



T H E M · H · S
C O N F E R E N C E

THE MENTAL HEALTH SERVICES CONFERENCE INC.
OF AUSTRALIA AND NEW ZEALAND

ANZ MENTAL HEALTH SERVICE
ACHIEVEMENT AWARDS

1995

LIST OF AWARDS

FUNDED BY
THE COMMONWEALTH DEPARTMENT OF
HUMAN SERVICES AND HEALTH
&
NEW ZEALAND REGIONAL HEALTH AUTHORITIES

INTRODUCTION

The award program began in 1992 and it is designed to reward and publicise services that have shown innovation and excellence. However, the program is not an exhaustive or fully objective measure of the best services in Australia or New Zealand, as it depends on services deciding to apply and the information they supply us with. We do not have the resources for systematically reviewing all services. Apart from the written material supplied, we do contact people who are likely to know if a service is genuine. The services were assessed by a committee of five people from different disciplines, including a primary consumer and a person from a non-government organisation, who are geographically spread around Australia and New Zealand. The Chairperson also scored the programs, when necessary, to avoid conflicts of interest or in close scoring situations. The services were rated on the following criteria:

1. Verification that the program has been operating for at least two years (not including planning time) and is an ongoing one.
2. Evidence that the program has made a significant contribution to the field of mental health on a local or national level.
3. Evidence that it provides a model for other mental health programs.
4. Evidence that the program is doing something innovative.
5. Evidence that the program has found a way to overcome obstacles and barriers or to extend resources and funding.
6. Verification of the program's effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.).
7. Award potential, or feeling factor, as certain things come across in submissions that are hard to quantify.
8. If considered advisable, a site visit may be conducted. Referees, with knowledge or programs local to them, may also be consulted by the awards committee.

In 1995, there were seventy-two applications received, but one was withdrawn due to the sending of information that did not follow the rules and which could not be edited in time. They were divided into seven categories:

1. COMPREHENSIVE CATCHMENT AREA SERVICE
2. INNOVATIVE PART OF A COMPREHENSIVE SERVICE
3. SPECIALIST SERVICE
4. MOST IMPROVED SERVICE
5. NON-GOVERNMENT SERVICE
6. PARTNERSHIP AWARD
7. INDIVIDUAL/TEAM AWARD FOR AN OUTSTANDING CONTRIBUTION TO THEORY/EDUCATION/PRACTICE

The awards were presented by the Governor General of New Zealand, Dame Catherine Tizard G.C.M.G, D.B.E. on Tuesday September 5, 1995 in Auckland. The money awarded and expenses were generously granted by the Australian (\$50,000) and New Zealand (\$10,000) Governments in recognition of the importance they give to the development of best practice services throughout the two countries. This award program contributes to publicising to the good work being done in an environment where only bad news seems to appear in the media. The following pages give you the contact details for the services and a short summary of their activities.

CATEGORY 1 COMPREHENSIVE CATCHMENT AREA SERVICE

– for overall excellence of service provision within the constraints of the resources available.

AWARD : GOLD \$4,500

APPLICANT: ROYAL NORTH SHORE HOSPITAL & COMMUNITY HEALTH SERVICE
DIRECTOR: Dr. Alan Rosen
ADDRESS: 55 Hercules Street, Chatswood NSW 2067
CONTACT PERSON: Dr. Alan Rosen TEL: (02) 414 0293
FAX: (02) 415 1246

DESCRIPTION OF SERVICE:

Comprehensive, integrated Mental Health Service (Hospital & Community) 170,000 population on the Lower North Shore of Sydney. Multidisciplinary workforce, 85 staff, 24 hr/day 7 days/week. The Royal North Shore Hospital and Community Mental Health Service is an enduring, stable, evolving, progressive system with long-serving staff. It provides a consumer focussed, mainstreamed and integrated service which focuses on continuity of care for people with a serious mental illness. A range of services are provided including: crisis intervention, assessment, case management, rehabilitation, residential and intensive mobile care.

