The MHS Conference
26-29 August 2014
Perth

Perth Convention Centre, Perth, Western Australia

Program

What we share makes us strong
<table>
<thead>
<tr>
<th>TIME</th>
<th>Riverside Theatre</th>
<th>Meeting Room 1</th>
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<td><strong>S037:</strong> Keynote Presentation - Melody Riefer</td>
<td><strong>S037:</strong> How Storytelling Makes Us Strong and Changes the World!</td>
<td><strong>S037:</strong> Presentation of Peer Worker Certificates</td>
<td><strong>Venue:</strong> Riverside Theatre</td>
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<td>10.30am - 12.30pm</td>
<td><strong>S038:</strong> Co-occurring Problems; SANE Forums</td>
<td><strong>S039:</strong> Keynote Q&amp;A: Melody Riefer / IPS</td>
<td><strong>S040:</strong> Transforming Organisations</td>
<td><strong>S041:</strong> Paths to Recovery</td>
<td><strong>S042:</strong> Workshops: Workforce; Employment</td>
<td><strong>S043:</strong> Workshop: Recovery Tools; Papers: Reform, Policy</td>
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<td>12.30 - 1.30pm</td>
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<td><strong>Lunch in Foyer</strong></td>
<td>**Launch of SANE Forums - **Venue: Meeting Room 8</td>
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<tr>
<td>1.30 - 3.30pm</td>
<td><strong>S049:</strong> Featured Symposium: NDIS</td>
<td><strong>S050:</strong> Stigma, Addiction, AOD</td>
<td><strong>S051:</strong> Recovery</td>
<td><strong>S052:</strong> Empowerment</td>
<td><strong>S053:</strong> Snapshots</td>
<td><strong>S054:</strong> Diversity &amp; Power in Mental Health Services</td>
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<td>3.30 - 5.00pm</td>
<td><strong>S060:</strong> Featured Symposium: Money, Money, Money</td>
<td><strong>S061:</strong> Mental Health and AOD</td>
<td><strong>S062:</strong> Film Screening: Foreign Correspondent ABC TV; Sally Sara: 'Coming Home'</td>
<td><strong>S063:</strong> Recovery, Outcome Measurement</td>
<td><strong>S064:</strong> Improved Outcomes: Child &amp; Family Welfare</td>
<td><strong>S065:</strong> Snapshots</td>
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<tr>
<td>6.00 - 8.40pm</td>
<td><strong>Film Screening of ‘The Sunnyboy’</strong></td>
<td><strong>Joint Winner of TheMHS Broadcast Media Award</strong></td>
<td><strong>Venue:</strong> Meeting Room 1</td>
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# TheMHS Program at a Glance

## Thursday 28th August 2014

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<thead>
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<th>Venue</th>
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<td>Foyers</td>
<td>Morning Tea in Foyers</td>
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<td>Meeting Room 6</td>
<td>S044: Improving Indigenous People's Mental Health Outcomes</td>
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<td>Meeting Room 7</td>
<td>S045: Workshops: Homeless Youth; Youth Cannabis Users</td>
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<td>S047: Workforce Development</td>
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<td>S048: Workshop: Drumbeat; Paper: Culture &amp; Communication</td>
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<td>Meeting Room 9</td>
<td>S105: Roundtables: RFWA, Clinical Rehabilitation</td>
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<td>Meeting Room 6</td>
<td>S055: Lifespan</td>
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<td>S057: Support &amp; Self-Management</td>
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<td>S059: Treatments</td>
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<td>Meeting Room 9</td>
<td>S106: Roundtable: Clinical Fitness</td>
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<td>S066: Experiencing Services</td>
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<td>S069: Computer/Internet Assisting Recovery</td>
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<td>S070: Recovery, Community</td>
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<td>Meeting Room 12</td>
<td>Speaker Preparation Room</td>
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<td>Foyers</td>
<td>Catering and Booths</td>
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Thursday 28 August 2014

S037  Keynote: Melody Riefer
28/8/2014  From: 0900 To: 1000  Venue: Riverside Theatre
Keynote Presentation: How Storytelling Makes Us Strong and Changes the World!
Melody Riefer
Presentation of Peer Worker Certificates

