

## Integrating te ao Māori and shared perspectives into service and system monitoring

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### **Biography:**

Guy Baker (Ngāti Porou) is Kaitohutohu Wheako Whānau Māori / Principal Advisor Māori Whānau Lived Experience at the Mental Health and Wellbeing Commission. Guy's foray into the mental health and addictions sector came later in life after a career within the Public Service, hospitality and local government sectors. His passion to work within mental health and addiction was sparked by a personal journey of lived experience and recovery. As an adult peer support / advocacy worker, Consumer Leader and Mataora, Guy was privileged to carry the voice of whānau to local, regional and national forums where he was Co-Chair of Nga Hau e Wha (national Consumer advocacy group) and a member of the National Association of Mental Health Services Consumer Advisors (NAMHSCA). Guy lives in sunny Gisborne, and enjoys all sports (watching more than participating now) and music, and still moonlights as an entertainer as part of a duo on the East Coast / Gisborne entertainment scene.

*Kelly Pope is Principal Advisor Lived Experience at the Mental Health and Wellbeing Commission. She holds a BA in Sociology and is trained in peer support. In her work, Kelly draws on her experiences using mental health services and finding meaning through her personal experiences of big distress, as well as connections with peer, consumer, and survivor groups across Aotearoa. Prior to joining the Commission, Kelly worked as a national youth consumer advisor, recovery college coordinator, and a consumer leadership coordinator for the Canterbury Awareness Network. She also served on the Board of the Initial Mental Health and Wellbeing Commission. Kelly lives in Ōtautahi with her partner and their cats, chickens and Flemish Giant rabbits. In her spare time she likes to read, grow vegetables, and spend as much time as she can with the people she loves.*

The Mental Health and Wellbeing Commission's He Ara Āwhina (Pathways to Support) Framework describes what an ideal mental health and addiction system looks like from a te ao Māori perspective (Māori worldview) and a shared perspective.

Based on health quality principles, and co-designed with Māori, lived experience communities, priority population groups, and the wider mental health and addiction sector, the He Ara Āwhina framework will be used by the Commission to assess and monitor mental health and addiction service and system performance from two complementary but distinct worldviews, and as a foundation to advocate for system improvement.

In this presentation we will highlight:

- 1) How the Commission went about developing a framework from a te ao Māori and a shared perspective
- 2) Aspirations for the system from a te ao Māori and shared perspective – how the perspectives weave together and where they are unique
- 3) The Commission's methods for assessment to support te ao Māori and shared understandings of service and system performance.

The Mental Health and Wellbeing Commission will shortly be releasing our Te Reo Māori name - we will update the abstract when this is available.

## **Learning Objectives**

How to design equity and self-determination into performance monitoring and improvement by integrating indigenous and western approaches.

## **References**

- Te tātari me te aroturuki i te wāhanga hauora hinengaro, waranga hoki / Assessing and monitoring the mental health and addiction system | Mental Health and Wellbeing Commission (mhwc.govt.nz)
- He Awa Whiria: a braided rivers approach (Macfarlane, Macfarlane & Gillon, 2015)

We acknowledge the governance, direction and input of our Expert Advisory Group Kāhui Matanga / Expert Advisory Group | Mental Health and Wellbeing Commission (mhwc.govt.nz), particularly our chair Sharon Shea.