TheMHS Conference Program
Wednesday 5th September 2007

S01 Opening Ceremony: Welcome to country by Joy Murphy, Aboriginal Elder; Welcome to conference by Victorian Minister for Mental Health, Lisa Neville; Followed by a Mental Health rap.

S02 MHS Achievement Awards Ceremony presented by Senator the Hon Brett Mason, Parliamentary Secretary to the Minister for Health and Ageing
In John Batman Theatre
5/09/2007 Time 0845 - 1000

S03 Keynote - Til Wykes - From subjects to participants: service user involvement in research.
Keynote Speech: in John Batman Theatre
5/09/2007 Time 1000 - 1100

1100 – 1130 Morning Tea in You Yangs Hall

S04 Media Portrayal of mental health
Symposium 1.5 Hrs: in John Batman Theatre
5/09/2007 Time 1130 - 1300
Media portrayal of mental health issues: Current challenges and complexities.
Jaelea Skehan Barbara Hocking Kellie Cathcart SANE Speaker Rex Jory Michael Winter Jacqui Cheng

S05 Legal issues and rights
Paper 20 Minutes: in Bellarine 7
5/09/2007 Time 1130 - 1300
Effective Consumer Participation in Mental Health Review Tribunals Lessons from Overseas Experience.
John Lesser
The North West Area Mental Health Service Rights and Responsibilities Project.
Lisa Mary Brophy Cannarayapatna Prasanna Moira Somerville Lisa Firth Jenny Burger Renee Dean Isobel Collins
Parental Mental Illness and Child Protection in the Year 2020 - A Consumer's Perspective.
Jenni Mazlin-Law

S06 The aboriginal mental health workforce
Workshop 1.5 Hrs: in Bellarine 6
5/09/2007 Time 1130 - 1300
NSW Health - addressing Aboriginal mental health needs - what are the future challenges/issues facing this emerging workforce?
Tom Brideson Carmel Jones

S07 Managing services and organisations
Paper 20 Minutes: in Bellarine 5
5/09/2007 Time 1130 - 1300
Seeing ourselves clearly: NSW CAG's work to maintain our relevance now and into the future.
Gillian Malins
Managing Mental Health Services to Achieve Best Practice Clinical Outcomes. Is there a Process. Are there real outcomes.
Ken Burnett
In Search of a Seamless and Coordinated Mental Health Service Delivery Model for Youth and Adult Consumers.
Frank Flannery Danielle Adams

S08 Snapshots
Snapshots - Brief Papers 10 minutes: in Bellarine 4
5/09/2007 Time 1130 - 1300
So many people with no-one to talk to what the evaluation of Transcultural Mental Health Centre, NSW found out about depression in CALD women.
George Klein Terezija Petric Maria Cassaniti Roy Laube
General Practice is a Mental Health Service too.
Marilyn McMurchie  Victoria Sutton  Kay Wilhelm

Patrick O'Sullivan  Mary Murphy

Building bridges: A QLD Health Recovery and Rehabilitation service in partnership with the community sector.
Amanda Greaves

Consumer Participation at the Spectrum of Cultures Consumer group adds to forming positive actions in positive environments under positive influences.
Evan Bichara

Consumer Companion Project - Bayside Health Service District.
Deen Minter  Erin Carnachan  Neville Thompson  Shirley Wigan  Vaidyanathan Kalyanasundaram

The Regrowth of the gathering tree community garden.
Robert Caley

Older Adults With A Dual Diagnosis - An Exploratory Study.
Kathleen Ryan

The Role of Community Mental Health Network in Clinical Transcultural Psychiatry.
Can Tuncer

S09  general practice and mental health
Paper 20 Minutes: in Bellarine 3
5/09/2007 Time 1130 - 1300

The Impact of the Mental Health MBS Items on Practice.
Anne Diamond  Michelle Bihary  Nicholas Place  Julie Thompson  Stephen Fryman

S10  Trialogues - consumer, carers, workers
Workshop 1.5 Hrs: in Bellarine 2
5/09/2007 Time 1130 - 1300

Trialogues: Creating, structuring and supporting three way conversations for Consumers, Carers and Workers in public Mental Health.
Sue Ellen Radford  Brendan O’Hanlon  Colin Riess  Peter McKenzie

S11  Snapshots
Snapshots - Brief Papers 10 minutes: in Bellarine 1
5/09/2007 Time 1130 - 1300

Implementing the Australian Clinical Guidelines For Early Psychosis in a Mainstream Mental Health Service.
Megan Svenson  Ajit Selvendra

Helping Hands Community Garden Project.
Katy Smith

Carer support groups: why do carers attend and what is the impact of participation. A qualitative study.
Katie Wyman  Sharyn Clarke  Peter McKenzie  Monica Gilbert

A Family's Experience of Mental Health and Mental Health Services.
Judy Nicholas  Leanne Nicholas

Promoting Mental Health Through The Ages Silk Flag Project.
Katharina Verscharen  Stephen Ward

In the post Freudian haze: Making the transition from individual to family based treatments". A rural Carer Consultant’s experience.
Jackie Crowe

Are We There Yet? Are We There Yet? Responding to children and families affected by parental mental illness in Australia.
Paola Mason  Elizabeth Fudge

Promoting Family and Carer Inclusive Mental Health Practice: An Innovative State-wide Program in New South Wales.
Sarah Joy  Michelle Lampis  Angela Milce  Joanne Millington

