# TheMHS PROGRAM AT A GLANCE

## Friday 29th August 2014

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<thead>
<tr>
<th>TIME</th>
<th>Riverside Theatre</th>
<th>Meeting Room 1</th>
<th>Meeting Room 2</th>
<th>Meeting Room 3</th>
<th>Meeting Room 4</th>
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<tbody>
<tr>
<td>9.00 - 10.00am</td>
<td></td>
<td><strong>S081:</strong> Keynote Presentation - Ken Thompson Putting Recovery into Practice: Sharing a Personal and Professional Journey Venue: Riverside Theatre</td>
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<td>10.00 - 10.30am</td>
<td></td>
<td><strong>Morning Tea in Foyers</strong></td>
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<tr>
<td>10.30am - 12.30pm</td>
<td><strong>OS82:</strong> Featured Symposium: Mental Health Commissions</td>
<td><strong>S083:</strong> Keynote Q&amp;A: Ken Thompson</td>
<td><strong>S084:</strong> Peer Workforce</td>
<td><strong>S085:</strong> Community Living</td>
<td><strong>S086:</strong> Workshop: Relaxation; Workshop: Multicultural Mental Health</td>
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<tr>
<td>12.30 - 1.30pm</td>
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<td><strong>Lunch in Foyers</strong></td>
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<tr>
<td>1.30 - 3.00pm</td>
<td><strong>S093:</strong> International Collaborative Research</td>
<td><strong>S094:</strong> Snapshots</td>
<td><strong>S095:</strong> Consumer Experiences, Healing, Leadership</td>
<td><strong>S096:</strong> Changing Mental Health Services Culture</td>
<td><strong>S097:</strong> Featured Symposium: Planning Services</td>
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<td>3.00 - 3.30pm</td>
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<td><strong>Afternoon Tea in Foyers</strong></td>
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<tr>
<td>3.30 - 5.00pm</td>
<td><strong>S104:</strong> Closing Address/Ceremony Handover of banner; presentation of prize for best poster Venue: Riverside Theatre</td>
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The MHS Program at a Glance

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<tr>
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<td><strong>Morning Tea in Foyers</strong></td>
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<tr>
<td>10.00</td>
<td>S087: Culturally Diverse</td>
<td>River View Room 5</td>
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<td>Communities</td>
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<tr>
<td>10.01</td>
<td>S088: Educating Students</td>
<td>Meeting Room 6</td>
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<td>10.02</td>
<td>S089: NDIS; Community Living</td>
<td>Meeting Room 7</td>
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<td>10.03</td>
<td>S090: Trauma, Stigma</td>
<td>Meeting Room 8</td>
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<td>10.04</td>
<td>S091: Advocacy, Recovery,</td>
<td>Amcom Suite</td>
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<td>Research</td>
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<td>12.30 - 1.30pm</td>
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<td>12.30</td>
<td>S098: Wellbeing &amp; Recovery</td>
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<td>12.31</td>
<td>S099: Training, Supervision,</td>
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<td>Counselling</td>
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<td>S100: Snapshots</td>
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<td>12.33</td>
<td>S101: Snapshots</td>
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<td>12.34</td>
<td>S102: Changing Systems</td>
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Friday 29 August 2014

S081  Keynote: Ken Thompson
29/8/2014  From: 0900 To: 1000  Venue: Riverside Theatre
Keynote Presentation
Putting Recovery into Practice: Sharing a Personal and Professional Journey.
Ken Thompson

1000 – 1030  Morning Tea in Foyers

S082  Featured Symposium: Mental Health Commissions
29/8/2014  From: 1030 To: 1230  Venue: Riverside Theatre
Featured Symposium 2 hrs
Mental Health Commissions: Expectations and Realities
10.30am: Hon. Helen Morton
11.00am: Tim Marney  Lesley Van Schoubroeck  David Butt  Julie Robotham

S083  Keynote Q&A: Ken Thompson
29/8/2014  From: 1030 To: 1230  Venue: Meeting Room 1
Keynote Q&A (Session webcast)
Ken Thompson

S084  Peer Workforce
29/8/2014  From: 1030 To: 1230  Venue: Meeting Room 2
Paper 20 min
Peering into the Canadian Experience
Louise Howe
Yale University Leadership Program for the Lived Expertise
Anthony Stratford
Bringing lived experience into focus: Peer Workers in the MDT.
Lyndal Sherwin  Sam Higgins  Francesca Coniglio
Building foundations that don’t shake - support for the casual Lived Experience Workforce
Wanda Bennetts

