TheMHS Conference is an international mental health and psychiatric, educational forum, attracting over 1000 mental health consumers, carers/families, clinicians, managers, researchers, cultural and indigenous workers, educators and policy makers annually.

TheMHS 2010
20 years strong - and now a renaissance

Transcultural Mental Health Conference
This year TheMHS is joined by the NSW Transcultural Mental Health Centre (TMHC) who will be holding the Transcultural Mental Health Conference within TheMHS.

TheMHS: PO Box 192
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MESSAGE FROM
TheMHS 2010
CONFERENCE
CONVENOR

Drawing on history to fuel a rebirth of endeavour is the focus of this conference. What have we learnt, what can we build on and what should we discard? We look towards research to provide the needed evidence to underpin services, we look to consumers and their families and carers for guidance about where to make more effort and we look to service providers for practice based evidence to ensure what we are doing is helping. This year TheMHS is collaborating with the Transcultural Mental Health Conference and the University of Western Sydney’s Innovative Integration: roadmap to mental wellbeing Conference. Recovery, social inclusion, innovation and social justice are strong themes throughout the conference. The two international keynote speakers will draw on their past experience to fuel a fresh look at what recovery means for people with mental health problems. The local keynote speaker is well respected for her contribution to mental health reform and to the consumer movement. We provide specific points of interest through our Featured Symposia and innovative interactive presentations where everyone can have a say. I hope you will join us and contribute to our 20th TheMHS Conference.

Sadie Robertson, Convenor

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Rebirth and renewal
Lessons from history
Mental health service reform
Social justice and social inclusion
Clinical issues, policies, funding, research
Citizenship and lived experience
Digital innovations

TheMHS Conference 2010: 20 years strong: and now a renaissance

Since the first TheMHS Conference 20 years ago, many mental health reforms have been implemented. TheMHS has actively contributed to this reform and in celebrating its 20th Conference will be highlighting innovative models of mental health care. By looking back we can look forward, we can determine what has worked and what hasn’t and set about ensuring that we build on the strengths of the past. Renaissance is a rebirth. It is a time to revitalise mental health services through questioning policies and practices and implementing those that are effective. As each generation takes its place at the ‘reform table’, service providers, policy makers, consumers and carers and all other stakeholders seek to raise issues and pose questions from their individual perspectives. This conference provides an opportunity for all involved in mental health services to come together to discuss ideas, clarify thoughts, listen to and learn from others and to explore possibilities for the future.

Transcultural Mental Health Centre

8th Transcultural Mental Health Conference: Better Mental Health for All

The conference provides a range of papers to assist consumers, carers and professionals working in the field of mental health to understand the current mental health needs of Australia’s culturally and linguistically diverse (CALD) communities. The conference will also highlight recent research, evaluation and evidence based examples of best practice service delivery models of care for CALD communities.


An additional highlight this year is the concurrent, separate but integrated Mental Wellbeing Conference organised by the University of Western Sydney. See www.uws.edu.au/mentalwellbeing for details.

EARLYBIRD REGISTRATION CLOSES 29TH JULY
- BOOK EARLY TO GUARANTEE YOUR PLACE
**Anthony D. Mancini**, PhD, is an Assistant Professor in the Department of Psychology at Pace University in New York. He received his Ph.D. from Columbia University in 2004. His research and scholarly interests have focused on two areas: 1) the different ways that people respond to extreme adversity; 2) the role of mental health policy and program design in promoting recovery for people with severe mental illness. His work on mental health policy and program design has emphasized an autonomy-enhancing approach rooted in philosophical conceptions and empirical research on recovery and self-determination. To better understand the nature of human stress responding, he has applied advanced statistical techniques to map patterns of response and to identify the factors that predict them. He is the author of over 20 articles and book chapters, and lives in Brooklyn, New York.

**Title of Keynote Address:**
**Infusing Recovery Principles into Public Policy, Program Design, and Clinical Intervention.**

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**Peppe Dell’Acqua**

Peppe Dell’Acqua is the Director of the Department of Mental Health, Trieste, Italy. He is the author of several books: on families and people with schizophrenia; on the psychiatric reforms in Italy beginning with the influence of Franco Basaglia in the 1960s to the present day. He was the mental health consultant to the recently released film “In the city of the mad” (“C’era una volta della città dei matti”). He will give a talk in the Transcultural Mental Health Conference program and will introduce the film during the conference film festival.

