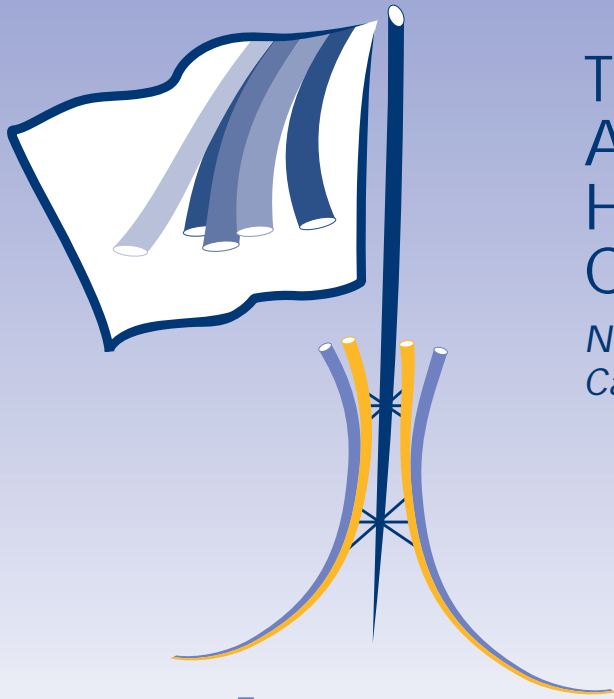


from rhetoric to reality



The MHS CONFERENCE 2003

TheMHS 13TH ANNUAL MENTAL HEALTH SERVICES CONFERENCE

*National Convention Centre,
Canberra, Australia*

- over 200 presenters
- over 1000 clinicians choose this conference each year
- speakers from every state and territory of Australia, and all corners of New Zealand, as well as from United Kingdom & United States
- updates of current practice issues
- service and workforce development
- research, quality
- personal stories
- new ideas

**Conference
3-5 September 2003**

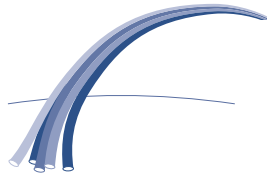
**Pre-conference Workshops and Forums
2 September 2003**

TheMHS: PO Box 192 Balmain
NSW 2041 Australia
Phone: +61 (02) 9810 8700
Fax: +61 (02) 9810 8733
Email: info@themhs.org
Website: www.themhs.org



**T H E M H S
C O N F E R E N C E**

The Mental Health Services Conference Inc.
of Australia and New Zealand



THEMHS CONFERENCE

The Mental Health Services Conference Inc.
of Australia and New Zealand

TheMHS CONFERENCE is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers (families), policy makers, researchers and educators annually. TheMHS attracts speakers and delegates from all over Australia and New Zealand, and this year will include speakers from the UK and USA.

Comments from last year's delegates

“excellent quality of speakers and relevance of issues”

“new ideas and information that can be utilised at my workplace”

“fantastic topics”

“great networking environment”

Why you should attend this year!

This year another exciting and informative program has been organised for you. There will be over 200 speakers, including 3 keynote speakers who will each address the conference theme: "From Rhetoric to Reality". You will find many presentations to meet your interests and to help with clinical work - clinical updates, original research results and model programs. We have specially commissioned clinically relevant seminars on Management of the Canberra Bushfire Disaster, Transcultural Mental Health, Back to Basics, and the History of Reform in Mental Health Services. #####There are 44 papers about recovery from mental illness, 47 papers about service research, 30 papers about child and adolescent mental health, 32 papers about workforce and training issues, 30 papers about prevention and health promotion, 32 papers about consumer issues, 23 papers about evaluation and quality, 24 papers about psychotherapy, 19 papers about indigenous wellbeing, 11 papers about carer (family) issues, 18 papers about GP shared care, 14 papers about rural mental health issues and 17 papers about illness and treatment research. #####

from rhetoric to reality

How far have we come in moving beyond prose and promises toward the delivery of high quality, effective, evidence based practices - practices that contribute to a better quality of life for everyone involved in mental health services?

Today There are exciting developments in treatment, and innovative programs. However some old challenges - staff shortages and burnout, resourcing levels, stigma - are still with us. Service delivery is often still too strongly influenced by historical practice. There is also a great variation among services in the progress that has been made in meeting the 'new' challenges - meaningful consumer and carer input into decision making; service delivery to refugees and other cultures; and more preventive approaches.

The future In a rapidly changing world, how are new ideas and research being translated into effective mental health services for everyone, including protecting and promoting the mental health of service providers? If we are inclusive, the lived experience of the consumer and carer can inform and guide service development and delivery. Whose reality is it that will shape and determine mental health services of the future? How can we gain agreement between all stakeholders about what is life enhancing, and therefore what is effective treatment?

We invite you to reflect on the gains and setbacks, and offer you the opportunity to present your vision of a new reality that promotes the mental health of every individual.

