22nd Annual Conference
The Mental Health Services Conference Inc (TheMHS) of Australia and New Zealand

CONFERENCE PROGRAM

Cairns Convention Centre

21 – 24 August 2012
## CONTENTS

<table>
<thead>
<tr>
<th>Conference Program:</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 22 August</td>
<td>3-8</td>
</tr>
<tr>
<td>Thursday 23 August</td>
<td>9-15</td>
</tr>
<tr>
<td>Friday 24 August</td>
<td>16-20</td>
</tr>
</tbody>
</table>

### Program Changes:

Please check Notice Board for any last minute Program Changes

* (Asterisk) indicates a program change from the Book of Abstracts

<table>
<thead>
<tr>
<th>Meeting Room 9 - Exhibition/Ground Level</th>
<th>QUIET ROOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foyer, Level 1, Sheridan St side</td>
<td>SPEAKER PREP ROOM</td>
</tr>
<tr>
<td>Hall 2 - Exhibition/Ground Level</td>
<td>BOOTHS; SPONSORS; POSTERS; LUNCH, MORNING &amp; AFTERNOON TEA</td>
</tr>
</tbody>
</table>

Current as at 30.7.2012
**Opening Ceremony:** Delegates will be welcomed to country by Professor Henrietta Marrie Gimuy Walaburra Yidinji of Cairns.

22/8/2012 From: 0845 To: 0915 Venue: Hall A&B

**Opening Session:**

22/8/2012 From 0915 To: 1000 Venue: Hall A&B

**Opening:** Achievement Awards Presentation and Address by Professor Allan Fels

**S03 Keynote – Roberto Mezzina**

22/8/2012 From: 1000 To: 1100

**Keynote Presentation:** Venue: Hall A&B

Citizenship, Recovery and Crisis: Linking Social Action and Community-Based Service

1100 – 1130 Morning Tea in Hall 2

**S04 Three Faces of Change**

22/8/2012 From: 1130 To: 1300 Venue: Hall A&B

**Featured Symposium: Three Faces of Change**

Tom Brideson  Gracelyn Smalwood  Ernest Hunter

**S05 MH Workforce**

22/8/2012 From: 1130 To: 1300

**Papers 20’:** Venue: Hall C

**Peer Specialist and Carer Consultants working in Mental Health Units in SA: A follow up evaluation of Consumer, Carer and Staff Perspectives.**

Matthew Halpin  Charmaine Gallagher

**Workforce skilling towards a recovery-oriented service system.**

John Katsourakis  Jennifer Gordon  Sue Harrison

**No Suppression - Creating Citizenship.**

Paula Hanlon  Linda Mizzi

**S06 Symposium**

22/8/2012 From: 1130 To: 1300

**Symposium – 1hr:** Venue: Hall D

Recovery and Reconnection for people in Remote Communities.

Xenia Girdler  Wayne Harrington  Geoff Loehmayer

**S07 Peer Leadership**

22/8/2012 From: 1130 To: 1300

**Snapshots - Brief Paper 10’:** Venue: Meeting Room 1

**Conexus Magazine - A UCWPA creative arts magazine enterprise for consumers around Australia.**

Kristy Webb  Sharon Buer

**Taking Action: Engaging in Community Life.**

Beth Fogerty  Rebecca Murphy  Christine Strachan

**Peer to Peer, Not Pillar to Post: Why Authentic Inclusion of the Peer Workforce is a Citizenship Matter.**

Cassy Nunan  Julie Anderson

**Certificate 4 Peerwork: Development, facilitation and beyond.**

Deiniol Griffith

**Recovering Citizenship: Exploring the path from consumer participation to consumer leadership.**

Lana Woolf
Single Session Peer Work: a framework for peer support.
Peter McKenzie

S08 Citizenship: kids and adults
22/8/2012 From: 1130 To: 1300
Snapshots - Brief Paper 10*: Venue: Meeting Room 2
Time Out: Making a Real Difference in the Lives of Young People.
Toni Hines Caitlyn Seymour-Smith Shandell Holmes
Citizenship in a Licensed Residential Centre Boarding House. The ALI way.
Peg Ludwig
Team Work Increases Support and Recovery for Mothers.
Priscilla Yardley Suzanne Heppell
Implementing Indigenous Child and Youth Care Coordination. WITHEAN
Embedding the Principle of Citizenship in Practice to Create Opportunities and Pathways.
Delia O'Donohue Linda Rose
You're it, or, service transformation for adrenaline junkies.
Andrew Blythe Kate O'Keefe

S09 Collaboration, confidence, capacity, community
22/8/2012 From: 1130 To: 1300
Snapshots - Brief Paper 10*: Venue: Meeting Room 3 & 4
What is Best Practice for true collaborative participation between consumers carers and providers.
Ingrid Bentsen Sally Whyte
Developing a national consumer experiences of care tool. Who is it for anyway?
Brigid Clarke Wayne Weavell
Leisure Bank.
Helen McMullan
Consumer and Carer Representation building confidence and capacity.
Penny Thomas Louise Howe
Regaining citizenship; Connecting with community at Yakkalla.
Liz Kelly
Restructuring for Independent Citizenship.
Steven Dolman Brian Owen

