

THE MENTAL HEALTH SERVICES CONFERENCE

ANZ MENTAL HEALTH SERVICE
ACHIEVEMENT AWARDS

1996

LIST OF AWARDS

FUNDED BY
THE COMMONWEALTH DEPARTMENT OF
HUMAN SERVICES AND HEALTH
&
NEW ZEALAND HEALTH DEPARTMENT

INTRODUCTION

The award program began in 1992 and it is designed to reward and publicise services that have shown innovation and excellence. However, the program is not an exhaustive or fully objective measure of the best services in Australia or New Zealand, as it depends on services deciding to apply and the information they supply us with. We do not have the resources for systematically reviewing all services. Apart from the written material supplied, we do contact people who are likely to know if a service is genuine. The services were assessed by a committee of five people from different disciplines, including a primary consumer and a person from a non-government organisation, who are geographically spread around Australia and New Zealand. The Chairperson also scored the programs, when necessary, to avoid conflicts of interest or in close scoring situations. The services were rated on the following criteria:

1. Verification that the program has been operating for at least two years (not including planning time) and is an ongoing one.
2. Evidence that the program has made a significant contribution to the field of mental health on a local or national level.
3. Evidence that it provides a model for other mental health programs.
4. Evidence that the program is doing something innovative.
5. Evidence that the program has found a way to overcome obstacles and barriers or to extend resources and funding.
6. Verification of the program's effectiveness (quality assurance measures, utilisation review, outcome evaluations etc.).
7. Award potential, or feeling factor, as certain things come across in submissions that are hard to quantify.
8. If considered advisable, a site visit may be conducted. Referees, with knowledge or programs local to them, may also be consulted by the awards committee.

In 1995, there were seventy-two applications received, but one was withdrawn due to the sending of information that did not follow the rules and which could not be edited in time. They were divided into seven categories:

1. COMPREHENSIVE CATCHMENT AREA SERVICE
2. INNOVATIVE PART OF A COMPREHENSIVE SERVICE
3. SPECIALIST SERVICE
4. MOST IMPROVED SERVICE
5. NON-GOVERNMENT SERVICE
6. PARTNERSHIP AWARD
7. INDIVIDUAL/TEAM AWARD FOR AN OUTSTANDING CONTRIBUTION TO THEORY/EDUCATION/PRACTICE

The awards were presented by the Governor General of New Zealand, Dame Catherine Tizard G.C.M.G, D.B.E. on Tuesday September 5, 1995 in Auckland. The money awarded and expenses were generously granted by the Australian (\$50,000) and New Zealand (\$10,000) Governments in recognition of the importance they give to the development of best practice services throughout the two countries. This award program contributes to publicising the good work being done in an environment where only bad news seems to appear in the media. The following pages give you the contact details for the services and a short summary of their activities.

Dr Roger Gurr, Chair, Awards Assessment Committee.

CATEGORY 1 COMPREHENSIVE CATCHMENT AREA SERVICE

– for overall excellence of service provision within the constraints of the resources available.

AWARD : GOLD \$4,500

APPLICANT: The Logan Mental Health Service
DIRECTOR: Brett Emmerson
ADDRESS: P O Box 4096, Loganholme DC Qld 4129
CONTACT PERSON: Brett Emmerson TEL: (07) 3299.8920
FAX: (07) 3299.8595

DESCRIPTION OF SERVICE:

The Logan Hospital Mental Health Service consists of a community based service at Woodridge and a 23 bed Inpatient Unit at Logan Hospital. The service model provides for continuity of care with the same clinical team providing treatment in either the community or the inpatient unit. Additional services provided include an Extended Hours Service, a Mobile Intensive Treatment Team, a Rehabilitation Service, an Emergency Phone Advisory Service and a Hospital based Consultation Liaison Service. The catchment population is approximately 150,000 people with an annual budget of \$3.8m.

The Logan Mental Health Service is an A.C.H.S. accredited integrated mental health service serving a catchment population of 150,000 people based in Logan City, Queensland. It was formed in 1994 by the integration under one management of the 23 bed Logan Hospital Psychiatric Unit and the Woodridge Adult Mental Health Clinic. Since that time, a new service delivery model (matrix) has been introduced which ensures continuity of care.