EARLYBIRD REGISTRATION CLOSING 18TH JULY DON'T DELAY, BOOK EARLY

➤ keynote speakers

Phil Barker is Visiting Professor at Teeside University, England and Trinity College Dublin. He is a Director of Slie Eile, a therapeutic community for people with serious mental health problems in Cork, Ireland, and a Director of Clan Unity, the international mental health recovery consultancy based in Scotland, where he also offers a (free) private psychotherapy service. Dr Barker has worked as a psychiatric nurse and psychotherapist in mental health services for almost 35 years. He was the UK's first Professor of Psychiatric Nursing Practice at the Medical School, University of Newcastle England (1993-2002). He was elected a Fellow of the Royal College of Nursing UK in 1995, and was awarded the Red Gate Award for Distinguished Professors at the University of Tokyo in 2000. He was inducted as a Doctor of the University at Oxford Brookes University, England, in 2001 and has been Visiting Professor at several international universities. He has published 15 books, fifty book chapters and over 120 academic and professional papers in international journals. He will speak on: "A Bridge over Troubled Waters: The Tidal Model of Recovery and Reclamation"

Sandy Jeffs has lived with schizophrenia and all its moods for twenty-six years. She is a consumer advocate who speaks to community groups, primary and secondary schools, university students and doctors about what it is like to live with a mental illness. She was a member of the Board of Directors of the Mental Illness Fellowship for four years and still has an active role as vice-president of its Outer East Branch. She sometimes is an advocate for SANE Australia. Sandy is also a poet whose poetry explores the shadowy world of madness, its agony and humour, its deathly cries and wondrous fantasies, its troughs and rough terrain that sometimes render one alone and lost. Sandy lives on the outskirts of Melbourne with her friends and animals. She will speak on: "The Language of Madness: A Meditation on Madness, Language and Poetry"

Jan Scott is Professor of Psychological Treatments Research, at the Institute of Psychiatry, London, UK. She is a Distinguished Founding Fellow of the Academy of Cognitive Therapy (one of 8 individuals worldwide). Her clinical work is focused

on the treatment of individuals with chronic and severe affective disorders and her research focuses on combined treatment strategies (using pharmacotherapy and Cognitive Therapy) for these and other complex disorders. She is also a consultant at a national unit treating individuals with repeated and severe deliberate self-harm. Dr Scott also undertakes research on new models of mental health services and the needs of staff for training and supervision in psychological treatments. She has over 250 publications in psychiatry. Previous clinical posts include training with Professor Aaron T Beck in Philadelphia, USA. She also has experience in community psychiatry (via The Royal College of Psychiatrists Travelling Fellowship) at Dane County CMHT in Madison, WI, and Johns Hopkin University in Baltimore, USA. More recently, Professor Scott spend time working with Eugene Paykel in Cambridge and has set up a psychological treatment clinical and training service in Glasgow. She will speak on: "Health Beliefs, Self-Help, Self-Management & the "Expert" Person with Mental Illness"

A PRELIMINARY PROGRAM WILL BE AVAILABLE FROM THEMHS WEBSITE www.themhs.org

THE CONFERENCE PROGRAM INCLUDES A NUMBER OF SPECIALLY COMMISSIONED INVITED SYMPOSIA. THE FOLLOWING INVITED SYMPOSIA ARE INCLUDED IN THE CONFERENCE PROGRAM AND DO NOT NEED TO BE BOOKED SEPARATELY.

Invited Symposium:

Transcultural Mental Health

Mental health services continue to be challenged by their engagement or lack of engagement with diverse cultural communities. Barriers of language and culture, can increase the stigma of mental illness. This symposium will feature a presentation by Greg Turner, Education and Development Co-ordinator, Queensland Transcultural Mental Health Centre, who will present concepts of community and consumer participation, expert communities, and reciprocity in education. This will be followed by a panel discussion exploring innovative and effective ways to deliver mental health services to these communities. Panel members will be: Nicholas Procter, Professor of Nursing, University of South Australia; Meg Griffiths, National Project Manager, Multicultural Mental Health Australia; Conrad Guersevich, National Co-ordinator, Federation of Ethnic Community Councils of Australia.

Invited Symposium:

Disaster Response to Canberra's Bushfires

On 18 January 2003 a firestorm swept through the western suburbs of Canberra, destroying 503 homes and resulting in the deaths of 4 people. Shops, a high school, a church, a health centre, a water treatment plant and the Mount Stromlo Observatory were among the facilities destroyed by the fire. In the time immediately after the fire, almost a third of the city was left without electricity, telephone, gas, water and sewerage services. Canberra's suburbs were described by the press as resembling a war zone as the bushfires swept through residential streets. The city was enveloped by thick black smoke, houses and vegetation exploded as a result of the intensity of the fire and birds in flight, fell dead from the sky. Canberra residents who were evacuated to safety returned the following day to look through the burnt-out remains, for anything that may have survived the ravage of the fire.

This symposium will explore the Canberra community's human response to the disaster. Presenters are: Marie Bennett, Executive Director, Lifeline Canberra (The role of tele-counselling in the emergency recovery process), Mary Perkin, Director, Relationships Australia, Canberra and Region (The counselling needs of people affected by the disaster), Stephen Druitt, Community Education Officer, Mental Health ACT (The importance of a community development response to the needs of rural people affected by the fires), Patrick Fleming, Team Leader, Child and Adolescent Services, Mental Health ACT (Personal and professional reflections on the Canberra bushfire experience), Kandie Allen-Kelly, Head of School, School of Social Work, Australian Catholic University, Canberra (Recovery and transformation projects following the bushfire disaster), Chris Healy, Director, Community Support Group, ACT Bushfire Recovery Taskforce (General overview, followed by an interactive discussion).



