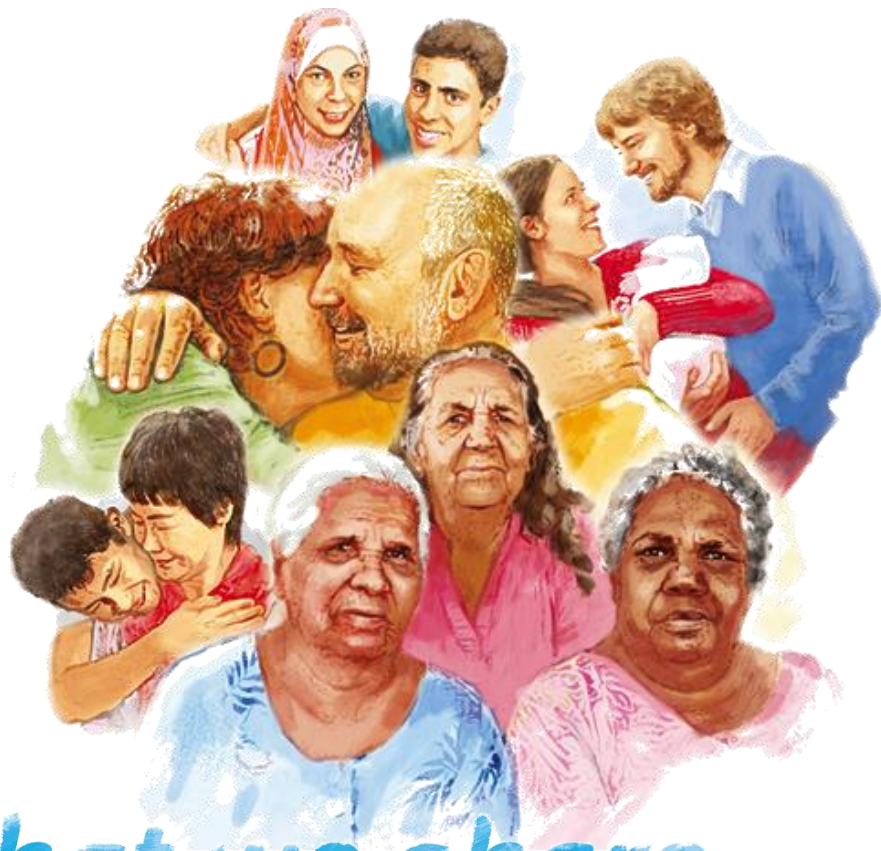




# TheMHSConference 26-29August2014Perth

*Perth Convention Centre, Perth, Western Australia*

## PROGRAM



***What we share  
makes us strong***

Friday 29<sup>th</sup> August 2014

TIME	Riverside Theatre	Meeting Room 1	Meeting Room 2	Meeting Room 3	River View Room 4
9.00 - 10.00am	<b>S081: Keynote Presentation - Ken Thompson</b> <b>Putting Recovery into Practice: Sharing a Personal and Professional Journey</b> <b>Venue: Riverside Theatre</b>				
10.00 - 10.30am	<b>Morning Tea in Foyers</b>				
10.30am - 12.30pm	S082: Featured Symposium: Mental Health Commissions	S083: Keynote Q&A: Ken Thompson	S084: Peer Workforce	S085: Community Living	S086: Workshop: Relaxation; Workshop: Multicultural Mental Health
12.30 - 1.30pm	<b>Lunch in Foyers</b>				
1.30 - 3.00pm	S093: International Collaborative Research	S094: Snapshots	S095: Consumer Experiences, Healing, Leadership	S096: Changing Mental Health Services Culture	S097: Featured Symposium: Planning Services
3.00 - 3.30pm	<b>Afternoon Tea in Foyers</b>				
3.30 - 5.00pm	<b>S104: Closing Address/Ceremony</b> <b>Handover of banner; presentation of prize for best poster</b> <b>Venue: Riverside Theatre</b>				



