



**AUSTRALIAN AND
NEW ZEALAND
MENTAL HEALTH
ACHIEVEMENT AWARDS**

**SERVICE & MEDIA
AWARDS
2014**

PERTH CONVENTION CENTRE, WA

**Funded By
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&
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AUSTRALIAN AND NEW ZEALAND MENTAL HEALTH SERVICE AWARDS

Presented By: Professor Fiona Stanley AC, FAA, FASSA, Patron, Telethon Institute for Child Health Research, Distinguished Research Professor, University of Western Australia

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AUSTRALIAN AND NEW ZEALAND MENTAL HEALTH MEDIA AWARDS

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Director**

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★ In the event of joint winners or finalists, the prize money is shared

SERVICE AWARDS

BACKGROUND

The Mental Health Service Award program began in 1992. It is designed to reward and publicise services that have shown innovation and excellence. Service Awards offered are either Gold, Silver or Special and an Exceptional contribution to Mental Health Award. The program is not an exhaustive or fully objective measure of the best services in Australia or New Zealand, as it depends on services deciding to apply and the information they supply. Apart from the written material supplied, referees and others likely to be familiar with a service may be contacted. Six panels, drawn from different disciplines including consumer and carer organisations assess the applications. The panels are geographically spread across Australia and New Zealand. The Awards Committee may also score the entries, when necessary, e.g. if there is a conflict of interest.

A. SERVICE AND PROGRAM AWARDS

The applications were rated on the following criteria:

1. Evidence that the program has made a significant contribution to the field of mental health on a local, state or national level.
2. Evidence that the program is doing something innovative or is maintaining high standards of service.
3. Evidence that the program has encouraged and supported the participation of consumers, family members and/or carers in the planning, implementation and evaluation of mental health service delivery.
4. Evidence of Partnerships and Linkages (collaboration for continuity between organisations).
5. Verification and evaluation of the program's effectiveness.

In 2014 there were 55 applications received for the following categories:

1. Assessment and/or Treatment Program or Service
2. Support Program or Service
3. Mental Health Promotion or Mental Illness Prevention Program or Project.
4. Education or Training or Workforce Development
5. Consumer Provided
6. Better Physical and Mental Health
7. Achievement Award for entries with a different focus (Incl.larger multistrand services)
8. Tom Trauer Reseach and Evaluation Award

B. EXCEPTIONAL CONTRIBUTION TO MENTAL HEALTH SERVICES IN AUSTRALIA OR NEW ZEALAND

These awards are made possible by generous grants from the Australian and New Zealand Governments in recognition of the importance they give to the development of best practice services throughout the two countries. This award program contributes to publicising the good work being done in an environment where only bad news seems to appear in the media. The following pages give you the contact details for the services and a short summary of their activities. You are encouraged to contact them and to visit their services.

CATEGORY 1

ASSESSMENT AND/OR TREATMENT PROGRAM OR SERVICE

GOLD AWARD:	WINNER \$2,000
APPLYING PROGRAM:	The WA CAMHS Multisystemic Therapy Programme
ORGANISATION:	Western Australia Child And Adolescent Health Service
ADDRESS:	PO Box 480, ASC (W6), Fremantle, WA 6959
CONTACT PERSON:	Mark Porter E: mark.porter@health.wa.gov.au

BRIEF DESCRIPTION OF THE PROGRAM:

WA CAMHS MST Programme was implemented in September 2005. Multisystemic Therapy (MST) is a home-based intervention for youth (12-16 years) having severe behavioural disorders. This intensive 4-5 month intervention teaches parents/caregivers problem-solving skills to manage their children's behaviours, and improves communication within the family, and between relevant systems (e.g. family, school and community). MST operates from a 'family preservation model', prioritising youth at imminent risk of out-of-home placement, and/or school expulsion. This child and adolescent mental health program is unique within Australia mental health services, and has gained the attention of leading Australian child mental health researchers. Ongoing longitudinal research of this programme's outcomes indicate most families achieve significant and enduring improvements; and maintain the young person living at home, positively engaged in school, and involved in pro-social activities. This is robust evidence of this programme's effectiveness (including cost-effectiveness) for families with youth who are otherwise at high risk of chronic involvement with our Health, Social & Justice systems.

DESCRIPTION OF THE ORGANISATION

The Child and Adolescent Health Service (CAHS) provides a comprehensive service supporting the health, well-being and development of young West Australians. CAHS aims to ensure that all young people get the best start in life through health promotion, early identification and intervention, and patient-centred, family-focused care. Care is provided for children and adolescents via metropolitan community and mental health services, the state's only dedicated paediatric hospital, through specialised state-wide services, and support to other hospitals and health services. The Western Australia Child and Adolescent Mental Health Service (CAMHS) is a major component of CAHS, and provides mental health programmes to infants, children and young people. This includes services set in the community and in hospital settings. A range of child and adolescent services (including specialised CAMHS programmes such as MST), are available for children and young persons under 18 years, and their families who are experiencing significant mental health issues.

CATEGORY 1

ASSESSMENT AND/OR TREATMENT PROGRAM OR SERVICE

JOINT SILVER AWARD:	FINALIST \$1,000
APPLYING PROGRAM:	Boab Mental Health Team
ORGANISATION:	Boab Health Services
ADDRESS:	PO Box 1548 Broome, WA 6726
CONTACT PERSON:	Andy Williams E: andy.williams@boabhealth.com.au

BRIEF DESCRIPTION OF PROGRAM

The Kimberley Health Region encompasses an area of 421,451 square kilometres and is bordered by the Great Sandy Desert in the south and the Northern Territory in the east. The geography of the Kimberley region includes arid desert areas, gorges, sandy beaches, escarpments, rainforests, waterfalls, vast open plains, river valleys and cave systems. The region is remote from major metropolitan areas, with Broome 2,213 and Kununurra 3,205 kilometres from Perth by road. There are also numerous Aboriginal communities of various population sizes scattered throughout the region and nearly 100 stations servicing the pastoral industry. The region incorporates two Districts - East Kimberley and West Kimberley. The very high proportion of Aboriginal residents (for example, Aboriginal people constitute nearly 50% of the Kimberley population and outside of the major population centres, 80% and upwards) There is a high prevalence of chronic disease amongst Aboriginal people with high rates of associated mental illness. Boab Mental Health Team is funded through Kimberley Pilbara Medicare Local to provide assessment and treatment for people experiencing high prevalence mental health issues and those at risk of suicide and self-harm. The service uses a mixed funding model in order to effectively provide coverage across the whole of the Kimberley. The service offers one to one evidence based psychological treatments for short term interventions 6 to 12 sessions. The team consists of mental health professionals from a psychology, social work, mental health nurse and occupational therapy background. Clients are offered a holistic assessment that might lead to one to one treatment, self-help, guided self-help or signposting to a more appropriate service if indicated. The service was established in 2008 and has now grown to a membership of one Mental Health Manager and eight Mental Health Professionals.