Lessons from a Carer’s Journey.
Robert Stanley Burke  Judy Charlotte Burke
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S12  Health and Access
Paper 20 Minutes: in Otway 2
5/09/2007 Time 1130 - 1300
The Opening Doors Project: creative expression as a health promotion activity.
Judy Hamann
Strategies for men who don’t access mental health services.
Andrew McSwain

S13  Jobs
Paper 20 Minutes: in Otway 1
5/09/2007 Time 1130 - 1300
Jobnet: Active steps for job seekers.
Gemma Bell  Marion Allen-Gordon
Mentoring and Volunteers.
Julie Anderson  Lorraine Johnstone
Career Access: Cross Skilling (9841) - A Partnership between SWMHS & Western Sydney Institute of TAFE NSW to assist mental health consumers pursue their vocational goals.
Sue Mallick  Jean McGuiness  Penny Plumbe

1300 – 1400  Lunch in You Yangs Exhibition Hall

S14  Social inclusion and community
Paper 20 Minutes: in John Batman Theatre
5/09/2007 Time 1400 - 1500
Peter Huxley  Sherrill Evans
What is a mental health community and why is this important to service delivery
Douglas Holmes  Alan Rosen

S15  Journeys to recovery
Paper 20 Minutes: in Bellarine 7
5/09/2007 Time 1400 - 1500
The Homeless Health Outreach Team
Julie Evans
Practical, effective and creative approaches in psychosocial residential settings for individuals diagnosed eith Borderline Personality Disorder(BPD) or displaying BPD traits - A personal journey of recovery.
Lizzie Cutler  Kylie Miller

S16  Supported housing
Paper 20 Minutes: in Bellarine 6
5/09/2007 Time 1400 - 1500
Supported housing: the Australian and International evidence.
Kathy Arthurson  Penny Worland  Helen Cameron
Where to From Here in Supported Housing?
Geoffrey Paul Smith  Theresa Maureen Williams

S17  Boardroom to bedside
Workshop  1 Hr: in Bellarine 5
5/09/2007 Time 1400 - 1500
Taking strategic and service plans from the boardroom to the bedside.
Natalie Cutler  Michelle Bradley  Karen Patterson

S18  Families, Spirituality, Mental Health
Workshop  1 Hr: in Bellarine 4
5/09/2007 Time 1400 - 1500
Families, spirituality and mental health - Learning from Experience.
Robert Bland  Peter Ryan  Keryall Willis

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S19  Depression
Symposium 1 Hr: in Bellarine 3
5/09/2007 Time 1400 - 1500
**Integrating depression management with chronic disease management.**
David Clarke  James Dunbar  Lisa Allwell  Donita Baird  Prasuna Reddy  Robert Williams

S20  Working effectively with interpreters
Workshop 1 Hr: in Bellarine 2
5/09/2007 Time 1400 - 1500
**Achieving excellence in mental health service provision for consumers and carers whose first language is NOT English - Working Effectively With Interpreters in Mental Health Settings’ A DVD training resource.**
Marie Piu  Tania Miletic  Harry Minas  Sylvia Collinetti

S21  Tobacco policy
Workshop 1 Hr: in Bellarine 1
5/09/2007 Time 1400 - 1500
**Addressing Tobacco Policy within Mental Health Services.**
Maxie Ashton  Sheryl Mulconray  Sue Bertossa  Sue Condon

S22  Recovery
Symposium 1 Hr: in Otway 2
5/09/2007 Time 1400 - 1500
**Recovery: - the consumersconcept.**
Peter Schaecken  Janet Meagher  Desley Casey

S23  Interventions for babies and mothers
Paper 20 Minutes: in Otway 1
5/09/2007 Time 1400 - 1500
**Building a mentally healthy society where we aim for attainment of the highest possible level of mental health for all people. How will we work together to achieve this vision through promotion, prevention and positive intervention?**
Chryne Griffiths
**The Peek a Boo Club: A Group Work Intervention for Babies and Mothers’ Affected by Family Violence.**
Wendy Bunston  Katie Waters
1500 – 1530  Afternoon Tea in You Yangs Exhibition Hall

S24  Future directions - Government
Paper 20 Minutes: in John Batman Theatre
5/09/2007 Time 1530 - 1700
**New Zealand Mental Health Services Government perspective.**
Robyn Shearer
**Personal Helpers and Mentors Program.**
Evan Lewis
**New Zealand Mental Health Services Government perspective.**
A national perspective - the Australian Government’s Mental Health and Workforce Reform Agendas.
Rosemary Calder
**One year on - Progress in implementing the Australian Government’s Mental Health Reform agenda.**
Nathan Smyth

S25  Choice and Risk
Paper 20 Minutes: in Bellarine 7
5/09/2007 Time 1530 - 1700
**A Vision Of The Future .The Role Of Advance Directives In Respecting People’s Choices.**
Marianne Bonassi  Tom Ryan
**Dignity of Risk: Challenges in Moving On.**
Marion Kennedy  Craig Parsons
**The Least Restrictive Alternative - is it Too Restrictive?**
Judy Clisby  Marilyn Starr
S26  Consumer Leadership
Symposium 1.5 Hrs: in Bellarine 6  
5/09/2007 Time 1530 - 1700
Leoni Manns

S27  Mental Health Reforms
Paper 20 Minutes: in Bellarine 5  
5/09/2007 Time 1530 - 1700
Asia-Pacific partnerships: Developing community mental health services.
Margaret Goding
Marumali Program to Heal Survivors of Stolen Generations Are We There Yet?
Lorraine Peeters  Shaan Gerrard  Kerrie Kelly
Lessons for 2020 from the Mental Health Reforms in Victoria, Australia.
Valerie Gerrand