Friday 29<sup>th</sup> August 2014

River View Room 5	Meeting Room 6	Meeting Room 7	Meeting Room 8	Amcom Suite
<b>10.00 - 10.30am Morning Tea in Foyers</b>				
S087: Culturally Diverse Communities	S088: Educating Students	S089: NDIS; Community Living	S090: Trauma, Stigma	S091: Advocacy, Recovery, Research
<b>12.30 - 1.30pm Lunch in Foyers</b>				
S098: Wellbeing & Recovery	S099: Training, Supervision, Counselling	S100: Snapshots	S101: Snapshots	S102: Changing Systems
<b>3.00 - 3.30pm Afternoon Tea in Foyers</b>				



## Friday 29 August 2014

### **S081 Keynote: Ken Thompson**

29/8/2014 From: 0900 To: 1000 Venue: Riverside Theatre

#### **Keynote Presentation**

**Putting Recovery into Practice: Sharing a Personal and Professional Journey.**

Ken Thompson

**1000 – 1030 Morning Tea in Foyers**

### **S082 Featured Symposium: Mental Health Commissions**

29/8/2014 From: 1030 To: 1230 Venue: Riverside Theatre

#### **Featured Symposium 2 hrs**

#### **Mental Health Commissions: Expectations and Realities**

10.30am: Hon. Helen Morton

11.00am: Tim Marney Lesley Van Schoubroeck David Butt Julie Robotham

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### **S083 Keynote Q&A: Ken Thompson**

29/8/2014 From: 1030 To: 1230 Venue: Meeting Room 1

#### **Keynote Q&A (Session webcast)**

Ken Thompson

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### **S084 Peer Workforce**

29/8/2014 From: 1030 To: 1230 Venue: Meeting Room 2

#### **Paper 20 min**

#### **Peering into the Canadian Experience**

Louise Howe

#### **Yale University Leadership Program for the Lived Expertise**

Anthony Stratford

#### **Bringing lived experience into focus: Peer Workers in the MDT.**

Lyndal Sherwin Sam Higgins Francesca Coniglio

#### **Building foundations that don't shake - support for the casual Lived Experience Workforce**

Wanda Bennetts

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### **S085 Community Living**

29/8/2014 From: 1030 To: 1230 Venue: Meeting Room 3

#### **Paper 20 min**

#### **Partners In Recovery - together we will assist the homeless**

Judith Hopwood

#### **Promising practice: The outcomes achieved for participants in the first three years of the Doorway Housing First private rental project for homeless people with mental illness.**

Tracey Swadling Laura Collister

#### **KidzSpace – The effectiveness of an inter-disciplinary community based paediatric service specialising in child health, safety, development and wellbeing.**

Sue McConnachie Gail Clarke Andy Lovett Katherine Hyde Andie West

#### **An overview of the One Life Suicide Prevention Strategy: a partnership between**

**government and communities in regional and metropolitan areas of Western Australia.**

Clive Elliott Sandra Burns

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**S086 Workshops: Relaxation; Multicultural Mental Health**

29/8/2014 From: 1030 To: 1230 Venue: River View Room 4

**2 x 1hr Workshops**

**Development, rationale and use of Rapid Reflexive Relaxation (R3) method. Or How to relearn and love your S Spot.**

Steve Baily

**Implementation of the new Framework for Mental Health in Multicultural Australia**

Rita Prasad-Ildes Hamza Vayani

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**S087 Culturally Diverse Communities**

29/8/2014 From: 1030 To: 1130 Venue: River View Room 5

**Paper 20 min**

**Community Carer Support Program – Experience of Chinese Carers Looking After Relatives With Dementia**

Lisa Wong Jane Stein-Parbury Lynnette Chenoweth

**Connecting with carers from culturally and linguistically diverse (CALD) backgrounds: An eLearning approach to improving cultural competence of mental health clinicians.**

Lisa Woodland Annemaree Bickerton Dushan Ristevski Suzanna Kirov Janice Nair

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**S088 Educating Students**

29/8/2014 From: 1030 To: 1230 Venue: Meeting Room 6

**Paper 20 min**

**Improving the university experience for students who self-identify as having a mental health problem**

Dianne Wynaden

**Beyond the rabbit hole of maintenance ... to professionals teaching and living lives of recovery.**

Ros Bowyer Jane Gibson Lyn Mahboub

**“I feel much less scared”: Students learning from lived experience of mental health recovery.**

Robyn Martin Sophie Ridley Lyn Mahboub

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**S089 NDIS; Community Living**