S038  Co-occurring Problems; SANE Forums
28/8/2014  From: 1030 To: 1230  Venue: Riverside Theatre
Paper 20 min
The link between trauma and homelessness and the implications for mental health services
Lisa Brophy  Alan Murnane  Meaghan O'Donell
An integrated CBT and motivational interviewing approach for treatment of comorbid social anxiety and alcohol use disorders
Lexine Stapinski  Andrew Baillie  Claudia Sannibale  Maree Teesson  Ron Rapee  Paul Haber
SANE Forums: A new online peer-to-peer support service for people living with mental illness and for carers
Paul Morgan  Faruk Avdi

S039  Keynote Q&A: Melody Riefer / IPS
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 1
Keynote Q&A (Session webcast)
Melody Riefer
Workshop 1hr
Establishing an Effective Individual Placement and Support (IPS) Partnership to Enhance Employment Outcomes in Mental Health
Cameron Hopper  Marina Chalmers  Phileen Dickson

S040  Transforming Organisations
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 2
Paper 20 min
Can Mental Health Services really change their spots? A service transformation journey.
Jennifer Black  Helen Glover
Quality From the Source - When Lived Experience and Innovation Successfully Inform Service Systems and Programs
Judi Barrett-Lennard
Developing a culturally competent mental health service: An organisational approach.
Lisa Woodland
Walking the talk - promoting mental health and wellbeing within the Mental Health Commission of NSW
Katrina Davis

S041  Paths to Recovery
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 3

**Papers 20 min**
What makes activity personally meaningful in the journey of mental health recovery?
Nicola Hancock  Anne Honey  Anita Bundy

**Beyond Boundaries**
Jenny Lynch  Ros Bowyer  Lindsay Harlow  Ellen Kang  Rebecca Moran
A simple approach to a complex problem: Supporting consumers to address their physical health needs.
Kate Cruise  Merrilee Cox  Kerry Stringer
Mobilising Communities: How to find out what consumers really want.
Peri O'Shea  Esther Pavel-Wood  Sage Green  Allen Higgenbottom

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**S042  Workshop: Employment; Symposium: Workforce**
28/8/2014  From: 1030 To: 1230  Venue: River View Room 4

**Workshop 1hr**
Managing the disclosure of mental illness in employment: An interactive workshop for people living with mental illness, their support people and clinicians.
Dea Morgain

**Symposium 1hr**
Evidence based workforce planning - how to influence future services - right people, right place, right people doing the right thing
Robyn Shearer  Richard Woodcock

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**S043  Workshop: Recovery Tools; Papers: Reform, Policy**
28/8/2014  From: 1030 To: 1230  Venue: River View Room 5

**Workshop 1hr**
Co-designing an online recovery tool
Mary O'Hagan

**Paper 20 min**
System reform: Are we hearing what is being shared?
Rachel Green  Kathy Chalker
Putting consumers at the heart of the policy conversation
Julie Robotham

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**S044  Improving Indigenous People's Mental Health Outcomes**
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 6

**Paper 20 min**
Integration of mabu liyan (good spirit) within a mental health inpatient unit. 'The negotiated space between cultural and clinical'.
Josephine Louis Gray  Robert Lewis Wilson  Joe Bin Sali  Ash Bin Omar
WA Country Health Service’s Aboriginal Mental Health Model of Care
Nadia Adams  Katie Papertalk
Translational research and Indigenous social and emotional wellbeing: From research to action.
Neil Drew
Aboriginal and mainstream health services collaborating to improve outcomes
Helen Kennedy  Jamie Waring

**S045  Workshops: Homeless Youth; Youth Cannabis Users**  
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 7  
2 x 1hr Workshops  
Engaging Homeless Youth in their Mental Health Care  
Haylee Clark  Anthony Collier  Haylee Clark  

Effective Discussions with Young Cannabis Users  
Etty Matalon

**S046  Young People**  
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 8  
Paper 20 min  
Effective implementation of MST within Western Australia CAMHS  
Mark Porter  Leartluk Nuntavisit  
In it together  
Julie Rowse  
Deliberate self-harm and alcohol use among adolescents  
Nina te Pas  
Using Consumer Feedback to enhance youth mental health outcomes  
Craig Nicholls  Shraddha Kashyap  Daniela Rigoli