BACKGROUND DESCRIPTION OF ORGANISATION

Boab Health Services is a not-for-profit Primary Health Care organisation servicing over 32 communities across the Kimberley region. Services provided include Allied Health, Mental Health, and a 'Closing the Gap' team. Boab Health was established in 1998 as The Kimberley Division of General Practice with 4 staff, which has now grown into a team of 37 in 2014. Boab Health Services has two hubs, one in Broome and one in Kununurra, where clinicians deliver services and outreach to remote communities. The organisation is a proprietary limited company governed by a board of directors and supported by a corporate team. Boab Health programs are funded by the Commonwealth through the Kimberley Pilbara Medicare Local (KPML). Boab Health Services is accredited to national standards as a Primary Health Care organisation. A holistic approach to health care is promoted with a strong emphasis on health promotion, self-management and ensuring that all services are culturally appropriate and sensitive services.

CATEGORY 1

ASSESSMENT AND/OR TREATMENT PROGRAM OR SERVICE

JOINT SILVER AWARD:	FINALIST \$1,000
APPLYING SERVICE:	The Assessment and Referral Court (ARC) List
ORGANISATION:	Magistrates' Court Of Victoria
ADDRESS:	Level 6, 223 William Street Melbourne, 3000
CONTACT PERSON:	Glenn Rutter E: Glenn.Rutter@magistratescourt.vic.gov.au

BRIEF DESCRIPTION OF THE SERVICE/PROGRAM

Commencing operations in March 2010, The Assessment and Referral Court (ARC) List is a specialist court list developed by the Magistrates' Court of Victoria and the Victorian Department of Justice in response to the high prevalence of mental health issues affecting accused persons presenting to courts. The program seeks to address the underlying issues that contribute to offending behaviour and by so doing to break the cycle of crime. Commencing operations in March 2010, the ARC List utilises a problem solving court approach along with case management by a court-based team of mental health practitioners. The program assists participants by identifying key psychosocial needs, developing individual support plans and linking participants with appropriate community supports. The ARC List is located at Melbourne Magistrates' Court and works collaboratively with the Judiciary, police prosecutors, legal practitioners and community based services.

BACKGROUND DESCRIPTION OF ORGANISATION

In 2009-10, the Victorian State Budget allocated \$13.8 million to establish the ARC List as a 3-year pilot. In the 2012-2013 budget, the ARC List received an additional 2-years funding to 30 June 2015. The ARC List was established by the Magistrates' Court Amendment (Assessment and Referral Court List) Act 2010. The program comprises of five magistrates and eight clinical and case management staff and support staff. Victoria Legal Aid and Victoria Police Prosecutions Division also allocate staff to support the operations of the ARC List. The ARC List is available to accused who live, or who have allegedly committed offences, within the catchment area of Melbourne Magistrates' Court. Most participants are involved with the List for between 3 and 12 months. The number of referrals received by the ARC List to date is 686 referrals and 74% of participants have successfully completed the program since commencement.

CATEGORY 2

SUPPORT PROGRAM OR SERVICE

GOLD AWARD:	WINNER \$2,000
APPLYING SERVICE:	'Living Life Well' Micro Business
ORGANISATION:	EBAT Charitable Trust Trading As Pou Whakaaro
ADDRESS:	P O Box 2025 WHAKATANE, NZ
CONTACT PERSON:	Shellie Goldsmith E: shellie@pouwhakaaro.co.nz

BRIEF DESCRIPTION OF SERVICE

Pou Whakaaro's Community Services Team provides vocational support for people who have a disability or an experience of mental illness. Over recent years we noticed a decline in the mainstream job market. Rather than continue to push against this trend, we created an innovative solution, providing the opportunity for people to work at their own pace, master a skill, develop confidence, contribute to the community, and get paid for it! Our solution – Micro Business! In 2012 our team developed a Micro Business Programme called "Living Life Well". This was delivered in group and with individual coaching sessions to develop business ideas into tangible plans and goals. Participants then began their own businesses, while continuing to attend the programme and receiving support from mentors and professionals. In October 2013, our programme was awarded First Prize and People's Choice Award in the Bay of Plenty District Health Board Clinical School Innovation Awards. Commencement Date: January 2012.

BACKGROUND DESCRIPTION OF ORGANISATION

Pou Whakaaro is the trading name of EBAT Charitable Trust in the Eastern Bay of Plenty, based in Whakatane. From 1982 it operated as a sheltered workshop, eventually transitioning into Pou Whakaaro in 2002, providing a range of services for people experiencing mental health and disability which empower and strengthen the people we partner. Pou Whakaaro seeks to develop options which aim to be inclusive when no community option exists to assist people in their self-determination and recovery. We are funded by Eastern Bay of Plenty District Health Board, Ministry of Social Development, Ministry of Health and Accident Compensation Corporation. Pou Whakaaro's current budget is around \$1,006,000 and during an average monthly period 120 people use our mental health services. We employ 19.5 FTE Staff. Our Community Services Team has 2.9 FTE, providing not only the Micro Business Programme but also the full range of Employment Support Services.

CATEGORY 2

SUPPORT PROGRAM OR SERVICE

SILVER AWARD:	FINALIST \$1,000
APPLYING PROGRAM:	Broome Community Recovery Centre
ORGANISATION:	Kimberley Mental Health & Drug Service
ADDRESS:	Corner Saville And Forrest St PO Box 3475, Broome, WA 6725
CONTACT PERSON:	Cameron North E: cameron.north@health.wa.gov.au