29/8/2014 From: 1030 To: 1230 Venue: Meeting Room 7

**Paper 20 min**

**Community Living - Key lessons from the Community Independent Living Strategy (ICLS) at Ruah**

Meagan Shand Steve Joyce

**Further Unraveling Psychosocial Disability: The Lived Experience of the National Disability Insurance Scheme from the First Year at the NSW Hunter Launch Site.**

Tina Smith

**Preparing for the NDIS: Learnings From a Pilot Project Trialing Client Directed Funding Packages.**

Kyalie Tapper

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**Talking to people with psychosocial disability: How to facilitate discussion about their preferences for treatment, support and care in the context of the National Disability Insurance Scheme.**

Lisa Brophy Annie Bruxner Erin Wilson Michael Stylianou Nadine Cocks

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**S090 Trauma, Stigma**

29/8/2014 From: 1030 To: 1230 Venue: Meeting Room 8

**Paper 20 min**

**A Trauma Informed Royal Commission**

Cathy Kezelman

**Pass the Can Opener: Highlighting barriers to implementing trauma informed care and practice within mental health services.**

Indigo Daya

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**S091 Advocacy, Recovery, Research**

29/8/2014 From: 1030 To: 1230 Venue: Amcom Suite

**Paper 20 min**

**Safely using social media for the promotion of mental health advocacy and services**

Chris Wagner

**'Stepping On' with Recovery**

Mandy Meehan Nadia Williams

**'You want to do what!' – the story of 17 people, 5 boats and a journey towards wellness –**

**The River 2 Recovery**

Mark Johnstone Sebastien France Shane Cole Phil Eddy

**Consumers pushing research translation**

Anne McKenzie Hayley Haines Lorraine Powell Qun Mai

**1230 – 1330 Lunch in Foyers**

**S093 International Collaborative Research**

29/8/2014 From: 1330 To: 1500 Venue: Riverside Theatre

**Symposium 1.5hrs**

**Sharing Mental Health Service research results from Wales, Hong Kong and Australia.**

Christine Baker Paul Hickey Peter Huxley Sherrill Evans

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**S094 Snapshots**

29/8/2014 From: 1330 To: 1500 Venue: Meeting Room 1

**Snapshots - Brief Paper 10 min**

**'WellSpring' art therapy group: Promoting personal and social wellbeing for older people.**

Vicki Mau Michelle Krieg

**Healing Agoraphobia: It's Not About Fear of Open Spaces.**

Sonia Neale

**Do our processes assist people to recover?**

Janet Ford Robert Heffernan

**The Personal Helpers and Mentors Program (PHaMs): Investigation - Is long term participation within PHaMs, Recovery or Dependence?**

Jill Steverson

**Accredited Persons and Involuntary Detention and Admission. Costs and Benefits Analysis (CBA) of the implementation of Section 19, NSW Mental Health Act (MHact) 2007 No 8 (Detention on Certificate of Medical Practitioner or Accredited Person) at Fairfield.**

Joe Chuong Raymond Finch Rosellin Violago

**Echocardiographic Monitoring of Patients on Clozapine - Results and Clinical and Service Challenges.**

Hannah Rose Beverley Pearson Joe Chuong Mark Cross Lilia Polewski

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## **S095 Consumer Experiences, Healing, Leadership**

29/8/2014 From: 1330 To: 1500 Venue: Meeting Room 2

**Paper 20 min**

**Speaking without fear: Voice Hearers teaching professionals how to respectfully work with voices.**

Robyn Martin Lyn Mahboub

**5 Keys to Recovery and Mental Wellbeing' – from the perspective of lived experience of psychological trauma, hearing 'voices', 'schizophrenia' and recovery.**

Greg Ralls

**"Peace Mongering": Consumer leadership in building collaboration between consumers, clinicians, families and the community sector at the 2013 World Hearing Voices Congress.**

