



T H E M H S
C O N F E R E N C E

***22nd Annual Conference
The Mental Health Services Conference Inc (TheMHS)
of Australia and New Zealand***



***CONFERENCE
PROGRAM***

Cairns Convention Centre

21 – 24 August 2012

CCC Floor Plan

Pdf already emailed by Ready Set Design (P.13 in Book of Abstracts) and also attached (whichever file is better for you to use)

- Please change page no. to '1', as above, and
- remove/ change footer to name of footer below.



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Program Changes:

Please check Notice Board for any last minute Program Changes

*** (Asterisk) indicates a program change from the Book of Abstracts**

Meeting Room 9 - Exhibition/Ground Level	QUIET ROOM
Foyer, Level 1, Sheridan St side	SPEAKER PREP ROOM
Hall 2 - Exhibition/Ground Level	BOOTHS; SPONSORS; POSTERS; LUNCH, MORNING & AFTERNOON TEA

Current as at 30.7.2012

CONFERENCE PROGRAM

Wednesday 22 August 2012

Opening Ceremony: Delegates will be welcomed to country by
Professor Henrietta Marrie Gimuy Walaburra Yidinji of Cairns.
 22/8/2012 From: 0845 To: 0915 Venue: Hall A&B

Opening Session:
 22/8/2012 From 0915 To: 1000 Venue: Hall A&B

Opening: Achievement Awards Presentation and Address by Professor Allan Fels

S03 Keynote – Roberto Mezzina

22/8/2012 From: 1000 To: 1100

Keynote Presentation: Venue: Hall A&B

Citizenship, Recovery and Crisis: Linking Social Action and Community-Based Service

1100 – 1130 Morning Tea in Hall 2

S04 Three Faces of Change

22/8/2012 From: 1130 To: 1300 Venue: Hall A&B

Featured Symposium: Three Faces of Change

Tom Brideson Gracelyn Smalwood Ernest Hunter

S05 MH Workforce

22/8/2012 From: 1130 To: 1300

Papers 20': Venue: Hall C

Peer Specialist and Carer Consultants working in Mental Health Units in SA: A follow up evaluation of Consumer, Carer and Staff Perspectives.

Matthew Halpin Charmaine Gallagher

Workforce skilling towards a recovery-oriented service system.

John Katsourakis Jennifer Gordon Sue Harrison

No Suppression - Creating Citizenship.

Paula Hanlon Linda Mizzi

S06 Symposium

22/8/2012 From: 1130 To: 1300

Symposium – 1hr: Venue: Hall D

Recovery and Reconnection for people in Remote Communities.

Xenia Girdler Wayne Harrington Geoff Loehmayer

S07 Peer Leadership

22/8/2012 From: 1130 To: 1300

Snapshots - Brief Paper 10': Venue: Meeting Room 1

Conexus Magazine - A UCWPA creative arts magazine enterprise for consumers around Australia.

Kristy Webb Sharon Buer

Taking Action: Engaging in Community Life.

Beth Fogerty Rebecca Murphy Christine Strachan

Peer to Peer, Not Pillar to Post: Why Authentic Inclusion of the Peer Workforce is a Citizenship Matter.

Cassy Nunan Julie Anderson

Certificate 4 Peerwork: Development, facilitation and beyond.

Deiniol Griffith

Recovering Citizenship: Exploring the path from consumer participation to consumer leadership.

Lana Woolf

Single Session Peer Work: a framework for peer support.

Peter McKenzie

S08 Citizenship: kids and adults

22/8/2012 From: 1130 To: 1300

Snapshots - Brief Paper 10': Venue: Meeting Room 2**Time Out: Making a Real Difference in the Lives of Young People.**

Toni Hines Caitlyn Seymour-Smith Shandell Holmes

Citizenship in a Licensed Residential Centre Boarding House. The ALI way.

Peg Ludwig

Team Work Increases Support and Recovery for Mothers.

Priscilla Yardley Suzanne Heppell

* ~~**Implementing Indigenous Child and Youth Care Coordination.**~~~~Jenine Godwin-Thompson~~ **WITHDRAWN****Embedding the Principle of Citizenship in Practice to Create Opportunities and Pathways.**

Delia O'Donohue Linda Rose

You're it, or, service transformation for adrenaline junkies.

Andrew Blythe Kate O'Keefe

S09 Collaboration, confidence, capacity, community

22/8/2012 From: 1130 To: 1300

Snapshots - Brief Paper 10': Venue: Meeting Room 3 & 4**What is Best Practice for true collaborative participation between consumers carers and providers.**

Ingrid Bentsen Sally Whyte

Developing a national consumer experiences of care tool. Who is it for anyway?

Brigid Clarke Wayne Weavell

Leisure Bank.

Helen McMullan

Consumer and Carer Representation building confidence and capacity.

Penny Thomas Louise Howe

Regaining citizenship; Connecting with community at Yakkalla.

Liz Kelly

Restructuring for Independent Citizenship.

Steven Dolman Brian Owen

S10 Quality, outcomes, ethics

22/8/2012 From: 1130 To: 1300

Snapshots - Brief Paper 10': Venue: Meeting Room 5 & 6**How Mental Health Group Workers think about their practice**

Michelle Swann

Bridging organisations through their code of ethics.

Evan Bichara Sandy Mulhauser

Measuring Outcomes. Not a problem for Centacare Ballarat

Gail McNaul Michelle Orr

Using Measures of Service Quality to Improve Client Outcomes.

Phil Eddy

Bringing Consumers and Carers to the Table - Collaboration in the development of Outcome Measures.