INVITED SYMPOSIUM:

Back to Basics - Are we right about consumer rights?

Three mental health activists will give their viewpoints about the human rights of consumers of mental health services. They will tackle some hefty questions: Are the promises made by the Burdekin Report and the National Mental Health Strategies being implemented? As consumers are we aware both of our rights and how to achieve them? Do legislated rights (ie Mental Health legislation) enshrine the essential needs of consumers anyway? Should we be advocating, as Thomas Szasz recommends, for the right to choose or refuse treatment even when on Psychiatric Treatment Orders? Presenters: Merinda Epstein, The National Resource Centre for Consumer Participation in Health, Janet Meagher, Psychiatric Research Association, Peter Wise, ACT Division of General Practitioners, and chaired by Linette Bone, Mental Health ACT.

INVITED SYMPOSIUM:

Writing the History of Mental Health Reform in Australia

Major reforms have taken place in mental health service delivery in Australia and these reforms have had a major impact on a wide variety of stakeholders. It is timely while those most implicated are alive and able to tell their stories to begin the process of historical review and analysis and place these reforms in the context of international developments, other social and economic reforms in Australia and the lives of the people most intimately affected by the reform process. In this symposium, social historian, Dr David Dunstan and a panel of people (Harvey Whiteford, Grace Groom, Graham Martin, Merinda Epstein) who have helped to shape or monitor the reform process introduce key issues for the development of a reform history will offer

preliminary perspectives on the development of a meaningful and useful history of mental health reform in Australia. It is anticipated that this will be a starting point for the systematic development of an oral and written history and that participants in the audience will actively contribute to the shaping of an approach to this history. The Symposium is convened and chaired by Robert King, University of Queensland.

INVITED SYMPOSIUM: Mood Disorders – What Works?

Be prepared to be challenged. This session consists of two excellent presentations. The first: A Critique of Assessment and Treatment of Mood Disorders, by Gordon Parker, Professor of Psychiatry, University of NSW, Sydney. He asks – where is the evidence base for current treatments of mood disorders? The paper will outline some of the real problems involved in the treatment of mood disorders, and in research, including the nature of drug trials. The second presentation is not confirmed at the time of printing.

INVITED SYMPOSIUM:

Therapies and Treatments: What's the Latest?

As clinicians, we are always looking towards using treatments that are evidence-based. In this symposium there will be two excellent presentations, followed by discussion. Cognitive behaviour therapy (CBT) with older people, by Mike Bird - CBT is increasingly the treatment of choice for anxiety disorders and, with or without anti-depressants, for mild or moderate depression, but it has been less available to older people. This paper uses clinical cases to illustrate: practical use of CBT with older people; similarities and differences from its application with younger people; some features of late-life depression. Dialectic Behaviour Therapy, by Chris Wilcox, clinical psychologist and team leader, Centre for Psychotherapy, Senior Conjoint Lecturer, School of Behavioural Sciences, University of Newcastle, NSW. The Centre specialises in the treatment of personality and eating disorders, running Dialectical Behaviour Therapy (DBT) Programs for women with a borderline personality disorder. This program has been running for the past five years, with research and teaching programs beginning three years ago. There will be a brief description of DBT, and along with descriptive data from the first 48 research participants, including trend data, and feedback from a graduate of the program.

INVITED SYMPOSIUM:

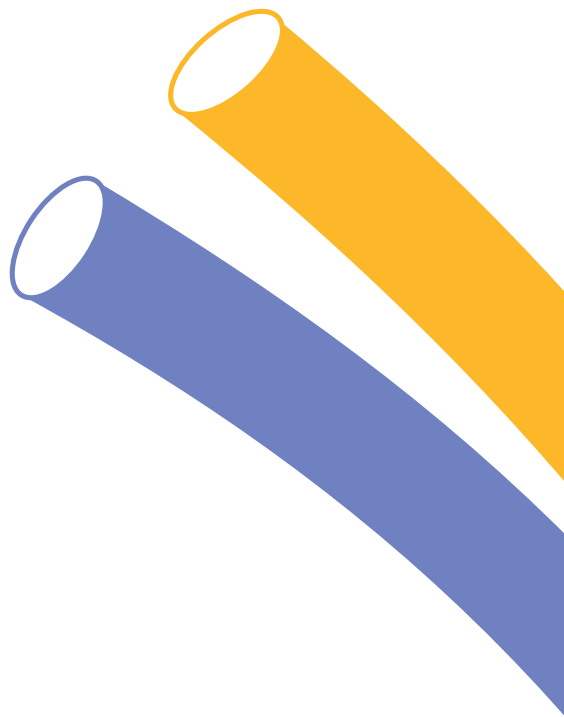
Marijuana and Psychosis

Dope, the highs and lows; and does it cause psychosis? The latest research on substance use and abuse, including original Australian research, will be presented. After the speakers' presentations, there will be an interactive dialogue aimed at providing a better understanding of the prevention of harm, and the care and treatment of substance use and related psychosis. Presenters: Dr Andy Campbell, consultant psychiatrist at large, NSW; Dr Tim Rolfe, psychiatrist and researcher, Dandenong Psychiatric Centre, VIC; Dr Wendy Swift, Lecturer, National Drug and Alcohol Research Centre, University of NSW.