S10 Quality, outcomes, ethics
22/8/2012 From: 1130 To: 1300
Snapshots - Brief Paper 10*: Venue: Meeting Room 5 & 6
How Mental Health Group Workers think about their practice
Michelle Swann
Bridging organisations through their code of ethics.
Evan Bichara Sandy Mulhauser
Measuring Outcomes. Not a problem for Centacare Ballarat
Gail McNaul Michelle Orr
Using Measures of Service Quality to Improve Client Outcomes.
Phil Eddy
Bringing Consumers and Carers to the Table - Collaboration in the development of Outcome Measures.
Tania Lewis
Carers Experience of Mental Health Care
Tim Coombs
* Client Management Systems—Struggle or success? Changing mindsets and using data to understand Recovery outcomes
  Jill Steverson—WITHDRAWN

S11 Citizenship: advocacy, employment, generations
22/8/2012 From: 1130 To: 1300
Papers 20': Venue: Meeting Room 7
Believe ... Achieve.
Peter Tos  Kerry Lynch  Lansi Lin  Rebecca Tsang
From Consumer to Carer and Back Again: Managing intergenerational mental illness and employment.
Fay Jackson
National Mental Health Consumer & Carer Forum (NMHCCF).
Michael Burge  Keiran Booth

S12 Creating better futures for aboriginal people
22/8/2012 From: 1130 To: 1300
Papers 20': Venue: Meeting Room 8
Creative Livelihoods - it's not just art it's a healing thing.
Michelle Leenders
Trauma: A pathway to prison for Aboriginal women.
Juanita Sherwood  Elizabeth Sullivan  Tony Butler  Lise Lafferty  Sacha Kendall
Cate Stanton  Grant Wilson  Matthew Salen  Paul Ryan

1300 – 1400 Lunch in Hall 2

S14 Cultivating Emotional Balance
22/8/2012 From: 1400 To: 1500
Workshop 1 hr: Venue: Hall A&B
Cultivating Emotional Balance-from adjustment to flourishing
Ivan Milton

S15 Recovery-orientated culture
22/8/2012 From: 1400 To: 1500
Papers 20': Venue: Hall C
Service Coordination: True Partners in Recovery or Just More Medical Model Approaches..
Tina Smith
Development of a National Framework for Recovery Oriented Mental Health Practice.
Ruth Vine  Leanne Craze

S16 Employment: social purpose organisations
22/8/2012 From: 1400 To: 1500
Papers 20': Venue: Hall D
Health Optimisation Program for Employment (HOPE) assists job seekers with mental illness to better manage their health in order to gain and maintain employment
Caitlin McDowell
Social enterprises: defining the role of social co-operatives in Trieste, Italy
Roberto Mezzina
S17  People Planning: count on it
22/8/2012  From: 1400 To: 1500
Workshop 1 hr: Venue: Meeting Room 1
Knowing the People Planning - count on it to change lives
David King  Carolyn Swanson  Barry Welsh  Clinician

S18  Physical and mental wellbeing
22/8/2012  From: 1400 To: 1500
Papers 20': Venue: Meeting Room 2
Wellbeing Unit a Multidisciplinary Model of Care for the Physical Health of People with Mental Illness.
Janice Plain  Kristine Grainger  Sharon Mak
HIV and mental health - a review of consumer experiences and can this be used to recover citizenship.
Michael Smith

S19  Overcoming self-abuse
22/8/2012  From: 1400 To: 1500
Workshop 1 hr: Venue: Meeting Room 3 & 4
SAFE in Sth OZ Self Abuse Finally Ends. A step by step to overcoming self-abuse, recovery program.
Jo Rugless  Annie Solcombe  Caitlin Sullivan

S20  Wellbeing and cultural diversity
22/8/2012  From: 1400 To: 1500
Workshop 1 hr: Venue: Meeting Room 5 & 6
Harmony Place's Well-Being Program.
Beatriz Martinez  Ruth Bello  Bronwynne Jettoo

S21  Better Access to Primary MH Care
22/8/2012  From: 1400 To: 1500
Round Table 1 hr: Venue: Meeting Room 7
Primary Mental Health Care Roundtable the implications of changes and new developments to the Better Access and Access to Allied Psychological Services (ATAPS) initiatives.
Harry Lovelock  Jenni Parham

S22  Recovering from trauma: personal, professional
22/8/2012  From: 1400 To: 1500
Papers 20': Venue: Meeting Room 8
Recovering citizenship - a personal perspective.
Cathy Kezelman
Restoring citizenship: trying to reform practice staff perspectives.
Toni Ashmore

1500 – 1530  Afternoon Tea in Hall 2

S24  Getting Older
22/8/2012  From: 1530 To: 1700
Papers 20': Venue: Hall A&B
Getting the message out to older people and their carers: depression and anxiety are not a normal part of ageing.
Sue Gherdovich
Developing a SMHSOP Acute Inpatient Unit Model of Care.
John Dobrohotoff
Ourselves - getting older. Reflecting on thirty years of mental health consumer advocacy and action.
Meg Smith

**S25 Personal road to recovery**
22/8/2012 From: 1530 To: 1700
*Featured Symposium:* Venue: Hall C
**The Personal Recovery Journey - the road to citizenship**
Paula Hanlon  Michael Appleton  Paul O'Hara  Linda Mizzi  Douglas Holmes  Lynda Hennessy