Tania Lewis

Carers Experience of Mental Health Care

Tim Coombs

*** ~~Client Management Systems – Struggle or success? Changing mindsets and using data to understand Recovery outcomes~~**

Jill Steverson- **WITHDRAWN**

S11 Citizenship: advocacy, employment, generations

22/8/2012 From: 1130 To: 1300

Papers 20': Venue: Meeting Room 7

Believe ... Achieve.

Peter Tos Kerry Lynch Lansi Lin Rebecca Tsang

From Consumer to Carer and Back Again: Managing intergenerational mental illness and employment.

Fay Jackson

National Mental Health Consumer & Carer Forum (NMHCCF).

Michael Burge Keiran Booth

S12 Creating better futures for aboriginal people

22/8/2012 From: 1130 To: 1300

Papers 20': Venue: Meeting Room 8

Creative Livelihoods - It's not just art it's a healing thing.

Michelle Leenders

Trauma: A pathway to prison for Aboriginal women.

Juanita Sherwood Elizabeth Sullivan Tony Butler Lise Lafferty Sacha Kendall

Aboriginal HASI: Walking Together to Recovery and Citizenship.

Cate Stanton Grant Wilson Matthew Salen Paul Ryan

1300 – 1400 Lunch in Hall 2

S14 Cultivating Emotional Balance

22/8/2012 From: 1400 To: 1500

Workshop 1 hr: Venue: Hall A&B

Cultivating Emotional Balance-from adjustment to flourishing

Ivan Milton

S15 Recovery-orientated culture

22/8/2012 From: 1400 To: 1500

Papers 20': Venue: Hall C

Service Coordination: True Partners in Recovery or Just More Medical Model Approaches..

Tina Smith

Development of a National Framework for Recovery Oriented Mental Health Practice.

Ruth Vine Leanne Craze

S16 Employment: social purpose organisations

22/8/2012 From: 1400 To: 1500

Papers 20': Venue: Hall D

Health Optimisation Program for Employment (HOPE) assists job seekers with mental illness to better manage their health in order to gain and maintain employment

Caitlin McDowell

Social enterprises: defining the role of social co-operatives in Trieste, Italy

Roberto Mezzina

S17 People Planning: count on it

22/8/2012 From: 1400 To: 1500

Workshop 1 hr: Venue: Meeting Room 1**Knowing the People Planning - count on it to change lives**David King Carolyn Swanson Barry Welsh Clinician

S18 Physical and mental wellbeing

22/8/2012 From: 1400 To: 1500

Papers 20': Venue: Meeting Room 2**Wellbeing Unit a Multidisciplinary Model of Care for the Physical Health of People with Mental Illness.**

Janice Plain Kristine Grainger Sharon Mak

HIV and mental health- a review of consumer experiences and can this be used to recover citizenship.Michael Smith

S19 Overcoming self-abuse

22/8/2012 From: 1400 To: 1500

Workshop 1 hr: Venue: Meeting Room 3 &4**SAFE in Sth OZ Self Abuse Finally Ends. A step by step to overcoming self-abuse, recovery program.**Jo Rugless Annie Solcombe Caitlin Sullivan

S20 Wellbeing and cultural diversity

22/8/2012 From: 1400 To: 1500

Workshop 1 hr: Venue: Meeting Room 5 & 6**Harmony Place's Well-Being Program.**Beatriz Martinez Ruth Bello Bronwynne Jettoo

S21 Better Access to Primary MH Care

22/8/2012 From: 1400 To: 1500

Round Table 1hr.: Venue: Meeting Room 7**Primary Mental Health Care Roundtable the implications of changes and new developments to the Better Access and Access to Allied Psychological Services (ATAPS) initiatives.**Harry Lovelock Jenni Parham

S22 Recovering from trauma: personal, professional

22/8/2012 From: 1400 To: 1500

Papers 20': Venue: Meeting Room 8**Recovering citizenship - a personal perspective.**

Cathy Kezelman

Restoring citizenship: trying to reform practice staff perspectives.Toni Ashmore

1500 – 1530 Afternoon Tea in Hall 2

S24 Getting Older

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Hall A&B**Getting the message out to older people and their carers: depression and anxiety are not a normal part of ageing.**

Sue Gherdovich

Developing a SMHSOP Acute Inpatient Unit Model of Care.

John Dobrohotoff

Ourselves - getting older. Reflecting on thirty years of mental health consumer advocacy and action.

Meg Smith

S25 Personal road to recovery

22/8/2012 From: 1530 To: 1700

Featured Symposium: Venue: Hall C

The Personal Recovery Journey - the road to citizenship

Paula Hanlon Michael Appleton Paul O'Hara Linda Mizzi Douglas Holmes Lynda Hennessy

S26 Supporting employment, understanding recovery

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Hall D

Partnerships for Employment: The perfect match for getting jobs for people with a serious and persistent mental illness.

Luisa Adesso Catherine Skate

Understanding the domains and later stages of the recovery journey: Insights gained from Clubhouse members.

Nicola Hancock Anita Bundy Anne Honey Mark McMahon Sally Tamsett

Mindful Employer: A SANE response to mental illness at work.

Charmaine Smith

S27 Supporting carers/families

22/8/2012 From: 1530 To: 1700

Snapshots - Brief Papers 10': Venue: Meeting Room 1

The evolution of a 30 year support group.

Susana Bluwol

Caring for Carers - Supporting the front line of mental health

Adrienne Mary Hicks Bernie Triggs

Reaching 'Hidden' Carers through Integrated and Collaborative Service Delivery Model: A case study of Mental Illness Fellowship Victoria's Family Service Program in Melbourne West.

