There’s no Health Without Mental Health

TheMHS 12TH
ANNUAL MENTAL HEALTH SERVICES CONFERENCE
Sydney Convention Centre, Australia

OVER 250 PRESENTERS
OVER 1000 CLINICIANS CHOOSE THIS CONFERENCE EACH YEAR
SPEAKERS FROM 10 COUNTRIES

Conference
20-22 August 2002

Pre-conference
Workshops and Forums
19 August 2002

TheMHS: PO Box 192 Balmain
NSW 2041 Australia
Phone: +61 (02) 9926 6057
Fax: +61 (02) 9926 7078
Email: enquiries@themhs.org
Website: www.themhs.org
TheMHS CONFERENCE is the largest mental health conference in Australia and New Zealand attracting over 1000 mental health clinicians, managers, consumers, carers (families), policy makers, researchers and educators annually. TheMHS attracts speakers and delegates from all over Australia and New Zealand, and this year will include speakers from the UK, USA, Puerto Rico, Sweden, Holland, India, Romania, Nepal and the Philippines.

Comments from last year’s delegates

"excellent quality of speakers and relevance of issues"

"new ideas and information that can be utilised at my workplace"

"fantastic topics"

"great networking environment"

Why you should attend this year!

This year’s organising committee have put together an exciting program for you. There will be over 250 speakers. The keynote speakers will each address a different aspect of the main conference topic: “There’s no health without mental health”. You will find many presentations to meet your interests and to help with practical work, from clinical updates, original research results and model programs. We have specially commissioned clinically relevant seminars on Marijuana, Refugees, Management of Disasters, creative therapies and early intervention activities in the perinatal period, at schools and for psychosis. There are 44 papers about recovery from mental illness, 47 papers about service research, 30 papers about child and adolescent mental health, 32 papers about workforce and training issues, 30 papers about prevention and health promotion, 32 papers about consumer issues, 23 papers about evaluation and quality, 24 papers about psychotherapy, 19 papers about indigenous wellbeing, 11 papers about carer (family) issues, 18 papers about GP shared care, 14 papers about rural mental health issues and 17 papers about illness and treatment research.

There’s no health without mental health

Mental health is an integral part of the health and wellbeing of us all. It is essential that we work together to promote and ensure positive mental health for everyone, across the spectrum of age groups, cultural backgrounds and individual needs.

TheMHS 2002 will focus on three broad themes: the mental health of individuals, populations and organisations.

1. The mental health of individuals - How can mental health services promote recovery for individuals? What new and effective treatments are available?
2. The mental health of populations - How do we ensure access to mental health care for all sectors of the community? How can mental health literacy be increased? What roles are there for mental health services, consumers, carers and primary care services in promoting mentally healthy communities?
3. The mental health of organisations and systems - What does it mean to have a healthy organisation? In an increasingly difficult economic climate how do we ensure systems of care that meet the needs of consumers? How do we create a system of care that adequately involves consumers, carers and health professionals?

EARLYBIRD REGISTRATION CLOSES 12TH JULY
KEYNOTE SPEAKERS

MARGARITA ALEGRIA is Professor and Director of the Center for Sociomedical Research and Evaluation in the Graduate School of Public Health at the University of Puerto Rico. Her research areas include equity of resource distribution, service utilization among low income groups, epidemiology of mental health service delivery among minority groups, and issues of access to services across different systems of mental health care. Margarita Alegria will speak about: "Encouraging equity of access to mental health services for those in need."

VICKI KATSIFIS is a consumer advocate and trainer who has worked in the field of mental health, in particular the consumer advocacy movement since 1992. She has worked in non-government organisations, area health services, education and transcultural mental health. She currently works for the NSW Institute of Psychiatry as a consumer education co-ordinator and also runs an education consultancy. Vicki Katsifis will speak about: "An Holistic Approach to Recovery."

PETER HUXLEY is Professor of Social Work in the Health Services Research Department at the Institute of Psychiatry, London. His areas of interest include work and mental health, measuring and improving quality of life for consumers and families and evaluation of non-medical model interventions. Peter Huxley will speak about: "Promoting mental health and quality of life through social inclusion."