**S26 Supporting employment, understanding recovery**
22/8/2012 From: 1530 To: 1700
**Papers 20':** Venue: Hall D
**Partnerships for Employment: The perfect match for getting jobs for people with a serious and persistent mental illness.**
Luisa Adesso  Catherine Skate
**Understanding the domains and later stages of the recovery journey: Insights gained from Clubhouse members.**
Nicola Hancock  Anita Bundy  Anne Honey  Mark McMahon  Sally Tamsett
**Mindful Employer: A SANE response to mental illness at work.**
Charmaine Smith

**S27 Supporting carers/families**
22/8/2012 From: 1530 To: 1700
**Snapshots - Brief Papers 10':** Venue: Meeting Room 1
**The evolution of a 30 year support group.**
Susana Bluwol
**Caring for Carers - Supporting the front line of mental health**
Adrienne Mary Hicks  Bernie Triggs
**Reaching ‘Hidden’ Carers through Integrated and Collaborative Service Delivery Model: A case study of Mental Illness Fellowship Victoria’s Family Service Program in Melbourne West.**
Yonas Mihtsuntu
**Enhancing carer peer support through clinical and non-government collaboration to deliver support early in the caring journey.**
Amber Scanlon  Amanda Gillam  Frances Sanders  Carmel Pardy
**Mental Health is not a solo excursion.**
Rita O'Toole  Paula Westhead  Reima Pryor
**Overview and evaluation of the Victorian ARAFEMI Mental Health Carer Advocacy Program: Carer and organisational experience of advocacy interventions.**
Michelle Swann  Frances Sanders

**S28 General Practice initiatives**
22/8/2012 From: 1530 To: 1700
**Papers 20':** Venue: Meeting Room 2
**Physical Health - Recovering Our Citizens.**
Jordan Stephenson  Patrick Roe  Teresa Kelly  Carolyn Bolton  Jessica Schwartz
**Clozapine patients can successfully be transitioned into GP Shared-Care or private psychiatrist care.**
Stuart Lee  Sacha Filia  Alyson Wheelhouse  Sally Wilkins  Anthony de Castella
**Mental Health Nursing in General Practice a new Paradigm.**
Meni Stefanovski  Josephine Tan
<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>S29</td>
<td>Aboriginal communities</td>
<td>22/8/2012</td>
<td>From: 1530 To: 1700</td>
<td>Papers 20': Venue: Meeting Room 3 &amp; 4 Adapting DBT for Aboriginal Communities. Maxine Fennell Gabriella Den Hollander Now we can talk the talk, how do we walk the talk: Implementing the key principles of care for older Aboriginal people living with a mental illness. Chontel Gibson Calling Australia’s leading family practitioners. Cape York Family Centre (Cooktown) John Pead Oriel Murray Bruce Adams Tamara Bridges</td>
</tr>
<tr>
<td>S30</td>
<td>Community-based care</td>
<td>22/8/2012</td>
<td>From: 1530 To: 1700</td>
<td>Papers 20': Venue: Meeting Room 5 &amp; 6 Evaluation of a 4 week Rehabilitation Assessment program at St Vincent’s Mental Health Community Care Units: mental health consumers and clinicians perspective. Jodie Key Corinne Owens Michael Wilson Melissa Petrakis A Front Door of My Own - From institution to community. Dorothy Belperio Paula Hakesley Gayle Goodman Janice Hogan Citizenship of Mental Health Intellectual Disability to our Community. Jenny Cardno Sandy Smith</td>
</tr>
<tr>
<td>S32</td>
<td>Social inclusion; physical health</td>
<td>22/8/2012</td>
<td>From: 1530 To: 1700</td>
<td>Papers 20': Venue: Meeting Room 8 Citizenship - A sentimental idea or the next major step. Anthony Stratford Social inclusion an important indicator of recovery Tim Coombs Measurement of physical and mental health are they really that different. Tim Coombs</td>
</tr>
</tbody>
</table>

Welcome Reception and Contemporary Aboriginal Dance and Didgeridoo performance. From: 5.10 – 7.30pm Venue: Hall 2, Exhibition/Ground Level

Belonging Art Exhibition Opening From: 5.10pm Venue: Hall 2 and Foyer Areas, Exhibition/Ground Level & Level 1
CONFERENCE PROGRAM
Thursday 23rd August 2012

S35  Keynote - Mick Gooda
23/8/2012  From: 0900 To: 1000
Keynote Presentation:  Venue: Hall A&B
Mental illness and cognitive disability in Aboriginal and Torres Strait Islander prisoners – a human rights approach

1000 – 1030 Morning Tea in Hall 2

S36  Recovery, early psychosis, evaluation
23/8/2012  From: 1030 To: 1230
Papers 20’:  Venue: Hall A&B
Can prospective memory performance in individuals with early psychosis benefit from implementation intention.
Chris Lloyd  Philip Williams  David Shum  Nasseema Khoyratty
Effective consumer involvement in the establishment of an Early Psychois Service.
Chris Lloyd  Michelle Edwards  Gabrielle Vilic  Philip Williams  Kathy Turner
Early Psychosis in Mainstream Mental Health, The St Vincent’s Experiment 6 years on: Integration Not Fragmentation Part 2.
Graeme Doidge
Promoting recovery via an integrated model of care to deliver a bed-based, mental health Prevention and Recovery Centre.
Stuart Lee  Laura Collister  Simon Stafrace  Elizabeth Crowther  Jayashri Kulkarni