Also since 1994, a range of new services have been introduced, including an Extended Hours Service, a Mobile Intensive Treatment Team, an Emergency Phone Advisory Service, a Rehabilitation Service and a Hospital Consultation Liaison Team. The Service has also facilitated a Consumer & Carer Group and have begun developing a range of linkages with other local service providers and non government agencies.

AWARD : SILVER \$2,500

APPLICANT: Redcliffe-Caboolture District Mental Health Service
Caboolture Adult Mental Health Service
DIRECTOR: Dr Vaidyanathan Kalyanasundaram
ADDRESS: Locked Mail Bag No 4, Caboolture Qld 4510
CONTACT PERSON: Sabrina Walsh. TEL: (074) 958 799
Program Coordinator FAX: (074) 957 859

DESCRIPTION OF SERVICE:

The Caboolture Adult Mental Health Service (CAMHS) is an extended hours, mobile community mental health service for adults with severe mental disorder and mental health problems in the Caboolture and Kilcoy Shires of Queensland (population 100,000). There is no inpatient facility in the catchment area and, as far as possible, acute care is managed in the community.

CAMHS' vision is that the rights, options and opportunities of people with mental disorders shall be the same as those of other members of the community. The service delivery model is based on the principles of social integration. CAMHS recognises that consumers do not have homogeneous interests, strengths or needs. Therefore, CAMHS is committed to improving consumer access to a comprehensive range of formal and informal services and supports to facilitate social integration. The Service is also committed to developing partnerships with consumers, carers and support networks for both clinical work and service planning, delivery and evaluation.

AWARD: BRONZE \$1,000

APPLICANT: Lakeside Hospital, Ballarat, Grampians Psychiatric Services

DIRECTOR: Dr John Little, Director of Clinical Services

ADDRESS: P O Box 63, Ballarat 3353

CONTACT PERSON: Dr John Little Tel: (053) 378.215
Fax: (053) 342.606

DESCRIPTION OF SERVICE:

The Post Traumatic Stress Disorder Unit is based at Westmead Hospital, a major public hospital that serves the western region of Sydney. The PTSD Unit is staffed by three clinical psychologists under the supervision of Dr Richard Bryant, and involves various consultant specialists. It serves to assess all traumatised patients admitted to Westmead Hospital, identify those at risk of developing PTSD, and provides an early treatment program. It also serves as a major referral centre for outpatients from across Sydney.

The Post Traumatic Stress Disorder Unit is the only program in Australia that provides a thorough assessment of stress reactions following traumatic injuries admitted to a public hospital. The Unit identifies those patients at risk and provides early treatment based on a specially developed cognitive behavioural therapy program. The Unit's program is the first in the world to demonstrate that early cognitive behavioural intervention in trauma patients can prevent PTSD. The Unit is expanding its program to provide similar assessment and treatment programs for children following trauma. The Unit has an international reputation as a leading centre in PTSD management.

CATEGORY 2 INNOVATIVE PART OF A COMPREHENSIVE SERVICE

– any service area from acute care to rehabilitation.

AWARD : GOLD \$4,500

APPLICANT: Post Traumatic Stress Disorder Unit
FACILITY: University of New South Wales & Westmead Hospital
DIRECTOR: Dr Richard Bryant
ADDRESS: School of Psychology, University of New South Wales, NSW 2052
CONTACT PERSON: Dr Richard Bryant TEL.: (02) 9385 3640
FAX: (02) 9385 3641

DESCRIPTION OF SERVICE:

The De Paul Community Support Service is a community-based inreach service for people with a psychiatric disability. Its purpose is to provide psychosocial support service to people in their own environments so that they can maintain community tenure with a quality of life. The DPCSS operates in conjunction with identified medical and clinical structures. It is tailored to each individual's needs and priorities. The general objectives are that people improve their social circumstances and their social functioning and improve or sustain their mental and physical health.

The Service employs professional support workers who each provide 'hands-on' support for 8 to 12 clients at any one time, depending on the level of support required. The length of support can range from periods of six months to several years. The Service is funded/purchased by the three Perth Metropolitan Health Authorities to operate alongside public psychiatric clinical services and, more recently, private psychiatrists.