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**Derrick Silove**

Derrick Silove is the Foundation Professor of Psychiatry and Director, Psychiatry Research and Teaching Unit and Centre for Population Mental Health Research, Liverpool Hospital and the University of New South Wales; Visiting Professor, Karolinska Institute, Stockholm, Sweden; Chairperson of the Scientific Committee on Disasters, World Federation of Psychiatric Users and has been a delegate to a Disability Panel of Experts at the UN. Leonie is a community member of the Guardianship and Mental Health Review Tribunals in Australia and a founding member of the Australian Consumer Network. During the first National Mental Health Strategy she was Deputy Chair of NCAG and a member of the Australian Health Ministers Advisory Council in mental health. She has served as the Executive Officer of the Mental Health Coordinating Council of Australia, the Chair of Disability Council of NSW, the Co-Chair of the World Federation of Psychiatric Users and has been a delegate to a Disability Panel of Experts at the UN. Leonie describes herself as a consumer and a passionate activist and advocate for the human rights of people with mental illness and their families.

**Title of Keynote Address:**
**Looking Forward, Looking Back: Reflecting on Consumer Partnership and Change.**

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**Leonie Manns** has been a key player in the mental health field in Australia for over 20 years. She was a member of NSW Consumer Advisory Group for Mental Health and the National Community Advisory Group (NCAG), an inaugural member of the Mental Health Council of Australia and a founding member of the Australian Consumer Network. During the first National Mental Health Strategy she was Deputy Chair of NCAG and a member of the Australian Health Ministers Advisory Council in mental health. She has served as the Executive Officer of the Mental Health Coordinating Council of Australia, the Chair of Disability Council of NSW, the Co-Chair of the World Federation of Psychiatric Users and has been a delegate to a Disability Panel of Experts at the UN. Leonie describes herself as a consumer and a passionate activist and advocate for the human rights of people with mental illness and their families.

**Title of Keynote Address:**
**Evidence-based recovery. Helping professionals - the consumer’s knowledge.**

---

**Alain Topor** is a psychologist and assistant professor at the Department of Social Work, Stockholm University. He also works as head of the Department of Research and Development at Psychiatry South, Stockholm. His career has included work as a family therapist, supervisor and psychologist in both social work and psychiatry, as well as experience working as a journalist. He was involved in the closure of Stockholm’s two mental hospitals and also contributed to the development of social alternatives to these institutions. Most recently he has been conducting research into the recovery process of people with severe mental problems, the coping strategies of people hearing voices and the role of social conditions and relationships in mental health and recovery.

**Title of Keynote Address:**
**Transcultural Mental Health Conference**

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**A PRELIMINARY PROGRAM IS AVAILABLE ON TheMHS WEBSITE**
Mental Health: Theory and Practice


In today’s society the internet is a major form of communication and the mental health field is no exception. At this year’s conference TheMHS will hold its inaugural e-café. This will promote quality online programs which focus on treatment, information, education, mental health promotion and/or mental illness prevention. Confirmed so far are: ANU’s e-hub (BluePages, MoodGYM, e-couch,BlueBoard, Beacon); MHPOD; COPMI. If your organisation has an e-health program which you would like to demonstrate at TheMHS e-café, please contact TheMHS office.

Program Highlights

Featured Symposia:
For more details on speakers and topics, go to www.themhs.org

1. Mental Health Online will showcase a range of new media technologies and will highlight the benefits and drawbacks of such web-based programs. With the expanding use of digital media for social networking, linking communities, education and research, there are increasing numbers of online sites that provide mental health information, education and treatment. Some examples of highly respected online programs will be presented as well as the research and evaluation of these programs. Speakers include: Professor Gavin Andrews (CRUFAID - NSW), Elizabeth Fudge (COPMI - SA), Kerry Graham (Inspire - NSW) and Martin Patfield (Greater West Area Health Service, NSW)

2. Social Business and Social Entrepreneurs: Convergence in the Public, Non-Profit and For-Profit Sectors
Social entrepreneurs have achieved revolutionary results in countries around the world, and Australia is experiencing a surge in seed funding for Social Businesses in the community sector. This symposium brings together Social Enterprise research, the Federal Government and Australian Community Managed Organisations, currently engaged in establishing “Profits For Purpose.” Speakers include: Senator Ursula Stephens (Federal Minister for Social Inclusion and Volunteering), Cheryl Kermot (Director, Centre for Social Impact, Uni NSW), Toby Hall (CEO, Mission Australia), Phil Nadin (CEO, Psychiatric Rehabilitation Aust.)