Staff and managers work together with service-users, families, General Practitioners, and other local community agencies to continually evolve and innovate, and to improve the quality and range of services available.

AWARD : SILVER \$2,500

APPLICANT: Bendigo and Region Psychiatric Services
DIRECTOR: Mr. Brian Jacobs (Acting C.E.O.)
ADDRESS: P.O. Box 61, Eaglehawk, Vic. 3556
CONTACT PERSON: Mr. Paul Penno TEL: 054 446500
FAX: 054 417882

DESCRIPTION OF SERVICE:

Bendigo and Region Psychiatric Services consists of a team of approximately 210 staff, working from a number of locations, (including a 35 year-old psychiatric and mental hospital), utilising both traditional and innovative skills, employing modern technology such as mobile telephones, and pioneering in the use of telepsychiatry. The team is delivering, and progressively refining, an integrated and comprehensive, community-focused mental health service across a rural region which comprises almost 20% of Victoria's land area and which has a widely-dispersed population of about 205,000 people (4% of the State's total population).

Two hundred skilled and enthusiastic people, including psychiatrists, social workers, medical officers, psychiatric nurses, psychologists, pharmacists, occupational therapists and psychiatric service officers, are working to, and refining, a strategic plan designed to provide comprehensive, integrated psychiatric services to a widely dispersed population of over 200,000 people in a rural region of approximately 40,000 square kilometres. They provide modern, community-focused psychiatric care for people suffering from serious mental illness, as well as providing a range of related assessment services, consultation and liaison for other general health-care providers, such as local family doctors and psycho-social support agencies, and community education.

AWARD: BRONZE \$1,000

APPLICANT: The Geelong Hospital, Psychiatric Services
DIRECTOR: Ms Anna Fetcher
ADDRESS: P O Box 281, GEELONG 3220
CONTACT PERSON: Graeme Hollis Tel: 052 267410
Fax: 052 267436

DESCRIPTION OF SERVICE:

Service comprises a 24 acute bed ward, 24 bed community care unit, 4 community mental health multidisciplinary teams, a day treatment centre, child adolescent service and crisis, consultation liaison services. The facility services the Barwon Sub Region of the Barwon South-Western Region, Victoria.

The Geelong Hospital Psychiatric Services provides a comprehensive range of mental health services based on continuity of care, case management, consumer involvement and crisis prevention. In spite of a 12 per cent operational budget cut over three years, services have been reorganised and integrated to achieve a 38 percent increase in patients treated and a 160 percent rise in community based contacts, resulting in the lowest inpatient treatment ratio in Victoria.

Many of the services have led the way with innovative features, including the Community Rehabilitation Facility and Day treatment Centre, while the effectiveness of services has been enhanced by successful general practitioner and family education programs.

CATEGORY 2 INNOVATIVE PART OF A COMPREHENSIVE SERVICE

- any service area from acute care to rehabilitation.

AWARD : GOLD \$4,500

APPLICANT: Community Based Psychosocial Support Service
FACILITY: De Paul Community Support Service
MANAGER: Sheryl Carmody
ADDRESS: P O Box 125, Leederville W A 6902
CONTACT PERSON: Sheryl Carmody TEL: (09) 227 7899
FAX: (09) 227 7879

DESCRIPTION OF SERVICE:

The De Paul Community Support Service is a community-based inreach service for people with a psychiatric disability. Its purpose is to provide psychosocial support service to people in their own environments so that they can maintain community tenure with a quality of life. The DPCSS operates in conjunction with identified medical and clinical structures. It is tailored to each individual's needs and priorities. The general objectives are that people improve their social circumstances and their social functioning and improve or sustain their mental and physical health.

The Service employs professional support workers who each provide 'hands-on' support for 8 to 12 clients at any one time, depending on the level of support required. The length of support can range from periods of six months to several years. The Service is funded/purchased by the three Perth Metropolitan Health Authorities to operate alongside public psychiatric clinical services and, more recently, private psychiatrists.

