22nd Annual Conference
The Mental Health Services Conference Inc (TheMHS) of Australia and New Zealand

CONFERENCE PROGRAM

Cairns Convention Centre

21 – 24 August 2012
CCC Floor Plan
Pdf already emailed by Ready Set Design (P.13 in Book of Abstracts) and also attached (whichever file is better for you to use)

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- remove/ change footer to name of footer below.
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### Program Changes:

Please check Notice Board for any last minute Program Changes

* (Asterisk) indicates a program change from the Book of Abstracts

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<td>Hall 2 - Exhibition/Ground Level</td>
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Current as at 30.7.2012

Conference Program, Cairns 2012
CONFERENCE PROGRAM
Wednesday 22 August 2012

Opening Ceremony: Delegates will be welcomed to country by
Professor Henrietta Marrie Gimuy Walaburra Yidinji of Cairns.
22/8/2012 From: 0845 To: 0915 Venue: Hall A&B

Opening Session:
22/8/2012 From 0915 To: 1000 Venue: Hall A&B
Opening: Achievement Awards Presentation and Address by Professor Allan Fels

S03  Keynote – Roberto Mezzina
22/8/2012 From: 1000 To: 1100
Keynote Presentation: Venue: Hall A&B
Citizenship, Recovery and Crisis: Linking Social Action and Community-Based Service

1100 – 1130 Morning Tea in Hall 2

S04  Three Faces of Change
22/8/2012 From: 1130 To: 1300 Venue: Hall A&B
Featured Symposium: Three Faces of Change
Tom Brideson  Gracelyn Smalwood  Ernest Hunter

S05  MH Workforce
22/8/2012 From: 1130 To: 1300
Papers 20*: Venue: Hall C
Peer Specialist and Carer Consultants working in Mental Health Units in SA: A follow up evaluation of Consumer, Carer and Staff Perspectives.
Matthew Halpin  Charmaine Gallagher
Workforce skilling towards a recovery-oriented service system.
John Katsourakis  Jennifer Gordon  Sue Harrison
No Suppression - Creating Citizenship.
Paula Hanlon  Linda Mizzi

S06  Symposium
22/8/2012 From: 1130 To: 1300
Symposium – 1hr: Venue: Hall D
Recovery and Reconnection for people in Remote Communities.
Xenia Girdler  Wayne Harrington  Geoff Loehmayer

S07  Peer Leadership
22/8/2012 From: 1130 To: 1300
Snapshots - Brief Paper 10’: Venue: Meeting Room 1
Conexus Magazine - A UCWPA creative arts magazine enterprise for consumers around Australia.
Kristy Webb  Sharon Buer
Taking Action: Engaging in Community Life.
Beth Fogerty  Rebecca Murphy  Christine Strachan
Peer to Peer, Not Pillar to Post: Why Authentic Inclusion of the Peer Workforce is a Citizenship Matter.
Cassy Nunan  Julie Anderson
Deiniol Griffith
Recovering Citizenship: Exploring the path from consumer participation to consumer leadership.
Lana Woolf
Single Session Peer Work: a framework for peer support.
Peter McKenzie

**S08 Citizenship: kids and adults**
22/8/2012 From: 1130 To: 1300  
Snapshots - Brief Paper 10': Venue: Meeting Room 2  
Time Out: Making a Real Difference in the Lives of Young People.  
Toni Hines  Caitlyn Seymour-Smith  Shandell Holmes  
Citizenship in a Licensed Residential Centre Boarding House. The ALI way.  
Peg Ludwig  
Team Work Increases Support and Recovery for Mothers.  
Priscilla Yardley  Suzanne Heppell  
*Implementing Indigenous Child and Youth Care Coordination.*
Jenine Godwin-Thompson—WITHDRAWN  
Embedding the Principle of Citizenship in Practice to Create Opportunities and Pathways.  
Delia O'Donohue  Linda Rose  
You're it, or, service transformation for adrenaline junkies.  
Andrew Blythe  Kate O'Keefe

**S09 Collaboration, confidence, capacity, community**
22/8/2012 From: 1130 To: 1300  
Snapshots - Brief Paper 10': Venue: Meeting Room 3 & 4  
What is Best Practice for true collaborative participation between consumers carers and providers.  
Ingrid Bentsen  Sally Whyte  
Developing a national consumer experiences of care tool. Who is it for anyway?  
Brigid Clarke  Wayne Weavell  
Leisure Bank.  
Helen McMullan  
Consumer and Carer Representation building confidence and capacity.  
Penny Thomas  Louise Howe  
Regaining citizenship; Connecting with community at Yakkalla.  
Liz Kelly  
Restructuring for Independent Citizenship.  
Steven Dolman  Brian Owen

**S10 Quality, outcomes, ethics**
22/8/2012 From: 1130 To: 1300  
Snapshots - Brief Paper 10': Venue: Meeting Room 5 & 6  
How Mental Health Group Workers think about their practice  
Michelle Swann  
Bridging organisations through their code of ethics.  
Evan Bichara  Sandy Mulhauser  
Measuring Outcomes. Not a problem for Centacare Ballarat  
Gail McNaul  Michelle Orr  
Using Measures of Service Quality to Improve Client Outcomes.  
Phil Eddy  
Bringing Consumers and Carers to the Table - Collaboration in the development of Outcome Measures.  
Tania Lewis  
Carers Experience of Mental Health Care  
Tim Coombs
**Client Management Systems - Struggle or success? Changing mindsets and using data to understand Recovery outcomes**  
Jill Steverson  
WITHDRAWN