INVITED SYMPOSIUM:

Government Mental Health Strategies – highlights and updates

TheMHS regularly invites government to present the latest mental health strategies, policies, and evaluations. We are pleased again this year, to have Mr Dermot Casey, Assistant Secretary, Mental Health and Suicide Prevention Branch, Commonwealth Department of Health and Ageing, and a representative of Dr Janice Wilson, NZ Ministry of Health. Each will give a talk, followed by time for audience questions and discussion. So here is your chance to ask the policy-makers about mental health from the past into the future.



➤ workshops and forums on tuesday 2nd september 2003

BOOK THESE FORUMS AND WORKSHOPS ON THE REGISTRATION FORM

Carer (Family) Forum

Into the Future: This forum takes off from where we left off last year – though everyone is welcome whether or not you attended last year. It is hosted by local Carer (Family) Groups and explores the changing nature of carer (family) support groups. Find out about the practical ways of setting up and maintaining local groups, and about the role of family support groups in the family healing process. Learn from others who know the ropes and share what has worked for you.

Consumer Forum

From Rhetoric to Reality – EVERYDAY! How do we, as consumers, translate our visions of healing and recovery into reality? Well, we live it EVERYDAY. To produce our desired quality of life we need skills and shared wisdom. So we've taken TheMHS 2002's consumer input as a starting point, and designed a day of reflection, interaction and challenge.

The "Inspire Gig"

After the Consumer Forum, get along to "The Inspire Gig" – the quality concert of Australian, New Zealand and other international consumer performers. We invite you to be lifted out of mundane retrograde perspectives into courage and resilience. Tap a foot, share a smile, and ENJOY! Light refreshments provided.

Indigenous Peoples' Forum

To come

WORKSHOP 1: What's new in outcome measurement?

Outcome measurement is a growing and rapidly changing field. This half-day workshop will include presentations from local experts on several topical areas in outcome measurement in service development, in the psychiatric disability support sector, in the private psychiatric sector, clinicians' attitudes to outcome measurement and factors affecting whether consumers complete a self-report measure. The workshop will also provide participants with an opportunity to ask questions of the presenters and discuss the issues and challenges they face. Presenters are: Maree Teesson (University of NSW, Sydney), Tom Trauer (St Vincent's Hospital Melbourne and University of Melbourne), Tom Callaly (Barwon Health, Geelong, Victoria), Tim Coombs (Centre for Health Service Development, University of Wollongong), Glen Tobias (Neami, Victoria), Allen Morris-Yates (Principal Information Officer, Strategic Planning Group for Private Psychiatric Services).

WORKSHOP 2: Leadership and Management for Clinicians

Mental Health Services in Australia and New Zealand are undergoing continuous structural reform to improve quality and effectiveness in service delivery. Although it is widely recognised that clinician leadership is required to achieve this, most clinicians find the transition from clinician to leader or manager difficult and personally challenging and often feel unprepared and unsupported. This, the second THEMHS workshop on leadership and management, will be an interactive workshop. Participants will learn from presenters and each other about on the challenges of being a clinician leader, the quality and risk management agenda and approaches to strategic planning. Presenters are: Harry Minas, Centre of International Mental Health, VIC, Alan Rosen, Director, Royal North Shore Hospital & Community Mental Health Services, NSW, Lyndy Matthews, N.Z., Peter McGeorge, Director, Capital Coast Mental Health, N.Z., Wendy Fromhold, Service Development Project, Werribee, VIC, Tom Callaly, Clinical Director, Community & Mental Health, Barwon Health, VIC.

WORKSHOP 3: Skills for Conference Presenters

Do you want to improve your presentation skills for conferences and seminars? This workshop is designed to increase your ability to write an abstract, prepare your presentation prior to the conference, become more confident in front of an audience, manage audiovisual conference aids, and to prepare your paper for publication. There will be lecture presentations as well as practical experiences to enhance your presentation skills. If possible bring along your own conference presentation/s to use in the experiential exercises. Presenters are: Kevin Kellehear, Lecturer, University of Technology Sydney, Vivienne Miller, TheMHS Conference Director and mental health educator.

WORKSHOP 4: Education of Consumers for Service Provision

How can consumers become involved in service provision? Speakers will examine this question from their own personal experience and from the evidence. Topics will include: the skills needed to work within government and non-government systems; the pitfalls and difficulties that may be encountered on the way; how to maintain your own mental health whilst working within the system; supports that are needed as opposed to those that may be provided. Some of the areas of service provision include: advocacy, policy development, research, support, education, as well as direct service provision such as case management and outreach services. This workshop will challenge and broaden your ideas about the role of consumers in mental health service provision. Whilst this workshop is primarily aimed at consumers who are ready to take this next step, it will also be of interest to other mental health service providers. Numbers are strictly limited. Presenters are: Associate Professor Meg Smith (facilitator), Paula Hanlon, Merinda Epstein, Leonie Manns.