S28  Housing and support
Paper 20 Minutes: in Bellarine 4  
5/09/2007 Time 1530 - 1700
Out of the Institution: Evaluating a Model of Housing and Support.
Meg Carter
Managing Externally Imposed Changes to Level 1 and 2 Supported Accommodation Services.
Lawrence Popata  Barbara Anderson
Catherine House Mental Health Program.
Julie Nicole Deane  Kyrie Grey  Wendy Giachin

S29  Primary Care
Paper 20 Minutes: in Bellarine 3  
5/09/2007 Time 1530 - 1700
Getting it together: Promoting Collaborative Working Relationships between Southern Mental Health Services and General Practitioners
Sarah Anstey
Optimising the Primary Mental Health Care Workforce in Australia.
Richard Moulding  Grant Blashki  Jane Pirkis  Jane Gunn  Cathy Mihalopoulos
Does the General Practitioner have a place in the treatment of alcohol dependance?
Sharyn Amos

S30  Young People
Paper 20 Minutes: in Bellarine 2  
5/09/2007 Time 1530 - 1700
The Development of a Young Persons Recovery Group.
Alison Brettingham-Moore  Claire Stucas
Engaging adolescents living in families affected by mental illness.
Faye Hayman
Post-secondary Education: Opportunities and Obstacles for Recovery.
Jennifer Martin

S31  Identity and collaboration
Paper 20 Minutes: in Bellarine 1  
5/09/2007 Time 1530 - 1700
The fundamental nature of identity for Aboriginal and Torres Strait Islander wellbeing.
Marshall Watson
The Strength of Two: Collaboration between services in New Zealand and Australia to mentor and train staff in the Strengths Model of case management.
Gareth Jones  Michael Deans  Nigel Toomey  Lee Cordell Smith
Wairoa the way New Zealand used to be.
Danika Goldsack  Mani Wilson

S32  Family support
Paper 20 Minutes: in Otway 2  
5/09/2007 Time 1530 - 1700
Parents with a mental illness.
Carolyne Holdsworth  Monica Gilbert

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Support and skills for families and carers of people with personality disorders.
Anna Banfai

Dare to Dream.
Margaret Cook  Amanda Olson

S33  Rural leads the way
Paper 20 Minutes: in Otway 1
5/09/2007 Time 1530 - 1700
A Rural Model of Support for Young Carers.
Peter McMahon  Richard Hudson

A Little Goes A Long Way.
Lesley Forbes

Country Cousins Lead the Way: Richmond Fellowship-Trinity Community Support Services and NE Health Wangaratta -Community Mental Health, an Exciting and Innovative Partnership in Rural Mental Health.
Debra Monk  Kerryn O'Brien  Angela Walker  Dannielle Taylor  Emilia Barrow

S34  Poster Session
Poster: in YouYangs Hall
5/09/2007 Time 1700 - 1800
The New Zealand Mental Health Line.
Brenda Dolan  Tim Saul

Psychosocial Well-Being In Young Adults From Different Cultural Backgrounds In Australia: The Influence Of Parent-Child Attachment And Peer Relationships.
Jinsu Lee  Lynette Joubert

2020 vision:  Looking towards excellence in mental health.
Mark Hosken  Trish James

Knowledge, Equity, Participation.
Brian Hughes  Denise Darnell

The experience of family caregiving in mental illness.
Joanne Lynne Drury  Ellen Berah

The Relationship Between Job stress and Mental Health in a Group of Hospital Employees in Shiraz.
Jamaledin Alvani  mohammad jafar bahredar

Evidence-based Social Skills Training for Teens with Developmental Delays:  A Pilot Study of the UCLA PEERS Program.
Elizabeth Ann Laugeson  Catherine Mogil  Ashley Dillon  Bobbie Celaya  Fred Frankel

A Collaborative Training Project: Working effectively with interpreters in psychiatric disability support settings.
Sylvia Collinetti  Xenia Girdler  Ben Isley  Maria Maggio De Leo

The effects of Societal, Health system and Individual factors on utilization health services among university students
Balan Rathakrishnan

Engaging young people in mental health
Butera Rita  Glen Barton

A STAR is born.
Jodi Bateman  Janet Punch

Grouptherapy for psychosocial problems.
Zahra Qiamy

Volunteering as Mental Health Recovery.
Glenys Geytenbeek

Nicotine Replacement Therapy does it help?
Maxie Ashton  Sue Bertossa

Helping over 500 people with mental illness address tobacco; -what have they told us and what have we learnt?
Maxie Ashton  Mark Weston  Sue Bertossa

Please also visit the posters of the winners and finalists of the Mental Health Achievement Awards in the same venue.
TheMHS Conference Program
Thursday 6th September 2007

S35  Keynote - Kim Mueser - Evidence Based Practices, Recovery, and the Future of Mental Health Services
Keynote Speech: in John Batman Theatre
6/09/2007 Time 0900 - 1000