BRIEF DESCRIPTION OF THE PROGRAM

The Broome Community Recovery Centre (BCRC) was officially opened by the WA Minister for Mental Health and Disability on 9th December 2011. It commenced with clients in January 2012. In 2009 the Kimberley Mental Health and Drug Service responded to an expressed community need for a place where consumers and families could gain skills and confidence by participating in meaningful therapeutic activities, social and recreational programmes and supported employment opportunities. Two years later the Broome Community Recovery Centre (BCRC) opened its doors. Community based service providers collaborated with lead coordinating agency, KMHDS to establish the BCRC. Working together developed the capacity of all services to provide opportunities for recovery through activities and education. The delivery of programmes respects all cultures. The longevity and sustainability of the BCRC is given a high priority. The BCRC seeks to create a community without stigma where there is help and support for all people to develop and maintain a sense of wellbeing. It delivers recovery orientated programmes and activities for people with mental health issues, their carers and families, in such a way as to be accessible, inclusive, foster hope and enable opportunities for self-determination. In its first two years the centre has facilitated 776 events, which consisted of 364 recovery based groups, 126 meetings, 70 training and development sessions and 206 community groups. The BCRC mainly delivers programmes at the Centre, but also coordinates community events, such as the 2013 Fun Day, which is the major event during Mental Health Week in Broome. Kimberley Mental Health & Drug Service has grown in a short time from a very small service with fly in fly out visiting psychiatrists and one or two nurses to a service with 5 offices and over 120 FTE staff employed as well as the recently opened Broome Mental Health Unit - one of the world's most isolated inpatient units

BACKGROUND DESCRIPTION OF ORGANISATION

Kimberley Mental Health & Drug Service provides clinical services across the Kimberley. The area it services is twice the size of Victoria and many of the services are delivered into remote areas and communities. The model for delivery of this service is a hub model with a number of centres that then provide outreach into the smaller and more remote communities. A high proportion of clients are Aboriginal 60%-70% and many speak English as a second or third language. KMHDS strives to provide culturally appropriate services and currently employs over 20 Aboriginal people within the service.

CATEGORY 3

MENTAL HEALTH PROMOTION OR MENTAL ILLNESS PREVENTION PROGRAM OR PROJECT

GOLD AWARD:	WINNER \$2,000
APPLYING SERVICE:	ReachOut.com - an online mental health service for young Australians
ORGANISATION:	ReachOut.Com By Inspire Foundation
ADDRESS:	Ground Floor 97 Church St Camperdown, NSW 2050
CONTACT PERSON:	Kerrie Buhagiar E: kerrie@inspire.org.au

BRIEF DESCRIPTION OF THE SERVICE

ReachOut.com is a national online youth mental health service targeted at young people aged 14-25 years and accessed by over 1.4 million unique visitors each year. The primary focus of the service is prevention and early intervention. ReachOut.com provides young people experiencing mental health difficulties with information, tools and support to understand the issues they are facing, improve their mental health literacy, and work on their own mental health and wellbeing. ReachOut.com works in partnership with specialist mental health services to develop referral pathways for young people that need more intensive support, ensuring that they get the help they need as quickly and effectively as possible. ReachOut.com works closely with young people to design and deliver our service, ensuring the service remains relevant and meaningful in young people's lives. Commencement Date: 1998

BACKGROUND DESCRIPTION OF ORGANISATION

ReachOut.com by Inspire Foundation was established in 1998. Its flagship program - the online youth mental health service, ReachOut.com - supports young people experiencing early signs and symptoms of mental health difficulties, and is accessed by over 1.4 million unique visitors each year. The program is funded through the Commonwealth Government of Australia's Department of Health as well as private donations, and has an annual turnover of approximately \$3 million. The organisation comprises thirty staff working across five functional teams: Service Delivery, Research and Policy, Marketing and Communications, Fundraising and Organisational Development. As well as providing a world class mental health service, ReachOut.com by Inspire Foundation also: - leads research on technology, young people and wellbeing; - supports schools and professionals so that they can support young people; and - shares expertise within and across sectors through consulting and advisory roles.

CATEGORY 3

MENTAL HEALTH PROMOTION OR MENTAL ILLNESS PREVENTION PROGRAM OR PROJECT

JOINT SILVER AWARD: FINALIST \$1,000

APPLYING PROJECT: The Five Project: Addressing Mental Health through the Arts in Regional Western Australia

ORGANISATION: DADAA Inc

**ADDRESS: 21 Beach Street
Fremantle, WA 6010**

**CONTACT PERSON: Andrea Lewis
E: andrea@dadaa.org.au**

BRIEF DESCRIPTION OF THE PROGRAM

FIVE is two-year partnership between DADAA and Rio Tinto currently taking place in five Western Australian communities: Geraldton, Busselton, Paraburdoo, Derby and Esperance. Following a community arts and cultural development approach, the statewide project aims to reduce stigma around mental health by facilitating dialogue and building awareness about issues of wellbeing. The project addresses key components of the Mental Health Commission's 2020 strategy for Western Australia. In each community, several related projects are taking place. These include a combination of whole-of-community initiatives and targeted projects for FIFO workers and their families, as well as for Aboriginal, farming and young adult communities. Project design includes innovative arts practices, consultative processes, a strong community engagement framework and a robust evaluation model. These elements give FIVE the potential to have broad-reaching social, health and advocacy impacts, positioning the project to make significant contributions to mental health at a national, state and local level.

BACKGROUND DESCRIPTION OF ORGANISATION

DADAA is a community arts and cultural development organisation based in Fremantle, Western Australia, with additional program offices in Midland, Lancelin and Esperance. Established in 1994, the organisation's core areas of service include arts and mental health, and arts and disability. Through an artistic framework, all programs facilitate social inclusion as a means of promoting health and wellbeing. The organisation also has a strong research and evaluation program, and is a national leader in policy and advocacy work in the arts and health sector. Key funding sources include Australia Council for the Arts, Mental Health Commission, Department of Culture and the Arts, Disability Services Commission, Home and Community Care, Lotterywest, Country Arts and Healthway. In 2013, DADAA had an annual budget of \$2,548,622 and engaged 2,994 participants in programs around the State. Across exhibitions and performances, it reached an audience of 13,094. The organisation employs 106 (42 FTE equivalent) staff.

CATEGORY 3

MENTAL HEALTH PROMOTION OR MENTAL ILLNESS PREVENTION PROGRAM OR PROJECT

JOINT SILVER AWARD: FINALIST \$1,000

APPLYING PROGRAM: Youth Mental Health First Aid Program

ORGANISATION: Mental Health First Aid Australia

**ADDRESS: 369 Royal Pde
Parkville, VIC 3052**

**CONTACT PERSON: Betty Kitchener
E: bettyk@mhfa.com.au**

BRIEF DESCRIPTION OF PROGRAM

The Youth Mental Health First Aid course is a 14-hour course, which equips adult members of the public, who work or live with teenagers, to assist them with mental health problems. It teaches adults to identify the difference between normal fluctuations in mood, which are common for adolescents, and a developing mental illness (depression, anxiety, eating disorders, psychotic illnesses and substance use problems). It also teaches about a range of crisis situations and how to assist (suicidal thoughts and behaviour, non-suicidal self-injury, panic attacks, traumatic events, medical emergencies due to eating disorders and substance use, aggressive behaviours and severe psychotic states). The course teaches participants how to be supportive and offer a listening ear and how to refer on to professional help when needed. The 1st edition Youth Mental health First Aid Program was launched in March 2007.

