Save the Date
TheMHS Conference 2017
“Embracing Change Through Innovation and Lived Experience”
29 August - 1 September 2017
Hilton Sydney, Australia.

Call for Abstracts
Abstract submission is open. Share your experience and expertise at TheMHS Conference 2017.

TheMHS Conference is proudly multidisciplinary and we welcome abstracts from all areas of the mental health sector. First time presenters are particularly encouraged.

Not sure where to get started? Have a look at our website for guidelines and questions to get you thinking.


TheMHS Awards 2017
TheMHS Awards (The Mental Health Service Awards) of Australia and New Zealand recognise and celebrate great work in mental health services. Online submissions are now open. Submit your entry by going to our website.

www.themhs.org/awards

Evaluation of Summer Forum 2017
Please be sure to complete the online evaluation of this Summer Forum. A link to the online evaluation will be emailed to you on Friday afternoon. We look forward to your feedback on this Forum to help us continually improve what we do.

With thanks to our Gold Sponsors

WELCOME

to TheMHS Summer Forum 2017

CHOICE AND CONTROL: Personalising the Mental Health System

Joining the pieces of the puzzle.
TheMHS Summer Forum brings people together from all corners of the mental health community. In 2017, we will investigate the impact of our evolving mental health system on people and services, and ask how citizenship for consumers can be achieved.

As we enter an era of flexible funding, self-directed support and personalised packages in mental health, are we encountering new concepts or simply perpetuating an old model dressed up in new clothing?

For a person to have informed choice and control over their lives and the services and programs they need, there must be real choices available. While funding mechanisms and system structures have a major impact on the individual, citizenship must be the ultimate outcome. What works to achieve citizenship and how can we provide it?

Multiple reforms to mental health service delivery and funding mechanisms have resulted in a complex and often bewildering system in Australia and New Zealand. Has this led to better outcomes for people living with mental health problems and their families? How can people (including professionals, managers, families/carers and consumers) successfully navigate these systems and structures?

TheMHS Summer Forum brings people together from all corners of the mental health community. In 2017, we will investigate the impact of our evolving mental health system on people and services, and ask how citizenship for consumers can be achieved.

TheMHS Summer Forum asks how mental health systems can deliver authentic person-centred care in mental health.

Making the most of your Summer Forum experience

- Be an active participant. Audience questions and discussion are positively encouraged.
- Download the powerpoints. Presentation slides will be available on the TheMHS Resource Library for all delegates after the event. Check your emails for access instructions.
- Engage with the blog. Guest bloggers will be writing about topics in the program. We encourage you to read and comment.
- Network with other delegates. The Summer Forum is an ideal place to meet like-minded colleagues from across the mental health community. Take advantage of the session breaks and our networking function on Thursday evening to make new connections. See who else is attending using the attendee search in the mobile app, and don’t forget to upload a photo of yourself to make it easier for others to find you. Take some time to talk to our exhibitors.
- Follow through after the event. Remember to prepare some notes to share your learnings with colleagues at work, or make a point to send a follow up email to people you connected with.

Download the mobile app

- Browse the Program
- Speaker Search
- Search for other delegates
- Upload your photo
- Send and receive messages
- Eating out in Sydney
- Stay up to date on the blog

Networking Function

Please join us for drinks and canapés on the Outdoor Terrace on Thursday evening from 5:30 PM - 6:30 PM.

Follow us! #themhsSF

Twitter @themhsorg
Facebook www.facebook.com/TheMHSLearningNetwork

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Installation Instructions

Open up your app store and search for “The Event App by EventsAIR”. Download and open the app. When prompted for an Event Code - use sf17. Congratulations! You now have access to the official TheMHS Summer Forum App. Some areas will require logging in. Simply use the email address you registered with and the PIN that was sent with your confirmation letter.
TheMHS Summer Forum 2017

**CHOICE AND CONTROL:**
Personalising the Mental Health System

Thursday, 23 February 2017

8:45 AM -
9:00 AM
WELCOME

ACKNOWLEDGMENT OF COUNTRY

9:00 AM -
10:30 AM
SESSION 1: CHOICE AND CONTROL – WHAT DOES IT MEAN?
CHAIR: PETER MCGEORGE

If self-determination is the answer, what would services be spectacular at?
Helen Glover – Consultant and Trainer, with professional background in social work and education, as well as lived experience of her own recovery from mental illness