Yonas Mihtsuntu

Enhancing carer peer support through clinical and non-government collaboration to deliver support early in the caring journey.

Amber Scanlon Amanda Gillam Frances Sanders Carmel Pardy

Mental Health is not a solo excursion.

Rita O'Toole Paula Westhead Reima Pryor

Overview and evaluation of the Victorian ARAFEMI Mental Health Carer Advocacy Program: Carer and organisational experience of advocacy interventions.

Michelle Swann Frances Sanders

S28 General Practice initiatives

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 2

Physical Health - Recovering Our Citizens.

Jordan Stephenson Patrick Roe Teresa Kelly Carolyn Bolton Jessica Schwartz

Clozapine patients can successfully be transitioned into GP Shared-Care or private psychiatrist care.

Stuart Lee Sacha Filia Alyson Wheelhouse Sally Wilkins Anthony de Castella

Mental Health Nursing in General Practice a new Paradigm.

Meni Stefanovski Josephine Tan

S29 Aboriginal communities

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 3 &4**Adapting DBT for Aboriginal Communities.**

Maxine Fennell Gabriella Den Hollander

Now we can talk the talk, how do we walk the talk: Implementing the key principles of care for older Aboriginal people living with a mental illness.

Chontel Gibson

Calling Australia's leading family practitioners.Cape York Family Centre (Cooktown)John Pead Oriel Murray Bruce Adams Tamara Bridges

S30 Community-based care

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 5 & 6**Evaluation of a 4 week Rehabilitation Assessment program at St Vincent's Mental Health Community Care Units: mental health consumers and clinicians perspective.**

Jodie Key Corinne Owens Michael Wilson Melissa Petrakis

A Front Door of My Own - From institution to community.

Dorothy Belperio Paula Hakesley Gayle Goodman Janice Hogan

Citizenship of Mental Health Intellectual Disability to our Community.Jenny Cardno Sandy Smith

S31 Perinatal mental health

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 7**Perinatal mental health: women, clinicians & services provided.**

Karen Myers Virginia Schmied Maree Johnson Michelle Cleary

Working with Mental IllnessTanya Taylor

S32 Social inclusion; physical health

22/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 8**Citizenship - A sentimental idea or the next major step.**

Anthony Stratford

Social inclusion an important indicator of recovery

Tim Coombs

Measurement of physical and mental health are they really that different.Tim Coombs

Welcome Reception and Contemporary Aboriginal Dance and Didgeridoo performance. From: 5.10 – 7.30pm Venue: Hall 2, Exhibition/Ground Level**Belonging Art Exhibition Opening From: 5.10pm
Venue: Hall 2 and Foyer Areas, Exhibition/Ground Level & Level 1**

CONFERENCE PROGRAM

Thursday 23rd August 2012

S35 Keynote - Mick Gooda

23/8/2012 From: 0900 To: 1000

Keynote Presentation: Venue: Hall A&B

Mental illness and cognitive disability in Aboriginal and Torres Strait Islander prisoners – a human rights approach

1000 – 1030 Morning Tea in Hall 2

S36 Recovery, early psychosis, evaluation

23/8/2012 From: 1030 To: 1230

Papers 20': Venue: Hall A&B

Can prospective memory performance in individuals with early psychosis benefit from implementation intention.

Chris Lloyd Philip Williams David Shum Nasseema Khoyratty

Effective consumer involvement in the establishment of an Early Psychosis Service.

Chris Lloyd Michelle Edwards Gabrielle Vilić Philip Williams Kathy Turner

Early Psychosis in Mainstream Mental Health, The St Vincent's Experiment 6 years on: Integration Not Fragmentation Part 2.

Graeme Doidge

Promoting recovery via an integrated model of care to deliver a bed-based, mental health Prevention and Recovery Centre.

Stuart Lee Laura Collister Simon Stafrace Elizabeth Crowther Jayashri Kulkarni

S37 Employment.

23/8/2012 From: 1030 To: 1230

Featured Symposium: Venue: Hall C

Employment.

Kristy Sanderson Geoff Waghorn Phil Nadin

S38 Cultural diversity; rural communities

23/8/2012 From: 1030 To: 1230

Papers 20': Venue: Hall D

Engaging CALD communities In Mental Health - Thinking outside the square.

Angela Devoti

Culturally and Linguistically Diverse (CALD) consumers' participation in quality improvement.

Hannah Gardner

Rural Outreach for Locally Led Outcomes.

Cecilia Moar Sandy Rawson

Supporting recovery and citizenship across cultures: A self appraisal and supervision tool for people working in the mental health sector.

Ofelia Rivera

S39 Improving physical health

23/8/2012 From: 1030 To: 1230

Snapshots - Brief Paper 10': Venue: Meeting Room 1

Improving the physical Health of people with a mental illness in Sunbury.

Bernard Heaney Bernadette Hetherington

Tobacco and Mental Illness, A national project.

Deiniol Griffith

Smoking-creating responses to increase recovery and participation.

Laurie Bassett

So You Think You Have a Good Advanced Directive. Think Again! Have you included decisions you have made regarding your physical health.

Fay Jackson

Smoking Reduction Program Presentation.

Elise Tomkins Jacqui Anketell Trish Jochheim

Citizenship and BPD.

Judy Burke Bob Burke

S40 Sensory-based approaches

23/8/2012 From: 1030 To: 1230

Papers 20': Venue: Meeting Room 2**Qualitative findings from a pilot study examining the use of sensory interventions in New Zealand acute mental health services.**

Daniel Sutton Kirsten van Kessel

Establishing Sensory Based Approaches in Mental Health Inpatient Care: A Multidisciplinary Approach.