1000 – 1030  Morning Tea in You Yangs Exhibition

S36  Forensic; Secure Units
Paper 20 Minutes: in John Batman Theatre
6/09/2007 Time 1030 - 1230
The Impact of a changed environment on Consumers/Staff/Carers of a Secure Extended Care Rehabilitation Facility.
Mervyn Love   Daniel Nicholls   Jeffrey Daniel   James Olver
Mental health screening of juvenile offenders within the Children’s Court in Brisbane.
Melissa Branjerdporn   Nicole Mikolich   Robert Kusemamuriwo
Honest Appraisals: An evaluation of Forensic Mental Health Training Packages.
Robert Kusemamuriwo   Nicole Milukich
Being in the know: accessing information in the everyday context of a tertiary mental health facility.
Debby Clarke

S37  Workforce
Paper 20 Minutes: in Bellarine 7
6/09/2007 Time 1030 - 1230
NGO Development Strategy: Building Strength and Quality.
Heidi Freeman
Workforce Challenges in Psychiatric Rehabilitation.
Lennart Reifels
Achieving generational change in the leadership style of mental health service first-line leaders
Mahshid Seifouri   Peter Lacey
Occupational Therapy and Youth Mental Health - A Profile of Service Provision.
Laura Hardaker

S38  Cultural background
Paper 20 Minutes: in Bellarine 6
6/09/2007 Time 1030 - 1230
A study of the prevalence and peculiar features of mental disorders in a cohort of Italian-Australians undergoing counseling.
Carmelo Pollicina
Chaining the Unchained Melody: bridging service gaps for Chinese carers by utilising bilingual brokerage model and illustration from carers’ stories.
Shun Shing (Noris) Ma
Including the excluded: delivering innovative psycho-social rehabilitation to people from culturally and linguistically diverse backgrounds.
Steve Bailey   Nhung Tran
Mental Illness and Christian Culture.
Fiona Denham

S39  1. Workshop on Adventure
Workshop 1 Hr: in Bellarine 5
6/09/2007 Time 1030 - 1230
Challenging Approaches! Positive change through adventures in nature.
Ben Knowles   Shelley Wright
2. Symposium on Mind/Body
SANE Australia’s Mind and Body program: Improving the physical health of people with mental illness.
Mia Davidson  Barbara Hocking

S40 1. Workshop on Strengths based approach
Workshop 1 Hr: in Bellarine 4
6/09/2007 Time 1030 - 1230
Promoting recovery and hope within a Strengths Based approach.
Yvette Jaczina  Marlene Lamprell

2. Symposium on Work
Assisting people with a mental illness get and keep work: Implementing best-practice.
Gafa Tuiolma  Bridget Organ  Perry Nichols  Geoff Waghorn  Eoin Kilackey  Donna Ritchens

S41 Snapshots
Snapshots - Brief Papers 10 minutes: in Bellarine 3
6/09/2007 Time 1030 - 1230
From nowhere to Peer.
Michael Nanai
Inclusion of Consumer Researchers: sharing the secret knowledge of research.
Nicola Hancock  Mark McMahon  Anita Bundy
Addressing the Information Needs of Consumers of Mental Health Inpatient Units
Maria Ftanou  John Barnes  Shane Evans  Anna Love
A Consumer Based Shed - Building a Better Life.
Trevor Ian Brown
Recovery from Depression - A blueVoices perspective.
Lyn Chaplin  Lisa Allwell  Marion Wilde
A Consumer Studying for a Graduate Diploma in Community Mental Health.
David Guthrie
Norwood Unscripted- Concept to Completion.
Meena Chandran  Helen Defreitas
Ghost Train or Roller Coaster? The experience of including consumer perspective education in the mental health workforce.
Wanda Bennetts
Strategies and Framework considerations for Enhanced Consumer and Carer Participation in Mental Health Services.
Michael Burge

S42 1. Workshop on Cognitive Therapy
Workshop 1 Hr: in Bellarine 2
6/09/2007 Time 1030 - 1230
Mindfulness Based Cognitive Therapy - a introduction in theory and practice
Graham Meadows

2. Workshop on Psychosocial interventions
Psychosocial interventions to manage acute agitation in inpatient psychiatry: gathering up the pieces of the puzzle.
Bridget Hamilton  Jeffrey Daniel  Chris Rogers  Daniel Nicholls  Mervyn Love  David Castle

S43 1. Workshop on Writing to Recovery approaches to voices
Workshop 1 Hr: in Bellarine 1
6/09/2007 Time 1030 - 1230
Using Writing Techniques to Assist your client's Recovery.
Lee Kofman  Dianne Friend

2. Workshop on Psychological approaches to voices
Working with people who hear distressing voices: A psychological approach.
Helen Paris Hamer  Debra Lampshire
S44  Intellectual Disability
Paper 20 Minutes: in Otway 2
6/09/2007 Time 1030 - 1230
McPherson Community: Developing a service for people with co-existing intellectual disability and mental illness.
Andrew Welsh
Diversity is the SPICE of life: Working to improve emotional and mental health supports for young people with developmental disabilities and mental health problems.
Jenny Curran
Personality Disorder in Intellectual Disability: characteristics and health outcomes.
Andrew Pridding Janina Tomasoni
Getting Better: Preliminary Outcomes of a Pilot Program to Improve Access to Mental Health Assessment for Consumers with Intellectual Disabilities.
Brent Hayward

S45  Parents, infants, children
Paper 20 Minutes: in Otway 1
6/09/2007 Time 1030 - 1230
Early intervention music therapy for marginalised parents and their infant children.
Louise Docherty Donna Berthelsen Jan Nicholson Carolyn Hart Vicky Abad Kate Williams
Now we work as a team: An evaluation of the Collaborative Family Practice Project:
Katy Curtis Francis McCormick Gail Clarke Rohan Langtree
Developing and delivering a family centred psychosocial post natal depression service.
Margaret Brooks Joy Black
Beyond baby blues a national approach to perinatal depression.
Carol Bennett

