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**TheMHS Conference Program  
Wednesday 5<sup>th</sup> September 2007**

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**S01 Opening Ceremony: Welcome to country by Joy Murphy, Aboriginal Elder; Welcome to conference by Victorian Minister for Mental Health, Lisa Neville; Followed by a Mental Health rap.**

**S02 MHS Achievement Awards Ceremony presented by Senator the Hon Brett Mason, Parliamentary Secretary to the Minister for Health and Ageing**

In John Batman Theatre

5/09/2007 Time 0845 - 1000

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**S03 Keynote - Til Wykes - From subjects to participants: service user involvement in research.**

Keynote Speech: in John Batman Theatre

5/09/2007 Time 1000 - 1100

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**1100 – 1130 Morning Tea in You Yangs Hall**

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**S04 Media Portrayal of mental health**

Symposium 1.5 Hrs: in John Batman Theatre

5/09/2007 Time 1130 - 1300

**Media portrayal of mental health issues: Current challenges and complexities.**

Jaelea Skehan Barbara Hocking Kellie Cathcart SANE Speaker Rex Jory Michael Winter Jacqui Cheng

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**S05 Legal issues and rights**

Paper 20 Minutes: in Bellarine 7

5/09/2007 Time 1130 - 1300

**Effective Consumer Participation in Mental Health Review Tribunals Lessons from Overseas Experience.**

John Lesser

**The North West Area Mental Health Service Rights and Responsibilities Project.**

Lisa Mary Brophy Cannarayapatna Prasanna Moira Somerville Lisa Firth Jenny Burger Renee Dean Isobel Collins

**Parental Mental Illness and Child Protection in the Year 2020 - A Consumer's Perspective.**

Jenni Mazlin-Law

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**S06 The aboriginal mental health workforce**

Workshop 1.5 Hrs: in Bellarine 6

5/09/2007 Time 1130 - 1300

**NSW Health - addressing Aboriginal mental health needs - what are the future challenges/issues facing this emerging workforce?**

Tom Brideson Carmel Jones

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**S07 Managing services and organisations**

Paper 20 Minutes: in Bellarine 5

5/09/2007 Time 1130 - 1300

**Seeing ourselves clearly: NSW CAG's work to maintain our relevance now and into the future.**

Gillian Malins

**Managing Mental Health Services to Achieve Best Practice Clinical Outcomes. Is there a Process. Are there real outcomes.**

Ken Burnett

**In Search of a Seamless and Coordinated Mental Health Service Delivery Model for Youth and Adult Consumers.**

Frank Flannery Danielle Adams

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**S08 Snapshots**

Snapshots - Brief Papers 10 minutes: in Bellarine 4

5/09/2007 Time 1130 - 1300

**So many people with no-one to talk to what the evaluation of Transcultural Mental Health Centre, NSW found out about depression in CALD women.**

George Klein Terezija Petric Maria Cassaniti Roy Laube

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**General Practice is a Mental Health Service too.**

Marilyn McMurchie Victoria Sutton Kay Wilhelm

**The St. Luke's Volunteer Peer Support Program - capacity building for consumers and community.**

Patrick O'Sullivan Mary Murphy

**Building bridges: A QLD Health Recovery and Rehabilitation service in partnership with the community sector.**

Amanda Greaves

**Consumer Participation at the Spectrum of Cultures Consumer group adds to forming positive actions in positive environments under positive influences.**

Evan Bichara

**Consumer Companion Project - Bayside Health Service District.**

Deen Minter Erin Carnachan Neville Thompson Shirley Wigan Vaidyanathan Kalyanasundaram

**The Regrowth of the gathering tree community garden.**

Robert Caley

**Older Adults With A Dual Diagnosis - An Exploratory Study.**

Kathleen Ryan

**The Role of Community Mental Health Network in Clinical Transcultural Psychiatry.**

Can Tuncer

**S09 general practice and mental health**

Paper 20 Minutes: in Bellarine 3

5/09/2007 Time 1130 - 1300

**The Impact of the Mental Health MBS Items on Practice.**

Anne Diamond Michelle Bihary Nicholas Place Julie Thompson Stephen Fryman

**S10 Trialogues - consumer, carers, workers**

Workshop 1.5 Hrs: in Bellarine 2

5/09/2007 Time 1130 - 1300

**Trialogues: Creating, structuring and supporting three way conversations for Consumers, Carers and Workers in public Mental Health.**

Sue Ellen Radford Brendan O'Hanlon Colin Riess Peter McKenzie

**S11 Snapshots**

Snapshots - Brief Papers 10 minutes: in Bellarine 1

5/09/2007 Time 1130 - 1300

**Implementing the Australian Clinical Guidelines For Early Psychosis in a Mainstream Mental Health Service.**

Megan Svenson Ajit Selvendra

**Helping Hands Community Garden Project.**

Katy Smith

**Carer support groups: why do carers attend and what is the impact of participation. A qualitative study.**

Katie Wyman Sharyn Clarke Peter McKenzie Monica Gilbert

**A Family's Experience of Mental Health and Mental Health Services.**

Judy Nicholas Leanne Nicholas

**Promoting Mental Health Through The Ages Silk Flag Project.**

Katharina Verscharen Stephen Ward

**In the post Freudian haze: Making the transition from individual to family based treatments". A rural Carer Consultant's experience .**

Jackie Crowe

**Are We There Yet? Are We There Yet? Responding to children and families affected by parental mental illness in Australia.**

