WHY YOU NEED TO ATTEND

NETWORK – with leaders in mental health from Australia and New Zealand

LEARN – from over 300 presenters and keynote speakers to inform your thinking and practice

REINVIGORATE – your passion in mental health matters and solutions

ABOUT TheMHS CONFERENCE

28 years after the first conference held at Glenside Hospital in Adelaide, TheMHS Conference returns to Adelaide bringing together people from across Australia and New Zealand to stimulate debates that challenge present knowledge and ideas about mental health care and mental health systems.

TheMHS Conference is multidisciplinary and features presentations from NGO, public and private sectors of the mental health community.

TheMHS Conference promotes collaborative research, practice, policy-making and education.

THANKS to the following organisations for their support:

CONFERENCE HOSTS

GOLD SPONSORS

GOVERNMENT SPONSORS

Early Bird closes midnight	Tuesday 17 July 2018

TheMHS Learning Network is an international learning network for improving mental health services in Australia and New Zealand. We are an independent, registered charity run by a volunteer Management Committee.

Contact TheMHS Learning Network:

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info@themhs.org

@themhsorg
TheMHSLearningNetwork
www.linkedin.com/company/themhs/

We want YOU to be part of creating a positive future in mental health.

Don’t Delay - Book Your Seat Today at www.themhs.org and SAVE $300

LEARN • SHARE • CONNECT

with leaders in mental health from across Australia and New Zealand at TheMHS Conference 2018.
Hear the Whisper, Not the Roar: REFORM, REFLECT & REVIEW

Each person's mental health is different. People need opportunities to achieve their optimal level of mental health, and we all need to invest in that.

Changes in a person’s mental health often start in small ways, think of these changes as whispers. These can be missed. Therefore we need to listen more closely to what that whisper is telling us, rather than waiting for the roar before taking action.

Concepts of mental health and mental illness are changing. This conference will showcase evidence and experience of how we reform, reflect and review the supports and services we all provide.

Change is happening - in research, innovation, globalisation, connectivity, evidence-based practice, and the impact of stressors experienced by people. We need to reform supports and services, reflect on the effectiveness of these reforms, and give ourselves permission to review our work as we try to meet the ever-changing mental health needs of our community.

KEY DEADLINES
Early Bird Registration Tuesday 17 July
Exhibitor Bookings Monday 30 July

PRE-CONFERENCE DAY FORUMS
Tuesday 28 August
These forums will feature separate consumer and carer streams as well as some combined sessions
“Hear the Whisper, Not the Roar – Being Bold to Be Heard”

MAD PRIDE CONCERT
Tuesday 28 August at 5pm – Free Registration
A preliminary program will be available in May.

REGISTER ONLINE NOW @ www.themhs.org

“I always enjoy TheMHS – like a breath of fresh air that keeps me going in my work and helps me to refocus on what is really important – people, not systems!”

TheMHS Conference is “fabulous clusters of presentations including mental health, homelessness, forensic, peer workforce, personal stories and research”

REGISTRATION NOW OPEN

Conference Director, Vivienne Miller, welcomes you!

“Register now to celebrate with us in Adelaide – where TheMHS began in 1991”

Keynote Speakers

Michael Brown, UK
Chief Inspector and Mental Health Coordinator for the UK National Police Chiefs’ Council and College of Policing
“Not Just Doing the Wrong Thing Righter”

Shannon Jaccard, USA
CEO & Co-Founder Ballast Health, past CEO of NAMI (National Alliance on Mental Illness)
“Labels, Stigma & Shifting Perceptions in Mental Health”

Matt Ball, Australia
2017 ACMHN Mental Health Nurse of the Year, Full Member of Australian Association of Buddhist Counsellors and Psychotherapists.
“Professional and lived experience: Reflections on madness, compassion and love within the human to human relationship”

Greg Hunt, MP, Minister for Health and Presenter of The Mental Health Service (TheMHS) Awards of Australia and New Zealand in 2017

Featured Symposia

These symposia provide in-depth investigation of topics of interest in the mental health sector. 2018 topics include:
- Australian Alcohol Myths: Recent Trends and Innovative Responses
- Teaching Trauma To Next Generation Clinicians
- Past, Present, Future - National Consumer Mental Health Organisations
- Together: Engaging And Improving Mental Health For Aboriginal Communities
- All Things Are Not Equal: The Social Determinants of Mental Ill Health
- Young People Taking Over The Symposium

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