1230 – 1330  Lunch in the You Yangs Exhibition Hall

S46  State Government Future Directions
Symposium 1.5 Hrs: in John Batman Theatre
6/09/2007 Time 1330 - 1500
Peggy Brown Steve Patchett Ruth Vine

S47  Evaluation
Paper 20 Minutes: in Bellarine 7
6/09/2007 Time 1330 - 1500
Consumer participation in service evaluation: more than providing feedback.
Karen Oakley Carolyn Watt
Developing Best Practice Guidelines in Consumer and Carer Participation in Child and Adolescent Mental Health Services.
Adrienne Irvine
Consumer and Carer-led Service Quality Evaluation Project.
Lei Ning Anne Crowley

S48  Workforce, Leadership
Paper 20 Minutes: in Bellarine 6
6/09/2007 Time 1330 - 1500
Examination of a Dual Psychoeducation and Support Group Model for Families and Carers of Clients with Mental Health Issues.
Joukje Mulder
Carer’s support needs - meeting the recovery continuum.
Frances Sanders
A naturalistic observational study into impact of merging a Mother and Baby Program, Eating Disorder / Mood Disorder Program and an Acute Psychiatric Unit.
Jeffrey Daniel Mary Apostolidis Daniel Nicholls Jon Lanford Steve Nedelkos
S49 Outdoor Adventure
Paper 20 Minutes: in Bellarine 5
6/09/2007 Time 1330 - 1500
Recovery on the Oodnadatta Track: Young people with mental illness finding themselves on an Australian outback discovery expedition.
Hans Van De Graaff  Natasha Neal  Julie Lengyl  Bree Thomas

Riding to recovery.
Laurie Fitzpatrick  Barry Clark
When a Newstart in Mental Health is an Adventure: An adventure based program for 'at risk' young people.
Matt Mudie  Wendy Bunston  Phil Wood

S50 Outcome Measurement
Paper 20 Minutes: in Bellarine 4
6/09/2007 Time 1330 - 1500
Discharge from community mental health: supporting clinical decision making
Liz Prowse
Introducing meaning into routine outcomes collection: From data to information.
Kathy Stapley
Measuring outcomes in the SA Community Mental Health Service Sector (non-government) - how much recovery is enough?
Geoffrey D Harris

S51 Snapshots
Snapshots - Brief Papers 10 minutes: in Bellarine 3
6/09/2007 Time 1330 - 1500
Marlborough Māori experience in accessing mental health services via primary health care: An exploratory study.
Lorraine Eade
Towards a 'Hub & Spoke' Model of an Integrated Community-Based Mental Health Service Blacktown Assertive Integrated Community Treatment(AICT) & HASI Pilot Projects.
Simon Besley  William Duncan
Episode 2020: Hope for the future.
Daniel Christopher Kean
The Peer Hospital-to Home Service The effectiveness of using peer support workers to support consumers’ hospital avoidance and return to home following hospitalisation.
Sharon Lawn  Kelly Hunter  Nicki Hirst
A Collaborative Approach between Clinical and Rehabilitation Services.
Sandra Foulstone  Diana Cornish
Psychological Assessment and Treatment in the Homeless Setting (PATHS), an innovative collaboration between Mental Health Services and homeless men’s shelters.
Stephen Edwards  Rachel Gay  Mark Hodge  Natasha Markulev  Alex Holmes

S52 Building Family Skills
Symposium 1.5 Hrs: in Bellarine 2
6/09/2007 Time 1330 - 1500
Building Family Skills Together: an implementation strategy for evidence-based family interventions in public mental health services.
Carol Harvey  Brendan O’Hanlon  John Farhall  Laura Hayes  Jenny Burger  James Campbell  Mirella di Beenedetto  David Juriansz  Margaret Leggatt  Amaryll Perlesz  Noel Renouf  Colin Riess

S53 Older People
Paper 20 Minutes: in Bellarine 1
6/09/2007 Time 1330 - 1500
Maturityblues Dispelling Myths about Depression and Older People.
Marion Wilde  Lisa Allwell
Achieving psychosocial rehabilitation for older adults with mental health issues.
Alissa Westphal  Lina Gibson  Naomi Parkes
From Clinical Care to Community-based Support - Working Collaboratively to Enhance Quality of Life in the Golden Years.
Anne Fahey  Neil Brewer  Sandra Attwell
**S54 Medication**
Paper 20 Minutes: in Otway 2
6/09/2007 Time 1330 - 1500
**The Medicine Awareness Project.**
Kathryn Weedon
**Consumer strategies for the management of medication side-effects.**
Tom Meehan  Terry Stedman
**Connect, Converse, Comply.**
Nga Tran  David Castle  Cynthia Nguyen

**S55 Consumer Stories**
Paper 20 Minutes: in Otway 1
6/09/2007 Time 1330 - 1500
**Do you really hear what I am saying?**
Mark Smith  Meg Kenyon
**Heal The Spirit - Clear The Mind.**
Carol Bell
**Playing to our Strengths: Placing consumer stories at the centre of research that evaluates case management.**
Bridget Hamilton  Cath Roper  Rachael Starbuck