Paola Mason Elizabeth Fudge

**Promoting Family and Carer Inclusive Mental Health Practice: An Innovative State-wide Program in New South Wales.**

Sarah Joy Michelle Lampis Angela Milce Joanne Millington

**Lessons from a Carer's Journey.**

Robert Stanley Burke Judy Charlotte Burke

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**S12 Health and Access**

Paper 20 Minutes: in Otway 2

5/09/2007 Time 1130 - 1300

**The Opening Doors Project: creative expression as a health promotion activity.**

Judy Hamann

**Strategies for men who don't access mental health services.**Andrew McSwain

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**S13 Jobs**

Paper 20 Minutes: in Otway 1

5/09/2007 Time 1130 - 1300

**Jobnet: Active steps for job seekers.**

Gemma Bell Marion Allen-Gordon

**Mentoring and Volunteers.**

Julie Anderson Lorraine Johnstone

**Career Access: Cross Skilling (9841) - A Partnership between SWMHS & Western Sydney Institute of TAFE NSW to assist mental health consumers pursue their vocational goals.**Sue Mallick Jean McGuinness Penny Plumbe

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**1300 – 1400 Lunch in You Yangs Exhibition Hall**

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**S14 Social inclusion and community**

Paper 20 Minutes: in John Batman Theatre

5/09/2007 Time 1400 - 1500

**Mental Health and Social Inclusion: A Concept Mapping Exercise.**

Peter Huxley Sherrill Evans

**What is a mental health community and why is this important to service delivery**Douglas Holmes Alan Rosen

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**S15 Journeys to recovery**

Paper 20 Minutes: in Bellarine 7

5/09/2007 Time 1400 - 1500

**The Homeless Health Outreach Team**

Julie Evans

**Practical, effective and creative approaches in psychosocial residential settings for individuals diagnosed with Borderline Personality Disorder(BPD) or displaying BPD traits - A personal journey of recovery.**Lizzie Cutler Kylie Miller

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**S16 Supported housing**

Paper 20 Minutes: in Bellarine 6

5/09/2007 Time 1400 - 1500

**Supported housing: the Australian and International evidence.**

Kathy Arthurson Penny Worland Helen Cameron

**Where to From Here in Supported Housing?**Geoffrey Paul Smith Theresa Maureen Williams

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**S17 Boardroom to bedside**

Workshop 1 Hr: in Bellarine 5

5/09/2007 Time 1400 - 1500

**Taking strategic and service plans from the boardroom to the bedside.**Natalie Cutler Michelle Bradley Karen Patterson

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**S18 Families, Spirituality, Mental Health**

Workshop 1 Hr: in Bellarine 4

5/09/2007 Time 1400 - 1500

**Families, spirituality and mental health - Learning from Experience.**Robert Bland Peter Ryan Keryall Willis

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**S19 Depression**

Symposium 1 Hr: in Bellarine 3  
5/09/2007 Time 1400 - 1500

**Integrating depression management with chronic disease management.**

David Clarke James Dunbar Lisa Allwell Donita Baird Prasuna Reddy Robert Williams

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**S20 Working effectively with interpreters**

Workshop 1 Hr: in Bellarine 2  
5/09/2007 Time 1400 - 1500

**Achieving excellence in mental health service provision for consumers and carers whose first language is NOT English - Working Effectively With Interpreters in Mental Health Settings' A DVD training resource.**

Marie Piu Tania Miletic Harry Minas Sylvia Collinetti

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**S21 Tobacco policy**

Workshop 1 Hr: in Bellarine 1  
5/09/2007 Time 1400 - 1500

**Addressing Tobacco Policy within Mental Health Services.**

Maxie Ashton Sheryl Mulconray Sue Bertossa Sue Condon

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**S22 Recovery**

Symposium 1 Hr: in Otway 2  
5/09/2007 Time 1400 - 1500

**Recovery: - the consumers concept.**

Peter Schaecken Janet Meagher Desley Casey

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**S23 Interventions for babies and mothers**

Paper 20 Minutes: in Otway 1  
5/09/2007 Time 1400 - 1500

**Building a mentally healthy society where we aim for attainment of the highest possible level of mental health for all people. How will we work together to achieve this vision through promotion, prevention and positive intervention?**

Chryne Griffiths

**The Peek a Boo Club: A Group Work Intervention for Babies and Mothers' Affected by Family Violence.**

Wendy Bunston Katie Waters

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1500 – 1530 Afternoon Tea in You Yangs Exhibition Hall

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**S24 Future directions - Government Paper 20 Minutes: in John Batman Theatre**

5/09/2007 Time 1530 - 1700

**New Zealand Mental Health Services Government perspective.**

Robyn Shearer

**Personal Helpers and Mentors Program.**

Evan Lewis

**New Zealand Mental Health Services Government perspective.****A national perspective - the Australian Government's Mental Health and Workforce Reform Agendas.**

Rosemary Calder

**One year on - Progress in implementing the Australian Government's Mental Health Reform agenda.**

Nathan Smyth

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**S25 Choice and Risk**

Paper 20 Minutes: in Bellarine 7  
5/09/2007 Time 1530 - 1700

**A Vision Of The Future .The Role Of Advance Directives In Respecting People's Choices.**

Marianne Bonassi Tom Ryan

**Dignity of Risk: Challenges in Moving On.**

Marion Kennedy Craig Parsons

**The Least Restrictive Alternative - is it Too Restrictive?**

Judy Clisby Marilyn Starr

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**S26 Consumer Leadership**

Symposium 1.5 Hrs: in Bellarine 6  
5/09/2007 Time 1530 - 1700

**What Makes a Good Leader? Passion and Commitment - Not Just A Loud Voice.**

Leonie Manns

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**S27 Mental Health Reforms**