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<td>Believe ... Achieve.</td>
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<td>Peter Tos, Kerry Lynch, Lansi Lin, Rebecca Tsang</td>
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<td>From Consumer to Carer and Back Again: Managing intergenerational mental illness and employment.</td>
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<td>Fay Jackson</td>
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<td><strong>National Mental Health Consumer &amp; Carer Forum (NMHCCF).</strong></td>
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<td>Michael Burge, Keiran Booth</td>
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<td>S12</td>
<td>Creating better futures for aboriginal people</td>
<td>22/8/2012 1130-1300</td>
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<td><strong>Papers 20’</strong></td>
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<td>Creative Livelihoods - It's not just art it's a healing thing.</td>
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<td>Michelle Leenders</td>
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<td>Trauma: A pathway to prison for Aboriginal women.</td>
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<td>Juanita Sherwood, Elizabeth Sullivan, Tony Butler, Lise Lafferty, Sacha Kendall</td>
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<td><strong>Aboriginal HASI: Walking Together to Recovery and Citizenship.</strong></td>
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<td>Cate Stanton, Grant Wilson, Matthew Salen, Paul Ryan</td>
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**1300 – 1400 Lunch in Hall 2**

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<td>Cultivating Emotional Balance</td>
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<td><strong>Workshop 1 hr</strong></td>
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<td>Cultivating Emotional Balance-from adjustment to flourishing</td>
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<td>Ivan Milton</td>
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<td>S15</td>
<td>Recovery-orientated culture</td>
<td>22/8/2012 1400-1500</td>
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<td><strong>Papers 20’</strong></td>
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<td>Service Coordination: True Partners in Recovery or Just More Medical Model Approaches.</td>
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<td>Tina Smith</td>
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<td>Development of a National Framework for Recovery Oriented Mental Health Practice.</td>
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<td>Ruth Vine, Leanne Craze</td>
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<td>S16</td>
<td>Employment: social purpose organisations</td>
<td>22/8/2012 1400-1500</td>
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<td>Health Optimisation Program for Employment (HOPE) assists job seekers with mental illness to better manage their health in order to gain and maintain employment</td>
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<td>Caitlin McDowell</td>
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<td>Social enterprises: defining the role of social co-operatives in Trieste, Italy</td>
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<td>Roberto Mezzina</td>
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Conference Program, Cairns 2012
S17 People Planning: count on it
22/8/2012 From: 1400 To: 1500
Workshop 1 hr: Venue: Meeting Room 1
Knowing the People Planning - count on it to change lives
David King  Carolyn Swanson  Barry Welsh  Clinician

S18 Physical and mental wellbeing
22/8/2012 From: 1400 To: 1500
Papers 20': Venue: Meeting Room 2
Wellbeing Unit a Multidisciplinary Model of Care for the Physical Health of People with Mental Illness.
Janice Plain  Kristine Grainger  Sharon Mak
HIV and mental health- a review of consumer experiences and can this be used to recover citizenship.
Michael Smith

S19 Overcoming self-abuse
22/8/2012 From: 1400 To: 1500
Workshop 1 hr: Venue: Meeting Room 3 &4
SAFE in Sth OZ Self Abuse Finally Ends. A step by step to overcoming self-abuse, recovery program.
Jo Rugless  Annie Solcombe  Caitlin Sullivan

S20 Wellbeing and cultural diversity
22/8/2012 From: 1400 To: 1500
Workshop 1 hr: Venue: Meeting Room 5 & 6
Harmony Place's Well-Being Program.
Beatriz Martinez  Ruth Bello  Bronwynne Jettoo

S21 Better Access to Primary MH Care
22/8/2012 From: 1400 To: 1500
Round Table 1hr.: Venue: Meeting Room 7
Primary Mental Health Care Roundtable the implications of changes and new developments to the Better Access and Access to Allied Psychological Services (ATAPS) initiatives.
Harry Lovelock  Jenni Parham

S22 Recovering from trauma: personal, professional
22/8/2012 From: 1400 To: 1500
Papers 20': Venue: Meeting Room 8
Recovering citizenship - a personal perspective.
Cathy Kezelman
Restoring citizenship: trying to reform practice staff perspectives.
Toni Ashmore

1500 – 1530 Afternoon Tea in Hall 2

S24 Getting Older
22/8/2012 From: 1530 To: 1700
Papers 20': Venue: Hall A&B
Getting the message out to older people and their carers: depression and anxiety are not a normal part of ageing.
Sue Gherdovich
Developing a SMHSOP Acute Inpatient Unit Model of Care.
John Dobrohotof
Ourselves - getting older. Reflecting on thirty years of mental health consumer advocacy and action.
Meg Smith

S25 Personal road to recovery
22/8/2012 From: 1530 To: 1700
Featured Symposium: Venue: Hall C
The Personal Recovery Journey - the road to citizenship
Paula Hanlon  Michael Appleton  Paul O'Hara  Linda Mizzi  Douglas Holmes  Lynda Hennessy