➤ program outline

TUESDAY 2 SEPTEMBER 2003

8.30am	Registration desk opens
9.00am – 12.30pm	Workshop 1 Outcome Measurement
9.30am – 5.00pm	Carer (Family) Forum
9.30am – 5.00pm	Consumer Forum
9.00am – 12.30pm	Workshop 3 Skills for Conference Presenters
1.30pm – 5.30pm	Indigenous People's Forum
1.30pm – 5.00pm	Workshop 2 Leadership and Management
1.30pm – 5.00pm	Workshop 4 Education of Consumers for Service Provision
7.00pm – 9.30pm	Concert: The Inspire Gig (in Bradman Theatre)

WEDNESDAY 3 SEPTEMBER 2003

8.00am	Registration desk opens
8.45am	Conference opening, awards presentation and keynote address There will be 10 concurrent sessions throughout the day
6.00pm – 8.00pm	Welcome Reception

THURSDAY 4 SEPTEMBER 2003

8.30am	Registration desk opens
8.45am	Keynote Address, followed by 10 concurrent sessions throughout the day
5.15pm	Meetings of associations, groups
7.00pm	Dinner at Southern Cross Yacht Club; Hidden Corners Theatre performance

FRIDAY 5 SEPTEMBER 2003

8.30am	Registration desk opens
8.45am	Keynote Address followed by 10 concurrent sessions throughout the day
4.30pm	Close of conference

➤ opening and closing ceremonies

Welcome to Land, followed by Achievement Awards: An elder of the Traditional Owners of the land, will open the conference. This will be followed by the presentation of the bi-national Australian and New Zealand Achievement Awards, for mental health services, special contribution to mental health services and media representation of mental health. The Service Awards and the Media Awards will be presented jointly by Harvey Whiteford, Kratzmann Professor of Psychiatry at The University of Queensland, and Simon Champ, Consumer Activist and a Director of SANE Australia.

Closing Ceremony: The conference closing ceremony will include entertainment, speakers and the ceremonial handover of the TheMHS banner to next year's conference committee.

Meeting Session – Thursday 4th September

Groups, associations, societies may organise a meeting during TheMHS Conference - the person booking this service must be registered as a conference delegate. Apply to TheMHS Office before 8th August, for details.



ANZ ACHIEVEMENT AWARDS

These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. TheMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.

➤ social program highlights

WELCOME RECEPTION

6.00 – 8.00pm Wednesday 3rd September,
at National Convention Centre

Come to the conference reception where you can eat, drink, be entertained, and meet with your friends and colleagues.

HIDDEN CORNERS THEATRE

7.00pm – 8.00pm Thursday 4th September,
at National Convention Centre

This unique performance has been specially created for TheMHS Conference, by Robin Davidson, Director of Hidden Corners Theatre company and the actors themselves. Hidden Corners Theatre creates theatre by and about young carers from the ACT and region. They present a short play that poses a dilemma for a family living with mental illness. After their performance, they turn to you, the audience, to help solve their family's problems. It will be a session of laughter, participation, involvement and reflection.

DINNER

7.00PM Thursday 4th September,
at Southern Cross Yacht Club, Yarralumla

Take a break from the city centre, and come to dinner on the shores of Lake Burley Griffin, in the prestigious suburb of Yarralumla. The dinner menu can be obtained from TheMHS office. It will include canapés on arrival, soup, main course buffet and dessert. Purchase your own drinks. Bus transport will be provided.

CANBERRA ATTRACTIONS

Why you should come to Canberra in September
TheMHS conference will be held in Australia's capital city for the first time. This year's conference will be the 13th annual conference – the luckiest and best ever. Canberra is the home of Australia's national parliament and the powerhouse of national mental health initiatives. Come to Canberra and help turn rhetoric into reality for mental health.

Canberra is situated on Lake Burley Griffin, within sight of the Brindabella Ranges. Located in the heart of Canberra City, the National Convention Centre is an easy walk to restaurants, shops and parks. Canberra Visitors Centre, phone 1300 554 114 or www.visitcanberra.com.au will provide you with all you need to know to be able to plan your visit to Canberra's attractions: National Museum of Australia, National Gallery of Australia, ScreenSound Australia, CSIRO Discovery, Tidbinbilla Nature Reserve, Australian National Botanic Gardens, Parliament House, The Australian Institute of Sport, Questacon (National Science and Technology Centre), National Portrait Gallery, Canberra Space Dome and Observatory, as well as many nightspots for winding up or winding down after each day's conference sessions, King O'Malley's and PJ O'Reilly's Pubs, and Electric Shadows movie theatre.

The Weather

Canberra enjoys a mild, sunny climate with low precipitation. The average temperature in September is 16 degrees Celsius.

Passports & Visa Requirements

All international visitors require a valid passport and visa for entry into Australia (New Zealand visitors require a valid passport only)

Canberra Transport

Canberra's international airport is a short 10-minute drive from the city. There are regular flights to and from the airport each day. There are plenty of coach links from Sydney and other centres. Countrylink provides a rail service to and from Sydney three times a day.

➤ airline travel

QANTAS is pleased to support TheMHS Conference by offering up to 40% discount off the full economy class airfare (excluding taxes). The airfares are subject to availability at time of booking and conditions apply.