Paper 20 Minutes: in Bellarine 5  
5/09/2007 Time 1530 - 1700

**Asia-Pacific partnerships: Developing community mental health services.**

Margaret Goding

**Marumali Program to Heal Survivors of Stolen Generations Are We There Yet?**

Lorraine Peeters Shaan Gerrard Kerrie Kelly

**Lessons for 2020 from the Mental Health Reforms in Victoria, Australia.**

Valerie Gerrard

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**S28 Housing and support**

Paper 20 Minutes: in Bellarine 4  
5/09/2007 Time 1530 - 1700

**Out of the Institution: Evaluating a Model of Housing and Support.**

Meg Carter

**Managing Externally Imposed Changes to Level 1 and 2 Supported Accommodation Services.**

Lawrence Popata Barbara Anderson

**Catherine House Mental Health Program.**

Julie Nicole Deane Kyrie Grey Wendy Giachin

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**S29 Primary Care**

Paper 20 Minutes: in Bellarine 3  
5/09/2007 Time 1530 - 1700

**Getting it together: Promoting Collaborative Working Relationships between Southern Mental Health Services and General Practitioners**

Sarah Anstey

**Optimising the Primary Mental Health Care Workforce in Australia.**

Richard Moulding Grant Blashki Jane Pirkis Jane Gunn Cathy Mihalopoulos

**Does the General Practitioner have a place in the treatment of alcohol dependence?**

Sharyn Amos

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**S30 Young People**

Paper 20 Minutes: in Bellarine 2  
5/09/2007 Time 1530 - 1700

**The Development of a Young Persons Recovery Group.**

Alison Brettingham-Moore Claire Stucas

**Engaging adolescents living in families affected by mental illness.**

Faye Hayman

**Post-secondary Education: Opportunities and Obstacles for Recovery.**

Jennifer Martin

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**S31 Identity and collaboration**

Paper 20 Minutes: in Bellarine 1  
5/09/2007 Time 1530 - 1700

**The fundamental nature of identity for Aboriginal and Torres Strait Islander wellbeing.**

Marshall Watson

**The Strength of Two: Collaboration between services in New Zealand and Australia to mentor and train staff in the Strengths Model of case management.**

Gareth Jones Michael Deans Nigel Toomey Lee Cordell Smith

**Wairoa the way New Zealand used to be.**

Danika Goldsack Mani Wilson

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**S32 Family support**

Paper 20 Minutes: in Otway 2  
5/09/2007 Time 1530 - 1700

**Parents with a mental illness.**

Carolynne Holdsworth Monica Gilbert

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**Support and skills for families and carers of people with personality disorders.**

Anna Banfai

**Dare to Dream.**

Margaret Cook Amanda Olson

**S33 Rural leads the way**

Paper 20 Minutes: in Otway 1

5/09/2007 Time 1530 - 1700

**A Rural Model of Support for Young Carers.**

Peter McMahon Richard Hudson

**A Little Goes A Long Way.**

Lesley Forbes

**Country Cousins Lead the Way: Richmond Fellowship-Trinity Community Support Services and NE Health Wangaratta -Community Mental Health, an Exciting and Innovative Partnership in Rural Mental Health.**

Debra Monk Kerryn O'Brien Angela Walker Dannielle Taylor Emilia Barrow

**S34 Poster Session**

Poster: in YouYangs Hall

5/09/2007 Time 1700 - 1800

**The New Zealand Mental Health Line.**

Brenda Dolan Tim Saul

**Psychosocial Well-Being In Young Adults From Different Cultural Backgrounds In Australia: The Influence Of Parent-Child Attachment And Peer Relationships.**

Jinsu Lee Lynette Joubert

**2020 vision: Looking towards excellence in mental health.**

Mark Hosken Trish James

**Knowledge, Equity, Participation.**

Brian Hughes Denise Darnell

**The experience of family caregiving in mental illness.**

Joanne Lynne Drury Ellen Berah

**The Relationship Between Job stress and Mental Health in a Group of Hospital Employees in Shiraz.**

Jamaledin Alvani mohammad jafar bahredar

**Evidence-based Social Skills Training for Teens with Developmental Delays: A Pilot Study of the UCLA PEERS Program.**

Elizabeth Ann Laugeson Catherine Mogil Ashley Dillon Bobbie Celaya Fred Frankel

**A Collaborative Training Project: Working effectively with interpreters in psychiatric disability support settings.**

Sylvia Collinetti Xenia Girdler Ben Isley Maria Maggio De Leo

**The effects of Societal, Health system and Individual factors on utilization health services among university students**

Balan Rathakrishnan

**Engaging young people in mental health**

Butera Rita Glen Barton

**A STAR is born.**

Jodi Bateman Janet Punch

**Grouptherapy for psychosocial problems.**

Zahra Qiamy

**Volunteering as Mental Health Recovery.**

Glenys Geytenbeek

**Nicotine Replacement Therapy does it help?**

Maxie Ashton Sue Bertossa

**Helping over 500 people with mental illness address tobacco; -what have they told us and what have we learnt?**

Maxie Ashton Mark Weston Sue Bertossa

**Please also visit the posters of the winners and finalists of the Mental Health Achievement Awards in the same venue.**

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## TheMHS Conference Program Thursday 6<sup>th</sup> September 2007

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### **S35 Keynote - Kim Mueser - Evidence Based Practices, Recovery, and the Future of Mental Health Services**

Keynote Speech: in John Batman Theatre  
6/09/2007 Time 0900 - 1000

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### **1000 – 1030 Morning Tea in You Yangs Exhibition**

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### **S36 Forensic; Secure Units**

Paper 20 Minutes: in John Batman Theatre  
6/09/2007 Time 1030 - 1230

#### **The Impact of a changed environment on Consumers/Staff/Carers of a Secure Extended Care Rehabilitation Facility.**