A PRELIMINARY PROGRAM IS AVAILABLE FROM THEMHS WEBSITE www.themhs.org

BELOW ARE SOME PROGRAM HIGHLIGHTS

INVITED SYMPOSIA

TUESDAY 20 AUGUST

Management of disasters and mass violence: mental health service responses.
Learn about mental health aspects of disaster preparation and management, potential mental health services response in terrorist situations, and get up to date information on evidence based best practice for intervention. Prof Beverley Raphael, NSW Centre for Mental Health, Prof Richard Bryant, Department of Psychology UNSW, Prof Derrick Silove, School of Psychiatry UNSW.

The cost of everything: reflections on cost-effectiveness and mental health service delivery in Puerto Rico and Australia.
Learn about how much burden is currently averted by the mental health system in Australia, what it costs, and how much burden could be averted under an optimal system of care. Gain a better understanding of the delivery of cost-effective treatment of depression among low income groups in Puerto Rico. Margarita Alegria, Center for Sociomedical Research & Evaluation University of Puerto Rico Kristy Sanderson, WHO Collaborating Centre, Sydney Prof Derrick Silove, School of Psychiatry UNSW.

WEDNESDAY 21 AUGUST

Marijuana and mental health: complications, and controversies for consumers and clinicians.
Get up to date evidence on marijuana and schizophrenia, and learn about issues related to marijuana and community treatment orders, violence and acute admissions; hear about both sides of the debate Andy Campbell, NSW MH Review Tribunal, Maree Tenison, National Drug and Alcohol Research Centre, UNSW, Paul Mullen, Forensic Mental Health Service VIC.

THURSDAY 22 AUGUST

Learning for Life: School based interventions in mental health.
Learn about several innovative school based mental health initiatives, from the perspective of government, project planners, researchers, non-government organisations, consumers, teachers, parents and students. Judy Jones, NSW Centre for Mental Health, Caroline Hunt, Psychology Uni of Sydney and representatives from Mental Illness Education Australia (MIE-A Inc).

Mental health at the start of Life: integrated perinatal and infant care. Hear about the latest effective models of early intervention to improve the mental health of mothers and their infants. Prof R Byrne Barnett, Paediatric Mental Health, UNSW, Nick Kowalenko, Child and Adolescent Psychiatry RNS Hospital, Sydney, Anna-Lyse Paule Austin, Royal Hospital for Women, Sydney.

Quality Improvement in the evolutionary reform of Mental Health Services.
Learn about continuous quality improvement from a number of perspectives - service consumer and clinician. Quality improvement is an evolutionary process that involves all parties in the planning, development, monitoring and evaluation processes of service delivery. It is not a new concept and needs to be embraced by clinicians and services. To ensure services are being performed in a continuously improving...
WORKSHOPS AND FORUMS

PLEASE BOOK THESE WORKSHOPS AND FORUMS ON THE CONFERENCE REGISTRATION FORM

MONDAY 19 AUGUST

CARER (FAMILY) FORUM
The Future of Carer (family) Support Groups: how do support groups make sure they are innovative, accessible, and relevant in 2002 and beyond?

This workshop is hosted by NSW Consumer Advisory Group. Carers: NSW, Mental Health Association NSW, ARAFM, Transcultural Mental Health and Schizophrenia Fellowship. It will explore the changing nature of carer (family) support groups, how to set up and maintain them, and to be able to respond to a range of different needs. Learn about e-groups on the net, teleconferencing support, starting a new group in rural areas, challenging the system, support groups, advocacy, the support group and its role in the family healing process, or training group leaders. Share what has worked for your group, or learn about the resources you need to start a new group.

CONSUMER FORUM
Is the consumer movement a figment of our imagination?
The Sydney TheMHS Consumer organising committee invites you to a pre-conference forum to share, celebrate, discuss and debate our future. Leading identities from both sides of the Tasman will be invited to discuss:

- Why do we have a consumer movement?
- How does the consumer movement affect you?
- Why am I still involved?
- What has the consumer movement achieved in my country?
- Where is the consumer movement headed?

In the afternoon choose from a variety of workshops including: rural and remote issues, young people, national and international, transcultural issues, arts and laughs. There will be opportunities for you to express your views on a "Soapbox" and through debate.

