the World Psychiatric Association Challenging Stigma programs in India and Romania.

Learning Objectives

1. Participants will have a better understanding of what stigma means, how it impacts on people's lives, and the extent of discrimination that affects them in both community and services.
2. Participants will learn about the practical steps involved in setting up local and national programs to challenge stigma and lessen discrimination, with particular reference to the community development approach in different countries.
3. Participants will have the opportunity to reflect on how to apply these lessons to their own work settings.

1.30 *Why bother? How stigma impacts on our lives.*
Simon Champ

1.45 *An overview of stigma and discrimination*
Garry Walter

2.00 *Local strategies to counter stigma*
Local community development initiatives

India: *A developing country perspective*
New Zealand

R Srinavasa Murthy
Gerard Vaughan

2.45 **Afternoon Tea**

3.15 *How stigma impacts on families*
Anne Deveson

3.30 *National Strategies to counter stigma*

Examples of national approaches

Romania: *An Eastern European perspective* Raluca Nica

Australia

Barbara Hocking

4.15 *How to work with the media to give a balanced and accurate message about mental illness*

Melissa Sweet

4.35 *What services can learn about challenging stigma day by day from developing and less affluent countries*

Alan Rosen

4.55 *Q & A - Panel discussion - Liz Newton*

5.30 Close