Mervyn Love Daniel Nicholls Jeffrey Daniel James Olver

#### **Mental health screening of juvenile offenders within the Children's Court in Brisbane.**

Melissa Branjerdporn Nicole Mikolich Robert Kusemamuriwo

#### **Honest Appraisals: An evaluation of Forensic Mental Health Training Packages.**

Robert Kusemamuriwo Nicole Milukich

#### **Being in the know: accessing information in the everyday context of a tertiary mental health facility.**

Debby Clarke

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### **S37 Workforce**

Paper 20 Minutes: in Bellarine 7  
6/09/2007 Time 1030 - 1230

#### **NGO Development Strategy: Building Strength and Quality.**

Heidi Freeman

#### **Workforce Challenges in Psychiatric Rehabilitation.**

Lennart Reifels

#### **Achieving generational change in the leadership style of mental health service first-line leaders**

Mahshid Seifouri Peter Lacey

#### **Occupational Therapy and Youth Mental Health - A Profile of Service Provision.**

Laura Hardaker

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### **S38 Cultural background**

Paper 20 Minutes: in Bellarine 6  
6/09/2007 Time 1030 - 1230

#### **A study of the prevalence and peculiar features of mental disorders in a cohort of Italian-Australians undergoing counseling.**

Carmelo Pollicina

#### **Chaining the Unchained Melody: bridging service gaps for Chinese carers by utilising bilingual brokerage model and illustration from carers' stories.**

Shun Shing (Noris) Ma

#### **Including the excluded: delivering innovative psycho-social rehabilitation to people from culturally and linguistically diverse backgrounds.**

Steve Bailey Nhung Tran

#### **Mental Illness and Christian Culture.**

Fiona Denham

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### **S39 1. Workshop on Adventure**

Workshop 1 Hr: in Bellarine 5  
6/09/2007 Time 1030 - 1230

#### **Challenging Approaches! Positive change through adventures in nature.**

Ben Knowles Shelley Wright

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## **2. Symposium on Mind/Body**

**SANE Australia's Mind and Body program: Improving the physical health of people with mental illness.**

Mia Davidson Barbara Hocking

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### **S40 1.Workshop on Strengths based approach**

Workshop 1 Hr: in Bellarine 4

6/09/2007 Time 1030 - 1230

**Promoting recovery and hope within a Strengths Based approach.**

Yvette Jaczina Marlene Lamprell

## **2.Symposium on Work**

**Assisting people with a mental illness get and keep work: Implementing best-practice.**

Gafa Tuiloma Bridget Organ Perry Nichols Geoff Waghorn Eoin Kilackey Donna Ritchens

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### **S41 Snapshots**

Snapshots - Brief Papers 10 minutes: in Bellarine 3

6/09/2007 Time 1030 - 1230

**From nowhere to Peer.**

Michael Nanai

**Inclusion of Consumer Researchers: sharing the secret knowledge of research.**

Nicola Hancock Mark McMahon Anita Bundy

**Addressing the Information Needs of Consumers of Mental Health Inpatient Units**

Maria Ftanou John Barnes Shane Evans Anna Love

**A Consumer Based Shed - Building a Better Life.**

Trevor Ian Brown

**Recovery from Depression - A blueVoices perspective.**

Lyn Chaplin Lisa Allwell Marion Wilde

**A Consumer Studying for a Graduate Diploma in Community Mental Health.**

David Guthrie

**Norwood Unscripted- Concept to Completion.**

Meena Chandran Helen Defreitas

**Ghost Train or Roller Coaster? The experience of including consumer perspective education in the mental health workforce.**

Wanda Bennetts

**Strategies and Framework considerations for Enhanced Consumer and Carer Participation in Mental Health Services.**

Michael Burge

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### **S42 1.Workshop on Cognitive Therapy**

Workshop 1 Hr: in Bellarine 2

6/09/2007 Time 1030 - 1230

**Mindfulness Based Cognitive Therapy - a introduction in theory and practice**

Graham Meadows

**2. Workshop on Psychosocial interventions**

**Psychosocial interventions to manage acute agitation in inpatient psychiatry: gathering up the pieces of the puzzle.**

Bridget Hamilton Jeffrey Daniel Chris Rogers Daniel Nicholls Mervyn Love David Castle

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### **S43 1.Workshop on Writing to Recovery approaches to voices**

Workshop 1 Hr: in Bellarine 1

6/09/2007 Time 1030 - 1230

**Using Writing Techniques to Assit your client's Recovery.**

Lee Kofman Dianne Friend

**2.Workshop on Psychological approaches to voices**

**Working with people who hear distressing voices: A psychological approach.**

Helen Paris Hamer Debra Lampshire



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**S44 Intellectual Disability**

Paper 20 Minutes: in Otway 2  
6/09/2007 Time 1030 - 1230

**McPherson Community: Developing a service for people with co-existing intellectual disability and mental illness.**

Andrew Welsh

**Diversity is the SPICE of life: Working to improve emotional and mental health supports for young people with developmental disabilities and mental health problems.**

Jenny Curran

**Personality Disorder in Intellectual Disability: characteristics and health outcomes.**

Andrew Pridding Janina Tomasoni

**Getting Better: Preliminary Outcomes of a Pilot Program to Improve Access to Mental Health Assessment for Consumers with Intellectual Disabilities.**

Brent Hayward

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**S45 Parents, infants, children**

Paper 20 Minutes: in Otway 1  
6/09/2007 Time 1030 - 1230

**Early intervention music therapy for marginalised parents and their infant children.**

Louise Docherty Donna Berthelsen Jan Nicholson Carolyn Hart Vicky Abad Kate Williams

**Now we work as a team: An evaluation of the Collaborative Family Practice Project: Katy**

Curtis Francis McCormick Gail Clarke Rohan Langtree

**Developing and delivering a family centred psychosocial post natal depression service.**

Margaret Brooks Joy Black

**Beyond baby blues a national approach to perinatal depression.**

Carol Bennett

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**1230 – 1330 Lunch in the You Yangs Exhibition Hall**

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**S46 State Government Future Directions**