INDIGENOUS PEOPLES’ FORUM
Making Progress Happen: Shaping the Future of Mental Health Services for Indigenous Communities
Following a traditional welcoming ceremony by the Indigenous Owners, this forum will review past and present indigenous mental health programs throughout Oceania. It is now well recognized that there are fundamental elements necessary for improving mental health services for indigenous communities. Coordinated responses are needed to build the capacity of indigenous communities in terms of mental health expertise. A number of reports have pointed the way forward: The Australian National Mental Health Report 2000 (includes a number of initiatives funded through the National Mental Health Strategy) and The Action Plan on Social and Emotional Well Being 1996. Indigenous people and conference delegates who work with indigenous communities, will find it useful to attend this forum.

WORKSHOP 1:
Leadership and Management for Clinicians
Increasingly, team leaders, unit managers, psychiatrists and other clinicians in Mental Health require leadership and management skills to meet the demands of their roles. Traditionally, professional training in medicine, nursing and allied health has neglected these areas. This workshop will give clinicians an introduction which will be of immediate help in managing teams and assist clinicians to consider their own future needs. Target Audience: Clinicians - particularly trainee psychiatrists. Sessions include: Ruth Vine, Deputy Chief Psychiatrist, Vic; Cathy Egger, Director of the Centre for Health Service Development, University of Wollongong; "How to Transmute the Role of a Clinician to Being a Leader/Manager"; Tom Callaway, Clinical Director, Community & Mental Health, Ballarat Health; "How to Lead: Skills, Styles and Strategies"; Margaret Godin, Director, Mental Health, Corrections and Drug & Alcohol Services, St. Vincent’s Health, Melbourne; "How to Plan Strategically"; Alan Rosen, Director Royal North Shore Hospital & Community Mental Health Services; "How to Work Effectively in Interdisciplinary Teams"; Lyndy Matthews, Psychiatrist, New Zealand; "How to Manage Change"; Peter McGeorge, Director Mental Health Services, Capital and Castl District, Health Board, Wellington, New Zealand; "How to Motivate and Manage Resistance".

WORKSHOP 2:
Every Service’s Responsibility: Challenging Stigma and Discrimination
Features speakers from the World Psychiatric Association Challenging Stigma Programs in India and Romania. This workshop will give you a better understanding of what stigma means, how it impacts on people’s lives, and the extent of discrimination in the general community and mental health services. Learn about the practical steps involved in setting up local and national programs to challenge stigma and lessen discrimination, with particular reference to
the community development approach in different countries. Participants will have the opportunity to reflect on how to apply these lessons to their own work settings. Sessions include Simon Champ – Consumer involvement in media campaigns; Gary Walter – What is stigma and discrimination?; Anne Beveson – A family perspective; R. Srinivasa Murthy – A Local Community Development Model in India; Raluca Nica – Challenging stigma in less affluent societies; Romania; Gerard Vaughan – Community development initiatives in NZ; Melissa Sweet – How to work with the media to give a balanced and accurate message about mental illness; Barbara Hocking – A national perspective; Alan Rosen – What we can learn from developing and less affluent societies about challenging stigma; Liz Newton – discussant.

WORKSHOP 3:
What’s new in outcome measurement? Outcome measurement is a growing and rapidly changing field. This half-day workshop will include presentations from local and international speakers on several topical areas in outcome measurement, including assessment of quality of life, updates of developments at the local level, and issues in the introduction of routine outcome measurement into mental health services. The workshop will also provide participants with an opportunity to discuss the issues and challenges they face. The workshop presenters are Maree Teesson, University of NSW, Sydney; Tom Trauer, University of Melbourne; Tom Callaly, Barwon Health, Geelong, VIC; Tim Coombs, Mental Health Outcomes and Assessment Training, NSW Institute of Psychiatry; and Peter Huxley, Institute of Psychiatry, London.