3. Leaders of the past and leaders of the future
This symposium will examine the consumer movement’s ongoing leadership dilemmas. Consumers in leadership positions in Australia and New Zealand present an interactive session to discuss issues such as representation, consumer employees, advocacy, mentoring and leadership styles. In keeping with the Conference theme of 20 years strong and now a renaissance the speakers will look back at history and forward to the future.

4. The Healing Power of Creativity
The Arts Therapies are a very effective method in assisting people with mental health problems towards recovery. They are a particularly helpful tool for a number of specific emotional and wellbeing needs. Experienced arts therapists will highlight the clinical advantages of using these modalities, including current research in the areas of grief and loss, preventative work for adolescents at risk and their families, and existential questions for older adults. This is a unique opportunity for consumers, carers and professionals to learn and to meet with these therapists who use creative modalities to access the healing power of creativity. Speakers include: Joanna Jaaniste (Dramatherapy – dementia, spirituality, older people), Maree Brogden (Art Psychotherapy – forensic psychiatry), Patricia Watts (Voice Therapy - loss & grief), Patricia Casben (Music Therapy- work with emotionally disturbed children), Adrian Lania (Dramatherapy – schools), Deborah Chiasholm.

5. Research informing practice; new frontiers in translational research in Mental Health
This symposium will highlight a range of ‘hot topics’ in mental health research, identifying key developments in genetics, neuro-imaging, and novel therapeutics with the potential to enhance future treatments. Find out how a simple brain wave test may one-day help to identify risk for schizophrenia, how cannabis really impacts the brain, how genetic advances could help to personalise drug treatments, and how a simple hormone may help people with a range of mental health issues improve their social functioning. Speakers include: A/Prof Philip Ward (UNSW), A/Prof Murat Yucel (Melbourne Neuropsychiatry Centre/Orygen), Prof Ma-Li Wong (John Curtin School of Medical Research), Adam Guastella (BMRI, Uni Sydney), Daniel Nicholls.

6. Building stronger, healthier communities for the next 20 years
This symposium focuses on building sustainable and culturally responsive mental health services and programs across the State of NSW. The current NSW Multicultural Mental Health Plan promotes and supports essential partnerships between policy makers, mental health service providers, specialist transcultural mental health services, non-government agencies and culturally diverse populations to achieve stronger and healthier communities. Speakers include: Regina Osten (NSW MHDAO), Prof Brian Kelly (CRRMH, Uni Newcastle), Neda Dusevic (InforMH) & Roy Laube (Transcultural Mental Health Centre).
Come to Sydney, Australia

Come to Sydney to experience the excitement and beauty of Australia’s greatest harbour city. Explore Darling Harbour for restaurants, shopping, the Chinese Gardens, Chinatown, IMAX theatre, Sydney Aquarium, Sydney Wildlife World, Australian National Maritime Museum, Powerhouse Museum, Star City Casino with its clubs, casino and Lyric Theatre. Dine alfresco at Cockle Bay Wharf, King Street Wharf or Harbourside Shopping Centre. Just a 10 minute walk from the Sydney Convention Centre is the central business district of Sydney. Further afield, visit vibrant Sydney neighbourhoods - Newtown, Glebe, Chinatown, The Rocks, Balmain, Leichhardt, Bondi, Coogee, Paddington, Darlinghurst, Kings Cross, Manly and Northern Beaches. For more information about activities and events in Sydney go to: www.sydney.com or www.visitsw.com or www.australia.com

Program Outline

Tuesday 14 September

TheMHS Forums and workshops
Each of TheMHS 3 Tuesday Forums is organised by a locally-based committee to highlight local, national and international issues. Each of the 4 TheMHS workshops focuses on a topic of specific interest to people working in mental health services. Forums and workshops may be a full day or half day – when booking please ensure that you do not register for concurrent forums or workshops.

UWS Mental Wellbeing Conference workshops
There are several clinical workshops organised by the UWS Mental Wellbeing conference on Tuesday. Visit www.uws.edu.au/mentalwellbeing for full details.