S26 Supporting employment, understanding recovery
22/8/2012 From: 1530 To: 1700
Papers 20': Venue: Hall D
Partnerships for Employment: The perfect match for getting jobs for people with a serious and persistent mental illness.
Lisa Adesso  Catherine Skate
Understanding the domains and later stages of the recovery journey: Insights gained from Clubhouse members.
Nicola Hancock  Anita Bundy  Anne Honey  Mark McMahon  Sally Tamsett
Mindful Employer: A SANE response to mental illness at work.
Charmaine Smith

S27 Supporting carers/families
22/8/2012 From: 1530 To: 1700
Snapshots - Brief Papers 10': Venue: Meeting Room 1
The evolution of a 30 year support group.
Susana Bluwol
Caring for Carers - Supporting the front line of mental health
Adrianne Mary Hicks  Bernie Triggs
Reaching ‘Hidden’ Carers through Integrated and Collaborative Service Delivery Model: A case study of Mental Illness Fellowship Victoria’s Family Service Program in Melbourne West.
Yonas Mihtsuntu
Enhancing carer peer support through clinical and non-government collaboration to deliver support early in the caring journey.
Amber Scanlon  Amanda Gillam  Frances Sanders  Carmel Pardy
Mental Health is not a solo excursion.
Rita O'Toole  Paula Westhead  Reima Pryor
Overview and evaluation of the Victorian ARAFEMI Mental Health Carer Advocacy Program: Carer and organisational experience of advocacy interventions.
Michelle Swann  Frances Sanders

S28 General Practice initiatives
22/8/2012 From: 1530 To: 1700
Papers 20': Venue: Meeting Room 2
Physical Health - Recovering Our Citizens.
Jordan Stephenson  Patrick Roe  Teresa Kelly  Carolyn Bolton  Jessica Schwartz
Clozapine patients can successfully be transitioned into GP Shared-Care or private psychiatrist care.
Stuart Lee  Sacha Filia  Alyson Wheelhouse  Sally Wilkins  Anthony de Castella
Mental Health Nursing in General Practice a new Paradigm.
Meni Stefanovski  Josephine Tan
S29 Aboriginal communities  
22/8/2012  From: 1530 To: 1700  
Papers 20*: Venue: Meeting Room 3 & 4  
Adapting DBT for Aboriginal Communities.  
Maxine Fennell  Gabriella Den Hollander  
Now we can talk the talk, how do we walk the talk: Implementing the key principles of care for older Aboriginal people living with a mental illness.  
Chontel Gibson  
Calling Australia’s leading family practitioners. Cape York Family Centre (Cooktown)  
John Pead  Oriel Murray  Bruce Adams  Tamara Bridges

S30 Community-based care  
22/8/2012  From: 1530 To: 1700  
Papers 20*: Venue: Meeting Room 5 & 6  
Evaluation of a 4 week Rehabilitation Assessment program at St Vincent’s Mental Health Community Care Units: mental health consumers and clinicians perspective.  
Jodie Key  Corinne Owens  Michael Wilson  Melissa Petrakis  
A Front Door of My Own - From institution to community.  
Dorothy Belperio  Paula Hakesley  Gayle Goodman  Janice Hogan  
Citizenship of Mental Health Intellectual Disability to our Community.  
Jenny Cardno  Sandy Smith

S31 Perinatal mental health  
22/8/2012  From: 1530 To: 1700  
Papers 20*: Venue: Meeting Room 7  
Perinatal mental health: women, clinicians & services provided.  
Karen Myors  Virginia Schmied  Maree Johnson  Michelle Cleary  
Working with Mental Illness  
Tanya Taylor

S32 Social inclusion; physical health  
22/8/2012  From: 1530 To: 1700  
Papers 20*: Venue: Meeting Room 8  
Citizenship - A sentimental idea or the next major step.  
Anthony Stratford  
Social inclusion an important indicator of recovery  
Tim Coombs  
Measurement of physical and mental health are they really that different.  
Tim Coombs

Welcome Reception and Contemporary Aboriginal Dance and Didgeridoo performance.  From: 5.10 – 7.30pm  Venue: Hall 2, Exhibition/Ground Level

Belonging Art Exhibition Opening  From: 5.10pm  
Venue: Hall 2 and Foyer Areas, Exhibition/Ground Level & Level 1
CONFERENCE PROGRAM
Thursday 23rd August 2012

S35 Keynote - Mick Gooda
23/8/2012 From: 0900 To: 1000
Keynote Presentation: Venue: Hall A&B
Mental illness and cognitive disability in Aboriginal and Torres Strait Islander prisoners – a human rights approach

1000 – 1030 Morning Tea in Hall 2

S36 Recovery, early psychosis, evaluation
23/8/2012 From: 1030 To: 1230
Papers 20*: Venue: Hall A&B
Can prospective memory performance in individuals with early psychosis benefit from implementation intention.
Chris Lloyd  Philip Williams  David Shum  Nasseema Khoyratty
Effective consumer involvement in the establishment of an Early Psychosis Service.
Chris Lloyd  Michelle Edwards  Gabrielle Vilic  Philip Williams  Kathy Turner
Early Psychosis in Mainstream Mental Health, The St Vincent’s Experiment 6 years on: Integration Not Fragmentation Part 2.
Graeme Doidge
Promoting recovery via an integrated model of care to deliver a bed-based, mental health Prevention and Recovery Centre.
Stuart Lee  Laura Collister  Simon Stafrace  Elizabeth Crowther  Jayashri Kulkarni

S37 Employment.
23/8/2012 From: 1030 To: 1230
Featured Symposium: Venue: Hall C
Employment.
Kristy Sanderson  Geoff Waghorn  Phil Nadin