Symposium 1.5 Hrs: in John Batman Theatre  
6/09/2007 Time 1330 - 1500

**State Government Strategic Directions in Mental Health: 2007 - 2020.**

Peggy Brown Steve Patchett Ruth Vine

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**S47 Evaluation**

Paper 20 Minutes: in Bellarine 7  
6/09/2007 Time 1330 - 1500

**Consumer participation in service evaluation: more than providing feedback.**

Karen Oakley Carolyn Watt

**Developing Best Practice Guidelines in Consumer and Carer Participation in Child and Adolescent Mental Health Services.**

Adrienne Irvine

**Consumer and Carer-led Service Quality Evaluation Project.**

Lei Ning Anne Crowley

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**S48 Workforce, Leadership**

Paper 20 Minutes: in Bellarine 6  
6/09/2007 Time 1330 - 1500

**Examination of a Dual Psychoeducation and Support Group Model for Families and Carers of Clients with Mental Health Issues.**

Joukje Mulder

**Carer's support needs - meeting the recovery continuum.**

Frances Sanders

**A naturalistic observational study into impact of merging a Mother and Baby Program, Eating Disorder / Mood Disorder Program and an Acute Psychiatric Unit.**

Jeffrey Daniel Mary Apostolidis Daniel Nicholls Jon Lanford Steve Nedelkos

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**S49 Outdoor Adventure**

Paper 20 Minutes: in Bellarine 5  
6/09/2007 Time 1330 - 1500

**Recovery on the Oodnadatta Track: Young people with mental illness finding themselves on an Australian outback discovery expedition.**

Hans Van De Graaff Natasha Neal Julie Lengyl Bree Thomas

**Riding to recovery.**

Laurie Fitzpatrick Barry Clark

**When a Newstart in Mental Health is an Adventure: An adventure based program for 'at risk' young people.**

Matt Mudie Wendy Bunston Phil Wood

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**S50 Outcome Measurement**

Paper 20 Minutes: in Bellarine 4  
6/09/2007 Time 1330 - 1500

**Discharge from community mental health: supporting clinical decision making**

Liz Prowse

**Introducing meaning into routine outcomes collection: From data to information.**

Kathy Stapley

**Measuring outcomes in the SA Community Mental Health Service Sector (non-government) - how much recovery is enough?**

Geoffrey D Harris

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**S51 Snapshots**

Snapshots - Brief Papers 10 minutes: in Bellarine 3  
6/09/2007 Time 1330 - 1500

**Marlborough Māori experience in accessing mental health services via primary health care: An exploratory study.**

Lorraine Eade

**Towards a 'Hub & Spoke' Model of an Integrated Community-Based Mental Health Service Blacktown Assertive Integrated Community Treatment(AICT) & HASI Pilot Projects.**

Simon Besley William Duncan

**Episode 2020: Hope for the future.**

Daniel Christopher Kean

**The Peer Hospital-to Home Service The effectiveness of using peer support workers to support consumers' hospital avoidance and return to home following hospitalisation.**

Sharon Lawn Kelly Hunter Nicki Hirst

**A Collaborative Approach between Clinical and Rehabilitation Services.**

Sandra Foulstone Diana Cornish

**Psychological Assessment and Treatment in the Homeless Setting (PATHS), an innovative collaboration between Mental Health Services and homeless men's shelters.**

Stephen Edwards Rachel Gay Mark Hodge Natasha Markulev Alex Holmes

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**S52 Building Family Skills**

Symposium 1.5 Hrs: in Bellarine 2  
6/09/2007 Time 1330 - 1500

**Building Family Skills Together: an implementation strategy for evidence-based family interventions in public mental health services.**

Carol Harvey Brendan O'Hanlon John Farhall Laura Hayes Jenny Burger James Campbell Mirella di Beenedetto David Juriansz Margaret Leggatt Amaryll Perlesz Noel Renouf Colin Riess

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**S53 Older People**

Paper 20 Minutes: in Bellarine 1  
6/09/2007 Time 1330 - 1500

**Maturityblues Dispelling Myths about Depression and Older People.**

Marion Wilde Lisa Allwell

**Achieving psychosocial rehabilitation for older adults with mental health issues.**

Alissa Westphal Lina Gibson Naomi Parkes

**From Clinical Care to Community-based Support - Working Collaboratively to Enhance Quality of Life in the Golden Years.**

Anne Fahey Neil Brewer Sandra Attwell

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**S54 Medication**

Paper 20 Minutes: in Otway 2  
6/09/2007 Time 1330 - 1500

**The Medicine Awareness Project.**

Kathryn Weedon

**Consumer strategies for the management of medication side-effects.**

Tom Meehan Terry Stedman

**Connect, Converse, Comply.**

Nga Tran David Castle Cynthia Nguyen

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**S55 Consumer Stories**

Paper 20 Minutes: in Otway 1  
6/09/2007 Time 1330 - 1500

**Do you really hear what I am saying?.**

Mark Smith Meg Kenyon

**Heal The Spirit - Clear The Mind.**

Carol Bell

**Playing to our Strengths: Placing consumer stories at the centre of research that evaluates case management.**

Bridget Hamilton Cath Roper Rachael Starbuck

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**1500 – 1530 Afternoon Tea in You Yangs Exhibition Hall**

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**S56 Participation & Training**

Paper 20 Minutes: in John Batman Theatre  
6/09/2007 Time 1530 - 1700

**Recent Developments in the National Mental Health First Aid Training and Research Program.**

Betty Kitchener

**Recovery in the Territory - the Sub Acute Care Trial, Top End Association for Mental Health Inc**

Kirsty Carter Melissa Heywood Stephen Norris Rohan Langtree

**Building Healthy Communities: Mental Health First Aid Training for Aboriginal and Torres Strait Islander Communities.**