Wednesday 15 – Friday 17 September

TheMHS & NSW TMHC conferences
From Wednesday to Friday the conference program commences with keynote speakers in a plenary session which is followed by concurrent papers, snapshot papers, symposium, workshops, debates and a poster session.

UWS Mental Wellbeing Conference 2010
Conference sessions on Wednesday and Thursday run concurrently with TheMHS and TMHC.
Delegates for any of the 3 conferences who are registered for Wednesday and / or Thursday are welcome to attend any sessions on those days.

Tuesday 14 September 2010

8.00am Registration Desk opens
8.45am Welcome to Country
9.00am Consumer Forum
9.00am Carer/Family Forum
9.00am Indigenous Forum
9.00am Workshop 1: Double Trouble [full day]
9.00am Workshop 2: Leadership [half day]
9.00am Mental Wellbeing workshops
9.00am Workshop 4: Media Training for Consumers and Carers (half day)
1.30pm Workshop 3: Using Outcome Measures [half day]
6.30pm – 8.30pm Film Festival first night: It Can Be Done (Si Può Fare)

Wednesday 15 September 2010

8.00am Registration Desk opens
8.45am TheMHS & NSW TMHC - Conference opening, achievement awards presentation and keynote address
There will be 14 concurrent sessions throughout the day
5.00pm – 6.00pm Poster session
5.30pm Opening of Art Exhibition
6.00pm - 8.00pm Welcome Reception – for all Wednesday registrants
7.00pm - 9.00pm Film Festival second night: In the City of the Mad (Part 1)

Thursday 16 September 2010

8.30am Registration desk opens
9.00am Keynote Address followed by 12 concurrent sessions throughout the day
5.15pm Meetings of associations, groups (contact TheMHS Office for details)
6.00pm – 8.30pm Film Festival final night: In the City of the Mad (Part 2)

Friday 17 September 2010

8.00am TAMHSS meeting (Transforming Mental Health Services Network)
8.30am Registration desk opens
9.00am Keynote Address followed by 11 concurrent sessions throughout the day
4.30pm Close of conference
6.30pm Public Lecture by Peppe Dell’Acqua
WORKSHOP 1: Double Trouble – comorbidity (full day)

The combination of Alcohol and/or other drug addiction and mental health continues to pose significant challenges to the resources of our health system and impacts not only on the economy of our nation, but most significantly on the outcomes of those who experience this dual diagnosis. This workshop brings together respected researchers, clinicians and other health professionals in both the fields of Mental Health and Alcohol & other Drugs treatment to examine current trends of substance use, treatment delivery and outcomes. Presentations will include communities at risk; young people using substances recreationally; pregnant women; people in custody, and homeless people. One of the highlights of this workshop is the presentation on the comorbidity treatment guidelines formulated and implemented by Katherine Mills of the National Drug and Alcohol Research Centre. This workshop is for clinicians, researchers, policy makers, carers and consumers and includes opportunities for in-depth discussion and exchange of experiences.

WORKSHOP 2: Leadership & Mental Health (half day – morning)

All is changing. The recent COAG agreement inevitably means fundamental changes to the way that mental health services are delivered. The 4th National Mental Health Plan clearly sets the directions, namely promotion, prevention and early intervention, integrated services, social inclusion, recovery-oriented services and local partnerships with primary care. But how will these be achieved? We are told that approximately 70% of all change efforts in health fail. In this workshop we will explore what it is that makes change initiatives successful and focus on the challenges of implementation. This workshop is for managers, team leaders, advocates and anyone who takes on leadership roles in mental health services and organisations. Speakers: Tom Callaly, Executive Director and Clinical Director, Barwon Health, Victoria; Harry Minas, Director, Centre for International Mental Health, Melbourne School of Population Health, University of Melbourne; Laraine Toms, President of Carers NSW and Co-Chair of the NSW Mental Health Priority Taskforce; Carol Harvey, Director, Psychosocial Research Centre, Department of Psychiatry, University of Melbourne & Consultant Psychiatrist, NorthWestern Mental Health.