The tendency of “Mental Health Systems” to remove choice.
Ken Thompson – Principal Psychiatrist, Visible Hands Consulting, Pittsburgh, USA and Clinical Associate Professor of Psychiatry for the University of Pittsburgh

10:30 AM -
11:00 AM
Morning Tea

SESSION 2: STEPS TO PERSONALISING THE SYSTEM
CHAIR: CATH CHAPMAN

UK National Policies on Personalisation – how can they be implemented across 140 sites?
Karen Mellanby – Director of Networks and Communities, MIND UK

Canada’s approach to personalising the mental health system.
Ed Mantler – Vice President Programs and Priorities, Mental Health Commission of Canada

NDIS 2017: How will personalisation and personal budgets improve peoples’ lives?
Eddie Bartnik – Strategic Adviser on Mental Health, Local Area Coordinating and Community Capacity Building, National Disability Insurance Agency

1:00 PM -
2:00 PM
Lunch

SESSION 3: CHANGING THE SYSTEM
CHAIR: FIONA ORR

Personalised services: A first-hand account.
Sarah Hughes – CEO, Centre for Mental Health, UK & Former CEO, Mind in Cambridgeshire, UK

Disruption as a force for change in the UK and Australia.
Peter Gianfrancesco – NSW State Manager, Neami National

3:30 PM -
4:00 PM
Afternoon Tea

SESSION 4: PERSONALISATION: EVIDENCE CHECK
CHAIR: ALAN ROSEN

Australia’s big picture for the future of the mental health system.
Frank Quinlan – CEO, Mental Health Australia

What helps recovery for people with complex psychosis; what’s the evidence?
Helen Killaspy – Professor and Honorary Consultant in Rehabilitation Psychiatry at University College London and Camden and Islington NHS Foundation Trust

5:30 PM -
6:30 PM
NETWORKING FUNCTION

Friday, 24 February 2017

9:00 AM -
9:15 AM
WELCOME and Launch of 2017 TheMHS Awards

INTRODUCTION BY ROGER GURR
Address by Professor The Honourable Dame Marie Bashir AD, CVO

TheMHS Awards video

SESSION 5: FUNDING, METHODOLOGY & PERSONALISATION
CHAIR: TULLY ROSEN

How is the NDIS different to the past and what are the funding implications?
Sarah Johnson – NDIS Actuary, National Disability Insurance Agency

Funding Personalisation – How can funding shape the system for the better?
Kathy Eager – Director of the Centre for Health Service Development, University of Wollongong

10:45 AM -
11:15 AM
Morning Tea

SESSION 6: THE SYSTEM AND PROVISION OF CHOICE
CHAIR: VIVIENNE MILLER

How are PHN’s personalising the Mental Health System? Case Study 1.
Catherine Goodwin – Drug & Mental Health Manager for Central and Eastern Sydney PHN

How are PHN’s personalising the Mental Health System? Case Study 2.
Jeff Cheverton – Executive Director, Commissioning, North Western Melbourne PHN

The Authenticity of Choice in a personalised mental health system.
Julie Anderson – Executive Officer, Women’s Mental Health Network Victoria

1:00 PM -
2:00 PM
Lunch

SESSION 7: BUILDING WORKFORCE CAPACITY
CHAIR: KEVIN KELLEHEAR

New funding strategies are driving new systems of mental health care. How does an organisation plan for and manage its workforce? What are the outcomes for people with lived experience who need these services? Each speaker is given 5 minutes to explain and illustrate their point of view.

• Kim Ryan – CEO, Australian College of Mental Health Nurses
• Helen Glover – Consultant and Trainer
• Peggy Brown – CEO, National Mental Health Commission
• Sarah Hughes – CEO, Centre for Mental Health, UK

3:30 PM -
4:00 PM
Afternoon Tea

SESSION 8: FUTURE STEPS TO ACHIEVING CHOICE AND CONTROL
CHAIR: ROGER GURR

Are we building solid foundations now in order to achieve the goal of personal choice and control for people living with mental health disorders?
With Peggy Brown, Julie Anderson and Karen Mellanby

Pathways to choice and control.
Ken Thompson