S37  Employment.
23/8/2012  From: 1030 To: 1230
Featured Symposium:  Venue: Hall C
Employment.
Kristy Sanderson  Geoff Waghorn  Phil Nadin

S38  Cultural diversity; rural communities
23/8/2012  From: 1030 To: 1230
Papers 20’:  Venue: Hall D
Engaging CALD communities In Mental Health - Thinking outside the square.
Angela Devoti
Culturally and Linguistically Diverse (CALD) consumers’ participation in quality improvement.
Hannah Gardner
Rural Outreach for Locally Led Outcomes.
Cecilia Moar  Sandy Rawson
Supporting recovery and citizenship across cultures: A self appraisal and supervision tool for people working in the mental health sector.
Ofelia Rivera

S39  Improving physical health
23/8/2012  From: 1030 To: 1230
Snapshots - Brief Paper 10’ Venue: Meeting Room 1
Improving the physical Health of people with a mental illness in Sunbury.
Bernard Heaney  Bernadette Hetherington
Tobacco and Mental Illness, A national project.
Deiniol Griffith
Smoking-creating responses to increase recovery and participation.
So You Think You Have a Good Advanced Directive. Think Again! Have you included decisions you have made regarding your physical health.

Fay Jackson

Smoking Reduction Program Presentation.

Elise Tomkins  Jacqui Anketell  Trish Jochheim

Citizenship and BPD.

Judy Burke  Bob Burke

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S40 Sensory-based approaches
23/8/2012  From: 1030 To: 1230

Qualitative findings from a pilot study examining the use of sensory interventions in New Zealand acute mental health services.

Daniel Sutton  Kirsten van Kessel

Establishing Sensory Based Approaches in Mental Health Inpatient Care: A Multidisciplinary Approach.

Angela Chalmers  Sophie Harrison  Kade Mollison  Noel Molloy  Kelly Gray

Mindfulness and sensory modulation strategies to regulate arousal and emotional reactivity in young adults in acute care.

Julia Bowman  Amy Wilson  Elisabeth Marsland  Deborah Redman

Sensory-based Approaches to Managing Distress: The theory that supports the practice.

Daniel Sutton  Kirsten van Kessel  Carolyn Swanson  Anne MacDonald  Andrea Dempsey  Michael Wilson

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S41 Symposium: NCPIC on Cannabis
23/8/2012  From: 1030 To: 1230

NCPIC Symposium: Cannabis, young people and mental health.

John Howard  Anna Michalopolous  Dion Alperstein  Kanina Hickey  Sonia Cox  Dion Alperstein  Greg Soames

Workshop 1 hr: QuikFIX Workshop - A Brief Motivational Interviewing Intervention for Cannabis Use and Mental Health.

Etty Matalon  Leanne Hides  Dan Lubman

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S42 Citizenship framework
23/8/2012  From: 1030 To: 1230

Workshop 1 hr: Allies in mental health? The role of privilege and power in recovering citizenship

Emma Ladd  Flick Grey

Symposium - 1 hr:

A citizenship framework: How can mental health services support the recovery of citizenship.

Helen Paris  Hamer  Carolyn Swanson  Anne McDonald

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S43 Citizenship framework
23/8/2012  From: 1030 To: 1230

Recovery and involuntary mental health admissions: The importance of control, relationships and hope.

Marianne Wyder  Robert Bland  David Crompton

Freeing up existing resources to enable access.
Andrea Taylor  Glen Bowcock  Peter Thomas
Organisational Transformation to Recovery-oriented practices: Challenges and Rewards.
Dorothy Dunne  Wolf Scott
Building capability for acute community care- training in crisis resolution & home treatment.
Paul O'Halloran

S44  Body and mind
23/8/2012  From: 1030 To: 1230
Papers 20': Venue: Meeting Room 8
Partnerships Leading to Better Practice: Pursuing the National Mental Health Plan for Victorians with an Eating Disorder.
Felicity Lawrence  Philippa Harrison  Jani White
The experience of weight gain by people taking second generation antipsychotic medication: The family perspective.
Lea Scheltens  Kim Usher  Tanya Park
A nurse led intervention on weight gain for people with serious mental illness: results of a randomised control trial.
Tanya Park  Kim Usher  Kim Foster  Petra Buettner
Keeping the body in mind: Time to get active.
Stephanie Webster  Jackie Curtis  Andrew Watkins  Julio De La Torre

S45  Lunchtime Poster Session
23/8/2012  From: 1300 To: 1330
Posters: Venue: Hall 2 - Exhibition/Ground Level
Gail McNaul  Michelle Orr
Re-covering mental health promotion as a tool for improving outcomes for Indigenous women, infants and their families.
Sarah Davies-Roe
Promoting citizenship among Consumer and Carer Representatives.
Penny Thomas
Conexus Magazine Bumper Issue Cover.
Damien Phillips  Kristy Webb
Reviewing personal recovery strategies for mental health and promoting change.
Mary Ward
23 Big Issues
Douglas Holmes