AWARD : SILVER \$2,500

APPLICANT: Northern Region Independent Living Program
SERVICE: North Metropolitan Health Service
Psychiatric Rehabilitation Services
DIRECTOR: Mr Mel Harris - Co-ordinator,
ADDRESS: 59 Hamersley Road
SUBIACO WA 6008
CONTACT PERSON: Mel Harris TEL: 09 381 4977 Fax: 09 381 4379

DESCRIPTION OF SERVICE:

The North Metropolitan Health Service (NMHS) Perth Western Australia, extends along the coast

north of the Swan River from Mosman Park to Two Rocks (the upper boundary of the metropolitan area). It is one of three Metropolitan health regions.

In 1990 the regions population was approximately 390,000 people, calculated to rise to 416,000 by 1996. This represents approximately one quarter of the States and a third of Perth's metropolitan population.

The project is a joint venture between Government and Non-Government Services, formed to address serious deficiencies in the range of accommodation available to people with psychiatric disabilities. The service is client-focused; driven by needs identified in a research project; assists people to access the accommodation of their choice; in locations they select and with an appropriate support system in place. Of one hundred and twenty people identified as having the potential to succeed in supported accommodation, more than forty have so far been housed in a place they can call their own.

AWARD: BRONZE \$1,000

APPLICANT: Psychiatric Rehabilitation Services
SERVICE: ACT Department of Health
DIRECTOR: Joni Bryan, Ag. Programme Director
ADDRESS: GPO Box 825, Canberra, ACT 2601
CONTACT PERSON: Mimi Christie TEL: 06 2051576
FAX: 06 2051577

DESCRIPTION OF SERVICE:

MAINSTREAMING WHERE DO WE ALL FIT?

Directions for psychiatric rehabilitation

The current trend in psychiatric rehabilitation which has switched focus from day and living skills centres to community outreach is desirable although experience shows that despite best intentions the process of integration into the community is more difficult than often anticipated. The differing obstacles encountered during the transitory stage need to be addressed or the attempt to mainstream many of these clients will ultimately fail. PRS has developed a service model based on a specialist clinical programme which guides and works closely with non-clinical specialists to maximise successful integration. The model combines comprehensiveness and specificity of approach with innovative sub-programmes.

CATEGORY 3 SPECIALIST SERVICE

- most innovative or excellent specialist service.

AWARD: GOLD \$4,500

APPLICANT: Consultation-Liaison Psychiatry Unit
SERVICE: Monash Medical Centre
DIRECTOR: Dr A Dunsis
ADDRESS: Adult Psychiatry Service
Monash Medical Centre
246 Clayton Road
CLAYTON VIC 3168
CONTACT PERSON: Dr A Dunsis TEL:(03) 9550 1437 FAX:(03) 9550 6143

DESCRIPTION OF SERVICE:

The Adult Consultation-Liaison Psychiatry Unit at Monash Medical Centre serves a suburban general teaching hospital of 600 beds. The hospital is a tertiary referral centre with a comprehensive range of specialty services.

The Monash Medical Centre Adult Consultation-Liaison Psychiatry Unit specialises in the emotional needs and mental disorders of people with physical illness. Despite their vulnerability to psychological problems, the special needs of this group were poorly recognised until relatively recently. This Unit has been in the vanguard of such developments in Australasia. By promoting a multi-disciplinary, bio-psycho-social, approach to management, we embody a "whole person" strategy based in reality rather than theory. Alongside a consultation service for particular clinical problems, our highly-developed liaison services integrate psychiatric clinicians into medical and surgical units where physical-psychiatric comorbidity is high. We make approximately 4,500 patient contacts each year. Our academic standing is women with breast cancer, patient satisfaction and quality improvement initiatives, international collaboration on standardised case register systems, and, development of consultation-liaison psychiatry outreach into general practice.