Angela Chalmers Sophie Harrison Kade Mollison Noel Molloy Kelly Gray

Mindfulness and sensory modulation strategies to regulate arousal and emotional reactivity in young adults in acute care.

Julia Bowman Amy Wilson Elisabeth Marsland Deborah Redman

Sensory-based Approaches to Managing Distress: The theory that supports the practice.

Daniel Sutton Kirsten van Kessel Carolyn Swanson Anne MacDonald Andrea Dempsey Michael Wilson

S41 1.Symposium: NCPIC on Cannabis

23/8/2012 From: 1030 To: 1230

Symposium - 1 hr: Venue: Meeting Room 3 &4**NCPIC Symposium: Cannabis, young people and mental health.**

John Howard Anna Michalopolous Dion Alperstein Kanina Hickey Sonia Cox Dion Alperstein Greg Soames

S41 2.Workshop: QuikFIX**Workshop 1 hr: QuikFIX Workshop - A Brief Motivational Interviewing Intervention for Cannabis Use and Mental Health.**

Ettly Matalon Leanne Hides Dan Lubman

S42 Citizenship framework

23/8/2012 From: 1030 To: 1230

Workshop 1 hr: Venue: Meeting Room 5 & 6**Allies in mental health? The role of privilege and power in recovering citizenship**

Emma Ladd Flick Grey

Symposium - 1 hr:**A citizenship framework: How can mental health services support the recovery of citizenship.**

Helen Paris Hamer Carolyn Swanson Anne McDonald

S43 Citizenship framework

23/8/2012 From: 1030 To: 1230

Papers 20': Venue: Meeting Room 7**Recovery and involuntary mental health admissions: The importance of control, relationships and hope.**

Marianne Wyder Robert Bland David Crompton

Freeing up existing resources to enable access.

Andrea Taylor Glen Bowcock Peter Thomas

Organisational Transformation to Recovery-oriented practices: Challenges and Rewards.

Dorothy Dunne Wolf Scott

Building capability for acute community care- training in crisis resolution & home treatment.

Paul O'Halloran

S44 Body and mind

23/8/2012 From: 1030 To: 1230

Papers 20': Venue: Meeting Room 8**Partnerships Leading to Better Practice: Pursuing the National Mental Health Plan for Victorians with an Eating Disorder.**

Felicity Lawrence Philippa Harrison Jani White

The experience of weight gain by people taking second generation antipsychotic medication: The family perspective.

Lea Scheltens Kim Usher Tanya Park

A nurse led intervention on weight gain for people with serious mental illness: results of a randomised control trial.

Tanya Park Kim Usher Kim Foster Petra Buettner

Keeping the body in mind: Time to get active.

Stephanie Webster Jackie Curtis Andrew Watkins Julio De La Torre

S45 Lunchtime Poster Session

23/8/2012 From: 1300 To: 1330

Posters: Venue: Hall 2 - Exhibition/Ground Level

Measuring Outcomes. Not a problem for Centacare Ballarat.

Gail McNaul Michelle Orr

Re-covering mental health promotion as a tool for improving outcomes for Indigenous women, infants and their families.

Sarah Davies-Roe

Promoting citizenship among Consumer and Carer Representatives.

Penny Thomas

Conexus Magazine Bumper Issue Cover.

Damien Phillips Kristy Webb

Reviewing personal recovery strategies for mental health and promoting change.

Mary Ward

23 Big Issues

Douglas Holmes

Achievement Awards Posters

23/8/2012 From: 1300 To: 1330 Venue: Hall 2 - Exhibition/Ground Level

Posters: Caritas – A Star Ward

Douglas Holmes

Facilitating transfer of training through values clarification and coaching

Frank Deane

MHPOD (Mental Health Professional Online Development)

Penny Tolhurst

Our Consumer Place

Flick Grey

H2M: HIV & HCV Mental Health in Primary Care

Kurt Andersson-Noorgard

Rural consumers make their Mark

Elizabeth Martin

Team work increases support and recovery for mothers

Priscilla Yardley

Keeping Families in Mind

Elizabeth Fudge

1230 – 1330 Lunch in Hall 2**S46 Recovery after disasters**

23/8/2012 From: 1330 To: 1500

Papers 20': Venue: Hall A&B**Mental Health Disaster Response, The Value of an Integrated and Collaborative Approach.**

Brendan Hedger Chris Druce

Recovery Stress following Natural Disasters: What are Mental Health Priorities.

Rob Gordon

The National Alliance For Rural And Remote Mental Health.

Russell Roberts

S47 Consumer- run employment

23/8/2012 From: 1330 To: 1500

Symposium - 1.5 hrs: Venue: Hall C**From consumer participation to consumer run-services: valuing & utilising lived experience and reclaiming citizenship.**

Indigo Daya Sandi Noble Janet Karagounis Judith Drake Gail Fujiwara

S48 Narrative tools

23/8/2012 From: 1330 To: 1500

Workshop 1.5 hrs: Venue: Hall D**When is a story not just a story. Narrative as a valuable tool for consumers to use in the education of the community, schools, general practitioners and just about everyone in between.**

Merinda Epstein Wanda Bennetts

S49 Working towards Social Inclusion

23/8/2012 From: 1330 To: 1500

Snapshots - Brief Paper 10': Venue: Meeting Room 1**You don't have to be mad to work here but that's how I got the job.**

Louise Howe

The Comprehensive Assessment Process: Kick-starting recovery for people with Severe Mental Illness in a Community Care Unit setting.