**S047  Workforce Development**  
28/8/2014  From: 1030 To: 1230  Venue: Amcom Suite  
Paper 20 min  
Attracting Allied Health practitioners to work in rural mental health services: An evidence informed approach.  
Keith Sutton  Kent Patrick  Darryl Maybery  
Demystifying strengths and social justice principles with workers and consumers to enhance relationships and practice  
Peter Smith  Donna Ward  Melissa Petrakis  
Care coordination training across community settings: A partnership for workforce development.  
Sue Harrison  Mabrooka Singh  
Embracing leadership development, effectively, economically and sustainably during a time of significant change.  
Tanya Southworth

**S048  Workshop: DRUMBEAT; Paper 20 min: Culture and Communication**  
28/8/2014  From: 1030 To: 1230  Venue: BelleVue Lounge  
Workshop 1hr  
Reducing Psychological distress for Aboriginal people - using the Holyoake DRUMBEAT program  
Simon Faulkner  Lisa Wood  Karen Martin  
Paper 20 min  
Culture, Communication and Near Misses.
The MHS Conference Program

John Van Der Giezen  Fred Yasso

S105  Roundtables
28/8/2014  From: 1030 To: 1230  Venue: Meeting Room 9
2 x 1hr Roundtables
The journey and benefits of a Consumer and Family Reference group at RFWA
Adrian Munro  Matthew James
A New Focus for Clinical Rehabilitation in Western Australia
Denise Bromwell  Sandy Tait

1230 – 1330 Lunch in Foyers

S107  Launch of SANE Forums - a new online peer-to-peer support service for carers and those living with mental illness
28/8/2014  From: 1230 To: 1330  Venue: Meeting Room 8

S049  Featured Symposium: NDIS
28/8/2014  From: 1330 To: 1500  Venue: Riverside Theatre
NDIS: How is mental health faring?
Tina Smith  Eddie Bartnik  Pam Toster  Liz Ruck

S050  Stigma, Addiction, AOD
28/8/2014  From: 1330 To: 1500  Venue: Meeting Room 1
Paper 20 min
The Stigmatisation of Working in the Alcohol and Other Drug Sector: Presentation of Research Findings.
Kim Eaton
Understanding the Stigma
Jane Harwood  Angela Corry  Luke Van Der Beeke
SMART is Smart
Josette Freeman  Ryan McGlaughlin  Karen Gold

S051  Recovery
28/8/2014  From: 1330 To: 1500  Venue: Meeting Room 2
Workshop 1.5 hrs
How can mental health services practically embrace the recovery principle of “nothing about me without me”? Lessons from the Barwon experience.
Jennifer Black  Helen Glover

S052  Empowerment
28/8/2014  From: 1330 To: 1500  Venue: Meeting Room 3
Paper 20 min
'Sharing my story made me stronger' - A Carer Consultants personal story of being a carer and a consumer.
Sofie Cirka
“Beyond Dialogue”: Theatre of the Oppressed as a Flexible Recovery Methodology.
Leela James  Rhianwen Beresford

S053  Snapshots
28/8/2014  From: 1330 To: 1500  Venue: River View Room 4
Snapshots - Brief Paper 10 min
One Voice, Many Stories.
Jennifer Swist  Peter McQuillan
Sharing stories of the past & finding meaning in the present: Meeting consumers at their individual stages of recovery.
Francesca Coniglio  Lyndal Sherwin  Mironne Golan
What we share makes us strong
Monique Williamson  Ernie Hansen
Orientation and training for members of a lived experience liaison group
Liz Prowse  Matt Halpin  Tim Diamond  Stephen Burdett

Creating a Space for Recovery
Clare Hannaway  Alex Bickford
Recovery Rocks Community
Amanda Waegeli
The Bendigo Mental Health Peer Collective
Debra Parker  Lee Thornton

S054  Diversity & Power in Mental Health Services
28/8/2014  From: 1330 To: 1500  Venue: River View Room 5
Symposium 1.5hrs
Diversity & power in mental health services: Addressing structural violence.
Morgan Carpenter  Fayez Nour  Cath Roper  Sam Brhaspati Stott  Kelly Briggs

S055  Lifespan
28/8/2014  From: 1330 To: 1500  Venue: Meeting Room 6
Paper 20 min
Knowing what to do and being able to do it: How mental health services influence the strategies parents use to support young people with mental illness.
Anne Honey  Sarah Alchin  Nicola Hancock
Talking Through: Lessons from Barwon Health Jigsaw’s new group programs.
Renee Bauer  Melissa O'Shea  Christian Cavaniglia