AWARD : SILVER \$2,500

APPLICANT: Transcultural Mental Health Centre
DIRECTOR: Mr Abd Elmasih Malak
ADDRESS: P O Box 2008, North Parramatta NSW 2151
CONTACT PERSON: Mr Abd Malak TEL: (02) 9840 3800
Fax: (02) 9840 3755

DESCRIPTION OF SERVICE:

The TMHC is a resource for the State of NSW. The Centre is located on the grounds of Cumberland Hospital in North Parramatta near Westmead Hospital. The Centre currently employs the equivalent of 12 full-time staff, 3 of whom work exclusively in the provision of clinical services. A freecall number is provided for people wanting to access the Centre outside of Sydney. Services are provided free of charge and publications and other resources sold on a cost recovery basis only.

The Transcultural Mental Health Centre is a service funded by the NSW Health Department which seeks to improve the mental health status of people from non-English speaking background (NESB) living in NSW. It aims to work collaboratively with both the community and mental health service providers to ensure that the needs of people from NESB with a mental illness are appropriately addressed.

The main strategies employed by the Centre include: developing clinical expertise in the area of transcultural mental health; developing expertise in service evaluation and quality management; undertaking research projects in conjunction with mental health practitioners; academics, bilingual/bicultural workers and health care consumers from NESB; contributing to the development of Federal and State mental health policies and programs; providing training for health and community workers in transcultural mental health; promoting the development of culturally relevant multilingual resources in mental health; and, promoting mental health promotion.

AWARD: BRONZE \$1,000

APPLICANT: Post Traumatic Stress Disorder Program

SERVICE: Austin and Repatriation Medical Centre

DIRECTOR: Dr Paul Debenham

ADDRESS: PTSD Unit, C/o Austin and Repatriation Medical Centre
Banksia Street, West Heidelberg, 3081

CONTACT PERSON: Mr Tony McHugh TEL: (03) 9496 2184
FAX: (03) 9496 2830

DESCRIPTION OF SERVICE:

The ARMC PTSD Program is a Department of Veterans Affairs (DVA) funded state-wide specialist service targeted to the needs of war veterans – younger (Vietnam Conflict) veterans, in particular – current Defence Force Personnel and Emergency Services Workers. It presently provides a range of treatment Programs, typically of 12 weeks duration. It is anticipated that the Program's role will expand beyond its current client base over the medium term.

The ARMC PTSD Program is an innovative and cost-efficient assessment and treatment program which deals with both acute and chronic presentations of PTSD. It offers treatment to veterans, current Defence Force and Emergency Services Personnel. Using individual, family and group therapy, it aims to treat PTSD symptoms, generalised anxiety, anger, depression, social/living skill deficits, alcohol, marital and family problems and physical well-being. Across the range of services offered by the Program, heavy emphasis is given to individual and group therapy work specifically related to trauma, alcohol abstinence, partner support, education about PTSD and its treatment, Anger Management, Depression and Interpersonal/Social Skill Development. Early results are promising, but emphasise the importance of early intervention.

CATEGORY 3 SPECIALIST SERVICE

- most innovative or excellent specialist service.

AWARD: GOLD \$4,500

APPLICANT: Hunter Psychiatric Employment Panel
DIRECTOR: Dr Barry G Frost
ADDRESS: P O Box 833, Newcastle 2300
CONTACT PERSON: Ms Sian O'Brien TEL:(049) 29 7711 FAX:(049) 29 7713

DESCRIPTION OF SERVICE:

The Hunter PEP is a regionally based program that co-ordinates the services of a range of Commonwealth and State services, with a responsibility for assisting people with a Psychiatric disability to find and maintain work. The program links employment, rehabilitation, education and medical services. Hunter PEP provides a service to the lower Hunter Valley region (Newcastle, Lake Macquarie, Port Stephens and Maitland).

Work is one of the most valuable integrating institutions in our society. Due to the time of onset and recurring nature of their illnesses, the majority of people with a psychiatric disability never experience benefits of paid employment. For those who attempt to enter the workforce the path is confusing, stressful and bureaucratic, often acting as a significant disincentive. In the Hunter, State and Commonwealth services with a responsibility for assisting consumers with a psychiatric disability, were virtually functioning in isolation. Hunter PEP (Hunter Psychiatric Employment Panel) and formed in order to network and co-ordinate services that previously had little productive interaction. In the employment arena, this is the first time that State and Commonwealth services have linked to provide a cooperative and coordinated approach to assist people with a psychiatric disability. The Hunter PEP model ensures that the medical/psychiatric, rehabilitation and employment supports are in place to assist the consumer to realise their full potential.