AWARD: SILVER \$2,500

APPLICANT: Aged Care Psychiatric Assessment and Treatment Team
SERVICE: Bendigo and Region Psychiatric Services
DIRECTOR: Mr. Brian Jacobs, Chief Executive Officer
ADDRESS: P O Box 61 Eaglehawk 3556
CONTACT PERSON: Ms Maureen Randall Tel: (054) 446353
Fax (054) 446117

DESCRIPTION OF SERVICE:

The Age Psychiatry Service consists of acute admission beds, an extended care unit and the Aged Care Psychiatric Assessment and Treatment Team (ACPAT). The ACPAT is staffed by 6 clinicians (4 RPNs, 1 Occupational Therapist, 1 Case Aide) and one full time Psychiatrist. The service provides assessment, treatment, and case management services to the elderly mentally ill in Region 3. Services are provided to aged person with long standing mental illness who have grown older, people with functional disorders and "Region 3 is the largest of the health regions in Victoria extending 300 kms North West from Woodend to Sealake. Its total population is 229,000, of which thirteen percent are elderly.

ACPAT is a community based service which provides specialised assessment, treatment and rehabilitation to the elderly mentally ill. Services are provided through a shared-care approach with General Practitioner's and in collaboration with age services. ACPAT is regional and the rural consumer is serviced by visiting clinicians and consultancy. Admission and treatment options have increased through the collaborative working relationship of the age and psychiatric services and specifically targeted education programs to residential service staff. The team provide quality services through the development of a modified screening process, implementation of case management and triage system and through staff supervision and quality review processes.

AWARD: BRONZE \$1,000

APPLICANT: Granville Vocational Unit
SERVICE: Commonwealth Rehabilitation Service
DIRECTOR: Penny Nicholson
ADDRESS: P O Box 156 Granville NSW 2142
CONTACT PERSON: Penny Nicholson TEL: 02 682 1033
FAX: 02 897 3335

DESCRIPTION OF SERVICE:

The CRS Granville Vocational Unit (GVU) provides vocational rehabilitation services for people with psychiatric disabilities who live in Western Sydney. The GVU is staffed by a Manager, 7 Case Managers, a Job Development Officer and 2 Administrative Support staff. The GVU has annual targets to assist 45 people to gain employment and 112 people to commence a vocational rehabilitation program.

The GVU also has a Statewide responsibility for the improvement of vocational service provision for people with psychiatric disabilities by the NSW CRS network of 50 Regional Units. The Granville Vocational Unit (GVU) was established in NSW in 1991 as part of the Commonwealth Rehabilitation Service national psychiatric disability project to assist people with psychiatric disabilities to gain employment.

The principles of the Choose Get Keep model of vocational rehabilitation (Anthony & Danley 1987) underlie the GVU's service delivery approach. The GVU assists first time job seekers; people who have a history of being able to get but not keep jobs; and people who are employed but whose job is in jeopardy because of disability related issues.

The GVU works in partnership with service providers who are responsible for the ongoing management of a person's mental illness and with employment agencies who can provide ongoing employment support.

CATEGORY 4 MOST IMPROVED SERVICE

- encourage services in less developed areas.

Introducing a model program to minister the care of elderly people with functional mental disorders.

AWARD: GOLD \$4,500

APPLICANT: Glen Private Hospital - Waitemata Health
SERVICE: Mental Health Services for the Elderly (West)
DIRECTOR: Derek Wright, Mental Health Services; Mike Cavitt, Glenburn
ADDRESS: C/o Clare Cottage, Waitakere Hospital, Lincoln Road, Henderson, Auckland, New Zealand.
CONTACT PERSON: Dr. Chris Perkins TEL: 64 9 837 6650
FAX: 64 9 837 6649

DESCRIPTION OF SERVICE:

28 beds at Glenburn Private Hospital were initially "contracted out" by the Auckland Area Health Board to provide long-stay placement for "functionally ill" patients deemed otherwise "unplaceable". These people previously came from the 'back wards' of Kingseat and Carrington Hospitals where they lived in dormitories in old buildings and had little involvement with the outside world and an impoverished quality of life.