S057  Support & Self-Management
28/8/2014  From: 1330 To: 1500  Venue: Meeting Room 8
Paper 20 min
“Mental health overwhelms everything else”: Facilitators and barriers to health self-management by people living with mental illness.
Vivien Kemp  Colleen Fisher  Sharon Lawn  Shane Bailey  Mohan Isaac
Creating Good Company, a support group.
Claire Carlon  Timothy Heffernan
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S058  Tools for Change
28/8/2014  From: 1330 To: 1500  Venue: Amcom Suite
Paper 20 min
My Medicines and Me Questionnaire (M3Q): A novel tool for the assessment of subjective experiences of side effects in mental health consumers.
Deena Ashoorian  Rowan Davidson  Daniel Rock  Rhonda Clifford
Recovery Assessment Scale – Domains & Stages (RAS-DS): Measuring individual recovery outcomes and facilitating the process of recovery action planning.
Nicola Hancock  Justin Scanlan  Anita Bundy  Anne Honey
Acceptance and Commitment Therapy for persisting voices and delusions: Results of a randomised controlled trial.
John Farhall  Frances Shawyer  Neil Thomas  David Castle  David Copolov

S059  Treatments
28/8/2014  From: 1330 To: 1500  Venue: BelleVue Lounge
Paper 20 min
A Model Worth Sharing. A Community Mental Health Clinic with an integrated Physical Health Program.
Elizabeth Wallace  Patrick Roe
50 cent PRN
Deb Gleeson  Martin Preston
Mental Health Nursing: Sometimes you have to stand in the middle of the street.
Kurt Andersson-Noorgard  Michael Smith  Phil Nottingham  Dee Holland

S106  Roundtable
28/8/2014  From: 1330 To: 1500  Venue: Meeting Room 9
Roundtable 1 hr
How does Clinical Fitness fit into the recovery process?
Douglas Holmes  Caroline Koia

1500 – 1530  Afternoon Tea in Foyers

S060  Featured Symposium: Money, Money, Money
28/8/2014  From: 1530 To: 1700  Venue: Riverside Theatre
Featured Symposium 1.5hrs
Money, Money, Money: Opportunities and options for funding mental health programs.
Tim Marney  James Downie  Jennifer Nobbs  Ken Thompson

S061  Mental Health and AOD
28/8/2014  From: 1530 To: 1700  Venue: Meeting Room 1
Paper 20 min
International trends over time in alcohol and cannabis use: Are women catching up to men?
Cath Chapman  Tim Slade  Zoe Tonks  Wendy Swift  Maree Teesson
Peer Support Plus - family peer support in the co-occurring space with clinical partnership on tap not on top
Charl Van Wyk  Magaret Doherty
Consultative Approaches to Instructional Design in mental health and AOD Training and Education
Xenia Girdler Anthony Graham Chris Walters Geoffrey Lohmeyer

S062 Screening of ‘Coming Home’ Parts 1 & 2
28/8/2014 From: 1530 To: 1700 Venue: Meeting Room 2
Foreign Correspondent ABC TV; Sally Sara: 'Coming Home' Parts 1&2
(Joint Winner of TheMHS Broadcast Media Award)

S063 Recovery, Outcome Measurement
28/8/2014 From: 1530 To: 1700 Venue: Meeting Room 3
Paper 20 min
ROSSAT Revised - The Recovery Oriented Service Self-Assessment Toolkit
Tully Rosen Lucy Corrigan Yun-Hee Lee Jennifer Chips
Guidebook for the Sector - The National NGO/CMO Outcome Measurement Project
Tully Rosen Tim Coombs
Evaluation is everybody’s business
Coralie Flatters Suzanne Velarde

S064 Improved Outcomes: Child & Family Welfare.
28/8/2014 From: 1530 To: 1700 Venue: River View Room 4
Symposium 1.5hrs
Putting the pieces together: Shaping services for improved outcomes at the interface of mental health and child and family welfare.
Margaret Cook Carol Clark Debbie Henderson Emma White Mathew Coates Michelle Rowe Maria Harries