PROGRAM OUTLINE

MONDAY 19 AUGUST 2002

8.30am Registration Desk opens
9.30am - 1.00pm Workshop 1 - Leadership and Management
9.30am - 1.00pm Carer (Family) Forum
10.00am - 5.00pm Consumer Forum
1.30pm - 5.30pm Indigenous People’s Forum
1.30pm - 5.00pm Workshop 2 Challenging Stigma & Discrimination
1.30pm - 5.00pm Workshop 3 Outcome Measurement

TUESDAY 20 AUGUST 2002

8.00am Registration Desk opens
8.45am Conference opening, awards presentation and keynote address followed by 12 concurrent sessions throughout the day
6.00pm - 8.00pm Welcome Reception

WEDNESDAY 21 AUGUST 2002

8.30am Registration desk open
8.45am Keynote Address followed by 12 concurrent sessions throughout the day
5.15pm Meetings of associations, groups
7.30pm Dinner & other social events

THURSDAY 22 AUGUST 2002

8.30am Registration desk open
8.45am Keynote Address followed by 12 concurrent sessions throughout the day
4.30pm Finish of conference

OPENING AND CLOSING CEREMONIES

An elder of the Traditional Owners of the land will open the conference. This will be followed by the presentation of the bi-national Australian and New Zealand Achievement Awards, by Dr Norman Swan, the ABC’s leading medical journalist.

The conference closing ceremony will include entertainment, speakers, and the ceremonial handover of the TheMHS banner to next year’s conference committee.
ARTS AND SOCIAL PROGRAM HIGHLIGHTS

QUILT DISPLAY
The National Standards Quilt was conceived at the National Standards [for mental health] Festival in October 2000. This creative testament to the [Australian] Standards consists of 19 panels, depicting all the standards. "I'm Made to a High Standard" is the centrepiece. Watch out for the display at the conference. An initiative of the NSW Consumer Advisory Group MH Inc.

WELCOME RECEPTION
6.00 – 8.00PM TUESDAY 20TH AUGUST
Come to the conference reception where you can eat, drink, be entertained, and meet with your friends and colleagues. Conference delegates will be welcomed to NSW by Her Excellency, Professor Marie Bashir AC, Governor of New South Wales. We are honoured to have Her Excellency at The MHS Conference, particularly as she is the first psychiatrist to become a governor in Australia.

PSYCHIATRIC FILM FESTIVAL
8.00PM TUESDAY 20TH;
7.30PM WEDNESDAY 21ST AUGUST
Your chance to review, reflect and discuss the impact of landmark Australian and New Zealand films with psychiatric themes. Convened by the Psychiatric Stigma & Stereotypes Study Group.

DINNER
7.30PM WEDNESDAY 21ST AUGUST
Enjoy a Chinese banquet at a local Chinese restaurant, within 2 minutes walk from the Convention Centre. Dinner includes 9 courses plus tea or coffee. Vegetarians will also enjoy this meal. All beverages are extra. Numbers are strictly limited - entry by ticket only. Book in early, using the conference registration form.

SOCIAL EVENTS
Check at the registration desk for details of social events. There will be a number of choices, whether you want to cruise on Sydney Harbour, meet friends at a pub, or wander around the Rocks. If you would like to take part in one these events, you must put your name on the list for that event at the registration desk.

SYDNEY ATTRACTIONS
Within easy reach of the conference venue, are many spectacular attractions. The central business and shopping district of Sydney is only a few minutes away by foot or monorail.

5 MINUTES WALK:
- Powerhouse Museum of Applied Arts and Science
- Chinese Garden of Friendship
- Australian National Maritime Museum
- Sydney Aquarium
- The Outback Store and Gallery: free film shows daily
- Gavala Aboriginal Art Centre
- Harbourside dining, shopping, entertainment
- Cockle Bay, food, music and art
- Sydney's Paddys Market, a traditional market
- Market City: Shopping Centre: shops, food, cinema
- Queen Victoria Building: shopping arcade: free tours daily

BY A FERRY, BUS, MONORAIL OR FOOT:
- Sydney Opera House for opera, drama, music
- Customs House for galleries, stores, food
- The Rocks Walking Tours: to step back into Sydney's colonial history
- Botanical Gardens: take a stroll
- Climb the Harbour Bridge

THE WEATHER
Sydney enjoys a temperate climate, making it the perfect destination year round. It has an average 340 sunny days per year with the average maximum temperature in August being 19deg C (67deg F).

PASSPORTS AND VISA REQUIREMENTS
All international visitors require a valid passport and visa for entry into Australia (New Zealand visitors require a valid passport only).