Their move into a purpose-built private unit coincided with increased therapeutic input and for many residents their symptoms have improved sufficiently for them to live in less restrictive environments and to be discharged from Glenburn. This has threatened the financial viability of the unit so that alternative strategies to use available beds have evolved.

AWARD: SILVER \$2,500

APPLICANT: Community Based Adult Psychiatry Services
SERVICE: Warrnambool & District Base Hospital Psychiatric Services Division
DIRECTOR: Ken Burnett, Executive Officer
ADDRESS: 'Bohan Place', Lava Street, (PO Box 197), Warrnambool, 3280
CONTACT PERSON: Dr. G. REY, Ms. I. PURCELL TEL: (055) 61 9100
FAX: (055) 61 3813

DESCRIPTION OF SERVICE:

The Warrnambool and District Base Hospital Psychiatric Services Division Community Adult Psychiatry Teams are located in south western Victoria and service an area of 25,000 square kilometres with a target population of 62,000. The teams are located in the City of Warrnambool and

towns of Camperdown, Hamilton and Portland.

The Warrnambool and District Base Hospital Adult Community Psychiatry Teams provide a comprehensive, specialist psychiatric service in south western Victoria.

The services have moved from an isolated model of psychiatric care to a community based model of integrated mental health care which is delivered as close as possible to the client's environment.

Comprehensive assessment and treatment is provided with an emphasis on home based care, case management and an individual service plan for every client. Both clients and carers are encouraged in all areas of management and the teams liaise closely with all general health care providers and the community served.

AWARD: BRONZE \$1,000

APPLICANT: NORTH WEST COMMUNITY MENTAL HEALTH SERVICE

DIRECTOR: BRUCE FALCONER

ADDRESS: 200 SYDNEY ROAD, BRUNSWICK 3056

CONTACT PERSON: BRENDAN O'HANLON/GRAHAM MEADOWS

DESCRIPTION OF SERVICE:

The North West Community Mental Health Service is a State run area based mental health service providing clinical, case management and rehabilitation services to residents of the Cities of Moreland and Hume. Services are provided by a range of multi-disciplinary teams. The catchment area has a population of approximately 200,000 and comprises inner suburban, suburban and semi rural areas.

The North West community Mental Health Service is a State run area based mental health service providing clinical, case management and rehabilitation services to the Cities of Moreland and Hume.

The North West Area services have substantially refocussed the service system, expanded many areas of the system and better linked the system into collaborative structures with the general health services and the wider community. Key initiatives have been the development and implementation of needs assessment tools and a sophisticated case management system, Community liaison in Primary Care Psychiatry, Religious Groups Community Development Project, increased supported accommodation and consumer initiatives.

CATEGORY 5 NON-GOVERNMENT SERVICE

- including funded and voluntary non-government organisations.

AWARD: GOLD \$4,500

APPLICANT: FRAMEWORK TRUST

DIRECTOR: CHRIS HARRIS

ADDRESS: P O Box 52-164, Kingsland
AUCKLAND 1003, NEW ZEALAND

CONTACT PERSON: Katherine Fell
TEL: 849-6985
FAX: 849-3126

DESCRIPTION OF SERVICE:

Framework Trust is a Charitable Trust which offers a diverse range of psychosocial opportunities in the North, South and Central regions of Auckland. The organisation serves over 400 Individuals with Mental Health concerns in 16 different locations, offering programs ranging from Employment Development and Work Co-operatives through to Accommodation Activity and Social and Development Centres.

Framework Trust has evolved an innovative, dynamic and responsive way of developing community based services in partnership with mental health consumers. At the core of all services is the notion of consumer empowerment. Our services have been driven by clearly established needs identified by mental health consumers with a simple message that choice, opportunity and flexibility are keystones to successful service development. These ingredients are essential components to our small locality based services offering choices between social and development activity, work skills employment, accommodation and work cooperative endeavour.