Alicia King

Systems which enable social inclusion.

Michelle Quirk Chris McInnes

Wellness Recovery Action Plan (WRAP) evidence based practice: A way forward.

Bianca Holgate

The Bridging Program: Utilising principles of assertive community treatment without the team.

Luis Enrique Albornoz

Woe to Go - A New Way of Recruiting and Selecting Staff.

Craig Stanley-Jones Arthur Papakotsias

Coaching as a Service Improvement Mechanism.

Craig Stanley-Jones Arthur Papakotsias

S50 Partners in Depression

23/8/2012 From: 1330 To: 1500

Symposium - 1 hr: Venue: Meeting Room 2**Partners in Depression- Supporting those who care.**

Emma Cother Katie McGill Deanna Pagnini Tania Ewin Elena Terol

S51 Trauma informed care

23/8/2012 From: 1330 To: 1500

Symposium - 1.5 hrs: Venue: Meeting Room 3 &4**Trauma Informed Care - a paradigm shift.**

Sabin Fernbacher Sandra Boughton Sandy Jeffs Robyn Humphries

S52 Peer workers & community

23/8/2012 From: 1330 To: 1500

Papers 20': Venue: Meeting Room 5 & 6**Rediscovering Citizenship in the Recovery Domain; A Discussion About the MI Recovery Program.**

Cassy Nunan Julie Anderson

The evolution of the peer support worker role in community mental health.

Jill Farrelly

Implementation of Targeted Community Care Mental Health.

Jill Farrelly

S53 Measuring outcomes

23/8/2012 From: 1330 To: 1500

Papers 20': Venue: Meeting Room 7**Sharing Perspectives - Driving a Culture of Recovery!**

Lisa Jones

NOCC Strategic Directions: Where are we heading.

Sarah Anstey

Well-being accounts linking individuals to the state.

Suellen Donnelly

S54 Rights: parents & children

23/8/2012 From: 1330 To: 1500

Papers 20': Venue: Meeting Room 8**Stepping into their Shoes - a mental health response to embracing the rights of children and parents.**

Rosemary Lawton Harry Gelber

Recovering 'parent-ship.

Elizabeth Fudge Amanda Waegli

1500 – 1530 Afternoon Tea in Hall 2

S56 Wellness and work

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Hall A&B**The Queensland Employment Specialist Initiative: a multi-site randomised controlled trial.**

Geoffrey Waghorn

Wellness Through Work: Getting Employment and Education on the Inpatient Agenda.

Catherine Skate Daniel Angus

Walking our Talk: Re-covering consumer worker rights to mentally healthy workplaces

Gabrielle Le Bon Monica Acosta Leone Crayden

S57 Improving access

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Hall C

Hope and recovery: A consumer run program in mental health.

Chris Lloyd Gabrielle Vilic Philip Williams

Partnership between Improving Access to Psychological Therapies (IAPT) and Mind.

Rana Grace Julianne Watson Paige Knott

The First Improving Access to Psychological Therapies (IAPT) service to provide follow-up from an Emergency Department.

Julianne Watson

S58 Art and Activism

23/8/2012 From: 1530 To: 1700

Symposium - 1.5 hrs: Venue: Hall D

Artivism, Act-ivism and Activism: Answering back to the psy-complex, mental-health-justified oppression and social injustice.

David Fryer Magi Rai Paul Duckett Rhonda Dixon Grovenor Rose Stambe Magirai Carmody Steph Hicks Sahra Dauncey Seonaid Linn Rufus May

S59 Treatment and prevention

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 1

Suicide prevention in the Australian Mental Health Sector.

Sarah Coker

Delay to seek treatment for alcohol use disorders in the Australian population,

Cath Chapman Tim Slade Caroline Hunt Maree Teesson

Comorbidity of anxiety, affective and substance use disorders in the Australian population: which comes first and what does it tell us.

Tim Slade Pete McEvoy Cath Chapman Rachel Grove

S60 Improving practice

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 2

Improving clinicians' practice in providing service to families and carers.

Christina Pead-Erbrederis David Brophy Hannah Jewell

The Bridge to consent.

Linda Weedon Rhonda Wilson

Reviewing the National Practice Standards for the Mental Health Workforce and developing mental health competencies.

Penny Tolhurst Simone Trembath

S61 Trauma informed care

23/8/2012 From: 1530 To: 1700

Workshop 1.5 hrs: Venue: Meeting Room 3 &4

Trauma Informed care workshop - A consumer perspective.

Liz Mullinar Helen Thompson Daya Henkel

S62 Refugees: Asia-Pacific

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 5 & 6**Refugee Family Reunification, Mental Health and Settlement Outcomes.**

G.E. Poole Chaykham Choummanivong

Supporting the mental health of newly arrived refugees.

Wendy Zerner Greg Turner

Promoting citizenship for people living with mental illness in Promoting citizenship for people living with mental illness in the Asia Pacific: Asia Australia Mental Health.

Margaret Goding Brigid Ryan Kate White Cynthia Agustin Chee Ng

S63 Personal journey dilemmas

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 7**Letting others hear your Voice(s) Making the decision to disclose.**

Judith Drake

Recovery and Citizenship: Our Stories.

Jacob Lance Joseph

Coming Out and Making the Team: The advantages and risks of disclosure.

Peri O'Shea

S64 Improving care

23/8/2012 From: 1530 To: 1700

Papers 20': Venue: Meeting Room 8**Improving Consumer Feedback and Complaints Management.**

Debbie Bridgeford

Seclusion, trauma, and post incident support: An Australian study.