AWARD: SILVER \$2,500

APPLICANT: Bromham Place Clubhouse
SERVICE: Schizophrenia Fellowship of Victoria
DIRECTOR: Elizabeth Crowther
ADDRESS: 10 Bromham Place, Richmond, Victoria 3121
CONTACT PERSON: Mr Kim Kerr Tel: (03) 9427 7377
Fax (03) 9427 9308

DESCRIPTION OF SERVICE:

Bromham Place Clubhouse occupies a recently renovated factory building in Richmond with a total usable space of about 7000 square feet. The club is open to anyone with a mental illness and have over 200 members.

The clubhouse is only two kilometres from Melbourne and central to many forms of public transport. It does not have a specified catchment area and offers a service to people from the greater metropolitan area.

Bromham Place offers a safe base where people with a mental illness can start again and are perceived as a resource, not as a burden on society. People who attend the club are not 'clients' or 'patients' but members. Members work alongside staff doing all the work needed for the club to function. Involvement in the clubhouse is often a catalyst for returning to study or paid employment.

The club helps members set and achieve goals and regain direction. While all participation is voluntary, the growth and success of the club depends on members contributions. Members feel useful and needed.

AWARD: BRONZE \$1,000

APPLICANT: Interim Residential Rehabilitation Service
SERVICE: Milpara
DIRECTOR: Co-ordinator: Lisa Chighine
ADDRESS: C/o 74 Duncraig Road, Applecross W.A. 6153
CONTACT PERSON: Lisa Chighine TEL: ((09) 431 3419
FAX: (09) 431 2454

DESCRIPTION OF SERVICE:

Milpara is an interim residential service which offers crisis, respite and group education to people with severe psychiatric problems. The service has been operating for over three years and has maintained almost full occupancy for that time. The 24 hour crisis service has provided an alternative to hospitalisation or contact with the criminal justice system. The respite service has been useful in providing much needed respite for families and carers. The group education program has assisted a number of clients to build on their living skills and move to stable independent accommodation. Milpara empowers and support clients in the community.

Milpara is an interim residential rehabilitation service located in three houses in Applecross, Perth W.A. The service has been operating for over three years and in that time has established itself as an integral part of psychiatric services. Occupancy at Milpara is sustained at almost 100% and outcomes include a large proportion of clients moving on to independent and stable accommodation. A variety of residential services are offered to prospective clients from any geographical area though priority is given to clients from the three health services in the Southern area, (where the facility is located). Milpara is a service which can be brokered by consumers, carers, case managers and clinical teams. The Milpara service has been operating for three years. It was developed in response to an identified lack of accommodation services for people with severe psychiatric disabilities. Since its inception Milpara has established itself as a residential alternative for crisis, respite and living skills training and education.

CATEGORY 4 MOST IMPROVED SERVICE

- encourage services in less developed areas.

AWARD: GOLD \$4,500

APPLICANT: Southern Child & Adolescent Mental Health Services, S.A.
SERVICE: Flinders Medical Centre
DIRECTOR: Dr Graham Martin
ADDRESS: Southern CAMHS, Flinders Medical Centre, Bedford Park, S.A.
CONTACT PERSON: Dr Graham Martin TEL: (08) 204 5412
FAX: (08) 204 5465

DESCRIPTION OF SERVICE:

Southern CAMHS is a comprehensive regionalised multi disciplinary child and adolescent mental health service serving a total population of 153,579 children aged 0-19 in a catchment area from the south of Adelaide to the Victorian border.

Southern CAMHS is a fully regionalised child and adolescent mental health service with metropolitan and country teams, an inpatient and liaison service at Flinders Medical Centre, a child and adolescent research unit and strong links with Flinders University in which are provided mental health training programs to both the community and the professional work force.

Southern CAMHS is a small service with bid ideas and has the level of achievement in the last ten years which has outstripped all expectations.