WORKSHOP 3: Using Outcome Measures to Assess Change (half day – afternoon)

Outcome measurement is now mandatory in all Australian public mental health services, private psychiatric hospitals, and is being increasingly used in the non-government sector. Outcome measurement is a constantly changing and evolving area, with new resources being developed, new and imaginative ways of using information being trialled. Measures collected at points in time can become indicators of progress and change when compared against each other. Tom Trauer, with Tom Callaly as moderator, will present this workshop on current thinking and practice on how measures can be used to assess whether change has occurred. Fundamental concepts in assessment of change will be presented and examples given. It is important to differentiate between change at the individual and at the group level because different methods are required. The workshop will be divided into 2 parts: individual change and group change. Workshop participants will have opportunities to discuss the practical applications of the measures and methods presented. Tom Trauer is Professor, University of Melbourne and Monash University; Tom Callaly is Executive Director and Clinical Director, Barwon Health, and Clinical Professor, School of Medicine, Deakin University.
CONSUMER FORUM
Many Voices One Movement
(full day)
Consumer Day 2010, an exciting program with something for everyone! The day will include a stigma busting exercise titled “You’re The Voice” celebrating the participation of consumers in their recovery journey and within the mental health system. Participants will hear from National leaders from Australia and New Zealand. All will participate in discussions on positive reforms, with consumers presenting on projects being implemented and sharing the process and outcomes. These will come from the 23 Big Issues list (see TheMHS website for more detail). The day will end with a Mad Pride Concert celebrating the creativity of people living with mental health issues. All welcome to a fun day, a strategic day, a celebration day!

INDIGENOUS FORUM
Wellbeing: Common interests, common goals, common wellbeing.
(full day)
The Indigenous Forum provides the opportunity for Indigenous and non-Indigenous people to come together and discuss issues of common interest and to work towards improving mental health care for Indigenous peoples. This will be an opportunity to showcase models of good practice in mental health care. How can the emotional, spiritual, cultural and social dimensions be included in these models? Do you have something to present about models of good practice in Indigenous mental health? Contact Tom Brideson directly Thomas.Brideson@gwahs.health.nsw.gov.au The Forum is particularly interested in hearing the voices of service users and carers to enable an improved understanding of mental health care. Everyone interested in Indigenous mental health is invited to come.

CARER/FAMILY FORUM:
Imagine …………
(full day)
Imagine a day that is dedicated to a creative and expansive view of carers. This Forum will challenge beliefs, unearth dreams and provide a smorgasbord of ideas. The day recognises and values the expertise of carers/families and their important and necessary role as people whose lives have been affected by mental illness. Just because something can’t be imagined yet, does not mean it’s impossible. Imagination and action can change the world. Come and join us to not only imagine the impossible, but also to take action to turn the possible into reality. Speakers include: Eva Cox, Vern Hughes

WORKSHOP 4:
Media Training for Consumers and Carers
(half day – morning)
This workshop aims to develop skills and knowledge around working effectively with the media to support accurate, sensitive and appropriate reporting of mental illness and mental health issues based on an understanding of the Mindframe principles. The workshop is designed for mental health consumers and carers. The topics to be covered are: overview of the evidence around media reporting of mental illness; key issues to consider when working with the media about mental health issues; a basic understanding of the structure and organisation of the media; skills and techniques to develop key messages based on personal stories; practical experience of being interviewed. NOTE: places are strictly limited for this workshop. Be early to apply to guarantee your place.
**WEDNESDAY**

**15 SEPTEMBER**

**8.45am: Opening and Mental Health Achievement Awards**

Delegates will be welcomed to country by an elder of the Eora people, the traditional custodians of the land. Opening addresses will be followed by the presentation of the bi-national Australian and New Zealand Achievement Awards for mental health services, for special contribution to mental health services and for media representation of mental health issues. Pat McGorry, Australian of the Year, will open the conference.

**5.00 – 6.00pm: Poster session**

All poster presenters will be available to talk with conference delegates in the poster hall. Please take the time to

**5.00pm: Art Exhibition Opening**

A coalition representing a number of Sydney’s Inner City NGOs will present an art exhibition at the conference. This coalition consists of NEAMI Darlinghurst, The Wayside Chapel, PRA Buckingham House and St Vincent’s Mental Health Service. This specially selected and curated exhibition will be on show throughout the conference. It will be officially opened at 5.00pm on Wednesday.