Stuart Lee Fiona Whitecross Amy Seear

How I overcame seclusion shock, began my true recovery and started becoming a citizen again.

Keir Saltmarsh

Film: Insatiable Moon (repeat) 5.30 - 7.30pm – Venue: Meeting Room 1, Level 1**Film Presentation: Community and Environmental Healing 5.30 – 6.30pm Venue: Meeting Room 8, Level 1**

CONFERENCE PROGRAM

Friday 24th August 2012

Breakfast Meeting

24/8/2012 0745am Venue: Meeting Room 1

TAMHSS (Transforming Mental Health Services Network)**S76 Keynote Address and Special Presentation:** Venue: Hall A&B

24/8/2012 From: 0900 To: 1015

Hon Mark Butler, Minister for Mental Health and Ageing**S76 Keynote – Rufus May**

The Quest for Freedom

1015 – 1045 Morning Tea in Hall 2**S77 Mental Health Commissions**

24/8/2012 From: 1045 To: 1245

Featured Symposium - 2 hrs: Venue: Hall A&B**Mental Health Commissions - symbols or levers of reform.**

Chair: Alan Rosen. Opening Speaker: Hon Mark Butler. Introduction: Hon Helen Morton MLC (WA). Speakers: Louise Bradley, Canada; Lynne Lane, Peter McGeorge, New Zealand; Georgie Harman, Australia (national); Eddie Bartnik, WA; Bill Kingswell, QLD, Lesley Van Schoubroeck, Sebastian Rosenberg

S78 1. Symposium: Service roles, boundaries

24/8/2012 From: 1045 To: 1245

Symposium - 1 hr: Venue: Hall C**Services, Roles and Boundaries: Exploring the WHO, WHAT and WHERE of Mental Health Services in a Changing Multi-Sector World.**

Tully Rosen Tina Smith Jenna Bateman

2. Symposium - 1 hr: Venue: Hall C**Working together, working better: An inter-disciplinary case study panel discussion.**

Nicky Bisogni Janne McMahon Evan Bichara Mary Emeleus Roger Gurr John Farhall

S79 Learning, benchmarking, art

24/8/2012 From: 1045 To: 1245

Papers 20': Venue: Hall D**Web based Learning connecting Day to Day Living Program service providers with recovery oriented practice.**

Melody Edwardson Helen Glover

Art Bridges the Gap.

Carolyn Noel

Mental Health Professional Development - recovery online.

Michael Blair

Building consumer and carer involvement in clinical benchmarking

Joanne Sharpe Peri O'Shea

S80 Inclusive communities

24/8/2012 From: 1045 To: 1245

Snapshots - Brief Paper 10': Venue: Meeting Room 1**European Football: The experience of young people with psychosis.**

Chris Lloyd Philip Williams Michael Paterson

Social Inclusion as a Determinant for Mental Health.

Carlie Grove Dianne Lewis Kara Holmes

Analysis of strategies used during of personal journey of over sixty years of hospital treatment including five years of PTSD

Mary Ward

In Our Words' Writing Group.

Jennifer Swist Louise Witherell

Trauma and the Move Towards Citizenship.

Glenda Blackwell

The impact of an education and support group for carer's of people with mental illness.

Luisa Adesso Geraldine Albornoz

S81 Treatment and co-ordination

24/8/2012 From: 1045 To: 1245

Papers 20': Venue: Meeting Room 2

Care Coordination: A Holistic Approach to Supporting Consumers with Multiple and Complex Needs.

Cathy McKenzie Frances Walker

Implementing a Strengths Based Model of Recovery in a Hospital Based Community Mental Health Team.

Peter McGeorge Kay Wilhelm Andrew Wilson Steve Bernardi Helen Vidler

Psychiatric triage use by repeat contact consumers: an evaluation of frequency and severity of presentations and discharge outcomes.

Terri Hunt Melissa Petrakis Bryan Bowditch

Communication and AAC in Mental Health.

Natalie Albores

S82 * ~~Workshop: MH First Aid~~

~~24/8/2012 From: 1045 To: 1245~~

~~Workshop 1 hr:~~ Venue: Meeting Room 3 &4

~~Early intervention in the school setting: Mental Health First Aid Training as an evidence based approach to developing school community support for young people with mental illness.~~ WITHDRAWN

~~Laura Hart Claire Kelly Betty Kitchener Anthony Jorm~~

Symposium - 1 hr: Venue: Meeting Room 3 &4

Reading the tea leaves - understanding mental health data.

Toni Ellis Bill Kingswell Grant Sara Ruth Catchpoole

Note: this symposium commences at 11.45am

S83 1. Symposium: Families

24/8/2012 From: 1045 To: 1245

Symposium - 1 hr: Venue: Meeting Room 5 & 6

Asking the right questions: What works well with families where a parent has a mental illness.

Fiona McIlwaine Melinda Goodyear Hannah Jewell Imogen O'Neill Greg U'ren Rose Cuff Jennifer Power

2. Workshop: Rehabilitation martial arts

Workshop 1 hr: Completing the Rehab Circle - A Rock and Water Approach.

Bronwyn Lunt Roslyn Poole

S84 Collaboration Consumers Families

24/8/2012 From: 1045 To: 1245

Papers 20': Venue: Meeting Room 7**Sustaining Consumer and Carer Participation.**

Ailsa Rayner Joe Petrucci Samantha Sanbarossa

Evaluation of the ON FIRE peer support program for children and adolescents in families affected by mental health issues.