S38 Cultural diversity; rural communities
23/8/2012 From: 1030 To: 1230
Papers 20*: Venue: Hall D
Engaging CALD communities In Mental Health - Thinking outside the square.
Angela Devoti
Culturally and Linguistically Diverse (CALD) consumers’ participation in quality improvement.
Hannah Gardner
Rural Outreach for Locally Led Outcomes.
Cecilia Moar  Sandy Rawson
Supporting recovery and citizenship across cultures: A self appraisal and supervision tool for people working in the mental health sector.
Ofelia Rivera

S39 Improving physical health
23/8/2012 From: 1030 To: 1230
Snapshots - Brief Paper 10*: Venue: Meeting Room 1
Improving the physical Health of people with a mental illness in Sunbury.
Bernard Heaney  Bernadette Hetherington
Tobacco and Mental Illness, A national project.
Deiniol Griffith
Smoking-creating responses to increase recovery and participation.
Laurie Bassett

So You Think You Have a Good Advanced Directive. Think Again! Have you included decisions you have made regarding your physical health.
Fay Jackson

Smoking Reduction Program Presentation.
Elise Tomkins  Jacqui Anketell  Trish Jochheim

Citizenship and BPD.
Judy Burke  Bob Burke

S40  Sensory-based approaches
23/8/2012  From: 1030 To: 1230
Papers 20':  Venue: Meeting Room 2
Qualitative findings from a pilot study examining the use of sensory interventions in New Zealand acute mental health services.
Daniel Sutton  Kirsten van Kessel

Establishing Sensory Based Approaches in Mental Health Inpatient Care: A Multidisciplinary Approach.
Angela Chalmers  Sophie Harrison  Kade Mollison  Noel Molloy  Kelly Gray

Mindfulness and sensory modulation strategies to regulate arousal and emotional reactivity in young adults in acute care.
Julia Bowman  Amy Wilson  Elisabeth Marsland  Deborah Redman

Sensory-based Approaches to Managing Distress: The theory that supports the practice.
Daniel Sutton  Kirsten van Kessel  Carolyn Swanson  Anne MacDonald  Andrea Dempsey  Michael Wilson

S41  1.Symposium: NCPIC on Canabis
23/8/2012  From: 1030 To: 1230
Symposium - 1 hr:  Venue: Meeting Room 3 &4
NCPIC Symposium: Cannabis, young people and mental health.
John Howard  Anna Michalopolous  Dion Alperstein  Kanina Hickey  Sonia Cox  Dion Alperstein  Greg Soames

S41  2.Workshop: QuikFIX
Workshop 1 hr:  QuikFIX Workshop - A Brief Motivational Interviewing Intervention for Cannabis Use and Mental Health.
Etty Matalon  Leanne Hides  Dan Lubman

S42  Citizenship framework
23/8/2012  From: 1030 To: 1230
Workshop 1 hr:  Venue: Meeting Room 5 & 6
Allies in mental health? The role of privilege and power in recovering citizenship
Emma Ladd  Flick Grey

Symposium - 1 hr:
A citizenship framework: How can mental health services support the recovery of citizenship.
Helen Paris Hamer  Carolyn Swanson  Anne McDonald

S43  Citizenship framework
23/8/2012  From: 1030 To: 1230
Papers 20':  Venue: Meeting Room 7
Recovery and involuntary mental health admissions: The importance of control, relationships and hope.
Marianne Wyder  Robert Bland  David Crompton

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Freeing up existing resources to enable access.
Andrea Taylor Glen Bowcock Peter Thomas

Organisational Transformation to Recovery-oriented practices: Challenges and Rewards.
Dorothy Dunne Wolf Scott

Building capability for acute community care - training in crisis resolution & home treatment.
Paul O’Halloran

S44 Body and mind
23/8/2012 From: 1030 To: 1230
Papers 20*: Venue: Meeting Room 8
Partnerships Leading to Better Practice: Pursuing the National Mental Health Plan for Victorians with an Eating Disorder.
Felicity Lawrence Philippa Harrison Jani White
The experience of weight gain by people taking second generation antipsychotic medication: The family perspective.
Lea Scheltens Kim Usher Tanya Park
A nurse led intervention on weight gain for people with serious mental illness: results of a randomised control trial.
Tanya Park Kim Usher Kim Foster Petra Buettner
Keeping the body in mind: Time to get active.
Stephanie Webster Jackie Curtis Andrew Watkins Julio De La Torre

S45 Lunchtime Poster Session
23/8/2012 From: 1300 To: 1330
Posters: Venue: Hall 2 - Exhibition/Ground Level
Gail McNaul Michelle Orr
Re-covering mental health promotion as a tool for improving outcomes for Indigenous women, infants and their families.
Sarah Davies-Roe
Promoting citizenship among Consumer and Carer Representatives.
Penny Thomas
Conexus Magazine Bumper Issue Cover.
Damien Phillips Kristy Webb
Reviewing personal recovery strategies for mental health and promoting change.
Mary Ward
23 Big Issues
Douglas Holmes