**6.00 – 8.00pm: Welcome Reception**

Come and catch up with friends and colleagues. Finger food, refreshments (including cash bar) and entertainment are provided. Watch out for updates and further details of the reception on the website.

**7.00pm: Film Festival**

Part 1 of In the City of the Mad – introduced by Peppe Dell’Acqua, mental health consultant to this film.

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**TUESDAY**

**14 SEPTEMBER**

**6.30pm: Film Festival – It Can Be Done**

In keeping with the strong transcultural content within the conference, two Italian films will be shown. The first film on Tuesday evening is called: It Can Be Done (Sì Può Fare). The second to be shown over 2 nights is called: In the City of the Mad (C’era Una Volta nella Città dei Matti). Both films are about emancipation from psychiatric institutions – fuller details are available on TheMHS website. Both are subtitled in English. Highly recommended! Starting times differ each night, so please ensure you look at the program. On Tuesday and Thursday nights there will be some nibbles and drinks prior to the film, while on Wednesday night there will be canapés and drinks at the Welcome Reception. There will be some time for discussion after the showing of the films.

**THURSDAY**

**16 SEPTEMBER**

**5.15pm: Meetings**

Groups, associations, societies are invited to hold their meeting during TheMHS Conference - the person booking this service must be registered as a conference delegate. Apply to TheMHS Office before 4 August for details.

**6.00pm: Film Festival**

Part 2 of In the City of the Mad – introduced by Peppe Dell’Acqua, mental health consultant to this film.

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**FRIDAY**

**17 SEPTEMBER**

**3.30pm: Final session Closing Ceremony**

The conference closing ceremony will include speakers, entertainment and the ceremonial handover of the TheMHS banner to next year’s conference committee.

**8.00am: TAMHSS breakfast meeting**

Open to TAMHSS members and everyone interested in becoming part of a network of people who want to improve and reform mental health services in Australia.

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**SPECIAL HIGHLIGHTS**

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THE WEATHER
Sydney’s average temperature range in September is a pleasant 11 – 19°C (52 – 66°F); rainfall is light and on average 2 out of 3 days are sunny.

PASSPORTS, ENTRY VISAS, CUSTOMS
All international visitors require a valid passport and visa for entry into Australia (most New Zealand visitors require a valid passport only).
Some useful websites are:
Tourist visas www.immi.gov.au
Customs and quarantine www.customs.gov.au
Quarantine www.affa.gov.au
(all food, plant and animal materials must be declared)
Foreign embassies www.dfat.gov.au

SYDNEY TRANSPORT
A network of buses, trains and ferries will take you to Sydney’s major tourist attractions including beaches, shopping precincts and the city’s famous eat streets. The main terminal for rail transport is Central Station, which is also the terminus for intra and interstate trains. Sydney Buses operates the red Explorer buses which provide the best means of transport to see the city’s key attractions. Circular Quay is a busy transport hub on the harbour with ferries, trains, buses, taxis and water taxis available.

AIRLINE TRAVEL
To book your airline travel, please go to your local travel agent or go to these websites:
www.airnewzealand.co.nz
www.qantas.com.au
www.virginblue.com.au
www.jetstar.com.au

TAXIS
The cost of a taxi from Sydney airport to the city is approximately $35-50. Further information available about taxis from Sydney airport website: www.sydneyairport.com

AIRPORT TRANSFERS
- Buses, Shuttles, trains
For information about ground transport to and from Sydney airport go to Sydney airport website: www.sydneyairport.com
TheMHS is a learning network for improving mental health services in Australasia. TheMHS mission is to:

- Recognise and promote quality collaborative research, practice, policy-making and education.
- Promote active involvement and inclusion of all mental health stakeholders.
- Advocate and promote leadership in the mental health field.

TheMHS provides a forum for the exchange of ideas, professional development, networking and debate for professionals, consumers, carers (families), and managers. TheMHS aims to promote positive attitudes about mental health and mental illness, and to stimulate debate that will challenge the boundaries of present knowledge and ideas about mental health care.

www.themhs.org

**TheMHS SYDNEY MANAGEMENT COMMITTEE** (in alphabetical order)

Tom Brideson, Andy Campbell, Cathy Chapman, Lynne Dunbar, Roger Gurr, Paula Hanlon, Kevin Kellehear, Leonie Manns, Peter McGeorge, Marilyn McMurchie, Vivienne Miller, Sadie Robertson, Alan Rosen, Maree Teesson