Carol Edington

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**S57 Clinical Redesign**

Symposium 1.5 Hrs: in Bellarine 7  
6/09/2007 Time 1530 - 1700

**Clinical re-design.**

Roger Gurr Alex Cockram Suzanne Rix Brenda Spencer

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**S58 NGOs**

Symposium 1.5 Hrs: in Bellarine 6  
6/09/2007 Time 1530 - 1700

**The Growth of Non-Government Service Provision in mental health - Where will it be in 2020?**

John Farhall Bill Healy Liz Crowther Robyn Humphries Marion Blake Douglas Holmes

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**S59 Living Well**

Paper 20 Minutes: in Bellarine 5  
6/09/2007 Time 1530 - 1700

**Include camping in your 2020 vision.**

Liz Leorke Sue Cotton

6/09/2007 Time 1530 - 1700

**The Living Well Project - A Public Health/NGO Collaboration.**

Vicki Johns

**Feeling blue? Then touch green for better mental health and wellbeing: The benefits of volunteering in a conservation group.**

Mardie Townsend Matthew Ebdon

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**S60 Outcomes Measurement**

Paper 20 Minutes: in Bellarine 4  
6/09/2007 Time 1530 - 1700

**NSW Outcomes Through NGOs Initiative: Building the knowledge base on psychosocial resilience, recovery and rehabilitation programs through MHCC's State-wide Routine Consumer Outcome Monitoring and Information Strategy.**

Jonine Penrose-Wall Jenna Bateman

**Lessons Learned from using Routine Outcome Measurement in a Psychiatric Disability Rehabilitation and Support Service.**

Glen Tobias Kim Helyer Tom Trauer

**Outcome measures.Help or hindrance in the therapeutic relationship?**

Glenda J Pedwell

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**S61 Families & Collaboration**

Paper 20 Minutes: in Bellarine 3  
6/09/2007 Time 1530 - 1700

**Partners in Depression.**

Karen Barrett Frances Kay-Lambkin Trevor Hazell Elizabeth Kemp

**From Rehabilitation to Recovery: making consumer, carer and clinician collaboration the main game in adult residential services.**

Susan McDonough Mary Macrae Jenny Burger Bill Moon Andrew Marsden

**The Holding of Hope and Moving Towards Family Recovery.**

Peter McKenzie

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**S62 Rural Communities**

Paper 20 Minutes: in Bellarine 2  
6/09/2007 Time 1530 - 1700

**Working to enhance dual diagnosis competencies in mental health and AOD services.**

Melissa Petrakis Nicole Allen

**Developing a Model of Care for Dual Diagnosis Clients: What Do the Clients Say?**

Petra Staiger Marita McCabe Lina Ricciardelli Anna Thomas Greg Young Wendy Cross

**Organisational Linking - Working Better With Dual Diagnosis.**

Rose McCrohan Apostolidis Mary Kathkeen Ryan

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**S63 Older People**

Paper 20 Minutes: in Bellarine 1  
6/09/2007 Time 1530 - 1700

**Fitting Custom Made Glass Slippers: Why Adult Mental Health psychosocial models & assumptions don't fit comfortably into Aged Mental Health programs.**

Cheryl Martin

**Turnaround In A Mainstreamed Aged Persons' Mental Health Service In Crisis: A Study Of Organizational Renewal.**

Alan Lilly Simon Stafrace Sandra Keppich-Arnold

**Utilising Snoezelen Therapies to improve the quality of life for people affected by dementia**

Bec Klucso Tracey Harmer

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**S64 Children & Adolescents**

Paper 20 Minutes: in Otway 2  
6/09/2007 Time 1530 - 1700

**Who are the High Service Users of a Child & Adolescent Mental Health Service?**

Helen Mildred Diana Harte

**From Reacting to Responding: Developing a Relational Trauma Residential Program for Adolescents Presenting with Relational Trauma.**

Lothar Werner Wahl

**Evaluating the effectiveness of arm protector in improving safety for children and staff during aggressive events.**

Sang Tran Robyn Stargatt Daniel Nicholls James Olver Jeffrey Daniel

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**S65 Workforce**

Paper 20 Minutes: in Otway 1

6/09/2007 Time 1530 - 1700

**Mental health service users as citizens in a recovery paradigm: The implications for mental health nursing practice.**

Helen Paris Hamer

**It's intimidating to be the only trainee psychiatrist on a table full of consumers-or-Consumers Teaching, Registrars Learning.**

Wanda Bennetts William Moon

**Staffing the Future.**

Fiona Dawes Paul Nestor

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## TheMHS Conference Program Friday 7<sup>th</sup> September 2007

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### **S76 Keynote - Mary O'Hagan - A vision for recovery oriented services and systems in the future for people with mental health problems**

Keynote Speech: in John Batman Theatre  
7/09/2007 Time 900 - 1000

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### **1000 – 1030 Morning Tea in You Yangs Exhibition Hall**

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#### **S77 Comorbidity**

Paper 20 Minutes: in John Batman Theatre  
7/09/2007 Time 1030 - 1230

#### **Depression and Alcohol Use.**

Baigent Michael

#### **Consumers, Clinicians and service Culture; the challenge of dual diagnosis as 'core business' in clinical mental health services in Victoria.**

Jessica Davis Nicole Allen

#### **Seclusion in Mental Health and Intellectual Disability A Review of the Literature and Legislation.**

Angela Livingstone

#### **Self Help and Dual Diagnosis.**

Moira McPheat Monica Walsh

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#### **S78 Tools for Better Services**

Paper 20 Minutes: in Bellarine 7  
7/09/2007 Time 1030 - 1230

#### **KidsMatter: Australian Primary Schools Mental Health Initiative.**

Brian William Graetz Lyn Littlefield Margot Trinder Mignon Souter Chris Champion Chris Killick-Moran