Kim Foster Ingrid McPhee Judith Fethney Andrea McCloughen Peter Lewis

Effective Discharge Planning: Consultation and Collaboration with Families and Carers.

Michelle Swann

Peer support at the coalface: the Consumer Companion Program.Karen McCann Rick Austin

S85 Home, community, family

24/8/2012 From: 1045 To: 1245

Papers 20': Venue: Meeting Room 8**First Things First: People with mental illness who experience homelessness creating a home and building lives through the Doorway Enhanced Housing First Demonstration Project.**

Tracey Swadling Ruby Partland

All the time inside: Stigma, Community Participation and Family Empowerment.

Maris Depers Trevor Crowe

Happening at home -Providing Emergency Crisis Resolution and Psychosocial Support for Clients

Michelle Hilton

Changing and Creating New Relationships.Pamela Rutledge Phil Nadin

1245 – 1345 Lunch in Hall 2

S87 Recovery from Natural Disasters

24/8/2012 From: 1345 To: 1515

Featured Symposium - 1.5 hrs: Venue: Hall A&B**Recovery from Natural Disasters: the case of Far North Queensland.**Michael Wilson Tony Sansom-Gower Kim Usher Nick Rayner Pauline Coffey
Suellen Donnelly

S88 Inclusion, reform, recovery

24/8/2012 From: 1345 To: 1515

Paper 20': Venue: Hall C**Belonging Bagels and Beyond - Cafe Culture embraces Social Inclusion.**

Sally Carr Jacqui Gibson

Community Rehabilitation Centres - Reform, redesign and improved consumer outcomes - a progressive journey

John Strachan Matt Ballestrin Heather Gibb

The move to an integrated community team: supporting 'recovery.Liz Prowse Alison Pickering Danny Tapscott

S89 Services and rights

24/8/2012 From: 1345 To: 1515

Papers 20': Venue: Hall D**Does Involuntary Commitment Deny Entitlement to Voting and therefore removes the Rights of Citizenship?**

Ann Smith Zinaida Comely Sharon Lawn John McMillan

Is Recovery and Citizenship the Road Less Travelled.Catherine Flanagan Eleanor Gatto

S90 Consumer participation, community engagement

24/8/2012 From: 1345 To: 1515

Snapshots - Brief Paper 10': Venue: Meeting Room 1**Brainwaves 3CR, Community Engagement through Radio**

Mel Kelleher Ben Rinauldo

Tell us your story.

Catherine Fox Bernadette Brady

Not another Consumer Reference Group: Why the Victorian CALD Consumer Reference Group is making the world of difference.

Evan Bichara Jacqui Gibson

Consumer participation as a process to reclaim citizenship.

Julie Anderson Darren Freak

Ambassadors of Hope Project Mind Australia

Jon Martin

Sharing The Recovery Experience.

Anisa Ross

Who's the Expert - The Hearing Voices Support Group Journey.Karen Backhouse Karen Hanzel-Jones Sam Higgins Lorrie Louws

S91 Hearing Voices

24/8/2012 From: 1345 To: 1515

Papers 20': Venue: Meeting Room 2**Our Journey - Voice Hearing Support Group at Bawu Living Skills Centre.**

Nancy Ong Jennifer Sabharwal

What it means to be 'out and proud' at work - when hearing voices is no longer a secret.

Maggie Toko

Improving outcomes and reducing formal paid support for individuals living with a mental illness, through a recovery oriented service delivery frameworkChantelle Ritchie Adrian Burke

S92 Gender and citizenship

24/8/2012 From: 1345 To: 1515

Papers 20': Venue: Meeting Room 3 &4**Recovering Citizenship for LGBTQI Mental Health Participants.**

Kath Sellick Paul McCauley

Queer Community Wellbeing: The Results of Being Curious.

Reima Pryor Karen Field

Equality, Gender Sensitive Care, Safety - are these my rights as a citizen.Cheryl Sullivan Jude Stamp Julie Dempsey

S93 Young people

24/8/2012 From: 1345 To: 1515

Paper 20': Venue: Meeting Room 5 & 6

Rural youth services: Pulling the threads together.

Bethany Paterson Andrew Fort Kerri Choules

Indicators of well-being and the voice of young people living with mental illness: How do they compare.

Francesca Coniglio Anne Honey Nicola Hancock Gwynnyth Llewellyn

Meds, Drugs and Rock 'n' Roll: Mental distress, substance use and engaging young people through creative arts.

Nichole Sullivan Lindsay Martin Gabriella Holmes

S94 Evaluation

24/8/2012 From: 1345 To: 1515

Papers 20': Venue: Meeting Room 7

Discovering the We in Us and them.

Rob Warriner

Are we recovery orientated. Learning from people with lived experience.

Melissa Petrakis Lisa Brophy Michael Stylianou Matthew Scott Jayne Lewis Nadine Cocks Liam Buckley Kieran Halloran

Changes in unmet needs and symptom severity after intake to a Psychiatric Disability Rehabilitation and Support Service

Tom Trauer Glen Tobias Arthur Papakotsias

1515 – 1545 Afternoon Tea in Hall 2

Closing Ceremony; Song Connection Choir; handover of banner to next year's Committee - 3.45pm Venue: Hall A&B, Level 1

HELP PAGE

If you need assistance, the Registration Desk will assist you. A mental health worker will be on duty during the conference – please ask at Registration Desk if you need to contact them.