S085  Community Living
29/8/2014  From: 1030 To: 1230  Venue: Meeting Room 3
Paper 20 min
Partners In Recovery - together we will assist the homeless
Judith Hopwood
Promising practice: The outcomes achieved for participants in the first three years of the Doorway Housing First private rental project for homeless people with mental illness.
Tracey Swadling  Laura Collister
KidzSpace – The effectiveness of an inter-disciplinary community based paediatric service specialising in child health, safety, development and wellbeing.
Sue McConnachie  Gail Clarke  Andy Lovett  Katherine Hyde  Andie West
An overview of the One Life Suicide Prevention Strategy: a partnership between
government and communities in regional and metropolitan areas of Western Australia.
Clive Elliott  Sandra Burns

S086  Workshops: Relaxation; Multicultural Mental Health  
29/8/2014  From: 1030 To: 1230  Venue: River View Room 4  
2 x 1hr Workshops  
Development, rationale and use of Rapid Reflexive Relaxation (R3) method. Or How to relearn and love your S Spot.  
Steve Baily  
Implementation of the new Framework for Mental Health in Multicultural Australia  
Rita Prasad-Ildes  Hamza Vayani

S087  Culturally Diverse Communities  
29/8/2014  From: 1030 To: 1130  Venue: River View Room 5  
Paper 20 min  
Community Carer Support Program – Experience of Chinese Carers Looking After Relatives With Dementia  
Lisa Wong  Jane Stein-Parbury  Lynnette Chenoweth  
Connecting with carers from culturally and linguistically diverse (CALD) backgrounds: An eLearning approach to improving cultural competence of mental health clinicians.  
Lisa Woodland  Annemaree Bickerton  Dushan Ristevski  Suzanna Kirov  Janice Nair

S088  Educating Students  
29/8/2014  From: 1030 To: 1230  Venue: Meeting Room 6  
Paper 20 min  
Improving the university experience for students who self-identify as having a mental health problem  
Dianne Wynaden  
Beyond the rabbit hole of maintenance ... to professionals teaching and living lives of recovery.  
Ros Bowyer  Jane Gibson  Lyn Mahboub  
“I feel much less scared”: Students learning from lived experience of mental health recovery.  
Robyn Martin  Sophie Ridley  Lyn Mahboub

S089  NDIS; Community Living  
29/8/2014  From: 1030 To: 1230  Venue: Meeting Room 7  
Paper 20 min  
Community Living - Key lessons from the Community Independent Living Strategy (ICLS) at Ruah  
Meagan Shand  Steve Joyce  
Further Unraveling Psychosocial Disability: The Lived Experience of the National Disability Insurance Scheme from the First Year at the NSW Hunter Launch Site.  
Tina Smith  
Preparing for the NDIS: Learnings From a Pilot Project Trialing Client Directed Funding Packages.  
Kyalie Tapper
Talking to people with psychosocial disability: How to facilitate discussion about their preferences for treatment, support and care in the context of the National Disability Insurance Scheme.
Lisa Brophy  Annie Bruxner  Erin Wilson  Michael Stylianou  Nadine Cocks

S090  Trauma, Stigma
29/8/2014  From: 1030 To: 1230  Venue: Meeting Room 8
Paper 20 min
A Trauma Informed Royal Commission
Cathy Kezelman

Pass the Can Opener: Highlighting barriers to implementing trauma informed care and practice within mental health services.
Indigo Daya

S091  Advocacy, Recovery, Research
29/8/2014  From: 1030 To: 1230  Venue: Amcom Suite
Paper 20 min
Safely using social media for the promotion of mental health advocacy and services
Chris Wagner

'Stepping On' with Recovery
Mandy Meehan  Nadia Williams

'You want to do what!' – the story of 17 people, 5 boats and a journey towards wellness – The River 2 Recovery
Mark Johnstone  Sebastien France  Shane Cole  Phil Eddy

Consumers pushing research translation
Anne McKenzie  Hayley Haines  Lorraine Powell  Qun Mai

1230 – 1330  Lunch in Foyers

S093  International Collaborative Research
29/8/2014  From: 1330 To: 1500  Venue: Riverside Theatre
Symposium 1.5hrs
Sharing Mental Health Service research results from Wales, Hong Kong and Australia.
Christine Baker  Paul Hickey  Peter Huxley  Sherrill Evans

S094  Snapshots
29/8/2014  From: 1330 To: 1500  Venue: Meeting Room 1
Snapshots - Brief Paper 10 min
‘WellSpring’ art therapy group: Promoting personal and social wellbeing for older people.
Vicki Mau  Michelle Krieg

Healing Agoraphobia: It’s Not About Fear of Open Spaces.
Sonia Neale

Do our processes assist people to recover?
Janet Ford  Robert Heffernan

The Personal Helpers and Mentors Program (PHaMs): Investigation - Is long term participation within PHaMs, Recovery or Dependence?
Jill Steverson  
**Accredited Persons and Involuntary Detention and Admission. Costs and Benefits Analysis (CBA) of the implementation of Section 19, NSW Mental Health Act (MHact) 2007 No 8 (Detention on Certificate of Medical Practitioner or Accredited Person) at Fairfield.**