SYDNEY AIRPORT
The domestic and international terminals are connected by a five minute bus trip with the airport only 20 minutes by taxi to the Central Business District. You can expect to pay $A25, depending on traffic conditions. The Airport Express bus service into the city operates every 20 minutes and stops at all major hotels in the Central Business District for $10 return. The rail AirportLink enables a quick 10 minute journey to the centre of Sydney or 15 minutes to Circular Quay. AirportLink train fares from the International Airport to the city start at $A10.40 for a single fare. Group fares are also available for groups of up to 4 people starting at $A20 for the group from the International Airport to the city.

TRANSPORT
The Sydney Convention Centre is very close to many forms of transport: monorail, bus, ferry, taxi.
The MHS AIMS TO:
1. Provide a forum for the presentation and exchange of ideas about best ways of ensuring high quality mental health services for people affected by mental illness and disability.
2. Promote positive attitudes about mental health and mental illness.
3. Provide a forum for professional development of people associated with mental health services i.e. an opportunity to present current innovations, strategies, research, policies and future directions.
4. Provide a forum for professionals, consumers, carers and managers to meet and debate mental health services.
5. Stimulate debate which will challenge the boundaries of present knowledge and ideas about services for people with mental health disabilities.

TheMHS SECRETARIAT (SYDNEY)
Andy Campbell, Lynne Dunbar, Roger Gurr, Paula Hanlon, Douglas Holmes, Cathy Issakidis, Kevin Kellehear, Leonie Manns, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson

SYDNEY COMMITTEE (IN ALPHABETICAL ORDER)
Michael Appleton, Jodie Brown, Gillian Church, Anne-Lyse De Guio (past member), Lynne Dunbar, Douglas Holmes, Rhoda Immerman, Cathy Issakidis (Convenor), Joanna Jaaniste, Kevin Kellehear, Elizabeth Priestly (past member), Sadie Robertson, Maree Teesson, Laraine Tom, Maurice Walker.

AIRLINE TRAVEL
We are pleased to announce QANTAS has been appointed official airline for the TheMHS Conference 2002.
Qantas is able to offer up to a 40% discount off the full economy airfare (excluding taxes) for delegates travelling to TheMHS Conference 2002. These fares will be available on Qantas domestic scheduled services subject to class availability at time of booking. Please quote your Association Profile Number "2941148" and the name of the conference when making your reservation.
Conference Airfares are not available on Qantaslink (Sunstate Airlines) to/from the following ports: Thursday Island, Whitsunday Connections (South Mole, Daydream), Shute Harbour, Hayman Island.
Qantas recommends that all delegates co-ordinate their travel solely through the Qantas Association Sales telephone Toll Free 1800 684 880.

INTERNATIONAL TRAVEL
Any incoming international delegates should contact Qantas Telephone Sales, Qantas Travel Centre or local Travel Agent for the best available fare of the day.

ANZ ACHIEVEMENT AWARDS
These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. TheMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.
TheMHS CONFERENCE BURSARIES

TheMHS is pleased to be able to offer a limited number of bursaries for consumers to attend the conference. These bursaries provide airfares and a free registration, but do not include accommodation. Priority is given to those people who are presenting a paper, workshop, symposium or poster at the conference or forums, and who would otherwise have difficulty attending the conference due to financial reasons. Contact TheMHS Office immediately to obtain your application form. Be sure to apply early, as the first round of offers will be announced in June 2002.

PROFESSIONAL DEVELOPMENT

If you require a certificate of attendance at this conference to fulfil your Continuing Professional Education (CPE) requirements, please fill in an appropriate box on the Registration Form. Please go to the Registration Desk at lunch time on the first day of your attendance at the conference to arrange your CPE Certificate. Psychiatrists attending this conference can claim 2 points per hour to a maximum of 12 points per day under the MOPS Category “educational meetings”.

CLOSING DATE FOR REGISTRATIONS

Posted registration form and fees must be received by 9 August 2002. On-site registrations will be accepted depending upon space availability but must be accompanied by the total amount due. Earlybird registration fees must be received by 12 July 2002.

