



Welcoming
**THE HONOURABLE DAME
 QUENTIN BRYCE AD CVO**
 as The Mental Health Service
 (TheMHS) Awards Ambassador
 for 2019



WHY YOU NEED TO ATTEND

NETWORK – with leaders in mental health from Australia and New Zealand

LEARN – from over 300 presenters and keynote speakers to inform your thinking and practice

REINVIGORATE – your passion in mental health matters and solutions

ABOUT TheMHS CONFERENCE

TheMHS Conference returns to Brisbane for the first time since 1996 to celebrate its 29th annual conference. TheMHS Conference brings together people from across Australia and New Zealand to stimulate debates that challenge present knowledge and ideas about mental health care and mental health systems.

TheMHS Conference is multidisciplinary and features presentations from NGO, public and private sectors of the mental health community.

TheMHS Conference promotes collaborative research, practice, policy-making and education.

**REGISTER TODAY to be
 part of creating a positive
 future in mental health.**

THANKS to the following
 organisations for their support:

CONFERENCE HOST



Metro South Health

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EARLY BIRD CLOSING MIDNIGHT TUESDAY 16 JULY 2019

TheMHS Learning Network is an international learning network for improving mental health services in Australia and New Zealand. We are an independent, registered charity run by a volunteer Board.

Contact TheMHS Learning Network:

P: +61 2 9810 8700 (AU) / +64 9 889 6577 (NZ)

E: info@themhs.org F: +61 2 9810 8733 (AU)

Twitter @themhsorg Facebook @TheMHSLearningNetwork

Instagram @themhsorg LinkedIn @TheMHS



THE MENTAL HEALTH SERVICES CONFERENCE

27 - 30 August 2019
 Brisbane Convention & Exhibition Centre



**BUILDING HEALTHY COMMUNITIES:
 STORIES OF RESILIENCE AND HOPE**

REGISTRATION NOW OPEN

**Don't Delay - Book Your Space Today
 at www.themhs.org and SAVE \$300**

LEARN • SHARE • CONNECT

with leaders in mental health from
 across Australia and New Zealand at
 TheMHS Conference 2019.



REGISTRATION

NOW OPEN



BUILDING HEALTHY COMMUNITIES: STORIES OF RESILIENCE AND HOPE

Attend TheMHS Conference 2019 to discuss and debate the challenge of building healthy communities that support people to withstand, adapt and cope with mental health adversity?

TheMHS Conference will consider what healthy communities look like in 2019 and deliberate on the role of health professionals and mental health organisations in achieving healthy communities.

The conference will explore the important role of resilience in building healthy communities across all facets of the sector from the consumer experience to Non-Government Organisations, General Practitioners and public mental health services.

We will question how to foster personal resilience to allow people to enjoy a healthy life in the community during recovery.

Keynote speakers will share their own stories of resilience and hope with a drive to building healthier communities.

TheMHS Conference 2019 brings people from across Australia and New Zealand to stimulate debates that challenge the boundaries of present knowledge and ideas about mental health care and mental health systems.



Register now to be part of our first conference in Brisbane since 1996.

KEY DEADLINES

Early Bird Registration Tuesday 16 July
Exhibitor Bookings Tuesday 30 July

PRE-CONFERENCE DAY FORUMS

Tuesday 27 August

- **Lived Experience: Consumer Forum and Family/Carer Forum**
'Story, Resilience and Community'
- **Indigenous Forum**
- **Workshop: Novel Approaches to Suicide Risk Management: 'PROTECT - PROactive deTECTion'**

'MUSIC IN MIND'

Thursday 29 August at 6.30pm



A preliminary program will be available in May.

REGISTER ONLINE NOW
@ www.themhs.org



KEYNOTE SPEAKERS



Kim Mueser, USA

Clinical Psychologist and Executive Director of the Center for Psychiatric Rehabilitation at Boston University.



Louise Byrne, Australia

Researcher at RMIT University with deep knowledge of organisational issues relevant to 'lived experience' mental health employment.



Ofelia Altomare, Italy

Director of District 3, Health District Micro-areas, Trieste Health Services Agency. She has a background in specialist nursing and rehabilitation. Trieste is known as the City that Cares (La Città che Cura).

FEATURED SYMPOSIA

These symposia provide in-depth investigation of topics of interest in the mental health sector.

2019 topics include:

- Mental Health, Substance Use and Discrimination - Three Key Issues for Australian Young People
- Novel Approaches to Suicide Risk Management
- Cognitive Remediation
- Community Development, Arts & Health
- Innovations in Community Services
- Mental Health Commissions



"TheMHS Conference meets a need by bringing together a large group of diverse stakeholders – and a space to engage in conversations"

"TheMHS Conference is a wonderful opportunity to recognise and celebrate the tenacity, excellence and innovation of those in the (mental health) sector"

The Hon. Julia Gillard, AC, Chair of Beyond Blue