Joe Chuong  Raymond Finch  Rosellin Violago  
**Echocardiographic Monitoring of Patients on Clozapine - Results and Clinical and Service Challenges.**

Hannah Rose  Beverley Pearson  Joe Chuong  Mark Cross  Lilia Polewski

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**S095 Consumer Experiences, Healing, Leadership**  
29/8/2014  From: 1330 To: 1500  Venue: Meeting Room 2  
**Paper 20 min**  
*Speaking without fear: Voice Hearers teaching professionals how to respectfully work with voices.*

Robyn Martin  Lyn Mahboub  
**5 Keys to Recovery and Mental Wellbeing’ – from the perspective of lived experience of psychological trauma, hearing ‘voices’, ‘schizophrenia’ and recovery.**

Greg Ralls  
**“Peace Mongering”: Consumer leadership in building collaboration between consumers, clinicians, families and the community sector at the 2013 World Hearing Voices Congress.**

Indigo Daya  Neil Thomas

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**S096 Changing Mental Health Services Culture**  
29/8/2014  From: 1330 To: 1500  Venue: Meeting Room 3  
**Workshop 1.5 hrs**  
*Coming Out (of the goldfish bowl): Breaking down the barriers and challenging the culture of mental health services.*

Peri O'Shea  Cath Roper  Anne Francis

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**S097 Featured Symposium: Planning Services**  
29/8/2014  From: 1330 To: 1500  Venue: River View Room 4  
**Featured Symposium 1.5hrs**  

Frank Quinlan  Mary O'Hagan

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**S098 Wellbeing & Recovery**  
29/8/2014  From: 1330 To: 1500  Venue: River View Room 5  
**Paper 20 min**  
*Service users’ experiences of a physical activity programme in a community mental health setting*

Arno Grueber  Pauline Barnett  Jeffrey Gage  
**Let’s focus on the positive: A practical framework for increasing people’s wellbeing and promoting recovery.**

Katy Robinson  Amberlee Laws  Rob Donovan  
**From Little Things Big Things Grow – an insight into the contribution of the Self Help and Support Group Movement in the Mental Health Arena**

Antonella Segre  Amanda Stephenson  Emilia Hay
S099  Training, Supervision, Counselling  
29/8/2014  From: 1330 To: 1500  Venue: Meeting Room 6  
Paper 20 min  
Are we making a difference? The use of the HSCL-25 in a torture rehabilitation counselling service for refugees.  
April Pearman  Alyssa Lillee  
Successful multicultural training in the most diverse state in Australia  
Siew Ho Yeak  Elizabeth Moore  Alexander John  Navneet Johri  Mohan Isaac  
Culturally appropriate clinical supervision for Aboriginal mental health and Social & Emotional Wellbeing workforce of NSW.  
Ann Baker  Alana Rossman

S100  Snapshots  
29/8/2014  From: 1330 To: 1500  Venue: Meeting Room 7  
Snapshots - Brief Paper 10 min  
Changing your life through employment, so that you are no longer defined by your diagnosis!  
Carli Gettingby  
Specialist Aboriginal Mental Health Service - Who, What and Why?  
Mark Booth  Deanne Lewis  
The Yarning Circle  
Silvia Tedeski  Leanne Franklin  Margaret Jones  
Reducing Stigma related to mental health in CALD communities through the use of bi-cultural trainers  
Tamar Lea  Susan Laval  Yassaman Rezvani  
A Right to Recovery: Let's talk about the Elephant in the Room.  
Graham Robinson  
Voice Hearers make great parents  
Amanda Waegeli  

S101  Snapshots  
29/8/2014  From: 1330 To: 1500  Venue: Meeting Room 8  
Snapshots - Brief Paper 10 min  
Does the word 'Consumer' best define the specific title, duty & role among our MH Consumers of today with an ever shifting MH system?  
Evan Bichara  
The Victorian CALD Reference Group - an effective group to addressing needs & MH reform in the Multicultural MH area of work.  
Evan Bichara  
Ryde Consumer Network 20 years of service - how the sharing has made us strong.  
Paula Hanlon  Michael Appleton  
Don’t Lose Your Marbles  
Douglas Holmes  
Resourcing outcomes through communication  
Claire Green  
MI Recovery: A viable and recovery oriented program for a changing sectoral landscape.
Cassy Nunan

S102  Changing Systems
29/8/2014  From: 1330 To: 1500  Venue: Amcom Suite
Paper 20 min
Collective Impact Principles for Diverse Communities
Fadzi Whande
Sharing a Common Agenda in practice: What 2 different Partners In Recovery Organisations have learned using the 'Collective Impact' approach.
Marcia Barber  Raphael Chapman  Eleanor Bayliss

1500 – 1530  Afternoon Tea in Foyers

Conference Closing  1530 – 1630
Riverside Theatre
Handover of Banner to Canberra Committee 2015
Presentation of prize for best poster