Achievement Awards Posters
23/8/2012  From: 1300 To: 1330  Venue: Hall 2 - Exhibition/Ground Level
Posters: Caritas – A Star Ward
Douglas Holmes
Facilitating transfer of training through values clarification and coaching
Frank Deane
MHPOD (Mental Health Professional Online Development)
Penny Tolhurst
Our Consumer Place
Flick Grey
H2M: HIV & HCV Mental Health in Primary Care
Kurt Andersson-Noorgard

Rural consumers make their Mark
Elizabeth Martin
Team work increases support and recovery for mothers
Priscilla Yardley
Keeping Families in Mind
Elizabeth Fudge

1230 – 1330 Lunch in Hall 2

S46 Recovery after disasters
23/8/2012 From: 1330 To: 1500
Papers 20’: Venue: Hall A&B
Brendan Hedger Chris Druce
Recovery Stress following Natural Disasters: What are Mental Health Priorities.
Rob Gordon
The National Alliance For Rural And Remote Mental Health.
Russell Roberts

S47 Consumer- run employment
23/8/2012 From: 1330 To: 1500
Symposium - 1.5 hrs: Venue: Hall C
From consumer participation to consumer run-services: valuing & utilising lived experience and reclaiming citizenship.
Indigo Daya Sandi Noble Janet Karagounis Judith Drake Gail Fujiwara

S48 Narrative tools
23/8/2012 From: 1330 To: 1500
Workshop 1.5 hrs: Venue: Hall D
When is a story not just a story. Narrative as a valuable tool for consumers to use in the education of the community, schools, general practitioners and just about everyone in between.
Merinda Epstein Wanda Bennetts

S49 Working towards Social Inclusion
23/8/2012 From: 1330 To: 1500
Snapshots - Brief Paper 10’: Venue: Meeting Room 1
You don’t have to be mad to work here but that’s how I got the job.
Louise Howe
The Comprehensive Assessment Process: Kick-starting recovery for people with Severe Mental Illness in a Community Care Unit setting.
Alicia King
Systems which enable social inclusion.
Michelle Quirk Chris MclInnes
Bianca Holgate
The Bridging Program: Utilising principles of assertive community treatment without the team.
Luis Enrique Albornoz
Woe to Go - A New Way of Recruiting and Selecting Staff.
Craig Stanley-Jones Arthur Papakotsias
Coaching as a Service Improvement Mechanism.
Craig Stanley-Jones Arthur Papakotsias

S50 Partners in Depression
23/8/2012  From: 1330 To: 1500
**Symposium - 1 hr:** Venue: Meeting Room 2
**Partners in Depression - Supporting those who care.**
Emma Cother  Katie McGill  Deanna Pagnini  Tania Ewin  Elena Terol

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**S51 Trauma informed care**
23/8/2012  From: 1330 To: 1500
**Symposium - 1.5 hrs:** Venue: Meeting Room 3 & 4
**Trauma Informed Care - a paradigm shift.**
Sabin Fernbacher  Sandra Boughton  Sandy Jeffs  Robyn Humphries

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**S52 Peer workers & community**
23/8/2012  From: 1330 To: 1500
**Papers 20’:** Venue: Meeting Room 5 & 6
**Rediscovering Citizenship in the Recovery Domain; A Discussion About the MI Recovery Program.**
Cassy Nunan  Julie Anderson
**The evolution of the peer support worker role in community mental health.**
Jill Farrelly
**Implementation of Targeted Community Care Mental Health.**
Jill Farrelly

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**S53 Measuring outcomes**
23/8/2012  From: 1330 To: 1500
**Papers 20’:** Venue: Meeting Room 7
**Sharing Perspectives - Driving a Culture of Recovery!**
Lisa Jones
**NOCC Strategic Directions: Where are we heading.**
Sarah Anstey
**Well-being accounts linking individuals to the state.**
Suellen Donnelly

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**S54 Rights: parents & children**
23/8/2012  From: 1330 To: 1500
**Papers 20’:** Venue: Meeting Room 8
**Stepping into their Shoes - a mental health response to embracing the rights of children and parents.**
Rosemary Lawton  Harry Gelber
**Recovering 'parent-ship.'**
Elizabeth Fudge  Amanda Waegli

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**1500 – 1530 Afternoon Tea in Hall 2**

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**S56 Wellness and work**
23/8/2012  From: 1530 To: 1700
**Papers 20’:** Venue: Hall A&B
**The Queensland Employment Specialist Initiative: a multi-site randomised controlled trial.**
Geoffrey Waghorn
**Wellness Through Work: Getting Employment and Education on the Inpatient Agenda.**
Catherine Skate  Daniel Angus

**Walking our Talk: Re-covering consumer worker rights to mentally healthy workplaces**
S57  Improving access  
23/8/2012 From: 1530 To: 1700  
Papers 20': Venue: Hall C  
Hope and recovery: A consumer run program in mental health.  
Chris Lloyd  Gabrielle Vilic  Philip Williams  
Partnership between Improving Access to Psychological Therapies (IAPT) and Mind.  
Rana Grace  Julianne Watson  Paige Knott  
The First Improving Access to Psychological Therapies (IAPT) service to provide follow-up from an Emergency Department.  
Julianne Watson