Indigo Daya Neil Thomas

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## **S096 Changing Mental Health Services Culture**

29/8/2014 From: 1330 To: 1500 Venue: Meeting Room 3

**Workshop 1.5 hrs**

**Coming Out (of the goldfish bowl): Breaking down the barriers and challenging the culture of mental health services.**

Peri O'Shea Cath Roper Anne Francis

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## **S097 Featured Symposium: Planning Services**

29/8/2014 From: 1330 To: 1500 Venue: River View Room 4

**Featured Symposium 1.5hrs**

**From Grand Designs to Better Lives: Making Systemic Change Happen.**

Frank Quinlan Mary O'Hagan

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## **S098 Wellbeing & Recovery**

29/8/2014 From: 1330 To: 1500 Venue: River View Room 5

**Paper 20 min**

**Service users' experiences of a physical activity programme in a community mental health setting**

Arno Grueber Pauline Barnett Jeffrey Gage

**Let's focus on the positive: A practical framework for increasing people's wellbeing and promoting recovery.**

Katy Robinson Amberlee Laws Rob Donovan

**From Little Things Big Things Grow – an insight into the contribution of the Self Help and Support Group Movement in the Mental Health Arena**

Antonella Segre Amanda Stephenson Emilia Hay

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## **S099 Training, Supervision, Counselling**

29/8/2014 From: 1330 To: 1500 Venue: Meeting Room 6

**Paper 20 min**

**Are we making a difference? The use of the HSCL-25 in a torture rehabilitation counselling service for refugees.**

April Pearman Alyssa Lillee

**Successful multicultural training in the most diverse state in Australia**

Siew Ho Yeak Elizabeth Moore Alexander John Navneet Johri Mohan Isaac

**Culturally appropriate clinical supervision for Aboriginal mental health and Social & Emotional Wellbeing workforce of NSW.**

Ann Baker Alana Rossman

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## **S100 Snapshots**

29/8/2014 From: 1330 To: 1500 Venue: Meeting Room 7

**Snapshots - Brief Paper 10 min**

**Changing your life through employment, so that you are no longer defined by your diagnosis!**

Carli Gettingby

**Specialist Aboriginal Mental Health Service - Who, What and Why?**

Mark Booth Deanne Lewis

**The Yarning Circle**

Silvia Tedeski Leanne Franklin Margaret Jones

**Reducing Stigma related to mental health in CALD communities through the use of bi-cultural trainers**

Tamar Lea Susan Laval Yassaman Rezvani

**A Right to Recovery: Let's talk about the Elephant in the Room.**

Graham Robinson

**Voice Hearers make great parents**

Amanda Waegeli

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## **S101 Snapshots**

29/8/2014 From: 1330 To: 1500 Venue: Meeting Room 8

**Snapshots - Brief Paper 10 min**

**Does the word 'Consumer' best define the specific title, duty & role among our MH Consumers of today with an ever shifting MH system?**

Evan Bichara

**The Victorian CALD Reference Group - an effective group to addressing needs & MH reform in the Multicultural MH area of work.**

Evan Bichara

**Ryde Consumer Network 20 years of service - how the sharing has made us strong.**

Paula Hanlon Michael Appleton

**Don't Lose Your Marbles**

Douglas Holmes

**Resourcing outcomes through communication**

Claire Green

**MI Recovery: A viable and recovery oriented program for a changing sectoral landscape.**



Cassy Nunan

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## **S102 Changing Systems**

29/8/2014 From: 1330 To: 1500 Venue: Amcom Suite

**Paper 20 min**

**Collective Impact Principles for Diverse Communities**

Fadzi Whande

**Sharing a Common Agenda in practice: What 2 different Partners In Recovery Organisations have learned using the 'Collective Impact' approach.**

Marcia Barber Raphael Chapman Eleanor Bayliss

**1500 – 1530 Afternoon Tea in Foyers**

**Conference Closing**

**1530 – 1630**

**Riverside Theatre**

Handover of Banner to Canberra Committee 2015

Presentation of prize for best poster