Achievement Awards Posters
23/8/2012 From: 1300 To: 1330 Venue: Hall 2 - Exhibition/Ground Level
Posters: Caritas – A Star Ward
Douglas Holmes
Facilitating transfer of training through values clarification and coaching
Frank Deane
MHPOD (Mental Health Professional Online Development)
Penny Tolhurst
Our Consumer Place
Flick Grey
H2M: HIV & HCV Mental Health in Primary Care
Kurt Andersson-Noorgard
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<td>S46  Recovery after disasters</td>
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<td>Brendan Hedger, Chris Druce</td>
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<td>Indigo Daya, Sandi Noble, Janet Karagounis, Judith Drake, Gail Fujiwara</td>
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<td>S48  Narrative tools</td>
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<td>Merinda Epstein, Wanda Bennettts</td>
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<td>S49  Working towards Social Inclusion</td>
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<td>Louise Howe, Alicia King, Michelle Quirk, Chris McInnes</td>
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<td>Snapshots - Brief Paper 10'</td>
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<td>Bianca Holgate, Luis Enrique Albornoz</td>
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<td>Systems which enable social inclusion.</td>
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<td>The Bridging Program: Utilising principles of assertive community treatment without the team.</td>
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<td>S50</td>
<td>Partners in Depression</td>
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<td>1330 To: 1500</td>
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<td>S51</td>
<td>Trauma informed care</td>
<td>23/8/2012</td>
<td>1330 To: 1500</td>
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<tr>
<td>S53</td>
<td>Measuring outcomes</td>
<td>23/8/2012</td>
<td>1330 To: 1500</td>
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Walking our Talk: Re-covering consumer worker rights to mentally healthy workplaces
Gabrielle Le Bon  Monica Acosta  Leone Crayden

S57 Improving access
23/8/2012  From: 1530 To: 1700
Papers 20': Venue: Hall C
Hope and recovery: A consumer run program in mental health.
Chris Lloyd  Gabrielle Vilic  Philip Williams
Partnership between Improving Access to Psychological Therapies (IAPT) and Mind.
Rana Grace  Julianne Watson  Paige Knott
The First Improving Access to Psychological Therapies (IAPT) service to provide follow-up from an Emergency Department.
Julianne Watson

S58 Art and Activism
23/8/2012  From: 1530 To: 1700
Symposium - 1.5 hrs: Venue: Hall D
Artivism, Act-ivism and Activism: Answering back to the psy-complex, mental-health-justified oppression and social injustice.
David Fryer  Magi Rai  Paul Duckett  Rhonda Dixon Grovenor  Rose Stambe  Magirai Carmody  Steph Hicks  Sahra Dauncey  Seonaid Linn  Rufus May

S59 Treatment and prevention
23/8/2012  From: 1530 To: 1700
Papers 20': Venue: Meeting Room 1
Suicide prevention in the Australian Mental Health Sector.
Sarah Coker
Delay to seek treatment for alcohol use disorders in the Australian population,
Cath Chapman  Tim Slade  Caroline Hunt  Maree Teesson
Comorbidity of anxiety, affective and substance use disorders in the Australian population: which comes first and what does it tell us.
Tim Slade  Pete McEvoy  Cath Chapman  Rachel Grove

S60 Improving practice
23/8/2012  From: 1530 To: 1700
Papers 20': Venue: Meeting Room 2
Improving clinicians’ practice in providing service to families and carers.
Christina Pead-Erbrerederis  David Brophy  Hannah Jewell
The Bridge to consent.
Linda Weedon  Rhonda Wilson
Reviewing the National Practice Standards for the Mental Health Workforce and developing mental health competencies.
Penny Tolhurst  Simone Trembath

S61 Trauma informed care
23/8/2012  From: 1530 To: 1700
Workshop 1.5 hrs: Venue: Meeting Room 3 &4
Trauma Informed care workshop - A consumer persepctive.
Liz Mullinar  Helen Thompson  Daya Henkel

Conference Program, Cairns 2012
S62 Refugees: Asia-Pacific
23/8/2012 From: 1530 To: 1700
Papers 20’: Venue: Meeting Room 5 & 6
Refugee Family Reunification, Mental Health and Settlement Outcomes.
G.E. Poole  Chaykham Choumanivong
Supporting the mental health of newly arrived refugees.
Wendy Zerner  Greg Turner
Promoting citizenship for people living with mental illness in Promoting citizenship
for people living with mental illness in the Asia Pacific: Asia Australia Mental Health.
Margaret Goding  Brigid Ryan  Kate White  Cynthia Agustin  Chee Ng

S63 Personal journey dilemmas
23/8/2012 From: 1530 To: 1700
Papers 20’: Venue: Meeting Room 7
Letting others hear your Voice(s) Making the decision to disclose.
Judith Drake
Recovery and Citizenship: Our Stories.
Jacob Lance  Joseph
Coming Out and Making the Team: The advantages and risks of disclosure.
Peri O’Shea

S64 Improving care
23/8/2012 From: 1530 To: 1700
Papers 20’: Venue: Meeting Room 8
Improving Consumer Feedback and Complaints Management.
Debbie Bridgeford
Seclusion, trauma, and post incident support: An Australian study.
Stuart Lee  Fiona Whitecross  Amy Seeary
How I overcame seclusion shock, began my true recovery and started becoming a
citizen again.
Keir Saltmarsh

Film: Insatiable Moon (repeat) 5.30 - 7.30pm – Venue: Meeting Room 1, Level 1
Film Presentation: Community and Environmental Healing  5.30 – 6.30pm Venue:
Meeting Room 8, Level 1
CONFERENCE PROGRAM
Friday 24th August 2012