Please phone **1800 684 880** and quote

"3571441" to access these airfares.

These airfares offer a number of benefits, including the following: tickets can be purchased up to the day of departure; date changes are permitted at any time subject to class availability; tickets are fully refundable up to three (3) days prior to the departure of the outbound flight; delegates may travel up to seven (7) days either side of the conference date. To take advantage of the many other discounted QANTAS airfares available phone 13 13 13 or visit QANTAS website: www.qantas.com.au

➤ international travel

Any incoming international delegates should contact Qantas Telephone Sales, Qantas Travel Centre or local Travel Agent for the best available fare of the day.

➤ TheMHS aims to:

1. Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people seriously affected by mental illness and disability.
2. Promote positive attitudes about mental health and mental illness.
3. Provide a forum for professional development of people associated with mental health services i.e. an opportunity to present current innovations, strategies, research, policies and future directions.
4. Provide a forum for professionals, consumers, carers and managers to meet and debate mental health services.
5. Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.

TheMHS SECRETARIAT (SYDNEY)

Andy Campbell, Lynne Dunbar, Roger Gurr, Paula Hanlon, Douglas Holmes, Cathy Issakidis, Kevin Kellehear, Leonie Manns, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson

TheMHS CANBERRA COMMITTEE

(IN ALPHABETICAL ORDER)

Warrick Arblaster, Annette Atherton, Penelope Blume, Linette Bone, Sophie Boutsis, Stephen Brand, Stephen Druitt, Susan Helyar, Carol House, Herb Krueger, Sue McConnachie, Matthew Musgrave, Cathy Owen, Deborah Shaw (conference convener), Daniel Stubbs, Tracy Thompson, Peter Wise

TheMHS CONFERENCE BURSARIES

TheMHS is pleased to be able to offer a limited number of bursaries for consumers to attend the conference. These bursaries provide airfares and a free registration, but do not include accommodation. Priority is given to those people who are presenting a paper, workshop, symposium or poster at the conference or forums, and who would otherwise have difficulty attending the conference due to financial reasons. Contact TheMHS Office immediately to obtain your application form. Be sure to apply early, as the first round of offers will be announced in June 2003. If there are still bursaries available after the first round are allocated June, subsequent offers will be made.

PROFESSIONAL DEVELOPMENT

If you require a certificate of attendance at this conference to fulfil your Continuing Professional Education (CPE) requirements, please fill in appropriate box on the Registration Form. Please collect your CPE certificate at the registration desk on the last day of your attendance at the conference. Psychiatrists attending this conference can claim 2 points per hour to a maximum of 12 points per day under the MOPS Category 'educational meetings'. CPD for General Practitioners have been applied for.

CLOSING DATE FOR REGISTRATIONS

Posted registration form and fees must be received by 22 August 2003. On-site registrations will be accepted, depending upon space availability, but must be accompanied by the total fee that is due. Earlybird registration fees must be received by 18 July 2003.

► sponsors of 2003 TheMHS conference

With thanks to the following sponsors

PRINCIPAL SPONSORS



Commonwealth Government of Australia – Department of Health and Ageing (Mental Health and Suicide Prevention): sponsor of A.N.Z. Mental Health Achievement Awards; co-sponsor of Consumer Forum and consumer attendance



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New Zealand Ministry of Health
Sponsor of the A.N.Z. Achievement Awards

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PLEASE POST THE CONFERENCE REGISTRATION FORM TO:

TheMHS Conference
PO Box 192
Balmain NSW Australia 2041

CONTACT DETAILS:

Phone +61 (02) 9810 8700
Fax +61 (02) 9810 8733
Email info@themhs.org

www.themhs.org

➤ accommodation booking form

TheMHS ANNUAL CONFERENCE 2003
2 – 5 SEPTEMBER, 2003
NATIONAL CONVENTION CENTRE, CANBERRA

The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for accommodation must be accompanied by a deposit equivalent to one nights accommodation, or preferably, quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

ONLINE ACCOMMODATION BOOKINGS CAN BE MADE BY VISITING: www.hotelnetwork.com.au

All rates are per room/apartment per night and single/double/twinshare unless otherwise stated. Rates are in AUS dollars and include GST:

Crowne Plaza Canberra Adjacent to conference venue **\$149.00**

A 4 _ star hotel and the closest hotel to the Convention Centre but only 5 minutes from the CBD. Rooms are comfortable, stylish & spacious and have either 1 queen size bed or 2 double beds (for those twin sharing). In-room facilities include ensuite bathroom, mini bar, tea/coffee making, bathrobes, in room movies, air-conditioning/heating, 24 hour room service, fax/modem fittings. General facilities include outdoor heated pool, spa, sauna and modern well equipped gym. Large open public areas feature atrium lounge/bar and restaurant. Highly recommended.

Novotel Canberra 15 minute walk to venue **\$139.00**

A 4 star hotel situated on Northbourne Avenue close to the CBD and only 15 minutes walk to the Convention Centre. Rooms are clean and comfortable with 1 queen size bed or 2 double beds (for twin sharing). In-room facilities include ensuite bathroom with deep bath, mini bar, tea/coffee making, in room movies, air-conditioning/heating, 24 hour room service, fax/modem fittings. General facilities include indoor heated pool, spa, sauna and gym. General facilities include lounge/bar and restaurant.