S58  Art and Activism  
23/8/2012 From: 1530 To: 1700  
Symposium -  1.5 hrs: Venue: Hall D  
Artivism, Act-ivism and Activism: Answering back to the psy-complex, mental-health-justified oppression and social injustice.  
David Fryer  Magi Rai  Paul Duckett  Rhonda Dixon Grovenor  Rose Stambe  Magirai Carmody  Steph Hicks  Sahra Dauncey  Seonaid Linn  Rufus May

S59  Treatment and prevention  
23/8/2012 From: 1530 To: 1700  
Papers 20': Venue: Meeting Room 1  
Suicide prevention in the Australian Mental Health Sector.  
Sarah Coker  
Delay to seek treatment for alcohol use disorders in the Australian population,  
Cath Chapman  Tim Slade  Caroline Hunt  Maree Teesson  
Comorbidity of anxiety, affective and substance use disorders in the Australian population: which comes first and what does it tell us.  
Tim Slade  Pete McEvoy  Cath Chapman  Rachel Grove

S60  Improving practice  
23/8/2012 From: 1530 To: 1700  
Papers 20': Venue: Meeting Room 2  
Improving clinicians' practice in providing service to families and carers.  
Christina Pead-Erbrederis  David Brophy  Hannah Jewell  
The Bridge to consent.  
Linda Weedon  Rhonda Wilson  
Reviewing the National Practice Standards for the Mental Health Workforce and developing mental health competencies.  
Penny Tolhurst  Simone Trembath

S61  Trauma informed care  
23/8/2012 From: 1530 To: 1700  
Workshop  1.5 hrs: Venue: Meeting Room 3 &4  
Trauma Informed care workshop - A consumer perspective.  
Liz Mullinar  Helen Thompson  Daya Henkel

S62  Refugees: Asia-Pacific  
23/8/2012 From: 1530 To: 1700
Papers 20': Venue: Meeting Room 5 & 6
Refugee Family Reunification, Mental Health and Settlement Outcomes.
G.E. Poole  Chaykham Choummanivong
Supporting the mental health of newly arrived refugees.
Wendy Zerner  Greg Turner
Promoting citizenship for people living with mental illness in Promoting citizenship for people living with mental illness in the Asia Pacific: Asia Australia Mental Health.
Margaret Goding  Brigid Ryan  Kate White  Cynthia Agustin  Chee Ng

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S63  Personal journey dilemmas
23/8/2012  From: 1530 To: 1700
Papers 20': Venue: Meeting Room 7
Letting others hear your Voice(s)  Making the decision to disclose.
Judith Drake
Recovery and Citizenship: Our Stories.
Jacob Lance  Joseph
Coming Out and Making the Team: The advantages and risks of disclosure.
Peri O'Shea

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S64  Improving care
23/8/2012  From: 1530 To: 1700
Papers 20': Venue: Meeting Room 8
Improving Consumer Feedback and Complaints Management.
Debbie Bridgeford
Seclusion, trauma, and post incident support: An Australian study.
Stuart Lee  Fiona Whitecross  Amy Seeary
How I overcame seclusion shock, began my true recovery and started becoming a citizen again.
Keir Saltmarsh

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Film: Insatiable Moon (repeat)  5.30 - 7.30pm – Venue: Meeting Room 1, Level 1
Film Presentation: Community and Environmental Healing  5.30 – 6.30pm Venue: Meeting Room 8, Level 1

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Friday 24th August 2012

Breakfast Meeting
24/82012 0745am Venue: Meeting Room 1
TAMHSS (Transforming Mental Health Services Network)

S76 Keynote Address and Special Presentation: Venue: Hall A&B
24/8/2012 From: 0900 To: 1015
Hon Mark Butler, Minister for Mental Health and Ageing
S76 Keynote – Rufus May
The Quest for Freedom

1015 – 1045 Morning Tea in Hall 2

S77 Mental Health Commissions
24/8/2012 From: 1045 To: 1245
Featured Symposium - 2 hrs: Venue: Hall A&B
Mental Health Commissions - symbols or levers of reform.
Chair: Alan Rosen. Opening Speaker: Hon Mark Butler. Introduction: Hon Helen Morton
MLC (WA). Speakers: Louise Bradley, Canada; Lynne Lane, Peter McGeorge, New Zealand; Georgie Harman, Australia (national); Eddie Bartnik, WA; Bill Kingswell, QLD, Lesley Van Schoubroeck, Sebastian Rosenberg

S78 1. Symposium: Service roles, boundaries
24/8/2012 From: 1045 To: 1245
Symposium - 1 hr: Venue: Hall C
Services, Roles and Boundaries: Exploring the WHO, WHAT and WHERE of Mental Health Services in a Changing Multi-Sector World.
Tully Rosen  Tina Smith  Jenna Bateman
2. Symposium - 1 hr: Venue: Hall C
Working together, working better: An inter-disciplinary case study panel discussion.
Nicky Bisogni  Janne McMahon  Evan Bichara  Mary Emeleus  Roger Gurr  John Farhall