Breakfast Meeting
24/8/2012 0745am Venue: Meeting Room 1
TAMHSS (Transforming Mental Health Services Network)

S76 Keynote Address and Special Presentation: Venue: Hall A&B
24/8/2012 From: 0900 To: 1015
Hon Mark Butler, Minister for Mental Health and Ageing
S76 Keynote – Rufus May
The Quest for Freedom

1015 – 1045 Morning Tea in Hall 2

S77 Mental Health Commissions
24/8/2012 From: 1045 To: 1245
Featured Symposium - 2 hrs: Venue: Hall A&B
Mental Health Commissions - symbols or levers of reform.
Chair: Alan Rosen. Opening Speaker: Hon Mark Butler. Introduction: Hon Helen Morton
MLC (WA). Speakers: Louise Bradley, Canada; Lynne Lane, Peter McGeorge, New
Zealand; Georgie Harman, Australia (national); Eddie Bartnik, WA; Bill Kingswell, QLD,
Lesley Van Schoubroek, Sebastian Rosenberg

S78 1. Symposium: Service roles, boundaries
24/8/2012 From: 1045 To: 1245
Symposium - 1 hr: Venue: Hall C
Services, Roles and Boundaries: Exploring the WHO, WHAT and WHERE of Mental
Health Services in a Changing Multi-Sector World.
Tully Rosen Tina Smith Jenna Bateman
2. Symposium - 1 hr: Venue: Hall C
Working together, working better: An inter-disciplinary case study panel discussion.
Nicky Bisogni Janne McMahon Evan Bichara Mary Emeleus Roger Gurr John
Farhall

S79 Learning, benchmarking, art
24/8/2012 From: 1045 To: 1245
Papers 20’: Venue: Hall D
Web based Learning connecting Day to Day Living Program service providers with
recovery oriented practice.
Melody Edwardson Helen Glover
Art Bridges the Gap.
Carolyn Noel
Mental Health Professional Development - recovery online.
Michael Blair
Building consumer and carer involvement in clinical benchmarking
Joanne Sharpe Peri O’Shea

S80 Inclusive communities
24/8/2012 From: 1045 To: 1245
Snapshots - Brief Paper 10’: Venue: Meeting Room 1
European Football: The experience of young people with psychosis.
Chris Lloyd Philip Williams Michael Paterson
Social Inclusion as a Determinant for Mental Health.
Carlie Grove  Dianne Lewis  Kara Holmes
Analysis If strategies used during of personal journey of over sixty years of hospital treatment including five years of PTSD
Mary Ward

In Our Words' Writing Group.
Jennifer Swist  Louise Witherell

Trauma and the Move Towards Citizenship.
Glenda Blackwell

The impact of an education and support group for carer's of people with mental illness.
Luisa Adesso  Geraldine Albornoz

**S81 Treatment and co-ordination**
24/8/2012  From: 1045 To: 1245

Papers 20':  Venue: Meeting Room 2
Care Coordination: A Holistic Approach to Supporting Consumers with Multiple and Complex Needs.
Cathy McKenzie  Frances Walker
Implementing a Strengths Based Model of Recovery in a Hospital Based Community Mental Health Team.
Peter McGeorge  Kay Wilhelm  Andrew Wilson  Steve Bernardi  Helen Vidler
Psychiatric triage use by repeat contact consumers: an evaluation of frequency and severity of presentations and discharge outcomes.
Terri Hunt  Melissa Petrakis  Bryan Bowditch

Communication and AAC in Mental Health.
Natalie Albores

**S82 * Workshop: MH First-Aid**
24/8/2012  From: 1045 To: 1245

Workshop 1 hr:  Venue: Meeting Room 3 &4
Early intervention in the school setting: Mental Health First Aid Training as an evidence-based approach to developing school community support for young people with mental illness.  WITHDRAWN
Laura Hart  Claire Kelly  Betty Kitchener  Anthony Jorm

Symposium - 1 hr:  Venue: Meeting Room 3 &4
Reading the tea leaves - understanding mental health data.
Toni Ellis  Bill Kingswell  Grant Sara  Ruth Catchpoole

*Note: this symposium commences at 11.45am*

**S83 1. Symposium: Families**
24/8/2012  From: 1045 To: 1245

Symposium - 1 hr:  Venue: Meeting Room 5 & 6
Asking the right questions: What works well with families where a parent has a mental illness.
Fiona McIlwaine  Melinda Goodyear  Hannah Jewell  Imogen O'Neil  Greg U'ren  Rose Cuff  Jennifer Power

2. Workshop: Rehabilitation martial arts
Workshop 1 hr:  Completing the Rehab Circle - A Rock and Water Approach.
Bronwyn Lunt  Roslyn Poole
### S84 Collaboration Consumers Families
24/8/2012 From: 1045 To: 1245
**Papers 20’**: Venue: Meeting Room 7  
**Sustaining Consumer and Carer Participation.**
Ailsa Rayner  Joe Petrucci  Samantha Sanbarossa  
**Evaluation of the ON FIRE peer support program for children and adolescents in families affected by mental health issues.**
Kim Foster  Ingrid McPhee  Judith Fethney  Andrea McCloughen  Peter Lewis  
**Effective Discharge Planning: Consultation and Collaboration with Families and Carers.**
Michelle Swann  
**Peer support at the coalface: the Consumer Companion Program.**  
Karen McCann  Rick Austin