1500 – 1530 **Afternoon Tea in You Yangs Exhibition Hall**

**S56 Participation & Training**
Paper 20 Minutes: in John Batman Theatre
6/09/2007 Time 1530 - 1700
**Recent Developments in the National Mental Health First Aid Training and Research Program.**
Betty Kitchener
**Recovery in the Territory - the Sub Acute Care Trial, Top End Association for Mental Health Inc**
Kirsty Carter  Melissa Heywood  Stephen Norris  Rohan Langtree
**Building Healthy Communities: Mental Health First Aid Training for Aboriginal and Torres Strait Islander Communities.**
Carol Edington

**S57 Clinical Redesign**
Symposium 1.5 Hrs: in Bellarine 7
6/09/2007 Time 1530 - 1700
**Clinical re-desing.**
Roger Gurr  Alex Cockram  Suzanne Rix  Brenda Spencer

**S58 NGOs**
Symposium 1.5 Hrs: in Bellarine 6
6/09/2007 Time 1530 - 1700
**The Growth of Non-Government Service Provision in mental health - Where will it be in 2020?**
John Farhall  Bill Healy  Liz Crowther  Robyn Humphries  Marion Blake  Douglas Holmes

**S59 Living Well**
Paper 20 Minutes: in Bellarine 5
6/09/2007 Time 1530 - 1700
**Include camping in your 2020 vision.**
Liz Leorke  Sue Cotton
6/09/2007 Time 1530 - 1700
**The Living Well Project - A Public Health/NGO Collaboration.**
Vicki Johns
**Feeling blue? Then touch green for better mental health and wellbeing: The benefits of volunteering in a conservation group.**
Mardie Townsend  Matthew Ebden

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S60  Outcomes Measurement
Paper 20 Minutes: in Bellarine 4
6/09/2007 Time 1530 - 1700
NSW Outcomes Through NGOs Initiative: Building the knowledge base on psychosocial resilience, recovery and rehabilitation programs through MHCC’s State-wide Routine Consumer Outcome Monitoring and Information Strategy.
Jonine Penrose-Wall  Jenna Bateman

Lessons Learned from using Routine Outcome Measurement in a Psychiatric Disability Rehabilitation and Support Service.
Glen Tobias  Kim Helyer  Tom Trauer

Outcome measures. Help or hindrance in the therapeutic relationship?
Glenda J Pedwell

S61  Families & Collaboration
Paper 20 Minutes: in Bellarine 3
6/09/2007 Time 1530 - 1700
Partners in Depression.
Karen Barrett  Frances Kay-Lambkin  Trevor Hazell  Elizabeth Kemp

From Rehabilitation to Recovery: making consumer, carer and clinician collaboration the main game in adult residential services.
Susan McDonough  Mary Macrae  Jenny Burger  Bill Moon  Andrew Marsden

The Holding of Hope and Moving Towards Family Recovery.
Peter McKenzie

S62  Rural Communities
Paper 20 Minutes: in Bellarine 2
6/09/2007 Time 1530 - 1700
Working to enhance dual diagnosis competencies in mental health and AOD services.
Melissa Petakis  Nicole Allen

Developing a Model of Care for Dual Diagnosis Clients: What Do the Clients Say?
Petra Staiger  Marita McCabe  Lina Ricciardelli  Anna Thomas  Greg Young  Wendy Cross

Organisational Linking - Working Better With Dual Diagnosis.
Rose McCrohan  Apostolidis Mary  Kathkeen Ryan

S63  Older People
Paper 20 Minutes: in Bellarine 1
6/09/2007 Time 1530 - 1700
Fitting Custom Made Glass Slippers: Why Adult Mental Health psychosocial models & assumptions don’t fit comfortably into Aged Mental Health programs.
Cheryl Martin

Turnaround In A Mainstreamed Aged Persons’ Mental Health Service In Crisis: A Study Of Organizational Renewal.
Alan Lilly  Simon Stafrace  Sandra Keppich-Arnold

Utilising Snoezelen Therapies to improve the quality of life for people affected by dementia
Bec Klucso  Tracey Harmer

S64  Children & Adolescents
Paper 20 Minutes: in Otway 2
6/09/2007 Time 1530 - 1700
Who are the High Service Users of a Child & Adolescent Mental Health Service?
Helen Mildred  Diana Harte

From Reacting to Responding: Developing a Relational Trauma Residential Program for Adolescents Presenting with Relational Trauma.
Lothar Werner Wahl

Evaluating the effectiveness of arm protector in improving safety for children and staff during aggressive events.
Sang Tran  Robyn Stargatt  Daniel Nicholls  James Olver  Jeffrey Daniel
S65  Workforce
Paper 20 Minutes: in Otway 1
6/09/2007 Time 1530 - 1700

Mental health service users as citizens in a recovery paradigm: The implications for mental health nursing practice.
Helen Paris Hamer

It's intimidating to be the only trainee psychiatrist on a table full of consumers—or-
Consumers Teaching, Registrars Learning.
Wanda Bennetts  William Moon

Staffing the Future.
Fiona Dawes  Paul Nestor
TheMHS Conference Program
Friday 7th September 2007

S76  Keynote - Mary O'Hagan - A vision for recovery oriented services and systems in the future for people with mental health problems
Keynote Speech: in John Batman Theatre
7/09/2007 Time 900 - 1000