S79 Learning, benchmarking, art
24/8/2012 From: 1045 To: 1245
Papers 20': Venue: Hall D
Web based Learning connecting Day to Day Living Program service providers with recovery oriented practice.
Melody Edwardson  Helen Glover
Art Bridges the Gap.
Carolyn Noel
Mental Health Professional Development - recovery online.
Michael Blair
Building consumer and carer involvement in clinical benchmarking
Joanne Sharpe  Peri O'Shea

S80 Inclusive communities
24/8/2012 From: 1045 To: 1245
Snapshots - Brief Paper 10': Venue: Meeting Room 1
European Football: The experience of young people with psychosis.
Chris Lloyd  Philip Williams  Michael Paterson

Social Inclusion as a Determinant for Mental Health.
Carlie Grove  Dianne Lewis  Kara Holmes
Analysis of strategies used during personal journey of over sixty years of hospital treatment including five years of PTSD
Mary Ward

*In Our Words* Writing Group.
Jennifer Swist  Louise Witherell

**Trauma and the Move Towards Citizenship.**
Glenda Blackwell

The impact of an education and support group for carer’s of people with mental illness.
Luisa Adesso  Geraldine Albornoz

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**S81 Treatment and co-ordination**
24/8/2012  From: 1045 To: 1245

**Papers 20’**: Venue: Meeting Room 2

*Care Coordination: A Holistic Approach to Supporting Consumers with Multiple and Complex Needs.*
Cathy McKenzie  Frances Walker

Implementing a Strengths Based Model of Recovery in a Hospital Based Community Mental Health Team.
Peter McGeorge  Kay Wilhelm  Andrew Wilson  Steve Bernardi  Helen Vidler

*Psychiatric triage use by repeat contact consumers: an evaluation of frequency and severity of presentations and discharge outcomes.*
Terri Hunt  Melissa Petrakis  Bryan Bowditch

**Communication and AAC in Mental Health.**
Natalie Albores

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**S82 Workshop: MH First-Aid**
24/8/2012  From: 1045 To: 1245

**Workshop 1 hr**: Venue: Meeting Room 3 & 4

*Early intervention in the school setting: Mental Health First Aid Training as an evidence based approach to developing school community support for young people with mental illness.*  **WITHDRAWN**
Laura Hart  Claire Kelly  Betty Kitchener  Anthony Jerm

**Symposium - 1 hr**: Venue: Meeting Room 3 & 4

Reading the tea leaves - understanding mental health data.
Toni Ellis  Bill Kingswell  Grant Sara  Ruth Catchpoole

*Note: this symposium commences at 11.45am*

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**S83 1. Symposium: Families**
24/8/2012  From: 1045 To: 1245

**Symposium - 1 hr**: Venue: Meeting Room 5 & 6

Asking the right questions: What works well with families where a parent has a mental illness.
Fiona McIlwaine  Melinda Goodyear  Hannah Jewell  Imogen O'Neill  Greg U'ren  Rose Cuff  Jennifer Power

2. Workshop: Rehabilitation martial arts

**Workshop 1 hr**: Completing the Rehab Circle - A Rock and Water Approach.
Bronwyn Lunt  Roslyn Poole

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**S84 Collaboration Consumers Families**
24/8/2012  From: 1045 To: 1245
Sustaining Consumer and Carer Participation.
Ailsa Rayner  Joe Petrucci  Samantha Sanbarossa

Evaluation of the ON FIRE peer support program for children and adolescents in families affected by mental health issues.
Kim Foster  Ingrid McPhee  Judith Fethney  Andrea McCloughen  Peter Lewis

Effective Discharge Planning: Consultation and Collaboration with Families and Carers.
Michelle Swann

Peer support at the coalface: the Consumer Companion Program.
Karen McCann  Rick Austin

First Things First: People with mental illness who experience homelessness creating a home and building lives through the Doorway Enhanced Housing First Demonstration Project.
Tracey Swadling  Ruby Partland

All the time inside: Stigma, Community Participation and Family Empowerment.
Maris Depers  Trevor Crowe

Happening at home -Providing Emergency Crisis Resolution and Psychosocial Support for Clients
Michelle Hilton

Pamela Rutledge  Phil Nadin

1245 – 1345 Lunch in Hall 2

Recovery from Natural Disasters
24/8/2012 From: 1345 To: 1515

Featured Symposium - 1.5 hrs: Venue: Hall A&B
Recovery from Natural Disasters: the case of Far North Queensland.
Michael Wilson  Tony Sansom-Gower  Kim Usher  Nick Rayner  Pauline Coffey  Suellen Donnelly

Belonging Bagels and Beyond - Cafe Culture embraces Social Inclusion.
Sally Carr  Jacqui Gibson

Community Rehabilitation Centres - Reform, redesign and improved consumer outcomes - a progressive journey
John Strachan  Matt Ballestri  Heather Gibb

The move to an integrated community team: supporting ‘recovery.
Liz Prowse  Alison Pickering  Danny Tapscott

Services and rights
24/8/2012  From: 1345 To: 1515
Papers 20': Venue: Hall D

Does Involuntary Commitment Deny Entitlement to Voting and therefore removes the Rights of Citizenship?
Ann Smith  Zinaida Comely  Sharon Lawn  John McMillan

Is Recovery and Citizenship the Road Less Travelled.
Catherine Flanagan  Eleanor Gatto