SPONSORS of 2002 TheMHS CONFERENCE

With thanks to the following sponsors

PRINCIPAL SPONSORS

New Zealand Ministry of Health
Sponsor of the A.N.Z. Achievement Awards

NSW Department of Health
Co-sponsor of Consumer Forum and sponsor of keynote speakers and conference publications

Eli Lilly Australia
Sponsor of TheMHS Summer Forum and Workshop 2: Challenging Stigma and Discrimination

MAJOR SPONSORS

Commonwealth Government of Australia - Department of Health and Ageing (Mental Health)
Sponsor of A.N.Z. Mental Health Achievement Awards; co-sponsor of Consumer Forum and consumer attendance

NSW Department of Health
Co-sponsor of Consumer Forum and sponsor of keynote speakers and conference publications

New Zealand Ministry of Health
Sponsor of the A.N.Z. Achievement Awards

Janssen Cilag Pharmaceuticals
Sponsor of Workshops 1 & 3: Leadership & Management; and Outcome Measurement

AstraZeneca Pharmaceuticals
Major sponsor

Sanofi-Synthelabo Australia
Major sponsor

AstraZeneca
Thinking Ahead in CNS

Sanofi-Synthelabo Australia

Sponsors

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SPONSORS

Mayne Pharma Pharmaceuticals • Lundbeck Pharmaceuticals • Novartis Pharmaceuticals • Pfizer Pharmaceuticals

PLEASE POST THE CONFERENCE REGISTRATION FORM TO:

TheMHS Conference
PO Box 192
Balmain NSW Australia 2041

CONTACT DETAILS:

Phone +61 (02) 9926 6057
Fax +61 (02) 9926 7078
Email enquiries@themhs.org

www.themhs.org
The MHS CONFERENCE REGISTRATION FORM

Please fill in a separate form for each person attending and send conference registration form to TheMHS office to be received before 9 August 2002.

CONFERENCE REGISTRATION - Tuesday 20 – Thursday 22 August 2002

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<th>Option</th>
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Full fee - Day only

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Concession - Day only **

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PRE-CONFERENCE FORUMS - Monday 19 August 2002

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<td>Families and Carers Forum (half day)</td>
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PRE-CONFERENCE WORKSHOPS # - Monday 19 August 2002

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<tr>
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<td>2</td>
<td>Challenging Stigma and Discrimination (half day)</td>
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<td>3</td>
<td>Leadership and Management (half day)</td>
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DINNER

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CPE CERTIFICATE

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<tr>
<td>Please supply a Continuing Professional Education Attendance Certificate (to be collected on the last day of Conference)</td>
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10% Goods and Services Tax (GST) has been included in the above Australian dollar fees.

NOTE 1: ** Concessions are given to full time students, pension card holders, beneficiaries, and unemployed people. Evidence must be produced eg. photocopy of pension card or student card.

NOTE 2: # Limited concessions available for workshops - apply to TheMHS Office for details.

*TheMHS Conference fees are designed to cover all costs, to provide subsidised concessions and Australian GST.
Please note that all credit card transactions are in Australian dollars.

**CANCELLATION POLICY**

For refunds of fees in the event of cancellation the following applies:

Fees will be refunded in full if TheMHS is notified by 20 July 2002. 50% of fee will be refunded if notification is received by 9 August 2002. No refund will apply after the 9 August 2002 except in exceptional circumstances.

**METHOD OF PAYMENT**

DIRECT DEPOSIT: If your organisation intends to pay by Direct Deposit, please ensure that TheMHS Office is notified of this ASAP and quote Invoice Number.

PAYMENT ENCLOSED (please tick your option)

- [ ] Australian dollar cheque/bank draft payable to TheMental Health Services Conference Inc
- [ ] Authority to charge my credit card account (Australian Dollar amount)

CREDIT CARD DETAILS

Please note that all credit card transactions are in Australian dollars.

- [ ] Visa
- [ ] Mastercard
- [ ] Bankcard

Card Number: ____________________________

Expiry Date: __/__

Full name on card: ____________________________

Signature: X

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- [ ] Australian dollar cheque/bank draft payable to TheMental Health Services Conference Inc
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**CONTRIBUTIONS**

Name: ____________________________

Organisation: ____________________________

Address: ____________________________

Suburb/City: ____________________________

Country: ____________________________

Position: ____________________________

State/Territory: ____________________________

Postal Address: ____________________________

Suburb/City: ____________________________

Country: ____________________________

Email: ____________________________

Fax: ____________________________

Ph (Home): ____________________________

Ph (Work): ____________________________

Special Requirements (hearing loop, sign language interpreter, meals, wheelchair access etc)

(Please write clearly)
The Hotel Network on behalf of TheMHS has organised special reduced rates at the hotels listed below. Please make all accommodation reservations and amendments through The Hotel Network. Conference hotel accommodation must be booked on this form to obtain the special conference rates. Room reservations for the hotels must be accompanied by a deposit equivalent to one night’s accommodation or preferably quote a personal credit card number which we can pass onto the hotel to secure your room. A limited number of rooms have been booked at each hotel so please book early to ensure your first choice is available.