BACKGROUND DESCRIPTION OF ORGANISATION

Mental Health First Aid (MHFA) Australia is a health promotion charity. Its mission is the “provision of high quality, evidence-based mental health first aid education open to all members of the community.” Its objectives are to: a) provide education programs to increase the mental health literacy of the community including the provision of Mental Health First Aid training; b) conduct research in order to develop and evaluate these education programs; c) support the effective dissemination of these programs across Australia and overseas. Since 2001, the MHFA Program has trained 1% of Australians (over 220,000) in mental health first aid strategies through a national pool of over 1,000 accredited instructors. The MHFA Program has been adapted in more than 20 other countries. The MHFA Program, created by Betty Kitchener OAM and Professor Tony Jorm, is well evaluated, showing increased participant knowledge of mental illness, treatments and first aid strategies, and confidence to help others.

CATEGORY 4

EDUCATION OR TRAINING OR WORKFORCE DEVELOPMENT

SILVER AWARD: **FINALIST \$1,000**

APPLYING PROGRAM: **Eating Disorders Training And Evaluation Centre**
and
ORGANISATION: **(EDTEC)**

ADDRESS: **GPO Box D184,**
PERTH, WA 6840

CONTACT PERSON: **Julie Potts**
E: Julie.Potts@health.wa.gov.au

BRIEF DESCRIPTION OF PROGRAM

The Specialised Eating Disorders Program established the Eating Disorders Training and Evaluation Centre in 2007 to provide training and education for the community in order to improve recognition, early intervention and treatment for eating disorders, and to establish a Centre of Excellence for Western Australia in childhood eating disorders. The EDTEC program has been a huge success, attaining excellent feedback from training participants, developing a national reputation, generating state of the art scientific publications, establishing productive partnerships throughout the state, and creating innovative mechanisms for involving consumers in care, training and research. The “Reaching out for Hope” project completed in 2013 is just one exemplar of the innovative collaborations that EDTEC has created bringing together trainer, clinician, consumer and researcher to produce a peer support service for adolescents experiencing eating disorders.

BACKGROUND DESCRIPTION OF ORGANISATION

EDTEC serves the entire state of Western Australia, with 1FTE dedicated to a training coordinator role, .6FTE dedicated to research and a proportion of the role of each clinician being dedicated to research and training. Further, several research staff are employed with EDTEC under research grants. EDTEC is a Department of Health funded service and the budget is approximately 10% of wider operational budget of the Specialised Eating Disorder Program. This Specialised Eating Disorder Program provides a continuum of care for eating disorders including inpatient, day-patient and outpatient care, in addition to the training and research component. There are consumer and carer groups attached to the Program. At any one time the clinical service sees the most unwell 10% of clients with complex eating disorders in Western Australia, (approximately 150 patients) whilst the remainder of mild to moderate cases are seen in the community by clinicians supported by EDTEC. Duration of care is typically around twelve months, sometimes longer and services are available until a patient reaches 18 years old.

CATEGORY 5

CONSUMER PROVIDED

GOLD AWARD:	WINNER \$2,000
APPLYING PROGRAM:	Peach Tree
ORGANISATION:	Peach Tree Perinatal Wellness Inc
ADDRESS:	26 Wakefield Street Sandgate, QLD 4017
CONTACT PERSON:	Sophie Craker E: sophiecraker@yahoo.com.au

BRIEF DESCRIPTION OF PROGRAM

Peach Tree was established in 2011 by two mothers with a shared experience of post-natal depression. It has since attracted more volunteers (all with a lived experience of perinatal mental illness) who assist in the planning, implementation and/or evaluation of its many activities. Peach Tree has no paid staff or funding, and so relies on grants, donations and fundraising events to undertake its important work. It operates six support groups across south-East Queensland, with an estimated total attendance of 175 people, and approximately 250 people have accessed its antenatal education classes. Peach Tree has extensive plans to continue its growth to meet the needs of more vulnerable families, as well as undertake evaluation of the impact of its interventions. For more information, see www.peachtree.org.au.

BACKGROUND DESCRIPTION OF ORGANISATION

Peach Tree Perinatal Wellness Inc is a not-for-profit consumer organisation aimed at minimising the impact of perinatal mental illness, defined as occurring from conception to 24 months post-delivery and including depression, anxiety and postnatal psychosis. This can sometimes result in tragic consequences for the child and/or parent, with suicide a leading cause of maternal death. Early intervention is a vital but under-resourced need to support parents make the best possible transition to their life as a family. Peach Tree's activities include community awareness, antenatal education and support groups for new parents experiencing perinatal mental illness to help address this need. It is underpinned by a strong governance structure and has grown rapidly since it was established three years ago, in part due to the many strategic partnerships it has formed. Peach Tree was honoured in 2013 with a Queensland Mental Health Week Achievement Award in the consumer/carer category.

CATEGORY 6 BETTER PHYSICAL AND MENTAL HEALTH

No Award in this Category

CATEGORY 7

ACHIEVEMENT WITH DIFFERENT FOCUS

SILVER AWARD

FINALIST \$1,000

APPLYING SERVICE:

**Service Culture Transformation –
The Recovery Mentoring Initiative**

ORGANISATION:

**Barwon Health Mental Health Drug And Alcohol
Service (MHDAS)**

ADDRESS:

**The Swanston Centre
PO Box 281
Geelong, VIV 3220**

CONTACT PERSON:

**Jennifer Black
E: jennifb@barwonhealth.org.au**

BRIEF DESCRIPTION OF SERVICE

Barwon MHDAS has taken a unique approach to tackling the fundamental culture change required for recovery oriented service delivery. Transformation has been achieved through boldly challenging historical clinician managed practices and engagement of the workforce in a three year reflection and debate, inviting teams to design their own practice change. The attitude change of the staff is evident in the way they now constantly question the status quo and have engaged in innovative sustainable change in the way people access and interact with the service. In particular, the executive team introduced the practice principle of 'nothing about me without me', setting an expectation that staff would have no conversations outside of professional supervision about a person accessing services, without them being present. There are now many examples of this in practice throughout the organisation leading to recognition through a 2013 Victorian Government Health Care Award for Innovation. Commencement Date: 2011

BACKGROUND DESCRIPTION OF ORGANISATION

Barwon Health is Victoria's largest regional health service and the largest employer in the region. The Barwon Health Mental Health and Drugs and Alcohol Service (MHDAS) is a specialist public health service aimed primarily at people with serious mental illness and/or drug and alcohol issues. It has an operating budget of \$47 million and employs over 300 staff and provides care to all age groups from children to those over 65 years of age. Barwon MHDAS services the Greater Geelong Region which has a population of in excess of 290,000, which expands significantly in the coastal areas in peak holiday times. The service has an emphasis on providing early intervention and working in partnership with other organisations. Services include a 32 bed inpatient unit, a PARC and CCU, triage, community teams, primary mental health services and a range of specialist programs including forensic specialist, homeless outreach and eating disorders.