Olims Canberra Hotel 25 minute walk to venue **Deluxe Rooms \$118.00**
(5 minutes by car/taxi) **Executive Rooms \$129.00**

Older 3 _ star heritage style property on the edge of the CBD. Quiet, pretty garden setting. Recently refurbished rooms are neat and clean with balconies/doors overlooking beautifully kept gardens. Light and airy they include iron & ironing board, air conditioning/heating, mini bar, refrigerator and TV. Executive rooms include kitchen, microwave, lounge area and loft style bedroom. General facilities include charming public areas, restaurant, bistro and bar. Suitable for those who may consider driving as plenty of on site free parking. (Parking at Convention Centre costs \$7.70 all day). PLEASE NOTE LIMITED AVAILABILITY SO BOOK EARLY.

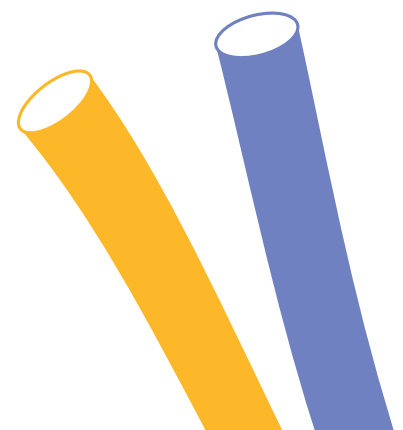
Waldorf Apartments 5 minutes walk to venue **Studio Apartment \$143.00**
2 Bedroom Apartment \$215.00

A 4 _ star apartment style property in the CBD and only 5 minutes walk to the Convention Centre. Modern, stylish but compact (hotel room size) the studio apartments have brand new kitchenette area & small laundry. Room features include 1 King size bed or 2 single beds (for twin sharing), ensuite bathroom, in house movies, tea/coffee making. All apartments have a fax machine. In addition the 2 bedroom apartment has 2 separate bedrooms, 1 bathroom, lounge /dining area, fully equipped kitchen. General facilities include outdoor "splash pool", indoor lap pool, spa, sauna, gym, _ size tennis court, restaurant & bar. Close to major shopping centre.

Canberra Backpackers – Bookings to be made direct:

7 Akuna Street, Canberra. 5 minutes walk to Conference Venue. Prices range from \$20.00 per night - 9 share dormitory, \$26.00 per night - 4 share dormitory, \$55.00 single room share bathroom, \$80.00 double ensuite room (these prices are correct at time of printing).

To book direct: Tel (02) 6257 3999 or email: info@canberrabackpackers.net.au



Please reserve me a:

- | | | |
|--------------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Single room | <input type="checkbox"/> Double room | <input type="checkbox"/> Twin room sharing with _____ |
| <input type="checkbox"/> Smoking | <input type="checkbox"/> Non-smoking | <input type="checkbox"/> Disability access _____ |

Please tick

- | | | |
|---|--------------|-------|
| <input type="checkbox"/> Crowne Plaza Canberra | \$149.00 AUD | _____ |
| <input type="checkbox"/> Novotel Canberra | \$139.00 AUD | _____ |
| <input type="checkbox"/> Olims Canberra Hotel – Deluxe Room | \$118.00 AUD | _____ |
| <input type="checkbox"/> Olims Canberra Hotel – Executive Room | \$129.00 AUD | _____ |
| <input type="checkbox"/> Waldorf Apartments – Studio Apartment | \$143.00 AUD | _____ |
| <input type="checkbox"/> Waldorf Apartments – 2 Bedroom Apartment | \$215.00 AUD | _____ |

Please indicate 1st & 2nd Preference

Check-In Date _____/_____/_____ Check-Out Date _____/_____/_____ No. of Nights _____

Name _____

Organisation _____

Postal Address _____

Suburb/City _____ State/Territory _____

Country _____ Postcode _____

Ph (Work) _____ Fax _____

Mobile Phone _____ Ph (Home) _____

Email _____ (Please write clearly)

Room reservations for the hotels must be accompanied by a deposit equivalent to one nights accommodation or preferably, quote a credit card number which we can pass onto the hotel to secure your room.

METHOD OF PAYMENT

- I enclose a cheque for \$ AUD _____ made payable to The Hotel Network
- I enclose a bank cheque for \$ _____ made payable in Australian Dollars to The Hotel Network
- Please pass on my personal credit card details to the hotel to secure my reservation
- Please debit the following third party credit card by the amount indicated below (Minimum one night's deposit)
 - Visa Mastercard Bankcard AMEX Diners

Card Number:

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 Expiry Date: ____/____

Amount \$ _____ Name on card _____ Signature _____

CANCELLATIONS & REFUNDS Cancellations received in writing by 18th August, 2003 will be accepted and fees refunded less a \$55 administration fee. Cancellations made after 18th August, 2003 may attract one full nights tariff. However, transfer of accommodation bookings to another person will be accepted. All accommodation cancellations must be notified in writing to The Hotel Network.