### S85 Home, community, family
24/8/2012 From: 1045 To: 1245
**Papers 20’**: Venue: Meeting Room 8  
**First Things First: People with mental illness who experience homelessness creating a home and building lives through the Doorway Enhanced Housing First Demonstration Project.**
Tracey Swadling  Ruby Partland  
**All the time inside: Stigma, Community Participation and Family Empowerment.**
Maris Depers  Trevor Crowe  
**Happening at home - Providing Emergency Crisis Resolution and Psychosocial Support for Clients**
Michelle Hilton  
**Changing and Creating New Relationships.**
Pamela Rutledge  Phil Nadin

1245 – 1345 Lunch in Hall 2

### S87 Recovery from Natural Disasters
24/8/2012 From: 1345 To: 1515
**Featured Symposium - 1.5 hrs**: Venue: Hall A&B  
**Recovery from Natural Disasters: the case of Far North Queensland.**
Michael Wilson  Tony Sansom-Gower  Kim Usher  Nick Rayner  Pauline Coffey  
Suellen Donnelly

### S88 Inclusion, reform, recovery
24/8/2012 From: 1345 To: 1515
**Paper 20’**: Venue: Hall C  
**Belonging Bagels and Beyond - Cafe Culture embraces Social Inclusion.**
Sally Carr  Jacqui Gibson  
**Community Rehabilitation Centres - Reform, redesign and improved consumer outcomes - a progressive journey**
John Strachan  Matt Ballestrin  Heather Gibb  
**The move to an integrated community team: supporting 'recovery.**
Liz Prowse  Alison Pickering  Danny Tapscott
S89 Services and rights
24/8/2012 From: 1345 To: 1515
Papers 20*: Venue: Hall D
Does Involuntary Commitment Deny Entitlement to Voting and therefore removes the Rights of Citizenship?
Ann Smith  Zinaida Comely  Sharon Lawn  John McMillan
Is Recovery and Citizenship the Road Less Travelled.
Catherine Flanagan  Eleanor Gatto

S90 Consumer participation, community engagement
24/8/2012 From: 1345 To: 1515
Snapshots - Brief Paper 10*: Venue: Meeting Room 1
Brainwaves 3CR, Community Engagement through Radio
Mel Kelleher  Ben Rinauldo
Tell us your story.
Catherine Fox  Bernadette Brady
Not another Consumer Reference Group: Why the Victorian CALD Consumer Reference Group is making the world of difference.
Evan Bichara  Jacqui Gibson
Consumer participation as a process to reclaim citizenship.
Julie Anderson  Darren Freak
Ambassadors of Hope Project Mind Australia
Jon Martin
Sharing The Recovery Experience.
Anisa Ross
Who's the Expert - The Hearing Voices Support Group Journey.
Karen Backhouse  Karen Hanzel-Jones  Sam Higgins  Lorrie Louws

S91 Hearing Voices
24/8/2012 From: 1345 To: 1515
Papers 20*: Venue: Meeting Room 2
Our Journey - Voice Hearing Support Group at Bawu Living Skills Centre.
Nancy Ong  Jennifer Sabharwal
What it means to be 'out and proud' at work - when hearing voices is no longer a secret.
Maggie Toko
Improving outcomes and reducing formal paid support for individuals living with a mental illness, through a recovery oriented service delivery framework
Chantelle Ritchie  Adrian Burke

S92 Gender and citizenship
24/8/2012 From: 1345 To: 1515
Papers 20*: Venue: Meeting Room 3 &4
Recovering Citizenship for LGBTQI Mental Health Participants.
Kath Sellick  Paul McCauley
Queer Community Wellbeing: The Results of Being Curious.
Reima Pryor  Karen Field
Equality, Gender Sensitive Care, Safety - are these my rights as a citizen.
Cheryl Sullivan  Jude Stamp  Julie Dempsey
S93 Young people
24/8/2012 From: 1345 To: 1515
Paper 20: Venue: Meeting Room 5 & 6
Rural youth services: Pulling the threads together.
Bethany Paterson  Andrew Fort  Kerri Choules
Indicators of well-being and the voice of young people living with mental illness: How do they compare.
Francesca Coniglio  Anne Honey  Nicola Hancock  Gwynnyth Llewellyn
Meds, Drugs and Rock 'n' Roll: Mental distress, substance use and engaging young people through creative arts.
Nichole Sullivan  Lindsay Martin  Gabriella Holmes

S94 Evaluation
24/8/2012 From: 1345 To: 1515
Papers 20: Venue: Meeting Room 7
Discovering the We in Us and them.
Rob Warriner
Are we recovery orientated. Learning from people with lived experience.
Melissa Petrakis  Lisa Brophy  Michael Stylianou  Matthew Scott  Jayne Lewis  Nadine Cocks  Liam Buckley  Kieran Halloran
Changes in unmet needs and symptom severity after intake to a Psychiatric Disability Rehabilitation and Support Service
Tom Trauer  Glen Tobias  Arthur Papakotsias

1515 – 1545 Afternoon Tea in Hall 2

Closing Ceremony; Song Connection Choir; handover of banner to next year’s Committee - 3.45pm Venue: Hall A&B, Level 1
HELP PAGE

If you need assistance, the Registration Desk will assist you. A mental health worker will be on duty during the conference – please ask at Registration Desk if you need to contact them.