AWARD: SILVER \$2,500

APPLICANT: Bendigo Health Care Group, Division of Psychiatry
SERVICE: Child and Adolescent Mental Health Service
DIRECTOR: Robert Brown
ADDRESS: 8 Olinda Street, Bendigo, Vic. 3550
CONTACT PERSON: Robert Brown TEL: (054) 418 088
FAX: (054) 421 171

DESCRIPTION OF SERVICE:

The service operates throughout the Loddon/Southern Mallee region from bases in Bendigo, Swan Hill and Kyneton. It provides visiting services to remote areas. With 35% of the region's population are under the age of 20 it has a total catchment of some 70,000. It has a total clinical staff of 10.5 including a child psychiatrist, psychologists, social workers and nurses.

The Child and Adolescent Mental Health Service is no longer the "poor cousin" among mental health

services in the Loddon/Southern Mallee region. The service has gone out into the community and adopted a creative and intelligent approach to tackling problems and in dealing with the increasing workload its very move into the community has generated. The service has successfully joined other welfare agencies in helping children and adolescents with their problems and its visiting service has provided children and their parents and guardians in remote towns and regions with professional, high quality care.

AWARD: BRONZE \$1,000

APPLICANT: Division of Mental Health
Women's & Children's Hospital

DIRECTOR: Philip Robinson

ADDRESS: 72 King William Road, North Adelaide, South Australia 5006

CONTACT PERSON: Philip Robinson Tel: (08) 204 7389
Fax: (08) 204 7371

DESCRIPTION OF SERVICE:

The Women's and Children's Hospital is an incorporated body that provides specialist statewide services within South Australia. Within the Women's and Children's Hospital, the Division of Mental Health provides a range of services and programs across the continuum of care ranging from a unique, statewide, tertiary inpatient facility through to mental health prevention and promotion programs.

The Women's and Children's Hospital, Division of Mental is the largest provider of child and adolescent mental health services in South Australia.

The Division offers a comprehensive continuum of services ranging from tertiary statewide facilities, mental health promotion and prevention programs, through to community mental health services across the northern metropolitan and country areas of South Australia. A dedicated Research and Evaluation Unit ensures that programs are appropriately evaluated.

The Division has an emphasis on quality service delivery and has recently been awarded the maximum accreditation of three years through the Community Health Accreditation Standards Program (CHASP).

CATEGORY 5 NON-GOVERNMENT SERVICE

- including funded and voluntary non-government organisations.

AWARD: GOLD \$4,500

APPLICANT: Southern Psychogeriatric Activity Service (SPAS)
FACILITY: Central Bayside Community Health Centre (CBCHC)
DIRECTOR: Angelo Carlini, Chief Executive Officer
ADDRESS: 37 Venice Street, Mentone Vic 3194
Auckland 1003, New Zealand
CONTACT PERSON: Anne Carnell/Dianne Wiseman TEL: (03) 9585 0272
FAX: (03) 9585 0265

DESCRIPTION OF SERVICE:

SPAS is a service auspiced by CBCHC. It has 5 clinical positions (full-time). It services 5 large municipalities working with different Psychogeriatric clients in their homes and supported residential services. It is jointly funded by HACC and H&CS psychiatric services.

The development of the Southern Psychogeriatric Activity Service (SPAS) resulted from an net need to maintain the psychosocial functioning of elderly clients who had come to the attention of psychiatric services.

S.P.A.S. is a team of specialist psychiatric workers (3 x Occupational Therapists, 2 x Community Psychiatric Nurses) who work under a psychosocial model, assisting clients with access to local activity services. The workers also act as a psychiatric resource for existing activity services.

S.P.A.S. work closely with clients, developing a therapeutic relationship and gaining trust. Following assessment the client is supported and assisted in integrating into an appropriate activity program/group. As the client settles in the group, S.P.A.S. gradually withdraw.

AWARD: SILVER \$2,500

APPLICANT: Dandenong Aged Psychiatry Program
SERVICE: Dandenong Hospital Department of Psychiatry
DIRECTOR: Mr John Ballis
ADDRESS: 134 Cleeland Street, Dandenong Vic 3175
CONTACT PERSON: Sandra Keppich-Arnold TEL: (03) 9797 1822
FAX: (03) 9706 8636

DESCRIPTION OF SERVICE:

Dandenong Hospital Department of Psychiatry is a mainstreamed psychiatric service that provides integrated mental health services to individuals residing in the municipalities of Greater Dandenong, Casey and Cardinia and offers a broad range of treatment options including a 47 bed acute adult assessment facility. The DAP Program is one of the three program areas and provides assertive community based assessment, treatment and support services without the benefit of a specialist bed based unit. The population is increasing rapidly and is an ethnic mix from many nationalities including the Slavic states, Italy, the Netherlands, South Africa, Germany, India, Poland, South America and South East Asia.