CATEGORY 8

TOM TRAUER RESEARCH AND EVALUATION AWARD

JOINT AWARD: **WINNER \$1,500**

APPLYING PROJECT and ORGANISATION: **Community Mental Health Drug and Alcohol Research Network (CMHDARN)**

ADDRESS: **PO Box 69,
Lindfield, NSW 2070**

CONTACT PERSON: **Deb Tipper
E: deb@mhcc.org.au**

BRIEF DESCRIPTION OF THE PROJECT

The Community Mental Health Drug and Alcohol Research Network (CMHDARN) was established in 2010. Organisations: CMHDARN is a partnership project between MHCC and the Network of Alcohol and other Drug Agencies (NADA). It was established following a long period of collaborative work to enhance cross-sector understanding, co-operation and service delivery improvement to people affected by co-existing mental health/ drug and alcohol issues. The Community Mental Health Drug and Alcohol Research Network (CMHDARN) is a state-wide program which utilises an innovative approach to support research related sector development and capacity building for workers in community managed mental health and drug and alcohol (MHDA) services. CMHDARN's commitment to evidence-based, best practice research and utilising quality presenters underpins its activities. Through the employment of a dedicated Research Network Project Officer, a quality program of diverse activities is facilitated. These activities include: - research forums, - reflective practice webinars, - a research seeding grants program, - a website with research related resources and links (www.cmhdaresearchnetwork.com.au), - a community research mentoring project, and, - an e-newsletter, CMHDARN Yarn. Such a supported program is highly unusual across the community managed sector – a program whereby a variety of accessible, research related activities are offered to workers across NSW. These activities are characterised by the involvement of highly experienced presenters and workshop facilitators from the academic research field and the community based sector. Feedback on these activities indicates a high level of satisfaction.

BACKGROUND DESCRIPTION OF ORGANISATION

The formation of the Community Mental Health Drug and Alcohol Research Network (CMHDARN) followed a concerted and intentional strategy over a number of years by the Mental Health Coordinating Council (MHCC) and Network of Alcohol and other Drug Agencies (NADA) to work together to increase the capacity of both mental health and drug and alcohol community sector services to better respond to the needs of people with coexisting issues. Integrated approaches to mental health (MH) and alcohol and other drugs (DA) service provision are now recognised as evidence based practice. CMHDARN is funded through the NSW Mental Health Commission, and employs a part time Project Officer. MHCC is the peak body representing community managed mental health organisations in NSW, with a membership of around 200 organisations and individuals whose business is related to the promotion or delivery of services for the wellbeing and recovery of people with mental health problems and their families and carers. NADA is the peak body for community managed alcohol and other drug organisations in NSW. NADA represents over 100 organisational members that provide a broad range of services including drug and alcohol health promotion, early intervention, treatment and after-care programs. MHCC and NADA members provide a range of psychosocial and clinical services, and support programs, as well as advocacy, education, training and information services with a focus on recovery-oriented practice.

CATEGORY 8**TOM TRAUER RESEARCH AND EVALUATION AWARD****JOINT AWARD: WINNER \$1,500****APPLYING PROJECT: What is happening at the Seclusion Review that makes a difference? - a consumer led research study****CONTACT: Bradley Foxlewin,
E: foxlewin@aapt.net.au****BRIEF DESCRIPTION OF PROJECT**

The Beacon Project regarding the reduction of seclusion and restraint in Australia emerged in August 2007. It included 11 demonstration sites, of which the Psychiatric Services Unit, Mental Health ACT was one. The Seclusion and Restraint Working Group of Mental Health ACT was set up during this same period. It established the SRRM (Seclusion and Restraint Review Meeting) in May 2009 as a practical, un situ strategy for continuing the previous work. The research being nominated was published in 2012 and is available online at: <http://www.actmhc.org.au/publications/research.html>. Bradley Foxlewin, Author is the Principal Consumer Researcher. The Primary Collaborators are: The Psychiatric Services Unit, Canberra Hospital, ACT Mental Health, and the ACT Mental Health Consumer Network. Supporting advice provided by the Victorian Mental Illness Awareness Council (VMIA) and Beverley Raphael, debriefing provided by the Mental Health Foundation, Innana Counselling Service and the Canberra Men's Centre, and editing services provided by Elizabeth Foxlewin. Bradley Foxlewin holds a Master of Applied Science (Social Ecology) and has extensive community sector experience including; managing services, counselling, delivering group work, and promoting trauma informed, recovery oriented service delivery as a trainer, and an independent consumer researcher. He has held senior consumer representational roles for the ACT over a number of years and, in March 2013, was appointed as a Deputy Mental Health Commissioner in NSW. He continues to contribute to the mental health research sector through his active involvement in the Community Mental Health, Drug and Alcohol Research Network (CMHDARN) - a joint NADA & MHCC initiative in NSW. He is an active participant in the international consumer/survivor movement, and has recently delivered a conference presentation supporting the advancement of consumers/survivors as academics. Whilst juggling these many roles, he finds the time to support and encourage consumers with an interest in developing their own research pathways. At the Psychiatric Services Unit, PSU, of Canberra Hospital, ACT a weekly meeting reviewing instances of seclusion and restraint of consumers has influenced both the practice and frequency of seclusion, achieving a 90% reduction in the use of seclusion. This research sought to explore how this change has come about, by gathering the stories and experiences of members of the SRRM, including its consumer representatives. The research is relevant to present and future consumers experiencing acute distress; to practitioners both in the Canberra PSU and in other settings; and to support national policy initiatives around the reduction of seclusion and restraint following the identification of this key issue in Recommendation 3 of the National Mental Health Commission's first report 'A Contributing Life: the 2012 Report Card on Mental Health and Suicide Prevention'. The research is a rare example of independent consumer led research, an achievement of global significance.