**Online accommodation bookings can be made by visiting:** www.hotelnetwork.com.au

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Distance to Venue</th>
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<td>The Carlton Crest Hotel</td>
<td>10 minutes walk</td>
<td>$125.00</td>
</tr>
<tr>
<td>A 4 star hotel in the heart of the entertainment district of Sydney and only 10 minutes walk to Darling Harbour. The hotel is a 1 minute walk to the Light Rail which will take you close to the Convention Centre in Darling Harbour. Rooms are comfortable and spacious and have either 1 King size bed or 2 Queen Beds (for those twin sharing). In room facilities include mini bar, tea/coffee making, Pay video, air-conditioning, 24 hour room service, fax/modem fittings. General facilities include outdoor heated pool, spa, late closing Cafe Theatrix Restaurant and the Carlton Lounge Bar.</td>
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<tr>
<td>Ibis Darling Harbour</td>
<td>3 minute walk</td>
<td>$135.00</td>
</tr>
<tr>
<td>A 3 star travellers style hotel only 3 minutes walk to the Convention Centre. Offering great value for its location this hotel is recommended for singles only as the rooms are compact. Twinshare rooms are of course available. Room facilities include ensuite, Video In house movies, coffee/tea making, telephone General facilities: Terrace Restaurant and Skyline Bar.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Novotel Century Hotel</td>
<td>4 minute walk</td>
<td>$145.00</td>
</tr>
<tr>
<td>A modern 4 star hotel located on the edge of Darling Harbour close to Chinatown. It is approximately a 4 minute walk to the Convention Centre. This stylish hotel has comfortable accommodation rooms all with 24 hour room service, mini bar, data ports, voicemail and Email access, tea &amp; coffee making facilities. General facilities include gymnasium/health centre and indoor heated lap pool.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grand Mercure Apartments</td>
<td>5 minute walk</td>
<td>$253.00</td>
</tr>
<tr>
<td>A 5 star apartment style property on Darling Harbour and only 5 minutes walk to the Convention Centre. Each two bedroom apartment offers 1 x Queen Bed and 2 x Single Beds. Facilities include two bathrooms, fully equipped laundry and kitchenette, mini bar, dining/lounge area and balcony. General facilities include heated indoor lap pool, gymnasium, sauna/spa.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
THE HOTEL NETWORK

Please reserve me a:

- Single room
- Double room
- Twin room sharing with
- Smoking
- Non-smoking
- Disability access

Please tick

- The Carlton Crest Hotel - $125.00 AUD
- IBIS Darling Harbour - Pyrmont View - $135.00 AUD
- IBIS Darling Harbour - Darling Harbour View - $155.00 AUD
- Novotel Century - $145.00 AUD
- Grand Mercure Apartments - Pyrmont View - $253.00 AUD
- Grand Mercure Apartments - Darling Harbour - $329.00 AUD

Check-In Date: [ ]/ [ ]/ [ ]
Check-Out Date: [ ]/ [ ]/ [ ]
No. of Nights: [ ]

Name: 
Organisation: 
Postal Address: 
Suburb/City: 
State/Territory: 
Country: 
Postcode: 
Ph (Work): 
Fax: 
Mobile Phone: 
Ph (Home): 
Email: (Please write clearly)

Room reservations for the Hotels must be accompanied by a deposit equivalent to one nights accommodation, or preferably quote a credit card number which we can pass onto the hotel to secure your room.

PLEASE SEND THE ACCOMMODATION BOOKING FORM DIRECTLY TO THE HOTEL NETWORK

ACCOMMODATION SECURITY DEPOSIT
ABN: 86 101 807 755
All rates include GST.