AWARD: SILVER \$2,500

APPLICANT: Panic Anxiety Management Program & Workshop

SERVICE: Panic Anxiety Disorder Association Inc.

DIRECTOR: Bronwyn Fox, CEO

ADDRESS: 35 Fullarton Road, Kent Town, South Australia 5067

CONTACT PERSON: Bronwyn Fox
TEL: 08 339 5218
FAX: 08 362 1397

DESCRIPTION OF SERVICE:

The Panic Anxiety Management Programs and Workshops are held throughout Australia in various locations including conference facilities in public hospitals, community health centres, government conference facilities and other appropriate venues.

The Panic Anxiety Disorder Association Inc. runs Panic Anxiety Management Programs and Workshops throughout Australia. The Programs and Workshops are designed to compliment the various therapy options provided by the individual's psychiatrist and/or psychologist. The Programs and Workshops are unique in so far as they have been developed experientially from a client base now numbering in the thousands. They draw upon this combined experience and in doing so are able to specifically relate to the individual client's subjective experience of their Disorder and the difficulties encountered during the recovery phase.

AWARD: BRONZE \$1,000

APPLICANT: Doing Things Program
SERVICE: Out Doors Inc.
DIRECTOR: Hans Van De Graaff/Peggy Ronnan
ADDRESS: 124 Napier Street, P O Box 147, Fitzroy, Vic. 3065
CONTACT PERSON: Peggy Ronnan Tel:(03) 9417 2111
Fax:(03) 9416 2746

DESCRIPTION OF SERVICE:

Out Doors Inc. (ODI) is a community-managed mental health service. It employs 4 full-time staff and 2 part-time service as well as sessional workers. It provides both a recreation program (Doing Things) serving an inner urban area as well as an experiential learning (psychosocial rehabilitation) program (Going Places) which is state-wide.

Out Doors, through its programs which use outdoor adventure, education, community based recreation, experiential learning, art and cultural activities provide practical opportunities for people with serious mental illness to participate in the community. Out Doors assist people to develop a positive self image, increase social skills and gain new insight by participating in interesting challenging and socially valued activities. These individual and group interactions directly improve a person's motivation and capacity to live in the community. Often we do not rigorously evaluate what we have done because it seems too hard or too difficult. It is neither and we have tried to demystify the process through our **Doing things Program Evaluation**. We simply asked 4 groups of people at **"What Difference We have Made?"** The answer to that question plus the demographic of the participants and the program data has given us a direction for the next phase. We submit this process used in our Doing Things Evaluation as an entry for the Achievement Awards.

CATEGORY 6 PARTNERSHIP AWARD

- For consumer/provider partnership activities.

AWARD: GOLD \$4,500

APPLICANT: 'Understanding & Involvement' (U & I) - Consumer Evaluation of Acute Psychiatric Hospital Practice'
DIRECTORS: Penny Drysdale (Co-ordinator) VMIAC / Norman James (CEO)
ADDRESS: VMIAC, 136A Sydney Rd, Brunswick, 3056/Private Bag No. 3 Parkville, 3052
CONTACT PERSON: Merinda Epstein/Yoland Wadsworth TEL: 03 389 2538 (Royal Park)
FAX: 03 388 1445 (VMIAC)
DESCRIPTION OF SERVICE:

(1) The VMIAC is the statewide peak organisation for consumers in mental health in Victoria. Its membership includes both groups and individual consumers, as well as others supportive of its aims.
(2) The Royal Park Corporation is a large psychiatric services organisation serving several metropolitan regions with both acute and community mental health facilities.

'Understanding, Anytime' and 'Understanding and Involvement' (U&I) comprises an innovative participatory action research program. Conducted by a psychiatric service users' self advocacy organisation - the Victorian Mental Illness Awareness Council - in collaboration with acute services staff it is a project hosted by the Royal Park Corporation.

The project sets out a develop and then test ways for staff to seek evaluative feedback from consumers. This involves important and often difficult 'cultural change' in an area of practice which has not traditionally sought the views of clients. Through dialogue between consumers and staff, the project is trialing and implementing permanent methods for seeking consumers' views which could be successfully transported to other acute and community psychiatric service settings.