Dandenong Aged Psychiatry Program (DAPP) Community Treatment for the Aged

Since 1991 a total of 101 older individuals have been placed within residential services in Dandenong, from statewide long stay psychiatric institutions. The DAP Program is an innovative and unique service which currently responds to an average of 55 referrals per months of whom 90 percent are provided with follow up treatment or intervention. The Program has limited access to hospital based services. Over the past 12 months 756 individuals were treated within the community program of whom 46 percent were first time users of the psychiatric service. The DAP Program provides one of the most effective intervention services in Victoria and has clearly demonstrated a significant reduction in service utilisation and improved consumer/carer outcomes. Satisfaction of community service providers and clients can be demonstrated by feedback mechanisms developed by the DAP Prog to assist the service in developing meaningful and responsive solutions to the perceived and expressed needs of our client group and carers.

AWARD: BRONZE \$1,000

APPLICANT: Waitemata Health

SERVICE: Mental Health Services for Older People

DIRECTOR: Peter Dobson, Manager

ADDRESS: North Shore Hospital, Taharoto Road, Takapuna, Auckland, N.Z.

CONTACT PERSON: Frank Lindsay Tel:(09) 837 6650 Fax:(09) 837 6649

DESCRIPTION OF SERVICE:

Community and in-patient Mental Health Team for people in North/West Auckland aged 65 years and over.

Mental Health Services for Older People is a multidisciplinary service operating in the Northern and Western areas of Auckland City.

The service comprises two community teams which are responsible for domiciliary assessment and treatment. Out-patients clinics have evolved to extend available resources and to improve socialisation. People requiring hospitalisation are treated at the Kingsley Mortimer Unit, North Shore Hospital. In-patient and Out-patient care is integrated to enable continuity from the point of initial referral through to discharge. Our service treats the whole range of mental disorders found in younger people with the addition of organic disorders more commonly associated with age. We function as a crisis team, liaison psychiatry team, in-patient team, continuing care team and community mental health centre. We do legal work, assess for government subsidies and treat substance abuse. The teams are multiskilled and cohesive and provide comprehensive health services for older people who reside in both urban and rural areas in our district.

CATEGORY 6 PARTNERSHIP AWARD

- For consumer/provider partnership activities.

AWARD: GOLD \$4,500

APPLICANT: Dandenong Hospital Department of Psychiatry/Victoria Police 'E' District Liaison Program

FACILITY: Dandenong Hospital Department of Psychiatry

DIRECTOR: Mr John Ballis

ADDRESS: 134 Cleeland Street, Dandenong, Vic 3175

CONTACT PERSON: Karlyn Chettleburgh TEL: (03) 9797 1822
FAX: (03) 9706 8636

DESCRIPTION OF SERVICE:

Dandenong Hospital Department of Psychiatry is a mainstreamed psychiatric service that provides integrated mental health services to individuals residing in the municipalities of Greater Dandenong, Casey and Cardinia, and offers a broad range of treatment options including a 47 bed acute admission facility and 6 different community based programs for adult and aged clients. The Victoria Police 'E' District in an area considered the 4th fastest growing in Australia, provides a range of policing services including general uniform policing, traffic management, community policing and others. The police area covers 2483 sq km and a population of about 330,000. There are 11 police stations housing 460 staff. The major complex being the Dandenong Police Station and Headquarters. The population is increasing rapidly and is an ethnic mix from many countries including the Slavic states, Italy, Netherlands, South Africa, Germany, India, Poland, South America and South East Asia.

In January 1993, Dandenong Hospital Department of Psychiatry recognised that one of the greatest challenges faced by psychiatric services was in developing effective working relationships with the Victorian Police.

In response a local forum was created which fostered a team approach between Dandenong Hospital Department of Psychiatry and Dandenong Police, Victoria. The aim of this innovative program has been to optimise client outcomes through ensuring that there is a consistent and respectful approach to psychiatric clients, by both police officers and psychiatric clinicians dealing with situations that require both parties interventions. The foundation of the model established at Dandenong Hospital Department of Psychiatry has been adopted as a state wide policy.