AUSTRALIAN AND NEW ZEALAND MENTAL HEALTH SERVICE

MEDIA AWARDS 2014

BACKGROUND

The Mental Health Media Awards program commenced in 1998. It is designed to encourage accurate and sensitive media coverage of mental health issues, to break down stigma and to educate the community about mental health. There are three categories, as follows:

- 1. Print media**
- 2. Broadcast media**
- 3. Special Media Achievement**

In 2014 there were 30 entries received for the three media categories.

The entries were rated on the following criteria:

Understanding that journalists work within limitations and acknowledging the diversity of media outlets and their impact and reach, entries are assessed against the following criteria:

1. The entry has been well researched and is factually accurate.
2. The content of the entry is sufficiently complete and balanced to impart a broad understanding of the issues.
3. Guidelines for reporting of mental health matters are taken into account.
Australia - Mindframe guidelines
New Zealand - Suicide Prevention and Like Minds, Like Mine:

These awards are made possible by generous grants from the Australian Government and the New Zealand Government in recognition of the importance it gives to excellence in media reporting of mental health issues.

PRINT MEDIA

WINNER **\$2,000**

ENTRY: **Feeling Down on the Farm -
Mental Health in Rural Taranaki**

ORGANISATION: **Like Minds Taranaki -
Gordon Hudson, Project Manager and Editor
Gill Evans, Journalist and Editorial Consultant
Michelle Wilson, Photographer
Inspired by Allied Press and John and Linda White
Taranaki Rural Support Trust
New Zealand**

ADDRESS: **P O Box 5015
New Plymouth, NZ 4310**

CONTACT PERSON: **Gordon Hudson
E: gordon.hudson@xtra.co.nz**

DESCRIPTION OF PROJECT

Following the outstanding success of 'Down on the Farm' by Yvonne O'Hara from the Southland Times, local farmers John and Linda White approached Like Minds Taranaki to see if we could do something similar in Taranaki. With the blessing of the Southland Times, Like Minds Taranaki used its close association with our rural community to produce 'Feeling Down on the Farm - Mental Health in Rural Taranaki'. An active, representative committee managed the project and saw its completion through over a ten month period - with all aspects being completed on target, on time and on budget. Such was the excitement of the committee that numbers of copies rose from 5,000 initially to 12,000 - with a reprint of a further 3,000. The Taranaki Rural Support Trust underwrote the project. Sponsorship covered all costs. The aims of the project were met and the feedback of the project has been excellent. Gordon Hudson is project Manager and Editor; Gill Evans is Journalist and Editorial Consultant. Joint organizations Involved are: Taranaki Rural Women NZ - Committee Taranaki Dairy Women NZ - Committee Taranaki Rural Support Trust - Committee and Project Underwriters Dairy NZ -Committee Taranaki Federated Farmers - Committee and Sponsor Farmers - John and Linda White - Committee and sponsor Taranaki Savings Bank - Sponsor Taranaki Electricity Trust - Sponsor Rabo Bank - Sponsor Farmlands - Sponsor Private Farmer – sponsor. Inspired by Allied Press; Financially underwritten by the Taranaki Rural Support Trust.

BRIEF DESCRIPTION OF ORGANISATION:

Like Minds Taranaki (2003), is a registered Charitable Trust, CC 29897, and has, as its core business, the Ministry of Health's on-going public health project Like Minds Like Mine - aimed at reducing the stigma and discrimination associated with mental illness. We provide the following regular services to all sectors of our community. 'Mindful Ways' - monthly columns in all regional newspapers; Monthly radio session on Access Radio Taranaki and weekly session on The Most; 'Korero Mai' 'Whakaaro Pai' and; 'What's On' - Monthly newsletters; 'Taking the First Step' 64 page Guidebook for employment and 'Taranaki Mental Health Sector Directory' - 32 page Directory; A substantial active website and facebook; A wide range of regular presentations, projects, programmes and support groups. Like Minds Taranaki is governed by 8 Trustees, a Patron, Clinical Advisor. It is managed and staffed by long term paid, and many unpaid, team members.

BROADCAST MEDIA

JOINT WINNER: \$2,000

WINNING ENTRY: **The Sunnyboy**
Director
Kaye Harrison

ORGANISATION: **Treehouse Productions**

ADDRESS: **PO Box 447**
Woy Woy, NSW 2256

CONTACT: **Kaye Harrison**
E: kayeharrison@optusnet.com.au

DESCRIPTION OF ENTRY

The Sunnyboy follows 50 year-old Jeremy Oxley, the enigmatic front man of the much lauded 80's band the Sunnyboys as he emerges from a 30-year battle with schizophrenia. Only recently stabilised with medication and secure in a loving environment, the documentary follows Jeremy as he unpicks the confused thoughts and feelings he has about his past. Unsure of what is real and what is misconstrued, Jeremy revisits relationships damaged by his illness, most significantly with his brother Peter. With the support of his partner Mary, Jeremy also struggles with the physical ravages of his illness as well as the relationship challenges they face as they prepare for marriage. The Sunnyboy follows Jeremy as his confidence and wellbeing slowly grows and he contemplates a return to the stage. An enlightening exploration of one man's experience of a misunderstood and stigmatised condition, The Sunnyboy is an inspiring story of hope, survival and the healing power of unconditional love. Feature documentary Dur: 91 mins Broadcast on ABC1 03 November, 2013.

To be screened at TheMHS Conference, Perth.

Venue: **Meeting Room 1**
Perth Convention and Exhibition Centre

Time: **Thursday, 28 August**
6.00 for 6.30pm (*light refreshments*)
6.35 – 8.05pm Screening
8.05 – 8.40pm Q&A with Peter Oxley and Kaye Harrison

BRIEF CV OF CONTACT PERSON

Kaye Harrison - Director/ Co-Producer/DOP is a documentary filmmaker who approaches all stages of production with the very highest level of personal integrity. For the past 12 years Kaye has been directing and shooting her own documentaries, Crossing The Line 2005 (ABC-TV) and The Long Goodbye 2010 (ABC-TV) both of which won a number of awards. Kaye makes her feature debut with The Sunnyboy

BROADCAST MEDIA

JOINT WINNER: **\$2,000**

WINNING ENTRY: **'Coming Home' parts 1&2**
Foreign Correspondent
SALLY SARA
Producer and Presenter