S065 Snapshots
28/8/2014 From: 1530 To: 1700 Venue: River View Room 5
Snapshots - Brief Paper 10 min
Partners in Recovery from a Consumer Perspective
Lynda Hennessy
Challenges of achieving primary outcomes in secondary settings
Charl Van Wyk
Recipe for integration – reflections on the ingredients of a successful partnership between a clinical mental health provider and a community mental health organisation
Beth Fogerty Sean Hegarty Cayte Hoppner Shayne Collier
Richmond Fellowship WA and Bentley-Armadale Medicare Local working as Partners in Recovery
David Dickinson Victoria Boyle
Recovery, Brain Health and Neuroplasticity.
Bill Gye
Bullying & non-violent experiential anti-bullying group work.
Peter Dwyer Evelyn Fields

S066 Experiencing Services
28/8/2014 From: 1530 To: 1700 Venue: Meeting Room 6
Paper 20 min
Weaver’s Circle of Care: Transforming Care Culture in Residential Aged Care Facilities for People with BPSD.
Judi Weaver  Sharonne Pearce  Giselle Bygraves  Julie Strukovski  Carmelle Peisah
Sharing the Care on the Gold Coast – Mirikai, a ‘Place of Peace.
Brian O’Neill  Grant Robin
Building systems capacity for Neuropsychiatric disorders in regional environments
John Brearley  Fran McGrath  Rae Walter  Timothy Lo  Lisa Lambert  Marieta Simmons
Marilyn Novak  Terry Wragg  Liz Retamal  Eileen Murray

S067  Snapshots
28/8/2014  From: 1530 To: 1700  Venue: Meeting Room 7
Snapshots - Brief Paper 10 min
Intersectoral relationship building: Enhancing collaboration between local mental health and alcohol and other drug services in Perth.
Leanne Mirabella
Knowledge Speaks... Wisdom Listens!  Increasing levels of meaningful consumer participation in service evaluation.
Lisa Jones
Connected approaches building sector capacity through partnerships
Kevin Dunn  Linda Richardson
Preparing Occupational Therapy graduates for 21st century mental health practice
Genevieve Pepin  Pamela Meredith  Priscilla Ennals  Jayne Webster  Justin Scanlan
Rachel Batten  Karen Arblaster  Kirsti Haracz  Marianne Bonassi  Alexandra Logan
Collaborative practice: A case study of cross agency, co-occurring, whole of family counselling.
Fiona Reid  Charl Van Wyk
Consumer participation in Quality Improvement in the brave new world: The next phase.
Peri O’Shea  Douglas Holmes  Grant Sara

S068  Snapshots
28/8/2014  From: 1530 To: 1700  Venue: Meeting Room 8
Snapshots - Brief Paper 10 min
Lived experience and emerging the professional role – Professional and the emerging lived experience role
Matthew Ball  Suze Hutchison
Pre-discharge carer education in Argentina
Susana Bluwol
How I’m turning my mental illness in to a career
Phoebe Kingston
Mother and Daughter Advocates for Mental Health
Judith Nicholas
Caring for Carers
Lauren Maunders

S069  Computer/Internet Assisting Recovery
28/8/2014  From: 1530 To: 1700  Venue: Amcom Suite
Paper 20 min
Using the Internet to integrate peer stories and self-management resources into mental health services: The Self-Management and Recovery Technology (SMART) program.
Neil Thomas  John Farhall  Fiona Foley  Cassy Nunan  The SMART Project Team

Computer Client Management Systems - using data to understand Recovery Outcomes with Google Motion Charts
Jill Steverson

e-Learning Recovery Orientation Package
Jamie Robson  Rod Astbury

S070  Recovery, Community
28/8/2014  From: 1530 To: 1700  Venue: BelleVue Lounge
Paper 20 min
Walking the talk: The process and recovery outcomes of Intentional Peer Support.
Grace Zeng  Beverley McNamara
We HEAR WA - a new age of connection and community.
Robyn Fitall  Tom Sylvester  Michael Allen
From Different Perspectives Towards Recovery
Glenda Blackwell

 Film Screening of ‘The Sunnyboy’  Meeting Room 1
Joint Winner of  6.00 for 6.30pm (light refreshments)
TheMHS Broadcast Media Award  6.35 – 8.05pm Screening
                                             8.05 – 8.40pm Q&A with Peter Oxley and Kaye Harrison