S90  Consumer participation, community engagement
24/8/2012  From: 1345 To: 1515
Snapshots - Brief Paper 10':  Venue: Meeting Room 1
Brainwaves 3CR, Community Engagement through Radio
Mel Kelleher  Ben Rinauld

Tell us your story.
Catherine Fox  Bernadette Brady

Not another Consumer Reference Group: Why the Victorian CALD Consumer Reference Group is making the world of difference.
Evan Bichara  Jacqui Gibson

Consumer participation as a process to reclaim citizenship.
Julie Anderson  Darren Freak

Ambassadors of Hope Project Mind Australia
Jon Martin

Sharing The Recovery Experience.
Anisa Ross

Who's the Expert - The Hearing Voices Support Group Journey.
Karen Backhouse  Karen Hanzel-Jones  Sam Higgins  Lorrie Louws

S91  Hearing Voices
24/8/2012  From: 1345 To: 1515
Papers 20':  Venue: Meeting Room 2

Our Journey - Voice Hearing Support Group at Bawu Living Skills Centre.
Nancy Ong  Jennifer Sabharwal

What it means to be 'out and proud' at work - when hearing voices is no longer a secret.
Maggie Toko

Improving outcomes and reducing formal paid support for individuals living with a mental illness, through a recovery oriented service delivery framework
Chantelle Ritchie  Adrian Burke

S92  Gender and citizenship
24/8/2012  From: 1345 To: 1515
Papers 20':  Venue: Meeting Room 3 &4

Recovering Citizenship for LGBTQI Mental Health Participants.
Kath Sellick  Paul McCauley

Queer Community Wellbeing: The Results of Being Curious.
Reima Pryor  Karen Field

Equality, Gender Sensitive Care, Safety - are these my rights as a citizen.
Cheryl Sullivan  Jude Stamp  Julie Dempsey

S93  Young people
24/8/2012  From: 1345 To: 1515
Rural youth services: Pulling the threads together.
Bethany Paterson  Andrew Fort  Kerri Choules

Indicators of well-being and the voice of young people living with mental illness: How do they compare.
Francesca Coniglio  Anne Honey  Nicola Hancock  Gwynnyth Llewellyn

Meds, Drugs and Rock 'n' Roll: Mental distress, substance use and engaging young people through creative arts.
Nichole Sullivan  Lindsay Martin  Gabriella Holmes

S94 Evaluation
24/8/2012  From: 1345 To: 1515

Papers 20': Venue: Meeting Room 7

Discovering the We in Us and them.
Rob Warriner

Are we recovery orientated. Learning from people with lived experience.
Melissa Petrikis  Lisa Brophy  Michael Stylianou  Matthew Scott  Jayne Lewis  Nadine Cocks  Liam Buckley  Kieran Halloran

Changes in unmet needs and symptom severity after intake to a Psychiatric Disability Rehabilitation and Support Service
Tom Trauer  Glen Tobias  Arthur Papakotsias

1515 – 1545 Afternoon Tea in Hall 2

Closing Ceremony; Song Connection Choir; handover of banner to next year’s Committee - 3.45pm Venue: Hall A&B, Level 1
TheMHS SUMMER FORUM  
FEBRUARY 2013  
SYDNEY, NSW

Mental Disorders and Physical Health: linking body and mind

The 2013 Summer Forum will bring together leading experts - clinicians, researchers, consumers and families to address the crisis of poor physical health among people living with psychosis and other severe and enduring mental illness. It will call for an evidence-based holistic approach to prevention and treatment that links body and mind and will address a number of crucial questions including: What is the latest evidence on how medications and their side-effects contribute to poor physical health and what can be done to minimise this impact? How does poor physical health affect quality of life for consumers and their families? What role does a healthy lifestyle play in recovery from mental illness? What does the recent Australian Survey of High Impact Psychosis tell us about the physical health of those living with psychotic disorders, and what are the implications for service delivery and policy development? How should we approach smoking and mental health? How do we improve co-ordination of care across the physical and mental health care sectors? And what new and innovative interventions are available to manage and prevent chronic physical conditions for people living with mental illness?

Experience of poor physical health and inadequate access to care is a significant problem for people living with mental illness. We would like to raise the profile of this issue, deepen our collective understandings, and highlight some innovative service responses aimed at linking body and mind to improve the physical health for people living with mental illness. If you want to discuss, debate, and learn about this important issue then the 2013 TheMHS Summer Forum is for you!

Keynote Speaker:

David Shiers is a General Practitioner from the UK, his special interest in mental health arising from personal involvement as carer. His commitment is to improve the physical health care of those with serious and persisting mental disorders by leading a program of engagement between primary care and local Early Intervention services. Other speakers will be announced on TheMHS website.
TheMHS Conference is an independent, incorporated non-profit organisation. TheMHS provides a large number of subsidised places and bursaries.

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  - Cairns and Hinterland Mental Health and ATOD Service
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EXHIBITORS IN HALL 2

- Anti Discrimination Commission
- Australian Medicare Local Alliance
- Australian Mental Health Outcomes and classification Network
- COPMI (Children of Parents with a Mental Illness)
- Crisis Support Services
- Diabetes Australia
- Heal for Life Foundation
- Hunter New England Local Health District
- Mental Health & ATOD Service Cairns
- PeerZone
- Sane Australia
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