ORGANISATION: **AUSTRALIAN BROADCASTING CORPORATION**

ADDRESS: **GPO Box 9994**
ABC Ultimo Centre

CONTACT: **E: sara.sally@abc.net.au**

DESCRIPTION OF ENTRY

'Coming Home' is an intimate, honest and powerful story on the experience of Canadian Military Doctor, Major Marc Dauphin. Reporter Sally Sara, first met Major Dauphin at a combat hospital in Afghanistan' in 2009. It turned out to be a harrowing and confronting day that changed both their lives' as dozens of casualties were brought in from the battle field'. Sally and Marc meet again in Canada, exactly four years later. Both have endured Post Traumatic Stress Disorder, after their experiences in Afghanistan. Major Dauphin and his wife Christine talk about their battle against PTSD and suicide. Part two of 'Coming Home', gives context to Marc's story and his eventual recovery. We hear from experts in the field and unravel the effects of trauma on medical personnel in war. The story powerfully demonstrates the importance and benefits of getting professional help. The story was thoroughly researched and the interviews were carried out with great care, to avoid further traumatising the subjects, in line with best practice techniques developed by the Dart centre for Trauma and Journalism. Major Marc Dauphin felt comfortable to speak so candidly on camera because of the trust established during the original reporting in the field in 2009. The story is an example of the value and importance of ethical and skilled journalism in the coverage of mental health. Coming Home, attracted a large national and international audience. It was the highest rating episode of Foreign correspondent for more than three years. The program is now being used for training purposes, by defence, veterans groups and medical schools in Australia and Canada. Extremely positive feedback was received from the participants in the story, including Major Dauphin, former Canadian General Romeo Dallaire and internationally renowned psychologist, Professor Frank Ochberg.

'Coming Home' was by ABC-TV 'Foreign correspondent' team of Sally Sara, Marianne Leitch, David Martin, Nicholas Brenner, Stuart Miller and Steve Taylor.

To be screened at TheMHS Conference, Perth.

28/8/2014 From: 1530 To: 1700
Screening of 'Coming Home' Parts 1 & 2: Venue: Meeting Room 02
Foreign Correspondent ABC TV

SPECIAL MEDIA ACHIEVEMENT AWARD

WINNER: **\$2,000**

ENTRY TITLE: **Mental Health Awareness Week 'guest blogs' from the Eyre Peninsula, South Australia.**

ORGANISATION: **ABC Open**
 Producer
Emma Pedler
 Contributors
Sean Tosold, Alicia Bates, Rachel Fuller, Carla Naismith.

ADDRESS: **ABC Ultimo**
L5, 700 Harris St, Ultimo, NSW 2007

CONTACT PERSON: **Emma Pedler**
E: Emma.Lee@abc.net.au

DESCRIPTION OF ENTRY

Four blogs from South Australia's Eyre Peninsula appeared on the ABC Open website during Mental Health Awareness Week in October 2013. Here are the story blurbs and links: I'm a country bloke with depression. As man living in regional South Australia, Sean Tosold has ridden the rollercoaster of depression for nearly three quarters of his life. Now at 40, he's managing things a whole lot better. He shares his story in this guest blog for Mental Health Week. <https://open.abc.net.au/posts/i-m-a-survivor-84ef3yr>. I climbed out of the black hole and started to fight back People refer to depression as the 'black hole', but guest blogger Carla Naismith says it's a slippery slope of terror into a cavernous, dark, scary, lonely place where normal rules do not apply. This is her story. <https://open.abc.net.au/posts/escaping-the-black-hole-of-depression-05bs8nf> What's wrong? If only I knew! As a mother living in a regional South Australian town, Rachel Fuller has struggled with her depression and access to services. She shares her story with ABC Open for Mental Health Week. <https://open.abc.net.au/posts/what-s-wrong-i-m-depressed-91cw8hr> Being a mum can be hard 'A' thought she was prepared for motherhood, but she wasn't ready for post natal depression. She explains that admitting that you have PND in a small country town can make you feel like a failure and a bad mother, even if you're not. <https://open.abc.net.au/posts/being-a-mum-is-hard-47ds9dr> Each story is roughly 500 words in length. ABC Open is an online storytelling community launched by the ABC in 2010. It invites regional Australians to tell their stories via moving and still images, writing projects and audio recordings. More than 52,000 stories have been collected to date and published and broadcast across the ABC including on ABC 1 (before the 7pm News), ABC New 24, Radio National, triple j and a range of ABC radio. There are 45 ABC Open producers located throughout regional Australia teaching digital media skills to people eager to learn how to share their stories. More than 10,000 people have taken part in ABC Open workshops. Our most popular video projects, Video Postcards and Day in the Life, boasted 500 contributions each. Snapped, our monthly photography challenge with a twist, has attracted over 20,000 contributions, from a diverse range of Australians. The Mental Health Week series of 'guest blogs' was the brainchild of ABC Open Producer Emma Pedler, who is based on the West Coast of South Australia. Emma was born and bred on the Peninsula, and wasn't long out of uni before her cheeky personality was attracted to a job in radio. In 2001, she was appointed as Field Reporter and Online Producer with ABC Eyre Peninsula and has enjoyed sharing her stories of the locals ever since. The four stories were written by country people about their own personal experiences. It is an example of User Generated Content at its rawest and best. 1 – A country bloke living with depression. 2 – A young mother with post natal depression. 3 – A mother in the middle of her depression and post-natal depression journey. 4 – A woman who wrote about how her depression affected both her and her family. The impact of the stories was real and far-reaching. Sean Tosold's story was picked up by ABC News Online and ended up with over 8,000 hits. People dropped in meals and gifts to the writers, they spoke to them about their stories and some even apologised for earlier misunderstandings. Emma says: 'Being able to work for an organisation that allows me to publish stories like these is an absolute blessing. I felt a great deal of pride and love for the people who really were so brave in sharing their experiences with us. 'All of the writers still have some bad days as well as some good days and, after the overwhelming positive response to their stories online, I hope that they now realise that their communities are there for them.'

**EXCEPTIONAL CONTRIBUTION TO
MENTAL HEALTH SERVICES IN
AUSTRALIA OR NEW ZEALAND
2014 AWARD**

This award recognises an individual who has made an outstanding contribution to mental health service delivery. It acknowledges a remarkable accomplishment and wide sphere of influence. It is in recognition of the importance to the development of best practice services throughout the two countries.

Entries are by nomination only (not self nomination).

The applications were rated on the following criteria:

1. Evidence of a significant contribution to the field of mental health on a local, state or national level.
2. Evidence of innovation or a high standard of service.

This award program contributes to publicising the good work being done in an environment where often only bad news seems to appear in the media.