#### **Access all hours the creation of a seamless (and paperless) Triage service.**

Tanya Mularczyk Joy Barrowman Donna Jewell

#### **Using the internet and game based technologies to promote health to young people.**

Carolyn Morey

#### **Reach Out! Pro Tools for improving young people's mental health**

Carolyn Morey Rebecca Coleman

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#### **S79 Treatment Tools**

Paper 20 Minutes: in Bellarine 6  
7/09/2007 Time 1030 - 1230

#### **When Telling Helps: Positive Therapeutic disclosures in mental health.**

Magio Konidaris Heather Clarke Jill Collins Vicki Brous

#### **Developing a take-home DVD information resource About Psychoses.**

Richard Newton Carmel Jackson

#### **Telephone Helplines and Online Services: Shaping Continuing Improvement in the Future.**

Wendy Sturgess

#### **Telling stories in Indigenous mental health.**

Tricia Nagel Carolyn Thompson

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#### **S80 Intervening Before Self-Harm**

Paper 20 Minutes: in Bellarine 5  
7/09/2007 Time 1030 - 1230

#### **Perspectives on Self-Harm.**

Zoe Farris

#### **A family intervention program for young people with suicidal behaviour.**

Jane Pineda

**The Stories of Falling Leaves: A Review of Community Mental Health Follow-up for Persons with Suicidal Presentation.**

Joe Chuong Rosellin Noblejas

**Interactive TXT Messaging for crisis intervention suicide prevention and TXT bullying victim support .**

Graham Roper

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**S81 1.Symposium Voices of Reason 2. Symposium AIMHI recovery**

Symposium 1 Hr: in Bellarine 4

7/09/2007 Time 1030 - 1230

**1. Voices of Reason.**

Kristy Dodwell Joanne Sais Bruce Falconer

**2. Update on the Collaborative Recovery component of the Australian Integrated Mental Health Initiative (AIMHI).**

Frank Deane Trevor Crowe Lindsay Oades Robert King

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**S82 Snapshots**

Snapshots - Brief Papers 10 minutes: in Bellarine 3

7/09/2007 Time 1030 - 1230

**State of play in NSW in relation to the care of older people from CALD background with mental health issues.**

Mariëtte Janine van der Meer

**My Journey as Candidate Mental Health Nurse Practitioner.**

Briony Therese Lia

**MoodSwings: an online intervention for bipolar disorder.**

Sue Lauder Michael Berk David Castle Seetal Dodd Andrea Chester

**A Conspiracy of Hope: Maintaining a spirituality-focused recovery group on an acute in-patient psychiatric unit. And why bother.**

Chris Rogers Helen Kift

**Spiritual Empowerment.**

Lisa Brabo Debi Yohn

**Two Bucks for the Bus: Support Enabling Active Recovery.**

Emma Martin Deanna Erskine

**Korowai Whaimana - The Empowering Cloak: Addressing Human Rights Issues for People With Experience of Mental Illness.**

Gareth Edwards

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**S83 Snapshots**

Snapshots - Brief Papers 10 minutes: in Bellarine 2

7/09/2007 Time 1030 - 1230

**Putting the Recovery in the Prevention & Recovery Care Program- Linwood.**

Petrina O'Connor Joanne Petrenko

**Effecting Recovery Principles in South Eastern Sydney Illawarra Area Health Service.**

Mary Hopkins Lynda Hennessey

**A Skills-Based Recovery Group Work Model.**

Karen Helbig

**Mental Health Assitnace Dogs (MHAD) A Personal Aid / A Personal Medicine.**

Che Forest Lucy Henry

**Developing a Peer Led Program in a Psychosocial Rehabilitation Service.**

Melissa Edwards Catherine Thorpe

**Art Escape: Providing a haven for self-expression, empowerment and creativity for people with severe mental health issues.**

Theresa Van Lith Chris Lawrence

**The effects of problem gambling and mental health amongst people from Culturally and Linguistically Diverse Backgrounds.**

Muntchu Echo Morgan

**Who Cares.**

Lauri Andriske Donna McAuliffe Paul Hickey

**RAVE (Recovery through Adventure and Education), an early psychosis group program; a collaboration between clinical and PDRS services.**

Rachael Starbuck Vivienne Duong Kate Ebsworth

**Snakes 'n Ladders - negotiating an effective future for mental health services.**

Lila Baker

**Helper to Helpless ... a Personal Experience of Stigma & Discrimination.**

Fiona Denham

#### **S84 Partners at the Table**

Paper 20 Minutes: in Bellarine 1

7/09/2007 Time 1030 - 1230

**We have been sitting at the table for ages, but somehow mental health services have been going to another restaurant: getting a match between consumers, carers and service providers.**

Jane Pepper Debbie Merritt

**Mental Health Outside the Square. Taking the Best from Clinical and Community Services to improve recovery outcomes for young people.**