EMERGENCY – AMBULANCE - 000

24 Hour CRISIS TEAM/MENTAL HEALTH TEAM
Assessment Crisis & Intervention Service:
Acute Care Team 4226 3100

COMMUNITY HELP:
Lifeline - 13114
Alcoholics Anonymous – 1300 222 222 / 4051 2872
Problem Gambling Helpline – 1800 858 858

PHYSICAL HEALTH SERVICES:
Public Hospital
Cairns Base Hospital – 165 The Esplanade Cairns – 4226 0000

GENERAL PRACTITIONERS:
Cairns 24 Hour Medical Centre –
Cnr. Florence and Grafton Streets Cairns 4052 1119
Central Plaza Doctors –
50 McLeod and Aplin Streets (opposite Cairns Central – Coles end) 4046 8600 (both bulk bill)

PHARMACY:
Priceline
Cairns Central Shopping Centre McLeod Street 4035 3515
Chemist Warehouse
50 McLeod Street (opposite Cairns Central – Coles end) 4041 0222
Late night Pharmacy, Cairns Apothecary 7am – 11pm
Cnr. Florence and Grafton Streets Cairns 4031 8411

DENTIST:
Cairns Square Dental
Level 2 Cairns Square, corner of Abbott & Shield Street 4041 3234
# TheMHS Programme at a Glance

## Tuesday 21 August 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Meeting Room 1</th>
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<tr>
<td>9.00am</td>
<td>Workshop 2: Leadership</td>
<td>Workshop 1: Mindfulness</td>
<td>Carer Forum</td>
<td>Consumer Forum</td>
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<td>9.00am: Welcome to Country</td>
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<td>Morning tea</td>
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<td>Lunch</td>
<td>Finish 1.00pm</td>
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<td>Afternoon Tea</td>
<td>3.00 - 3.30pm Finish 3pm</td>
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<td>5 pm Film: Insatiable Moon</td>
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### Meeting Room 9 - Exhibition/Ground Level
QUIET ROOM

### Foyer, Level 1, Sheridan St side
SPEAKER PREP ROOM

### Hall 2 - Exhibition/Ground Level
BOOTHS; SPONSORS; POSTERS; CATERING

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**Disclaimer**

Information given by presenters at the conference does not represent the views of TheMHS, and does not constitute therapeutic advice.
Wed Part A
Pdf attached
Wed Part B pdf attached
• Thurs Part A
Pdf attached
Thurs Part B
Pdf attached
Fri Part A
Pdf attached
Fri Part B
Pdf attached
Mental Disorders and Physical Health: linking body and mind

The 2013 Summer Forum will bring together leading experts - clinicians, researchers, consumers and families to address the crisis of poor physical health among people living with psychosis and other severe and enduring mental illness. It will call for an evidence-based holistic approach to prevention and treatment that links body and mind and will address a number of crucial questions including: What is the latest evidence on how medications and their side-effects contribute to poor physical health and what can be done to minimise this impact? How does poor physical health affect quality of life for consumers and their families? What role does a healthy lifestyle play in recovery from mental illness? What does the recent Australian Survey of High Impact Psychosis tell us about the physical health of those living with psychotic disorders, and what are the implications for service delivery and policy development? How should we approach smoking and mental health? How do we improve co-ordination of care across the physical and mental health care sectors? And what new and innovative interventions are available to manage and prevent chronic physical conditions for people living with mental illness?

Experience of poor physical health and inadequate access to care is a significant problem for people living with mental illness. We would like to raise the profile of this issue, deepen our collective understandings, and highlight some innovative service responses aimed at linking body and mind to improve the physical health for people living with mental illness. If you want to discuss, debate, and learn about this important issue then the 2013 TheMHS Summer Forum is for you!

Keynote Speaker:

David Shiers is a General Practitioner from the UK, his special interest in mental health arising from personal involvement as carer. His commitment is to improve the physical health care of those with serious and persisting mental disorders by leading a program of engagement between primary care and local Early Intervention services. Other speakers will be announced on TheMHS website.
Melbourne Conference 2013
Pdf supplied by Ready Set Design (P.9 in Book of Abstracts) and also attached (whichever file is better for you to use)

- You will need to remove P.13 and change to P. 30 in header, as above and
- change/remove Footer to ‘Conference Program, Cairns 2012’
TheMHS Conference is an independent, incorporated non-profit organisation. TheMHS provides a large number of subsidised places and bursaries.

TheMHS thanks the following sponsors

**PRINCIPAL SPONSOR**

- Australian Government  
  Department of Health and Ageing  
  Sponsor of Pre-conference Forums, Consumer Bursaries and Achievement Awards

- Mental Health Council of Australia

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- New Zealand Ministry of Health

**SPONSORS**

- Mind Australia

- Cairns Regional Council – sponsor of Monday night Meet and Greet  
  And with the support of

  - Cairns and Hinterland Mental Health and ATOD Service  
  - Worklink Cairns

**EXIBITORS IN HALL 2**

- Anti Discrimination Commission
- Australian Medicare Local Alliance
- Australian Mental Health Outcomes and classification Network
- COPMI (Children of Parents with a Mental Illness)
- Crisis Support Services
- Diabetes Australia
- Heal for Life Foundation
- Hunter New England Local Health District
- Mental Health & ATOD Service Cairns
- PeerZone
- Sane Australia
- TAMHSS
- TheMHS
- Western NSW Local Health District
- Worklink