EXCEPTIONAL CONTRIBUTION TO MENTAL HEALTH SERVICES IN AUSTRALIA

JOINT WINNER:

**Douglas Holmes
NSW**

BRIEF DESCRIPTION OF AWARD RECIPIENT

Douglas's contribution to the Mental Health Service at a local, state, and national level over a long period started in 1992 when he was diagnosed with Bipolar affective disorder. The TheMHS conference in Brisbane in 1996 inspired him to change the mental health service so that other consumers could have a better recovery journey than he and his family had. He became a member of the NSW Consumer Advisory Group Mental Health incorporated (NSW CAG) from 1997 to 2000, and a founding member of the Australian Mental Health Consumer Network from 1997. He became the NSW CAG's Executive Officer from 2000 till 2006. His goal was to embed consumer participation at the core of Mental Health Service in NSW. Since 2006 Douglas has worked at St Vincents Hospital as the Mental Health Consumer Participation Officer to put the policies he had worked on into action.

The Inner City SUPER Group is a consumer group in the O'Brien Centre at St Vincent's Hospital, Inner City Health Program. It allows people with an interest in Recovery to network and share ideas that promote St Vincent's Hospital becoming a recovery-focused service. The aim of participants in the Inner City SUPER Group (Service Users, Participating, Educating and Researching), is for people to go there and find out and share ideas about recovery. SUPER group members encourages participants to identify their dreams, find out what they want to do, then encourage people to use their Consumer Wellness Plans to find out their strengths and identify strategies to stay well and follow their dreams. Service providers visit the group by invitation, consulting with members about projects in the Mental Health Service, and give their support and information about services available. Interested people from across the Inner City community can participate in the group.

Awarded in recognition of unswerving dedication to the betterment of services to support consumer wellbeing; for extraordinary determination to ask questions and seek out answers; for outstanding expertise, freely given, with a "can do" attitude be it for national policy or a local art group.

This award represents an acknowledgement of an exceptional contribution, the results of which will flow on to enhance the mental health and wellbeing of all.

EXCEPTIONAL CONTRIBUTION TO MENTAL HEALTH SERVICES IN AUSTRALIA

JOINT WINNER:

Erica Lee

QLD

Mater Child And Youth Mental Health Service

BRIEF DESCRIPTION OF AWARD RECIPIENT

Erica Lee, Exceptional Manager Exceptional contributor to Child and adolescent mental health services has had a crucial leadership role in the transformation of local isolated services into an integrated organisation, and in doing so delivered a ten -fold increase in mental health services to children, youth and families. Erica has been committed to listening to the consumers of the service, responding to their needs and driving the development of numerous programs many a first of their kind for Queensland. Eg eg KIDZ Club first Copmi service in Queensland, Multicultural Program and interagency meetings. Erica took a leading role in employing the first Indigenous Consultant and Consumer Consultants in CYMHS in Queensland and in 2002 she facilitated the establishment of the kidsinmind Research Unit. Erica has been at the forefront of child and adolescent mental health services in Queensland for more than 20 years and in recent years involved nationally and internationally through the IIMHL leadership program. She has advocated tirelessly for resources and models of care that meet the needs of this particular population. Mater CYMHS commenced in 1996.

Mater Child and Youth Mental Health Service provides specialised assessment and treatment services for children, young people and their families who are experiencing emotional and behavioural difficulties and complex mental disorders. The service provides predominantly public health services managed by Mater Health Services. The service covers a large geographical area with an estimated population of 415,300 of which 124 200 (30%) are children and adolescents aged 0-19 years. A significant proportion is of a non-English speaking background (18%) and 1.45% are from Aboriginal or Torres Strait Islander descent. There are 145 schools in the catchment area. The service employs approximately 300 staff (150 FTE) and operates a budget in excess AUD20 million/annum. The service includes a 12 bed child and adolescent inpatient unit, an Extended Hours and Consultation Liaison Service and a Day Program. Specialist services include a Research Unit, Infant Mental Health Team, a Disaster Response Team of international acclaim and an Adolescent Drug and Alcohol Withdrawal Service. Four community clinics operate in the southern suburbs of Brisbane as well as Brisbane South Evolve, a state wide service cross government initiative that aims to enhance mental health, school attendance and behavioural support for young people in the care of Department of Communities.

Awarded in recognition of outstanding dedication and leadership at the front line of service delivery; negotiating complex times to create an internationally recognised Child and Youth Mental Health Service where all involved can contribute with confidence to the vision and to the outcomes.

This award represents an acknowledgement of an exceptional contribution, the results of which will flow on to enhance the mental health and wellbeing of all.

SERVICE AND PROGRAM AWARDS ASSESSMENT COMMITTEE MEMBERS

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Deputy Chair and Co-ordinator:	Lynne Dunbar	New South Wales
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	Douglas Holmes	New South Wales
	Lee Hopkins	South Australia
	Robyn Humphries	Victoria
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	Sharon Lawn	South Australia
	Winston Lo	New South Wales
	Peter McGeorge	New South Wales
	Julie Millard	New South Wales
	Noel Muller	Queensland
	Cassy Nunan	Victoria
	Martin Orr	New Zealand
	Janet Peters	New Zealand
	Allan Pinches	Victoria
	Mark Smith	New Zealand
	Warwick Smith	Western Australia
	Vicki Stanton	New South Wales
	Andrea Taylor	New South Wales
	Barbara Tooth	New South Wales
	Janet Watterson	New South Wales
	Ann White	Western Australia
	Barbara Wieland	South Australia

MEDIA AWARDS ASSESSMENT COMMITTEE MEMBERS

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TheMHS IS TURNING 25!

**2015 TheMHS Service Achievement Awards and
Media Achievement Awards
submissions open in November 2014.**



Join us in 2015 for our 25th Anniversary!

TRANSLATING BEST PRACTICE INTO REALITY

25 – 28 August 2015

CANBERRA

Canberra last hosted TheMHS in 2003 and is proud to host the 2015 TheMHS conference. TheMHS 2015 will provide opportunities for dialogue in terms of best practice in the mental health services arena.

What is 'best practice'? And how does it relate to mental health services? The term is used often and in very different ways. What best practice means to a consumer may be entirely different from the way a researcher conceptualises the term. What does 'best practice' mean to carers? What does it mean in terms of legislation? TheMHS 2015 seeks to explore these questions.

Mark the date to:

- Journey into reality
- Explore the new reality
- Discuss new roles for a new reality

The Call for Papers will be open in December. Start thinking now about what you will present at TheMHS 2015 in Canberra, our 25th anniversary!