1000 – 1030  Morning Tea in You Yangs Exhibition Hall

S77  Comorbidity
Paper 20 Minutes: in John Batman Theatre
7/09/2007 Time 1030 - 1230
Depression and Alcohol Use.
Baigent Michael
Consumers, Clinicians and service Culture; the challenge of dual diagnosis as ‘core business’ in clinical mental health services in Victoria.
Jessica Davis  Nicole Allen
Seclusion in Mental Health and Intellectual Disability  A Review of the Literature and Legislation.
Angela Livingstone
Self Help and Dual Diagnosis.
Moira McPheat  Monica Walsh

S78  Tools for Better Services
Paper 20 Minutes: in Bellarine 7
7/09/2007 Time 1030 - 1230
KidsMatter: Australian Primary Schools Mental Health Initiative.
Brian William Graetz  Lyn Littlefield  Margot Trinder  Mignon Souter  Chris Champion  Chris Killick-Moran
Access all hours the creation of a seamless (and paperless) Triage service.
Tanya Mularczyk  Joy Barrowman  Donna Jewell
Using the internet and game based technologies to promote health to young people.
Carolyn Morey
Reach Out! Pro  Tools for improving young people’s mental health
Carolyn Morey  Rebecca Coleman

S79  Treatment Tools
Paper 20 Minutes: in Bellarine 6
7/09/2007 Time 1030 - 1230
When Telling Helps: Positive Therapeutic disclosures in mental health.
Magio Konidaris  Heather Clarke  Jill Collins  Vicki Brous
Developing a take-home DVD information resource About Psychoses.
Richard Newton  Carmel Jackson
Telephone Helplines and Online Services: Shaping Continuing Improvement in the Future.
Wendy Sturgess
Telling stories in Indigenous mental health.
Tricia Nagel  Carolyn Thompson

S80  Intervening Before Self-Harm
Paper 20 Minutes: in Bellarine 5
7/09/2007 Time 1030 - 1230
Perspectives on Self-Harm.
Zoe Farris
A family intervention program for young people with suicidal behaviour.
Jane Pineda
The Stories of Falling Leaves: A Review of Community Mental Health Follow-up for Persons with Suicidal Presentation.
Joe Chuong  Rosellin Noblejas

Interactive TXT Messaging for crisis intervention suicide prevention and TXT bullying victim support.
Graham Roper

S81  1.Symposium Voices of Reason  2. Symposium AIMHI recovery
Symposium 1 Hr: in Bellarine 4 7/09/2007 Time 1030 - 1230
1. Voices of Reason.
Kristy Dodwell  Joanne Sais  Bruce Falconer
2. Update on the Collaborative Recovery component of the Australian Integrated Mental Health Initiative (AIMHi).
Frank Deane  Trevor Crowe  Lindsay Oades  Robert King

S82  Snapshots
Snapshots - Brief Papers 10 minutes: in Bellarine 3 7/09/2007 Time 1030 - 1230
State of play in NSW in relation to the care of older people from CALD background with mental health issues.
Mariëtte Janine van der Meer
My Journey as Candidate Mental Health Nurse Practitioner.
Briony Therese Lia
MoodSwings: an online intervention for bipolar disorder.
Sue Lauder  Michael Berk  David Castle  Seetal Dodd  Andrea Chester
A Conspiracy of Hope: Maintaining a spirituality-focused recovery group on an acute in-patient psychiatric unit. And why bother.
Chris Rogers  Helen Kift
Spiritual Empowerment.
Lisa Brabo  Debi Yohn
Two Bucks for the Bus: Support Enabling Active Recovery.
Emma Martin  Deanna Erskine
Korowai Whaimana - The Empowering Cloak: Addressing Human Rights Issues for People With Experience of Mental Illness.
Gareth Edwards

S83  Snapshots
Snapshots - Brief Papers 10 minutes: in Bellarine 2 7/09/2007 Time 1030 - 1230
Putting the Recovery in the Prevention & Recovery Care Program- Linwood.
Petrina O'Connor  Joanne Petrenko
Effecting Recovery Principles in South Eastern Sydney Illawarra Area Health Service.
Mary Hopkins  Lynda Hennessey
A Skills-Based Recovery Group Work Model.
Karen Helbig
Mental Health Assistance Dogs (MHAD) A Personal Aid / A Personal Medicine.
Che Forest  Lucy Henry
Developing a Peer Led Program in a Psychosocial Rehabilitation Service.
Melissa Edwards  Catherine Thorpe
Art Escape: Providing a haven for self-expression, empowerment and creativity for people with severe mental health issues.
Theresa Van Lith  Chris Lawrence
The effects of problem gambling and mental health amongst people from Culturally and Linguistically Diverse Backgrounds.
Muntchu Echo Morgan
Who Cares.
Lauri Andriske  Donna McAuliffe  Paul Hickey
RAVE (Recovery through Adventure and Education), an early psychosis group program; a collaboration between clinical and PDRS services.
Rachael Starbuck  Vivienne Duong  Kate Ebsworth

Snakes ‘n Ladders - negotiating an effective future for mental health services.
Lila Baker

Helper to Helpless ... a Personal Experience of Stigma & Discrimination.
Fiona Denham

S84 Partners at the Table
Paper 20 Minutes: in Bellarine 1
7/09/2007 Time 1030 - 1230
We have been sitting at the table for ages, but somehow mental health services have been going to another restaurant: getting a match between consumers, carers and service providers.
Jane Pepper  Debbie Merritt

Mental Health Outside the Square. Taking the Best from Clinical and Community Services to improve recovery outcomes for young people.
Katharina Verscharen  Angie Macmillan

The story of the NSW State-wide Aboriginal Mental Health Workforce Program.
Verina Crawford  Mitchell Clusters  Russell Roberts