Please complete and return this accommodation booking form with payment to:

Julia Brooke, Accommodation Manager
THEMHS Conference 2003
C/o The Hotel Network, PO Box 236, Roseville NSW 2069
Phone: 02-9411-4666 Fax: 02-9411-4243
Email: themhs@hotelnetwork.com.au

➤ TheMHS conference registration form from rhetoric to reality

TAX INVOICE

ABN: 53 621 201 979

Please fill in a separate form for each person attending, and send conference registration form to TheMHS office, to be received before Friday 22 August 2003.

Morning & afternoon tea, and lunch are included in the registration fee for 3-5 September, and for the Consumer Forum and the Carer Forum.

On 2nd September, all half day workshops and forums include morning/afternoon tea only.

➤ CONFERENCE REGISTRATION Wednesday 3 to Friday 5 September 2003

	AUD	Amount Paid \$AUD ONLY
<input type="checkbox"/> Full fee 3 days	\$615	\$ _____
<input type="checkbox"/> Earlybird fee 3 day (if received by 18 July 2003)	\$575	\$ _____
<input type="checkbox"/> Concession 3 days **	\$250	\$ _____
Full fee – Day only		
<input type="checkbox"/> Wednesday 3/9/03	\$240	\$ _____
<input type="checkbox"/> Thursday 4/9/03	\$240	\$ _____
<input type="checkbox"/> Friday 5/9/03	\$240	\$ _____
Concession – Day only **		
<input type="checkbox"/> Wednesday 3/9/03	\$ 85	\$ _____
<input type="checkbox"/> Thursday 4/9/03	\$ 85	\$ _____
<input type="checkbox"/> Friday 5/9/03	\$ 85	\$ _____

➤ PRE-CONFERENCE FORUMS - Tuesday 2 September 2003

<input type="checkbox"/> Consumers Forum (full day)	\$30	\$ _____
<input type="checkbox"/> Carers (Family) Forum (half day)		
<input type="checkbox"/> Full fee	\$??	\$ _____
<input type="checkbox"/> Concession **	\$ 30	\$ _____
<input type="checkbox"/> Indigenous People's Forum (half day)		
<input type="checkbox"/> Full Fee	\$??	\$ _____
<input type="checkbox"/> Concession **	\$??	\$ _____

➤ PRE-CONFERENCE WORKSHOPS# - Monday 19 August 2002

<input type="checkbox"/> Workshop 1 Outcome Measurement (half day)	\$ 120	\$ _____
<input type="checkbox"/> Workshop 2 Leadership and Management (half day)	\$ 120	\$ _____
<input type="checkbox"/> Workshop 3 Conference Presentation skills (half day)	\$??	\$ _____
<input type="checkbox"/> Workshop 4 Consumer Education (half day)	\$??	\$ _____

➤ DINNER

<input type="checkbox"/> Dinner at cost of \$45 per person	\$45	\$ _____
Name of extra person for dinner _____		

➤ CPE CERTIFICATE

<input type="checkbox"/> Please supply a Continuing Professional Education Attendance Certificate (to be collected at the Conference)	\$ Free	
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➤ **TOTAL** \$ _____

10% Goods and Services Tax (GST) has been included in the above Australian dollar fees

NOTE 1: ** Concessions are given to full time students, pension card holders, beneficiaries, and unemployed people. Please attach evidence (eg photocopy of pension card or student card) of concession/beneficiary status, to the registration form.

NOTE 2: # Limited concessions available for workshops – apply to TheMHS Office for details.

*TheMHS Conference fees are designed to cover all costs, to provide subsidised concessions, and Australian GST. TheMHS is a not-for-profit organisation.

conference registration form continued

Surname _____
First Name _____
Position _____ Profession _____
Organisation _____
Postal Address _____
Suburb/City _____ State/Territory _____
Country _____ Postcode _____
Ph (Work) _____ Fax _____
Mobile Phone _____ Ph (Home) _____
Email _____ (Please write clearly)

Organisation's address (if different from above)

Address _____
Suburb/City _____ State/Territory _____
Country _____ Postcode _____

Special Requirements (hearing loop, sign language interpreter, meals, wheelchair access etc)

How did you find out about this year's TheMHS Conference?

Colleague or friend Received brochure in mail from TheMHS
 Advertisement in journal/newsletter (please specify) _____ TheMHS Website
 Other _____

➤ METHOD OF PAYMENT

DIRECT DEPOSIT: If your organisation intends to pay by Direct Deposit, please ensure that TheMHS Office is notified of this ASAP, and quote Invoice Number.

PAYMENT ENCLOSED (please tick your option)

Australian dollar cheque/bank draft payable to **The Mental Health Services Conference Inc**
 Authority to charge my credit card account (Australian Dollar amount)

CREDIT CARD DETAILS

Please note that all credit card transactions are in Australian dollars

Visa Mastercard Bankcard

Card Number:

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Expiry Date: ____/____/____ Full name on card _____

Signature  _____

➤ CANCELLATION POLICY

For refund of fees in the event of cancellation the following applies:

Fees will be refunded in full if TheMHS is notified by the 31 July 2003. 50% of fee will be refunded if notification is received by 8 August 2003. No refund will apply after the 8 August 2003 except at the discretion of the Secretariat.