AWARD: SILVER \$2,500

APPLICANT: TASMANIAN ASSOCIATION FOR MENTAL HEALTH OPEN MIND - JOURNAL
DIRECTOR: Elaine Reeves
ADDRESS: P O Box 260, North Hobart, Tas 7002
CONTACT PERSON: Elaine Reeves Tel: 002 951 870
DESCRIPTION OF SERVICE:

Open Mind is a journal on mental health issues of 32 pages per issue, published three times a year. Government mental health services are regionalised (3 regions) in Tasmania, and non-government

groups also tend to be segregated. Open Mind is the only communication in the mental health sector that has a statewide reach.

Open Mind is a quality publication that has done much to raise the informed awareness of mental health issues in Tasmania and to integrate is dispersed sector. The journal's first focus is consumers, and it includes first-hand accounts of the experience of mental illness and means people have found to cope. It campaigns for new and better services, regularly contains report on research projects in which readers have an interest but are unlikely to read in their entirety, and accounts of new treatments and programs. Its newsletter functions inform self-help groups of what is being done in each region.

It is edited by Elaine Reeves, who has both 30 years' experience as a journalist and personal experience of mental illness on which to draw.

AWARD: BRONZE \$1,000

APPLICANT: Camp and Recreation Sub Committee
The Schizophrenia Fellowship of South Queensland Inc.

DIRECTOR: Mr. John Dickinson, Executive Officer

ADDRESS: 95, Arthur Street, Fortitude Valley QLD 4006

CONTACT PERSON: Sara Simpson Tel: 253 1163 Fax: 857 4462

DESCRIPTION OF SERVICE:

The Schizophrenia Fellowship of South Queensland Inc. is a non-government organisation established by carers and currently staffed by administrative personnel and a recreation officer. The fellowship aims to help people who suffer from Schizophrenia and their families.

The Camp and Recreation Sub Committee of the Schizophrenia Fellowship of South Queensland Inc. is responsible for the provision of holiday camps and some other recreation activities for members of the fellowship and consumers of the Brisbane Metropolitan Area Community Psychiatric Clinics.

Initiated by an enthusiastic carer in 1989 with the help of consumers and other carers the Camp and Recreation Committee now has a membership of fellowship staff, consumers, carers, and clinic staff.

Camps are held 3-4 times a year over a 3 day period. Monthly barbeques are held at a city based garden facility (Southbank).

Consumers have been involved since the beginning of this project. Questionnaires have been used to ensure that consumers needs are generally being met.

Inexpensive State Government, church and community organisations sites are used for camps held approximately 2 hours drive from Brisbane. Longer distances, travelling by train with a long stay camp have also recently been successfully attempted.

CATEGORY 7

INDIVIDUAL/TEAM AWARD FOR AN OUTSTANDING CONTRIBUTION TO THEORY/EDUCATION/PRACTICE

AWARD: GOLD

APPLICANT: Associate Professor Patrick McGorry

ADDRESS: Early Psychosis & Intervention Centre
35 Poplar Road, Parkville, Vic. 3052

CONTACT PERSON: Cathy Mihalopoulos Tel: 03 389 2403 Fax: 03 389 2343

Associate Professor Patrick McGorry is currently director of the Early Psychosis Prevention and Intervention Centre (EPPIC) as well as Associate Professor in the Department of Psychiatry at Melbourne University.

The staff of the EPPIC program nominated Professor McGorry for the above award for the work, drive, vision and commitment he has demonstrated in the area of early psychosis. Professor McGorry epitomises the scientist-practitioner model and has made significant contributions both academically and clinically. He works tirelessly in ensuring that the quality of service offered at EPPIC is of the highest standards and sensitive to the requirements of the participants. He has time for all staff, peers and consumers alike and as such has gained a deep respect and admiration by all associated with him.