EMERGENCY – AMBULANCE -	000
24 Hour CRISIS TEAM/MENTAL HEALTH TEAM	
Assessment Crisis & Intervention Service: Acute Care Team	4226 3100
COMMUNITY HELP:	
Lifeline -	13114
Alcoholics Anonymous –	1300 222 222 / 4051 2872
Problem Gambling Helpline –	1800 858 858
PHYSICAL HEALTH SERVICES:	
Public Hospital Cairns Base Hospital – 165 The Esplanade Cairns –	4226 0000
GENERAL PRACTITIONERS:	
Cairns 24 Hour Medical Centre – Cnr. Florence and Grafton Streets Cairns	4052 1119
Central Plaza Doctors – 50 McLeod and Aplin Streets (opposite Cairns Central – Coles end) (both bulk bill)	4046 8600
PHARMACY:	
Priceline Cairns Central Shopping Centre McLeod Street	4035 3515
Chemist Warehouse 50 McLeod Street (opposite Cairns Central – Coles end)	4041 0222
Late night Pharmacy , Cairns Apothecary 7am – 11pm Cnr. Florence and Grafton Streets Cairns	4031 8411
DENTIST:	
Cairns Square Dental Level 2 Cairns Square, corner of Abbott & Shield Street	4041 3234

TheMHS PROGRAMME AT A GLANCE

TUESDAY 21 August 2012

	Meeting Room 1	Meeting Room 2	Meeting Room 3&4 + foyer space outside the room door	Meeting Room 5&6&7	Meeting Room 8
	Workshop 2: Leadership	Workshop 1: Mindfulness	Carer Forum	Consumer Forum	Indigenous Forum
	9.00am Start	9.00am Start	9.00am: Welcome to Country	9.00am: Welcome to Country	9.00am: Welcome to Country
Morning tea	10.30 - 11.00am	10.30 - 11.00am	10.30 - 11.00am	10.30 - 11.00am	10.30 - 11.00am
Lunch	Finish 1.00pm	12.30 - 1.30pm	12.30 - 1.30pm	1.00 - 2.00pm	1.00 - 2.00pm
Afternoon Tea		3.00 – 3.30pm	Finish 3pm	3.00 - 3.30pm	3.00 - 3.30pm
		Finish 5pm		Finish 4pm	Finish 5pm
	5 pm Film: Insatiable Moon				

Meeting Room 9 - Exhibition/Ground Level	QUIET ROOM
Foyer, Level 1, Sheridan St side	SPEAKER PREP ROOM
Hall 2 - Exhibition/Ground Level	BOOTHES; SPONSORS; POSTERS; CATERING

DISCLAIMER

Information given by presenters at the conference does not represent the views of TheMHS, and does not constitute therapeutic advice.

Wed Part A
Pdf attached

Wed Part B pdf attached

- Thurs Part A
Pdf attached

Thurs Part B
Pdf attached

Fri Part A
Pdf attached

Fri Part B
Pdf attached

BOOKMARK THIS NOW

**TheMHS SUMMER FORUM
FEBRUARY 2013
SYDNEY, NSW**

Mental Disorders and Physical Health: linking body and mind

The 2013 Summer Forum will bring together leading experts - clinicians, researchers, consumers and families to address the crisis of poor physical health among people living with psychosis and other severe and enduring mental illness. It will call for an evidence-based holistic approach to prevention and treatment that links body and mind and will address a number of crucial questions including: What is the latest evidence on how medications and their side-effects contribute to poor physical health and what can be done to minimise this impact? How does poor physical health affect quality of life for consumers and their families? What role does a healthy lifestyle play in recovery from mental illness? What does the recent Australian Survey of High Impact Psychosis tell us about the physical health of those living with psychotic disorders, and what are the implications for service delivery and policy development? How should we approach smoking and mental health? How do we improve co-ordination of care across the physical and mental health care sectors? And what new and innovative interventions are available to manage and prevent chronic physical conditions for people living with mental illness?

Experience of poor physical health and inadequate access to care is a significant problem for people living with mental illness. We would like to raise the profile of this issue, deepen our collective understandings, and highlight some innovative service responses aimed at linking body and mind to improve the physical health for people living with mental illness. If you want to discuss, debate, and learn about this important issue then the 2013 TheMHS Summer Forum is for you!

Keynote Speaker:

David Shiers *is a General Practitioner from the UK, his special interest in mental health arising from personal involvement as carer. His commitment is to improve the physical health care of those with serious and persisting mental disorders by leading a program of engagement between primary care and local Early Intervention services. Other speakers will be announced on TheMHS website.*

Melbourne Conference 2013

Pdf supplied by Ready Set Design (P.9 in Book of Abstracts) and also attached (whichever file is better for you to use)

- **You will need to remove P.13 and change to P. 30 in header, as above and**
- **change/remove Footer to 'Conference Program, Cairns 2012'**

TheMHS Conference is an independent, incorporated non-profit organisation.
TheMHS provides a large number of subsidised places and bursaries.

TheMHS thanks the following sponsors

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- Mind Australia
- Cairns Regional Council – sponsor of Monday night Meet and Greet
And with the support of
 - Cairns and Hinterland Mental Health and ATOD Service
 - Worklink Cairns

EXHIBITORS IN HALL 2

- Anti Discrimination Commission
- Australian Medicare Local Alliance
- Australian Mental Health Outcomes and classification Network
- COPMI (Children of Parents with a Mental Illness)
- Crisis Support Services
- Diabetes Australia
- Heal for Life Foundation
- Hunter New England Local Health District
- Mental Health & ATOD Service Cairns
- PeerZone
- Sane Australia
- TAMHSS
- TheMHS
- Western NSW Local Health District
- Worklink