Since 1993 the relationship has developed in a manner which has been mutually beneficial and has facilitated participation in joint projects including; Participation in Project Beacon training; participation in the development of a police training video which is used as a training tool for all police (and is to be promoted internationally by Victoria Police), amendments to administrative protocols, staff education exchange program and participation in the development of the Victorian Police/H&CS, psychiatric services statewide protocols.

AWARD: SILVER \$2,500

APPLICANT: The CLIPP Project (Consultation Liaison in Primary Care Psychiatry)
DIRECTOR: Dr Graham Meadows
ADDRESS: 200 Sydney Road, Moreland Continuing Care Centre, Brunswick Vic 3056
CONTACT PERSON: Dr Lynette Joubert Tel: (03) 9342 2562 Fax: (03) 9387 9201
Room 136, Clinical Services Building, Royal Park Hospital, Private Bag 3,
Parkville, Vic. 3052

DESCRIPTION OF SERVICE: The CLIPP Project is a program of the North West Community Mental Health service, a state run area based mental health service providing clinical, case management and rehabilitation services to residents of the Cities of Moreland and Hume. Services are provided by a range of multi-disciplinary teams. The catchment area has a population of approximately 250,000 and comprises inner suburban, suburban and semi rural area.

The CLIPP Project (Consultation Liaison in Primary Care psychiatry) has established a prevention and health promotion service in the Northwest Area, Melbourne. Collaborative linkages with general practitioners in the area provide a primary and secondary prevention service to their patients. The attachments also create a supportive mechanism for mental health service clients transferred into shared care arrangements with general practitioners, focusing on secondary and tertiary prevention as well as physical health care promotion. A part of the data from the project has established the achievement of prevention and health promotion aims.

AWARD: BRONZE \$1,000

APPLICANT: The Turkish Radio Project (E. Vurel, Project Manager)
FACILITY: Auburn C.H.C. Mental Health Team
DIRECTOR: Team Leader: Graeme Whatmough
ADDRESS: Auburn Community Health Centre, Northumberland Ave, Auburn
CONTACT PERSON: E. Erdal Vurel Tel: (02) 9646 2233 Fax: (02) 9749 1749

DESCRIPTION OF SERVICE: Utilisation of mass media in the Auburn Holroyd Local Government Area (population 50,000) The Turkish Radio Project has reached beyond the local Turkish-Australian population and accessed statewide (and interstate) listeners.

The Turkish Radio Program is a regular segment on SBS Radio which informs Turkish-Australian listeners of mental health issues and available resources. Trialled locally, the program now has an interstate audience.

The Turkish Radio Project was initiated in an effort to address some of the barriers of existing service provision with the Turkish-Australian population of the Auburn LGA. Since its inception, referrals have increased ten fold and feedback indicates that those consumers are far more likely to access mainstream mental health services than ever before. Other groups which continue to be under-represented in referral figures may adapt the Project model to reach traditionally inaccessible groups.

CATEGORY 9

INDIVIDUAL/TEAM AWARD FOR AN OUTSTANDING CONTRIBUTION TO THEORY/EDUCATION/PRACTICE

AWARD: GOLD

APPLICANT: Mental Health Program

FACILITY: Dept. of Public Health & Nutrition, University of Wollongong

DIRECTOR: Associate Professor Ross Harris

ADDRESS: Northfields Avenue, Wollongong NSW 2522

CONTACT PERSON: Gordon Lambert Tel: (042) 21 4279 Fax: (042) 21 3486

The program offers post graduate education and training in mental health to health care professionals and consumers at Graduate Certificate, Graduate Diploma and Masters level. The program is Australia wide with students in all States and Territories. It is taught by a multi disciplinary team of psychologists, nurses, OT's, social workers, psychiatrists, consumers and carers using multimedia education technology.

The Department of Public Health and Nutrition has developed an innovative program for the presentation of post-graduate public mental health education, training and research for both urban and rural/remote primary care workers throughout Australia. It uses 'state-of-the-art' clinical approaches and multimedia education technology to provide support and reskilling for mental health workers. This is a unique education program within Australia in that it is industry specific, post graduate and multidisciplinary has been in operation since 1990. It places emphasis on the development of clinically effective and culturally sensitive strategies for health care workers in comprehensive systems of care for persons with mental illness. It reflects current thinking in public mental health and incorporates the primary health care model of service delivery.