Bringing It All Together: Cross-sector Partnerships Addressing Mental Health and Abuse Issues.
Sabin Fernbacher  Felicity Rorke

S85 Inpatient Guides
Paper 20 Minutes: in Otway 2
7/09/2007 Time 1030 - 1230
Nicole Livermore  Anne Ind  Meg Simpson  Ben Cracknell

From Containment to Engagement in a Psychiatric Intensive Care Unit.
Paul Johns

The Development of an Inpatient Group Program and its Impact on Clients.
Louise Collins  Stephen Burke

Consumer and Carer Experiences of Mental Health Inpatient Facilities.
Angela Piscitelli

S86 Peer Employment
Paper 20 Minutes: in Otway 1
7/09/2007 Time 1030 - 1230
The Gully: Creating an environment of hope.
Emma Clutterham  Gemma Ferraretto

Passport to Peer Work: Journeying with peer workers and their employers.
Carmen Franke  Jason Hoppo

Employment Experiences of People with Experience of Mental Illness.
Debbie Peterson

The Power of One Self-directed recovery: A consumers’ perspective.
Jason Carl Fagg

1230 – 1330 Lunch in You Yangs Exhibition Hall

S87 Comorbidity (alcohol & drugs)
Paper 20 Minutes: in John Batman Theatre
7/09/2007 Time 1330 - 1500
Developing a Model of Care for Dual Diagnosis Clients: The Importance of Identifying Mental Illness in Substance Abusing Populations.
Anna Thomas  Petra Staiger  Marita McCabe  Lina Ricciardelli  Greg Young  Wendy Cross

Improving treatment interventions for clients with a Dual Diagnosis in an Acute Inpatient Mental Health Unit.
Ruth Whitely  Kevan Myers
Integrated treatment in practice: A biopsychosocial framework for working with co-occurring substance use and mental disorders.
Glenn Rutter   Suzanne Stewart   Jessica Davis

S88  Understanding Cognitive Impairment
Symposium 1.5 Hrs: in Bellarine 7
7/09/2007 Time 1330 - 1500
Understanding and Dealing with Cognitive Impairment in Schizophrenia.
David Jonathan Castle   Kim Mueser   Susan McGurk   Til Wykes   Susan Rossell

S89  Recovery, Deinstitutionalisation
Paper 20 Minutes: in Bellarine 6
7/09/2007 Time 1330 - 1500
Recovery for Carers - a new focus for ARAFEMI Victoria.
Warren Jenkins   Mara Pacers
21 Years of Psychosocial Rehabilitation - Coming of Age and Communicating a Future.
Ben Ilsley   Matt Clear
Project 300 and Beyond  Opportunities and Challenges of Deinstitutionalisation.
Scott James   Kerry Lyons   Tom Meehan

S90  Stigma, Identity
Paper 20 Minutes: in Bellarine 5
7/09/2007 Time 1330 - 1500
Changing the sociology of censure: The like minds like mine anti-stigma and -discrimination project turns a corner.
Dean Manley
Cathy Powell
Internalised Stigma and Self-Discrimination.
Debbie Peterson

S91  Consumer Employment
Paper 20 Minutes: in Bellarine 4
7/09/2007 Time 1330 - 1500
An Inhouse Mental Health sensitive financial counselling service - 12 Months of experience
Ingrid Baarsma   Keith Joseph   Annette Bould
A step in the right direction executive level employment for a consumer worker.
Vrinda Edan   Nicki Ursu
Consumers and Providers in dynamic partnership: the development of a peer-led Consumer Education Program.
Julie Anderson

S92  Advocacy
Paper 20 Minutes: in Bellarine 3
7/09/2007 Time 1330 - 1500
23 Big Issues Revisited: Feedback from the Townsville TheMHS Consumer Day.
Rod Salvage   Douglas Holmes
Gerard Michael Reed
Doing consumer advocacy works.
Ellie Fossey   Wanda Bennetts   Evan Bichara   Diahann Lombardozzi   Sharon Saunders   Carol Harvey   Fiona McDermott

S93  Employment
Symposium 1.5 Hrs: in Bellarine 2
7/09/2007 Time 1330 - 1500
Employment for People with Severe Mental Illness: the International and Australian Experience.
Robert King   Terene McMahan   Geoff Waghorn   Valda Dorries
S94  Achieving Standards
Paper 20 Minutes: in Bellarine 1
7/09/2007 Time 1330 - 1500
The importance of linking the quality accreditation process to achieving improved outcomes for organizational stakeholders
Anne Hastie  Stewart McMullin

S95  Smoking, Physical Health
The Physical Health of People with a Mental Illness.
Belinda Loveless  Trish Jean  Barbara Doogue
Julie Patricia Harrison

S96  Education for Excellence
Paper 20 Minutes: in Otway 2 7/09/2007 Time 1330 - 1500
Looking Towards Excellence in Indigenous Mental Health Care.
Jane Havelka  Tom Brideson
Putting Evidence into Practice: Evaluation of Training Clinicians to Practice CBT as Part of Routine Care in an Area Mental Health Service.
Priscilla Yardley  Richard Newton
Indigenous cultural education in mainstream.
Cherie Kana

1500 – 1530  Afternoon Tea in You Yangs Exhibition Hall

S97  Closing Address/Ceremony
7/09/2007 Time 1530 – 1630
Handover of banner to Auckland Committee
Performance by THE CHOIR OF HARDKNOCKS