Katharina Verscharen Angie Macmillan

**The story of the NSW State-wide Aboriginal Mental Health Workforce Program.**

Verina Crawford Mitchell Clusters Russell Roberts

**Bringing It All Together. Cross-sector Partnerships Addressing Mental Health and Abuse Issues.**

Sabin Fernbacher Felicity Rorke

#### **S85 Inpatient Guides**

Paper 20 Minutes: in Otway 2

7/09/2007 Time 1030 - 1230

**What Now? The Inpatient Guide - Working Towards Recovery.**

Nicole Livermore Anne Ind Meg Simpson Ben Cracknell

**From Containment to Engagement in a Psychiatric Intensive Care Unit.**

Paul Johns

**The Development of an Inpatient Group Program and its Impact on Clients.**

Louise Collins Stephen Burke

**Consumer and Carer Experiences of Mental Health Inpatient Facilities.**

Angela Piscitelli

#### **S86 Peer Employment**

Paper 20 Minutes: in Otway 1

7/09/2007 Time 1030 - 1230

**The Gully: Creating an environment of hope.**

Emma Clutterham Gemma Ferraretto

**Passport to Peer Work: Journeying with peer workers and their employers.**

Carmen Franke Jason Hoppo

**Employment Experiences of People with Experience of Mental Illness.**

Debbie Peterson

**The Power of One Self-directed recovery: A consumers' perspective.**

Jason Carl Fagg

### **1230 – 1330 Lunch in You Yangs Exhibition Hall**

#### **S87 Comorbidity (alcohol & drugs)**

Paper 20 Minutes: in John Batman Theatre

7/09/2007 Time 1330 - 1500

**Developing a Model of Care for Dual Diagnosis Clients: The Importance of Identifying Mental Illness in Substance Abusing Populations.**

Anna Thomas Petra Staiger Marita McCabe Lina Ricciardelli Greg Young Wendy Cross

**Improving treatment interventions for clients with a Dual Diagnosis in an Acute Inpatient Mental Health Unit.**

Ruth Whitely Kevan Myers



**Integrated treatment in practice: A biopsychosocial framework for working with co-occurring substance use and mental disorders.**

Glenn Rutter Suzanne Stewart Jessica Davis

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**S88 Understanding Cognitive Impairment**

Symposium 1.5 Hrs: in Bellarine 7

7/09/2007 Time 1330 - 1500

**Understanding and Dealing with Cognitive Impairment in Schizophrenia.**

David Jonathan Castle Kim Mueser Susan McGurk Til Wykes Susan Rossell

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**S89 Recovery, Deinstitutionalisation**

Paper 20 Minutes: in Bellarine 6

7/09/2007 Time 1330 - 1500

**Recovery for Carers - a new focus for ARAFEMI Victoria.**

Warren Jenkins Mara Pacers

**21 Years of Psychosocial Rehabilitation - Coming of Age and Communicating a Future.**

Ben Ilsley Matt Clear

**Project 300 and Beyond Opportunities and Challenges of Deinstitutionalisation.**

Scott James Kerry Lyons Tom Meehan

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**S90 Stigma, Identity**

Paper 20 Minutes: in Bellarine 5

7/09/2007 Time 1330 - 1500

**Changing the sociology of censure: The like minds like mine anti-stigma and - discrimination project turns a corner.**

Dean Manley

**Aboriginal Identity: Wrapped in a Thin Layer of Cotton Wool.**

Cathy Powell

**Internalised Stigma and Self-Discrimination.**

Debbie Peterson

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**S91 Consumer Employment**

Paper 20 Minutes: in Bellarine 4

7/09/2007 Time 1330 - 1500

**An Inhouse Mental Health sensitive financial counselling service - 12 Months of experience**

Ingrid Baarsma Keith Joseph Annette Bould

**A step in the right direction executive level employment for a consumer worker.**

Vrinda Edan Nicki Ursu

**Consumers and Providers in dynamic partnership: the development of a peer-led Consumer Education Program.**

Julie Anderson

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**S92 Advocacy**

Paper 20 Minutes: in Bellarine 3

7/09/2007 Time 1330 - 1500

**23 Big Issues Revisited: Feedback from the Townsville TheMHS Consumer Day.**

Rod Salvage Douglas Holmes

**Systemic grassroots advocacy: Making an impact on the Victorian State Election 2006.**

Gerard Michael Reed

**Doing consumer advocacy works.**

Ellie Fossey Wanda Bennetts Evan Bichara Diahann Lombardozzi Sharon Saunders Carol Harvey Fiona McDermott

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**S93 Employment**

Symposium 1.5 Hrs: in Bellarine 2

7/09/2007 Time 1330 - 1500

**Employment for People with Severe Mental Illness: the International and Australian Experience.**

Robert King Terene McMaha Geoff Waghorn Valda Dorries

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**S94 Achieving Standards**

Paper 20 Minutes: in Bellarine 1  
7/09/2007 Time 1330 - 1500

**The importance of linking the quality accreditation process to achieving improved outcomes for organizational stakeholders**

Anne Hastie Stewart McMullin

**Standards as a key ingredient in sector reform: Developing new Psychosocial Rehabilitation Support Service Standards for South Australia.**

Belinda Loveless Trish Jean Barbara Doogue

**Future directions, post evaluation of the Mental Health/SA Ambulance Emergency Response Project. A joint initiative between the SA Ambulance Service and metropolitan Adelaide Mental Health Services.**

Julie Patricia Harrison

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**S95 Smoking, Physical Health**

Paper 20 Minutes: in Otway 2  
7/09/2007 Time 1330 - 1500

**The Physical Health of People with a Mental Illness.**

David Castle Bridget Organ

**A quick, easy and effective method to begin to address tobacco.**

Maxie Ashton Sue Condon Sue Bertossa

**The ethics of smoking bans and tobacco control initiatives in mental health.**

Kristen Moeller-Saxone Kathryn Weedon

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**S96 Education for Excellence**

Paper 20 Minutes: in Otway 1  
7/09/2007 Time 1330 - 1500

**Looking Towards Excellence in Indigenous Mental Health Care.**

Jane Havelka Tom Brideson

**Putting Evidence into Practice: Evaluation of Training Clinicians to Practice CBT as Part of Routine Care in an Area Mental Health Service.**

Priscilla Yardley Richard Newton

**Indigenous cultural education in mainstream.**

Cherie Kana

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**1500 – 1530 Afternoon Tea in You Yangs Exhibition Hall**

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**S97 Closing Address/Ceremony**

7/09/2007 Time 1530 – 1630

**Handover of banner to Auckland Committee****Performance by THE CHOIR OF HARDKNOCKS**

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