**TheMHS 2010 SYDNEY LOCAL COMMITTEES** (in alphabetical order)

Sadie Robertson (TheMHS conference convenor); Adam Lane (TheMHS program convenor); Maria Cassiniti (convenor Transcultural Mental Health program); Cathy Chapman (TheMHS Liaison); Michael Appleton; Jenna Bateman; Steve Bernardi; Tom Brideson; Andy Campbell; Lynne Dunbar; Michelle Everett; Nadia Garan; Paula Hanlon; Lynda Hennessy; Douglas Holmes; Vicki Katsifis; Fred Kong; Adrian Lania; Helen Madigan; Leonie Manns; Marilyn McMurchie; Yega Muthu; Daniel Nichols; Russell Roberts; Tully Rosen; Rhonda Wilson; Barbara Tooth.

**AUSTRALIAN AND NEW ZEALAND ACHIEVEMENT AWARDS**

These awards are given in recognition of innovations and achievements by mental health services, consumer organisations and individuals. TheMHS administers, and the governments of Australia and New Zealand fund these awards. A formal presentation of awards is made at the conference.

**TheMHS CONFERENCE BURSARIES – apply now!**

**Consumers:** TheMHS is pleased to be able to offer a limited number of bursaries for consumers to attend TheMHS conference. These bursaries provide airfares and a free registration, but do not include accommodation. Priority is given to those people who are presenting a paper, workshop, symposium or poster at the conference or forums, and who would otherwise have difficulty attending the conference due to financial reasons. Application forms are available as a download on TheMHS website. Be sure to apply early, as the first round of offers will be announced in July 2010. If there are still bursaries available after the first round are allocated, subsequent offers will be made.

**NSW mental health NGOs:** some concessional places are available – apply to MHCC for details.

**ACCOMMODATION RESERVATIONS**

Ozacom on behalf of TheMHS, has organised special reduced rates at nearby hotels. To obtain the special conference rate, accommodation must be booked via the Ozacom website. If price is an issue for you, **please book your hotel room AS SOON AS POSSIBLE** as hotel rooms fill up quickly. **TO BOOK:** go to www.themhs.org and follow the links to Ozacom accommodation service.
CONFERENCE SPONSORS 2010

TheMHS thanks the following sponsors

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MAJOR SPONSOR

Richmond Fellowship NSW

TMHC thanks the following sponsor

NSW Department of Health

CLOSING DATE FOR REGISTRATIONS

Your registration form and fees – by post or online – must be received by 3 September 2010. After this date, please contact TheMHS office. On-site registrations will be accepted, depending upon space availability, but must be accompanied by the total fee that is due. Earlybird registration fees must be received by 29 July 2010.

PROFESSIONAL DEVELOPMENT

If you require a certificate of attendance at this conference to fulfil your Continuing Professional Education (CPE) requirements, please fill in appropriate box on the Registration Form. Please collect your CPE certificate at the registration desk on the last day of your attendance at the conference. CPE credits are being applied for all mental health workers for this conference.

PRIVACY STATEMENT

Your name and contact details will be used only to notify you of future mental health related events organised by TheMHS. If you do not wish to have your details used for this purpose please contact TheMHS office.

INSURANCE

It is strongly recommended that delegates take out adequate medical, travel and personal insurance prior to the commencement of travel to cover any loss of fees, accommodation or airfares, should you be unable to participate in the conference for any reason.

DISCLAIMER

The information given by presenters at the conference does not represent the views of TheMHS, and does not constitute therapeutic advice. We strongly advise conference presenters to take out their own professional indemnity insurance.

In the event of industrial action, force majeure or other unforeseen disruption, the conference organisers do not take responsibility for any loss of monies incurred by conference delegates. We strongly advise conference delegates to arrange their own personal insurance.

The conference will not be liable for any participant failing to take out their own insurance.

Delegates and other invitees must observe the requests and, or directions of TheMHS and, or Sydney Convention Centre or their staff.

Further information about TheMHS Conferences is available from: www.themhs.org

Phone +61 (02) 9810 8700
Fax +61 (02) 9810 8733
Email info@themhs.org
Please register for both TheMHS conference and Transcultural Mental Health conference online at www.themhs.org

Follow the link on TheMHS website to register for the UWS Conference